

Smart Gym Assistant

Applied AI Course

Define & understand the problem:



- screen + Internet
- small form factor
- WebCam
- Heart rate sensor
(wearable)
- Live or on-demand

\$42/month (or) ~ \$1,500

can we build a \$100 solution?

+

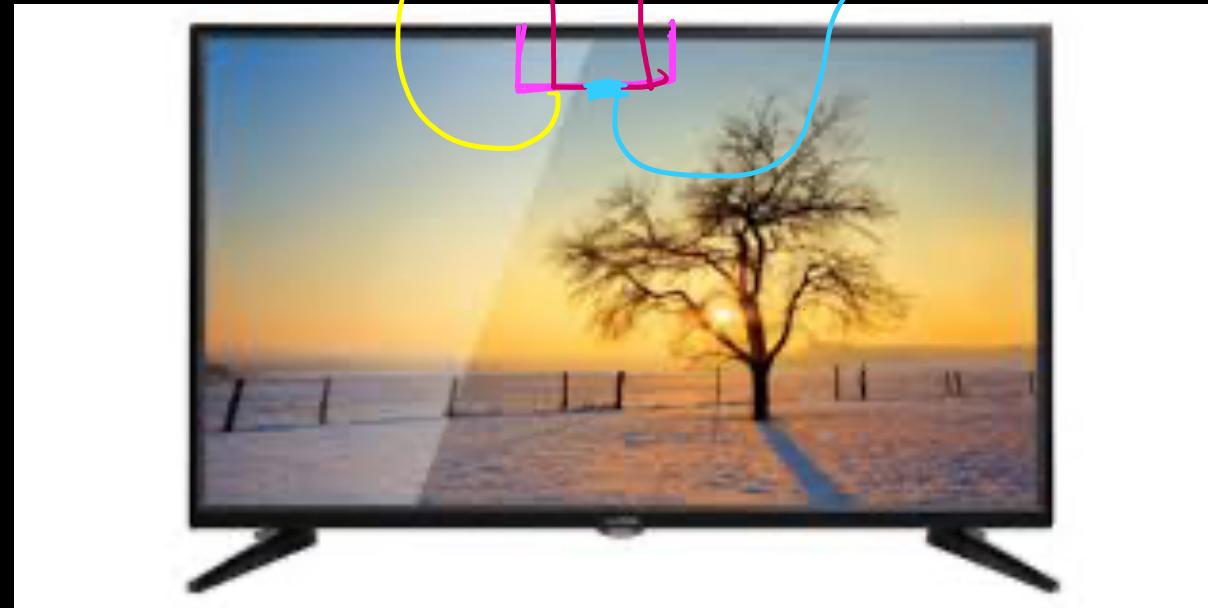
\$5 per month subscription



reach more customers

- minimal additional hardware }
} => low-cost-
- reuse everything we have

One idea:



smartphone

holder

Connect to HDMI!

