

## Appendix

## The Big Five Inventory (BFI)

Here are a number of characteristics that may or may not apply to you. For example, do you agree that you are someone who likes to spend time with others? Please write a number next to each statement to indicate the extent to which you agree or disagree with that statement.

Disagree strongly 1	Disagree a little 2	Neither agree nor disagree 3	Agree a little 4	Agree strongly 5
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I see Myself as Someone Who...

- |                                                |                                                       |
|------------------------------------------------|-------------------------------------------------------|
| ___ 1. Is talkative                            | ___ 23. Tends to be lazy                              |
| ___ 2. Tends to find fault with others         | ___ 24. Is emotionally stable, not easily upset       |
| ___ 3. Does a thorough job                     | ___ 25. Is inventive                                  |
| ___ 4. Is depressed, blue                      | ___ 26. Has an assertive personality                  |
| ___ 5. Is original, comes up with new ideas    | ___ 27. Can be cold and aloof                         |
| ___ 6. Is reserved                             | ___ 28. Perseveres until the task is finished         |
| ___ 7. Is helpful and unselfish with others    | ___ 29. Can be moody                                  |
| ___ 8. Can be somewhat careless                | ___ 30. Values artistic, aesthetic experiences        |
| ___ 9. Is relaxed, handles stress well         | ___ 31. Is sometimes shy, inhibited                   |
| ___ 10. Is curious about many different things | ___ 32. Is considerate and kind to almost everyone    |
| ___ 11. Is full of energy                      | ___ 33. Does things efficiently                       |
| ___ 12. Starts quarrels with others            | ___ 34. Remains calm in tense situations              |
| ___ 13. Is a reliable worker                   | ___ 35. Prefers work that is routine                  |
| ___ 14. Can be tense                           | ___ 36. Is outgoing, sociable                         |
| ___ 15. Is ingenious, a deep thinker           | ___ 37. Is sometimes rude to others                   |
| ___ 16. Generates a lot of enthusiasm          | ___ 38. Makes plans and follows through with them     |
| ___ 17. Has a forgiving nature                 | ___ 39. Gets nervous easily                           |
| ___ 18. Tends to be disorganized               | ___ 40. Likes to reflect, play with ideas             |
| ___ 19. Worries a lot                          | ___ 41. Has few artistic interests                    |
| ___ 20. Has an active imagination              | ___ 42. Likes to cooperate with others                |
| ___ 21. Tends to be quiet                      | ___ 43. Is easily distracted                          |
| ___ 22. Is generally trusting                  | ___ 44. Is sophisticated in art, music, or literature |

Please check: Did you write a number in front of each statement?

BFI scale scoring (“R” denotes reverse-scored items):

Extraversion: 1, 6R, 11, 16, 21R, 26, 31R, 36

Agreeableness: 2R, 7, 12R, 17, 22, 27R, 32, 37R, 42

Conscientiousness: 3, 8R, 13, 18R, 23R, 28, 33, 38, 43R

Neuroticism: 4, 9R, 14, 19, 24R, 29, 34R, 39

Openness: 5, 10, 15, 20, 25, 30, 35R, 40, 41R, 44

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