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Vulva Shame

By Georgia Rose @georgias.spot an intimacy coach in training, devoted to female pleasure. If I asked you to take off your knickers, part your legs and look at your vulva in the mirror, how would you feel? Perhaps ...

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Female Orgasmic Dis...

Pain during sex can feel distressing and scary, the anticipation of the discomfort...

Vaginal dryness can affect women at any stage of their life however after the menopause...

Going through pregnancy and giving birth changes your body as well as sex. Hormone...

We are lead to believe that reaching the almighty holy grail orgasm is the absolute...



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What is normal?

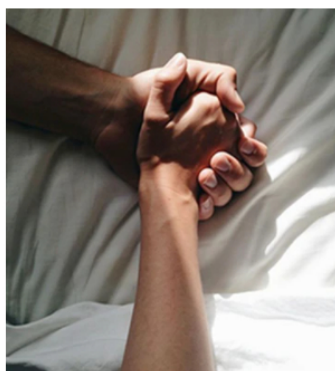
When couples and individuals wonder about their libidos, especially when it comes ...



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