Smartphone

- camera
- compute / AI
- wifi / 4G
- app for tracking

TV

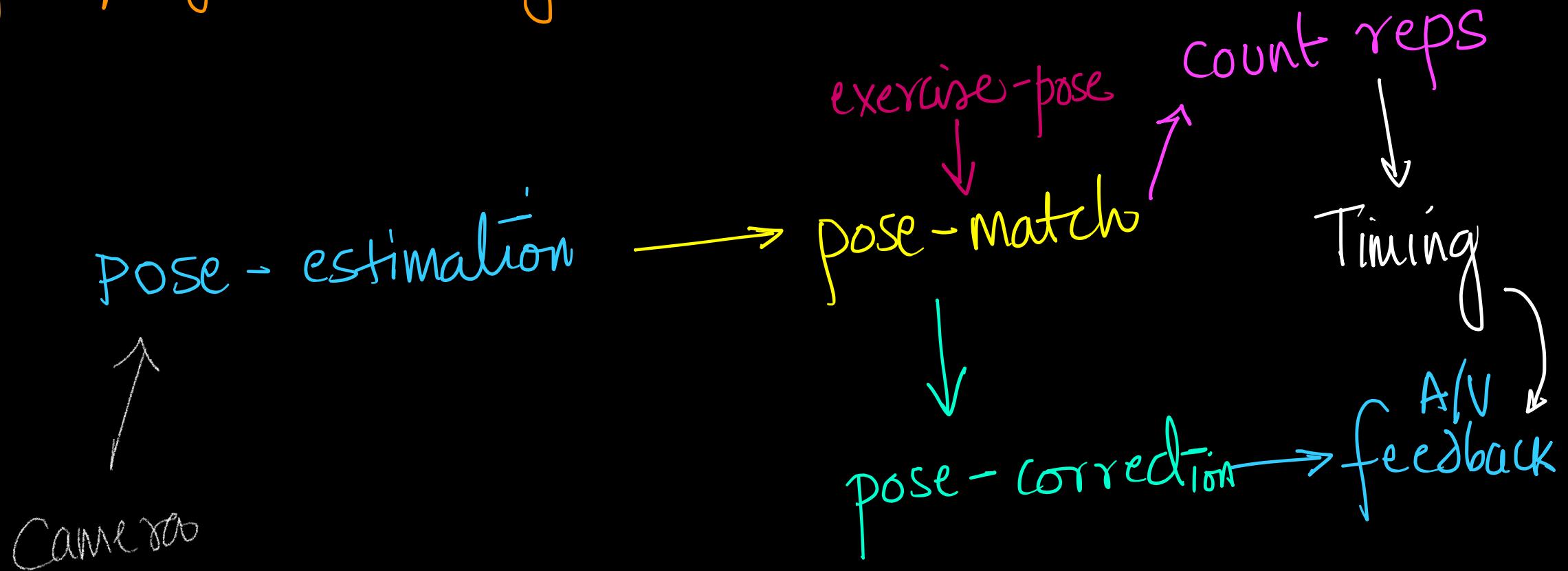
- workout Video
- user's mirrored view
- Music
- Timers / Analytics

Key features:

- Correct exercise pose
- Count reps
- Timed intervals
- estimate fitness level

- Catalogue of workouts
- provide feedback
[visual & audio]
- Analytics

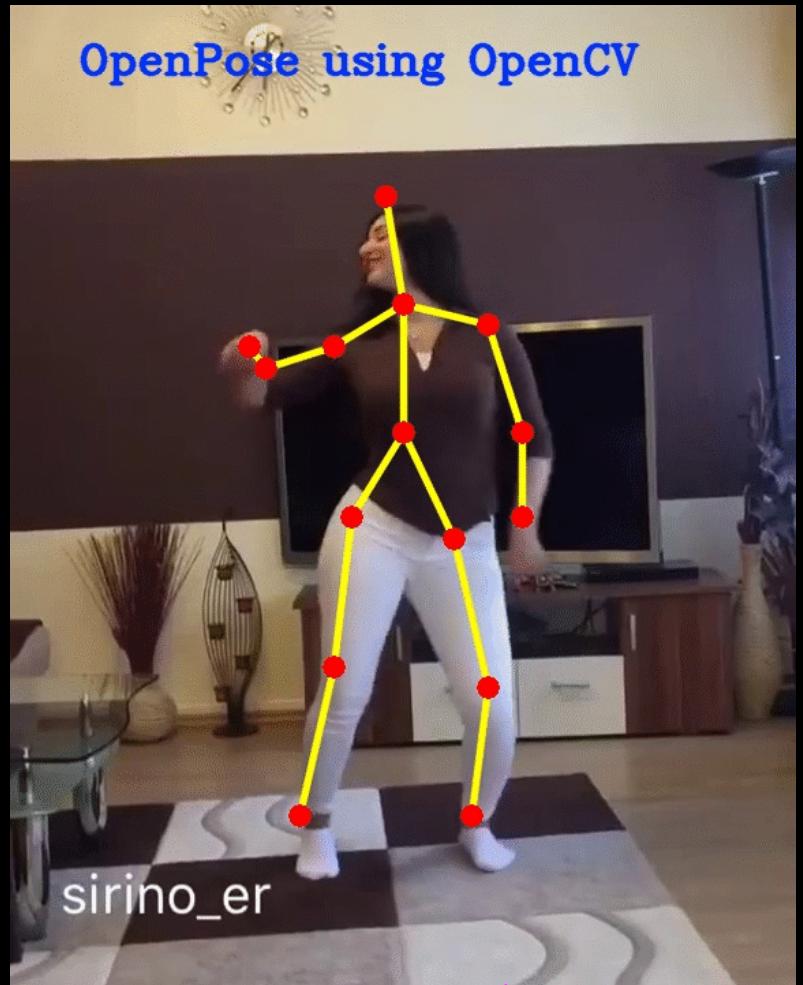
System / High level Design:



