

BOOK SUMMARY

The book “Do Epic Shit” by “Ankur Warikoo” provides an in-depth exploration of his roadblocks of life. The author is an entrepreneur and content creator who has put his honest thoughts on success and failure. He has given an overview of his journey from his teens - till date. This is a self-help book which mainly focuses on habits, discipline, growth mindset, handling relationships, time management along with new revelations of life.

The book starts by emphasizing the importance of self-awareness. He encourages readers to analyse their strengths, weaknesses, passion and to set foundation goal. Then author shifts to practical advice by sharing insights on habit of consistency and discipline. He discusses on how to deal with setbacks and overcome challenges. Explaining about the significance of relationships, empathy and kindness, Warikoo asks to create your own standard for success rather than considering society's expectations. He offers guidance on prioritizing time to balance personal and professional life while avoiding procrastination. A great entrepreneur, then dives into career advice. Learning from mistakes, taking responsibilities, managing risks, all of them are lifetime experiences which are important to achieve great heights.

Overall, this book is a reminder of how life happens to each one of us. The author describes how he never wished for failures but at the end he realized they are the reason for his success. Because he shares real life incidents, it feels very relatable. In my 20's, I often found myself in a situation where I seek the exact content shared in this book. Genuinely it was a best read for me. Additionally, the book was written in clear, easy to understand language which I truly enjoyed.