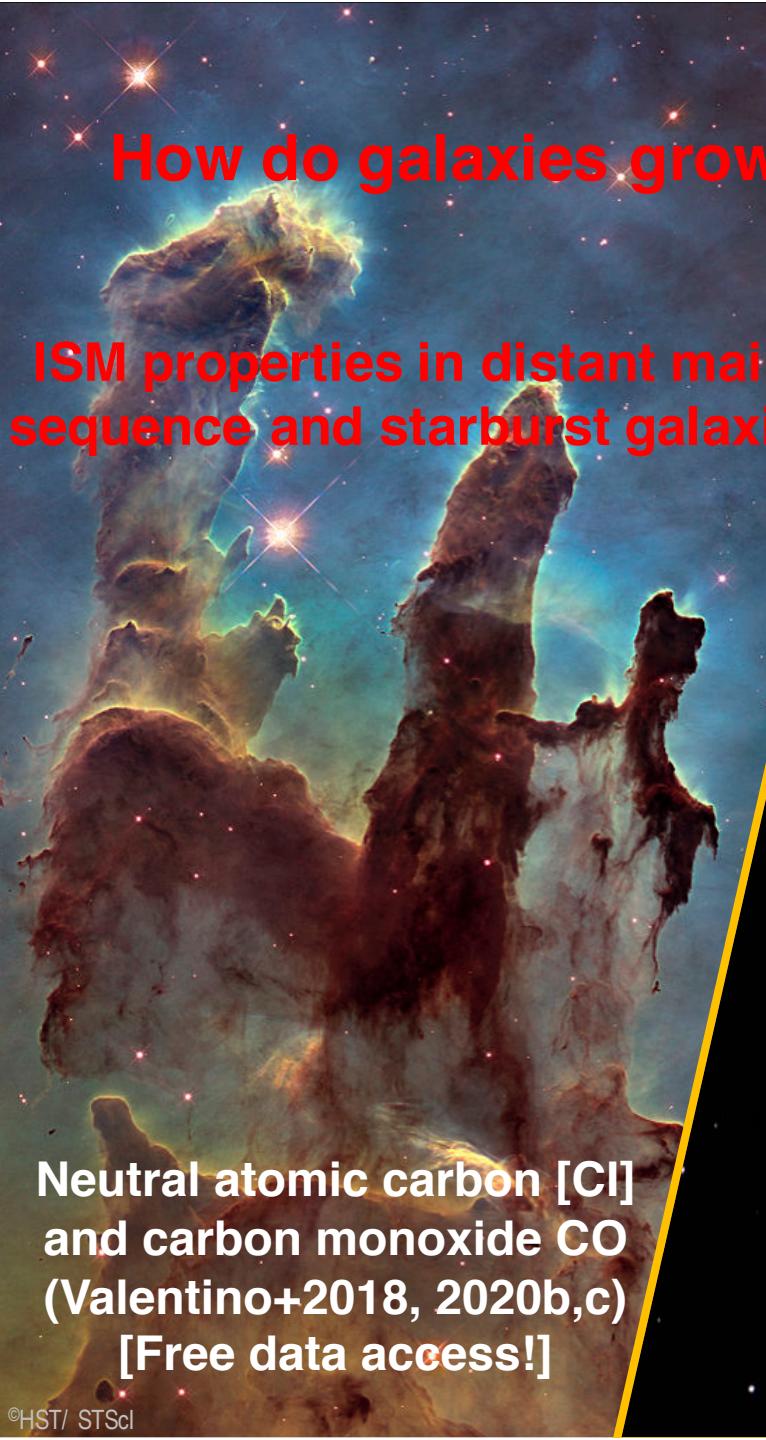


How do galaxies grow?

ISM properties in distant main-sequence and starburst galaxies



Neutral atomic carbon [CI] and carbon monoxide CO (Valentino+2018, 2020b,c)
[Free data access!]

How are galaxies fed?