Key Challenges

- Latency
- Compute [≥ 30 fps, preferably 60fps]
- Smooth TV-Connect

Pose - representation :



learnopencv.com

Pose estimation :

lots of research
papers from 2014 }



<https://paperswithcode.com/task/pose-estimation>

To build a product:

- Experiment with multiple models
- Speed (fps) vs accuracy
- C++ : Android NDK , iOS objective C
- 1000's of hours of engineering & optimization

Let us learn : OpenPose from CMU (2017)

- Architecture
- Loss-Metrics
- Performance-measurement
- Code
- Train Datasets
- Demo:
<https://www.youtube.com/watch?v=pW6nZXeWIGM>
- Multiple Variants
[2017 - 2019]

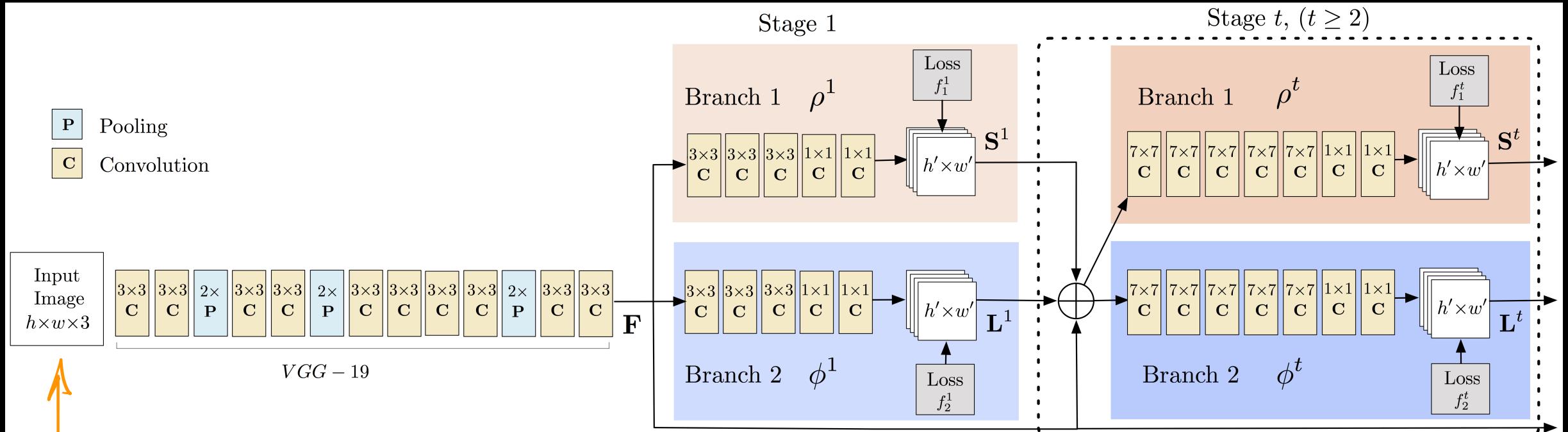
<https://github.com/CMU-Perceptual-Computing-Lab/openpose>

