# Rate*Fast Express*

Four Simple Steps to PR-4 Impairment Reports

for Medical Clinics

## Step 1. MMI PR-2 document desired documentation:

1. History
   1. Pain value 0-10/10
   2. Pain frequency: occasional (25%), intermittent (50%), frequent (75%), constant (100%)
   3. List medications used
   4. Pain/Symptom limited activities at home (eg. Self-care, standing, walking, sitting, lifting, driving, sleeping)
2. Exam
   1. Palpation tenderness
   2. Range of motion
   3. Motor
   4. Sensory testing
   5. Reflexes
3. Work status

## Step 2. Enter Patient Demographics

1. Staff enters patient demographics into the Injury Launch page for the medical practice. Each medical practice has its own unique link. For example: **https://rate-fast.com/injury/rf123**
2. Staff clicks SUBMIT

## Step 3. Securely Fax Documents to RateFast’s HIPPA Compliant Fax Line: (707) 921-7924

1. Doctor’s First Report
2. MMI PR-2
3. Imaging reports
4. Operative reports

## Step 4. Get The Completed PR-4 Report

1. Receive email notice that the PR-4 report’s impairment rating is complete
2. Log into Rate-Fast.com
3. Download the report