

A Head off Heart

In truth, there is nothing to listen or follow the heart. It's a metaphor to define all human emotions. All the decisions are taken by the brain and the brain is a part of the head. It is about giving more priority to a certain thing when we are taking any decision. It's about being logical or emotional. Emotions won't always beget welfare for anyone. It can be destructive, sometimes, disastrous at all aspects of life.

I would choose to be logical rather being emotional making life harder to exist. I would be logical because it will lead me to the right track and there is nothing better to be remained alive in the right track for the lifetime. I would learn continuously and fail mere times. I would have reasoning for the failure and purpose for the next triumph. I will be able to fightback every time I will fall behind through a way full of hurdles. But being emotional can hold me, making me stuck at a certain point and leaving no chance to move and stand tall. Being emotional will not give the speed I will badly need in the mean time. It can take a lot of time thinking about unusual and irrelevant things. Sometimes I will left with no energy to give a great shot. But sometimes we need to be emotional but that can't take access of our head making all logic going in vein.

To conclude, I must have to be logical that means to follow my head. I will never step back to follow my head. But following heart though is a metaphor, sometimes, it even necessary to be emotional because sometimes we don't have the belief that we can do and can be the winner not being supported by the logic but emotions give us the hope to get a go.