Open - pose

- Multi-person [ours: single person]
- Realtime on Laptop
- C++ source-code

Open - pose : Archit  ture

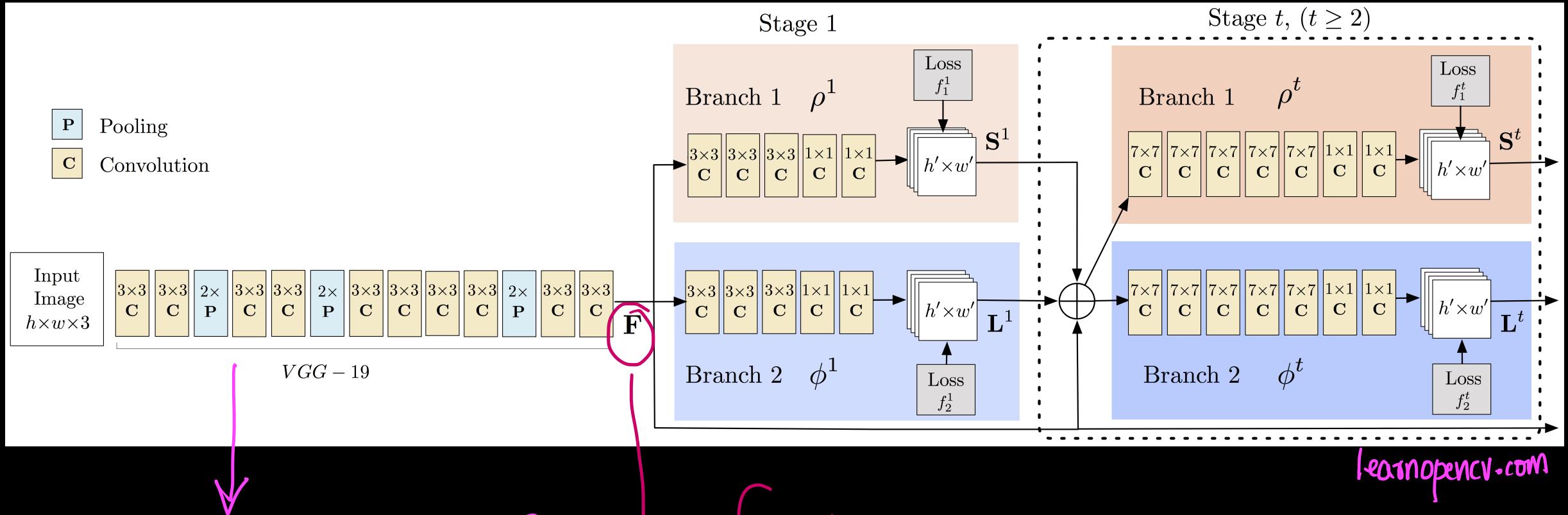
<https://arxiv.org/pdf/1611.08050.pdf>



input: color -image

Open-pose : Architecture

<https://arxiv.org/pdf/1611.08050.pdf>

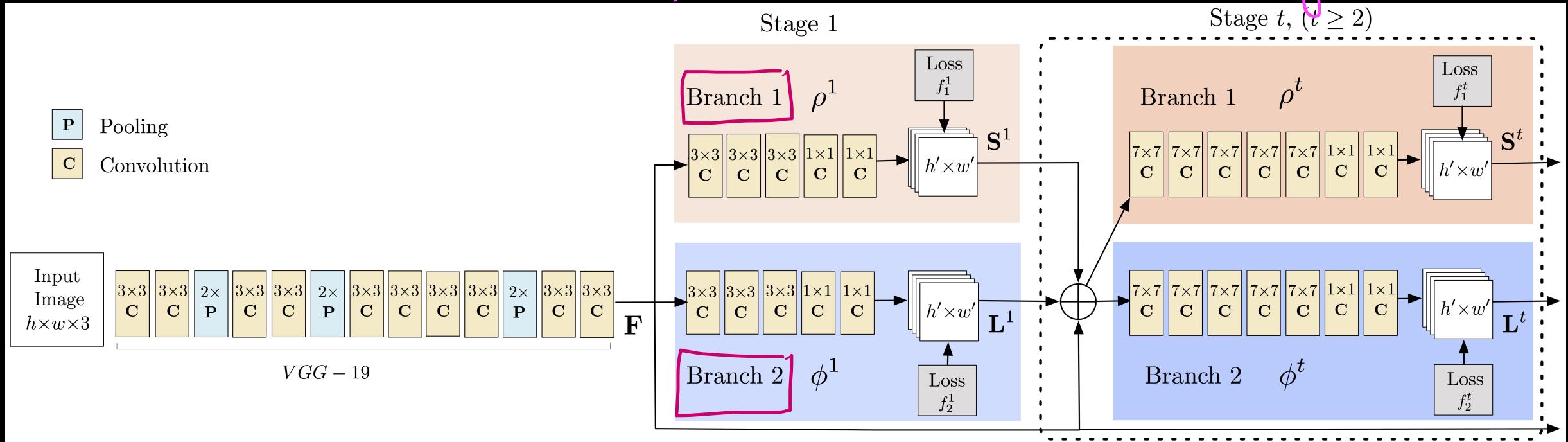


learnopencv.com

Open-pose : Architecture