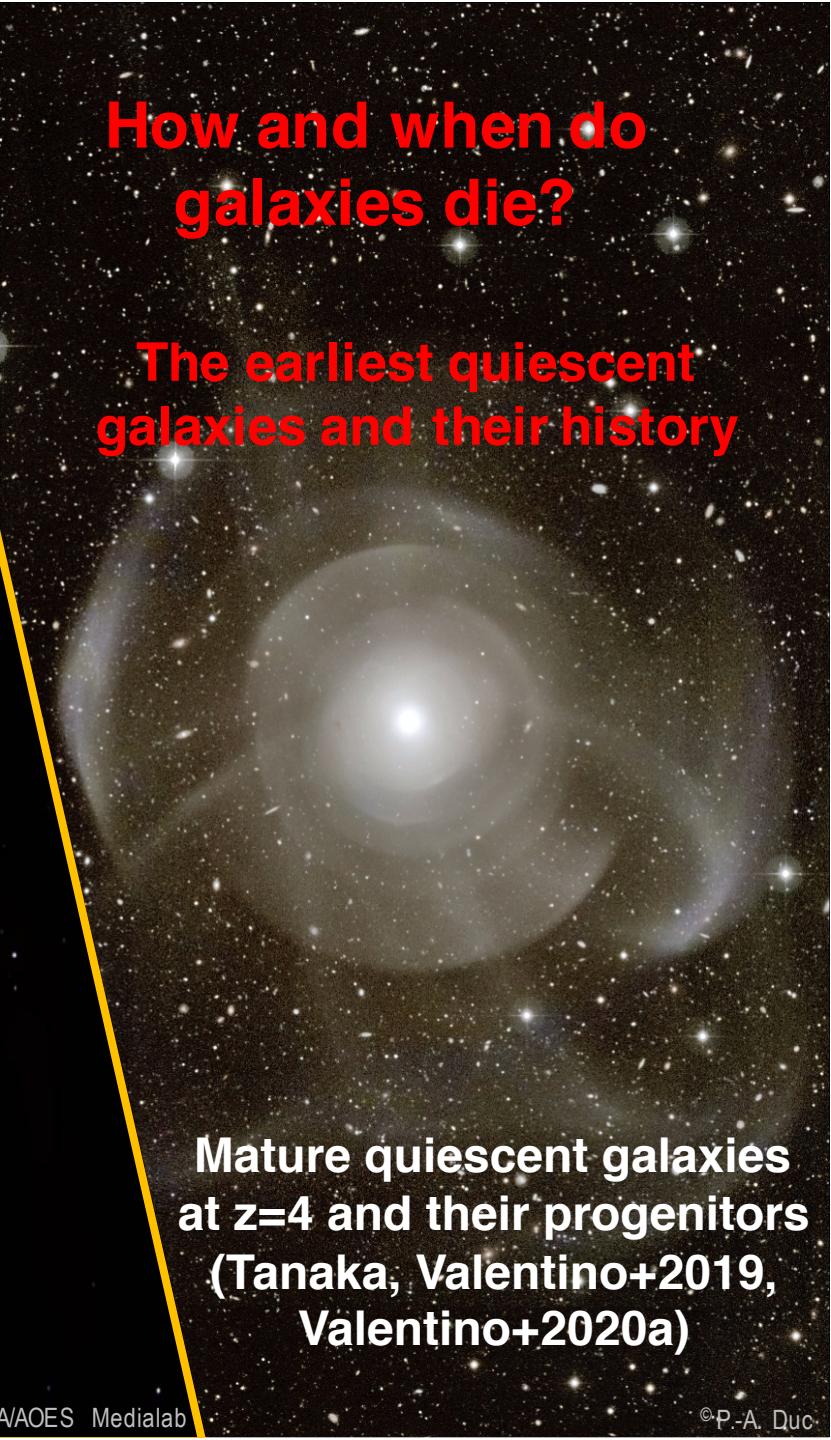
Gas accretion in a massive distant group



A giant filamentary Lyman-alpha nebula (Daddi, Valentino+2020)

How and when do galaxies die?

The earliest quiescent galaxies and their history



Mature quiescent galaxies at $z=4$ and their progenitors (Tanaka, Valentino+2019, Valentino+2020a)