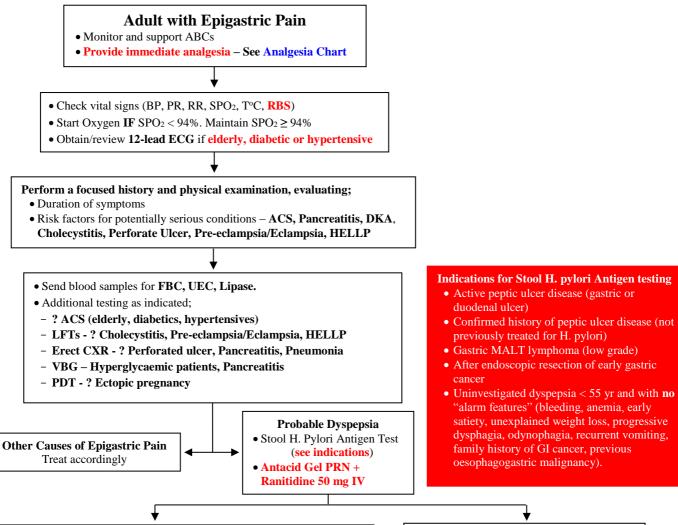
34. Epigastric Pain Algorithm

This clinical pathway is intended to supplement, rather than substitute for, professional judgment and may be changed depending upon a patient's individual needs. Failure to comply with this pathway does not represent a breach of the standard of care.



H. Pylori Positive

Symptomatic Treatment

- Antacid Gel 20-60mins after meals and at bedtime or PRN (for symptom control)
- -Paracetamol (stop ALL NSAID use)
- -Dietary advice

PLUS

Eradication Therapy

| Drug | Dosing | Duration |
|-----------------|--------------------|----------|
| PPI, | Standard dose BD*, | 14 days |
| Clarithromycin, | 500 mg BD, | |
| Amoxicillin, | 1000 mg BD, | |
| Metronidazole | 400 mg BD | |
| | _ | |

*Standard doses are esomeprazole 20 mg, lansoprazole 30 mg, omeprazole 20 mg, pantoprazole 40 mg, and rabeprazole 20 mg

Consider OGD (see indications below)

H. Pylori Negative

Symptomatic Treatment

- Antacid Gel 20-60mins after meals and at bedtime or PRN (for symptom control)
- -Paracetamol (stop ALL NSAID use)
- -Dietary advice

PLUS

Acid Suppression Therapy

-PPI standard dose x 4 weeks

Consider OGD (see indications below)

Indications for Oesophagogastroduodenoscopy (OGD)

- age > 55 yr
- bleeding,
- anaemia,
- early satiety,
- unexplained weight loss (>10% body weight),
- progressive dysphagia,
- odynophagia,

- persistent vomiting,
- a family history of gastrointestinal cancer,
- previous oesophagogastric malignancy,
- previous documented peptic ulcer,
- lymphadenopathy,
- an abdominal mass