<https://arxiv.org/pdf/1611.08050.pdf>

→ 2 branch multi-stage CNN ↴



learnoncv.com

Branch 1:

- Predict set of 2D confidence maps [S] of body parts.

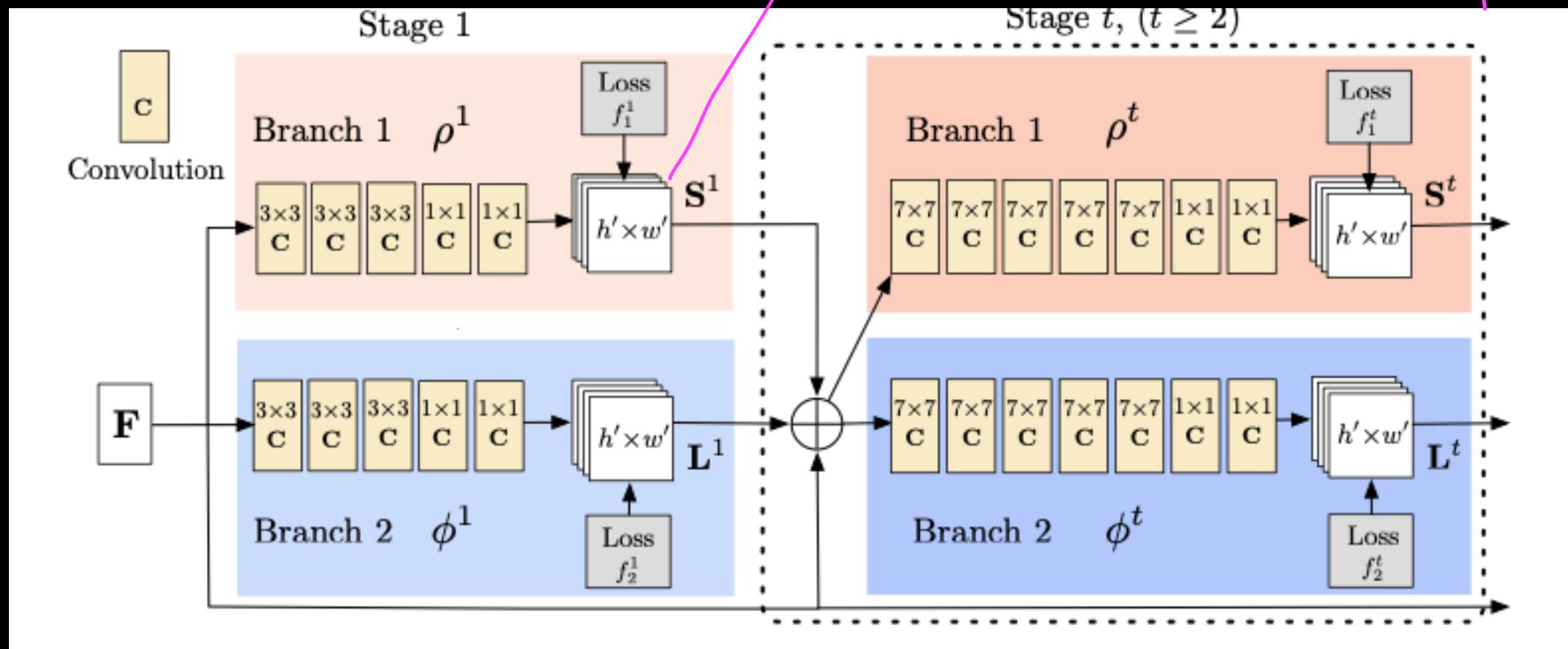


left-elbow

left-shoulder

Branch: 1

one confidence map per
key point



$$S^t = \rho^t(F, S^{t-1}, L^{t-1}), \forall t \geq 2, \quad (1)$$

Branch 1:

