Isha Sree
Ayurveda

AYURVEDA POSTPARTUM PACKAGE

Home Service Available

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Ayurveda

OUR PACKAGES

CLINIC SERVICES	HOME SERVICES
7 DAYS(90 MINS)	7 DAYS(90 MINS)
14 DAYS(90 MINS)	14 DAYS(90 MINS)
21 DAYS(120 MINS)	21 DAYS(120 MINS)

Treatments	7 Days Rs 24850	14 Days Rs 39680	21 Days Rs 54510
ABHYANGAM (full body oil massage)	5	10	10
MEDICATED STEAM BATH (only for clinic services)	5	10	18
SHIROABHYANGAM (head massage)	7	14	21
MUKHABHYANGAM (kumkumadi face massage)	7	14	21
FOOT REFLEXOLOGY (with kizhi)	7	14	21
HAIR & FACE PACK	7	10	18
SHIRODHARA (only for clinic services)	2	7	15
KIZHI (naranga/ela/ishasree)	3	5	10
NJAVARA KIZHI	2	5	14
BODY SCRUB & BODY SANDAL PACK	2	5	10
ISHASREE/ NJAVARA FACIAL	7	14	21
VEDU KULI (medicated herbal hot water bath)	7	14	14
VESHTANAM (belly binding)	7	14	21
DHOOMAPANAM (fumigation for yoni/kesha/nasa)	7	14	21
ANJANAM (kajal application)	7	14	21

ULLICHORU- meal will be provided after every treatment
BABY MASSAGE & BABY BATH will be provided

NOTE: IN CASE OF HOME SERVICES, ADDITIONAL TRAVEL CHARGES WILL BE INCLUDED.

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Dr.Aishwarya Nair
BAMS MD

Dr.Sreeranjini MK
BAMS

Clinic Timings

9 AM to 8 PM (Monday to Saturday)
3 PM to 7 PM (Sunday)

Near Thrikkakara Temple , Thrikkakara , Ernakulam
+91 8590712041 ishasreeayurvedic@gmail.com