10. Rapid Sequence Intubation Algorithm

This clinical pathway is intended to supplement, rather than substitute for, professional judgment and may be changed depending upon a patient's individual needs. Failure to comply with this pathway does not represent a breach of the standard of care.

Preparation

Identify Predictors of Difficult Intubation (LEMON)

- **L**ook for external markers of difficulty of BVM and Intubation
- **E**valuate the **3-3-2 rule**
- **M**allampati score **≥ 3**
- **O**bstruction/**O**besity
- Reduced **N**eck Mobility

If a difficult airway is predicted, **IMMEDIATELY** consult a clinician experienced in airway management and intubation before proceeding.

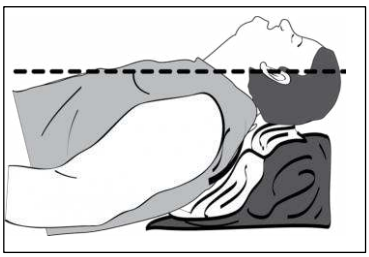
MALE MESS

- **M**ask
- **A**irways (oral and nasal)
- **L**aryngoscopes, **L**aryngeal Mask Airway (LMA)
- **E**ndotracheal tubes – **Adult** Males 8F, Females 7.5F**; Child >1 year** (Age/4) + (4(uncuffed) or 3.5(cuffed))
- **M**onitoring (pulse oximetry, ECG, capnography), **M**agill Forceps
- **E**mergency drugs/trolley
- **S**elf-inflating bag valve resuscitator;
- **S**uction, **S**tylet, **Bougie**
- Plentiful oxygen supply

Pre-oxygenation

- **Attach oxygen via nasal prongs at 15L/min and keep this on during the entire intubation process.**
- **Spontaneously breathing patient** – Position patient as below and allow **at least 5 mins** of spontaneous breathing with a tight-fitting **non-rebreather facemask at 15L/min** and continue until the patient stops breathing after sedation/paralysis: **Avoid positive pressure ventilation if possible**
- **Patient not breathing or not breathing adequately**– Use a Bag-Valve-Mask (BVM) with a reservoir and O_2 at 15L/min to provide **1 breath every 6 seconds** (synchronized to the patient's breaths) until you can achieve and sustain the highest possible SpO_2

Position the patient



Ensure you have **360º acccess to the patient**

- **Belt/Belly Height** – Head at or just above belt/belly level
- **HoP up** – Head of Patient up to Head of Bed
- **HoB up** – Head of Bed up **30º**; Reverse trendelenburg in High BMI, Late Pregnancy, Spinal Immobilisation
- **Face** Plane parallel to Ceiling (or just **10º** tilt back) & Ear level to Sternal Notch

Assistants ready to help add or maintain external laryngeal manipulation, head elevation, jaw thrust, mouth opening

Paralysis with Induction

Pharmacologic agents and dosages used for rapid sequence intubation

Sedatives	Dose
Ketamine	2 mg/kg
Midazolam	0.1 mg/kg (decrease dose in elderly)

Neuromuscular Blocking (NMB) Agents	Dose	Onset	Duration
Succinylcholine (depolarizing NMB) **Contraindications:** • Hyperkalaemia e.g. renal failure • Organophosphate poisoning • Delayed severe burns • Prolonged crush injuries	1.5 mg/kg (adults) 2 mg/kg (infants) 3mg/kg (new-borns)	½ to 1 min	6-10 min

Pass the tube

Limit attempt to **< 30 seconds**. Proceed down the algorithm **after 30 seconds**

Proof of Intubation

5 Point Auscultation – **Epigastrium,** Bilateral Axillae, Bilateral Lung Bases

Successful

- Self-inflating bag valve resuscitator ventilation – 1 breath every 6s
- Secure tube at a **depth of 3 x ET Tube size at the teeth/gums**
- Check vital signs (BP, PR, RR, SPO_2, T° C, **RBS**)
- Connect patient to ventilator
- Obtain portable CXR to **Confirm Depth of ET Tube NOT location**

Not Successful

Resume BVM ventilation - 1 breath every 3 seconds

See 11. Failed Intubation Algorithm