Loss:

$$f_{\mathbf{S}}^t = \sum_{j=1}^J \sum_{\mathbf{p}} \mathbf{W}(\mathbf{p}) \cdot \|\mathbf{S}_j^t(\mathbf{p}) - \mathbf{S}_j^*(\mathbf{p})\|_2^2, \quad (3)$$

predicted
confidence-map

ground truth Confidence
- map

$= 0$ if annotation is missing
@ image location \mathbf{p}

ground truth confidence maps from
actual positions

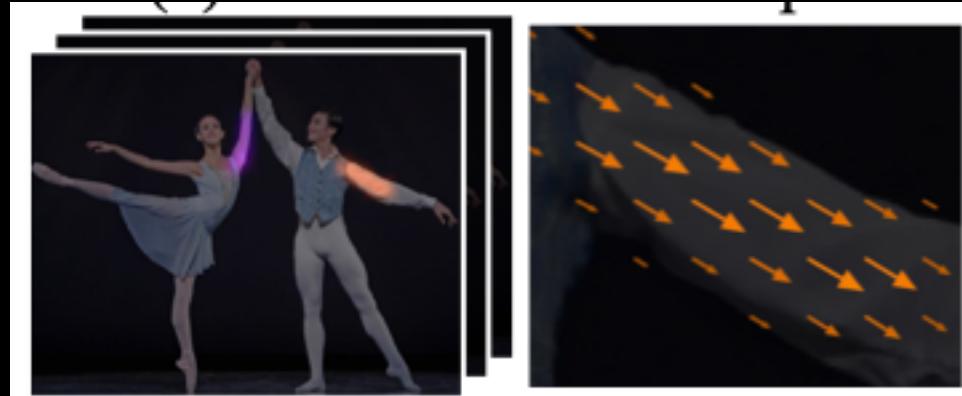
$$\mathbf{S}_{j,k}^*(\mathbf{p}) = \exp\left(-\frac{\|\mathbf{p} - \mathbf{x}_{j,k}\|_2^2}{\sigma^2}\right), \quad (6)$$



larger \Rightarrow more scope to err

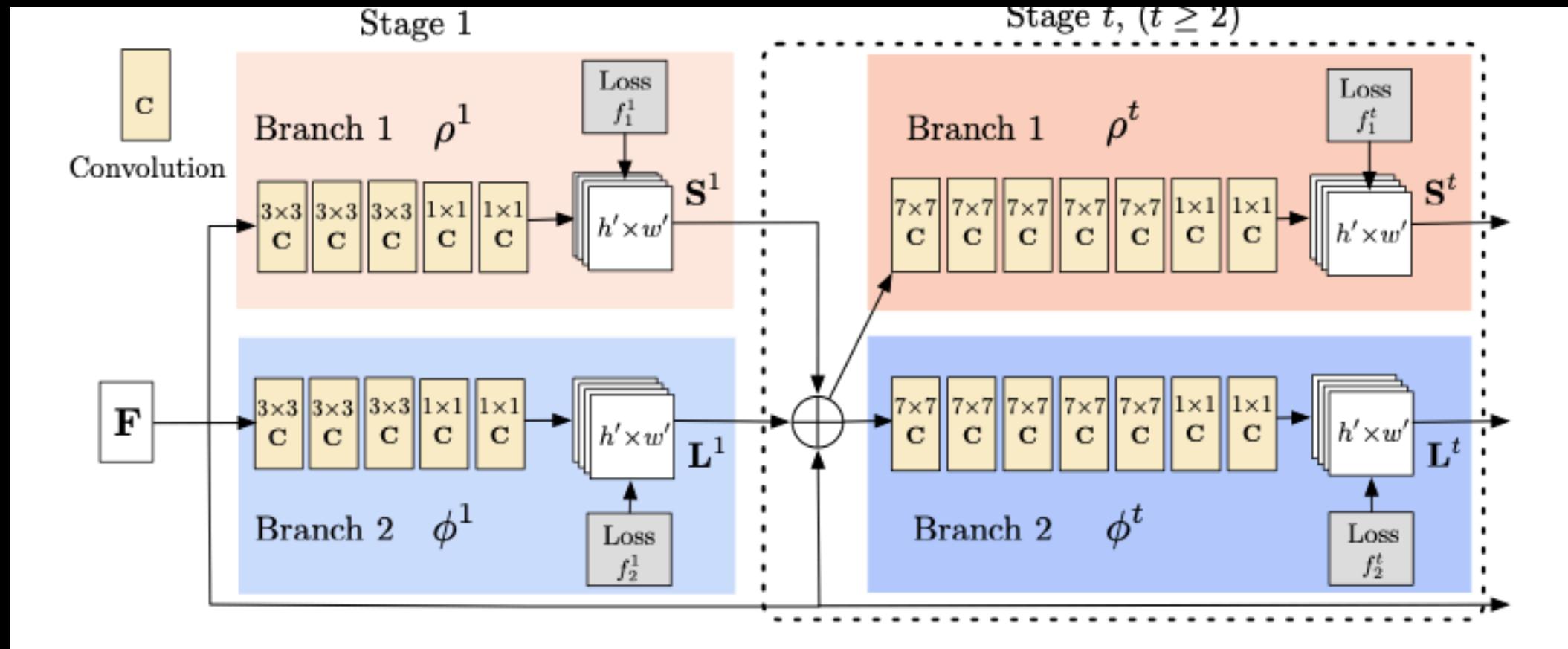
Branch-2:

- predicts 2D - vector fields of part affinities
for parts association



(c) Part Affinity Fields

Branch 2 :



$$\mathbf{L}^t = \phi^t(\mathbf{F}, \mathbf{S}^{t-1}, \mathbf{L}^{t-1}), \quad \forall t \geq 2, \quad (2)$$

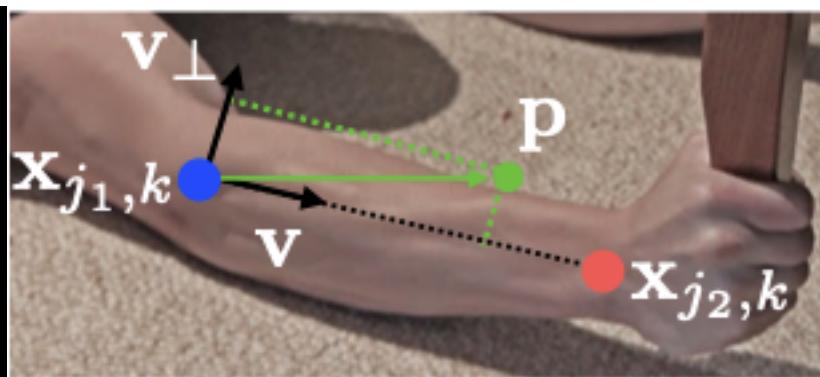
Branch 2: Loss

$$f_{\mathbf{L}}^t = \sum_{c=1}^C \sum_{\mathbf{p}} \mathbf{W}(\mathbf{p}) \cdot \|\mathbf{L}_c^t(\mathbf{p}) - \mathbf{L}_c^*(\mathbf{p})\|_2^2, \quad (4)$$



ground truth part
affinity vector field

$$\mathbf{L}_{c,k}^*(\mathbf{p}) = \begin{cases} \mathbf{v} & \text{if } \mathbf{p} \text{ on limb } c, k \\ 0 & \text{otherwise.} \end{cases} \quad (8)$$



$$\mathbf{v} = (\mathbf{x}_{j_2,k} - \mathbf{x}_{j_1,k}) / \|\mathbf{x}_{j_2,k} - \mathbf{x}_{j_1,k}\|_2$$

Output of the 2-branch multistage CNN

S : confidence maps of parts

L : vector fields of part affinities

K-partite graph matching for multi-person pose estimation

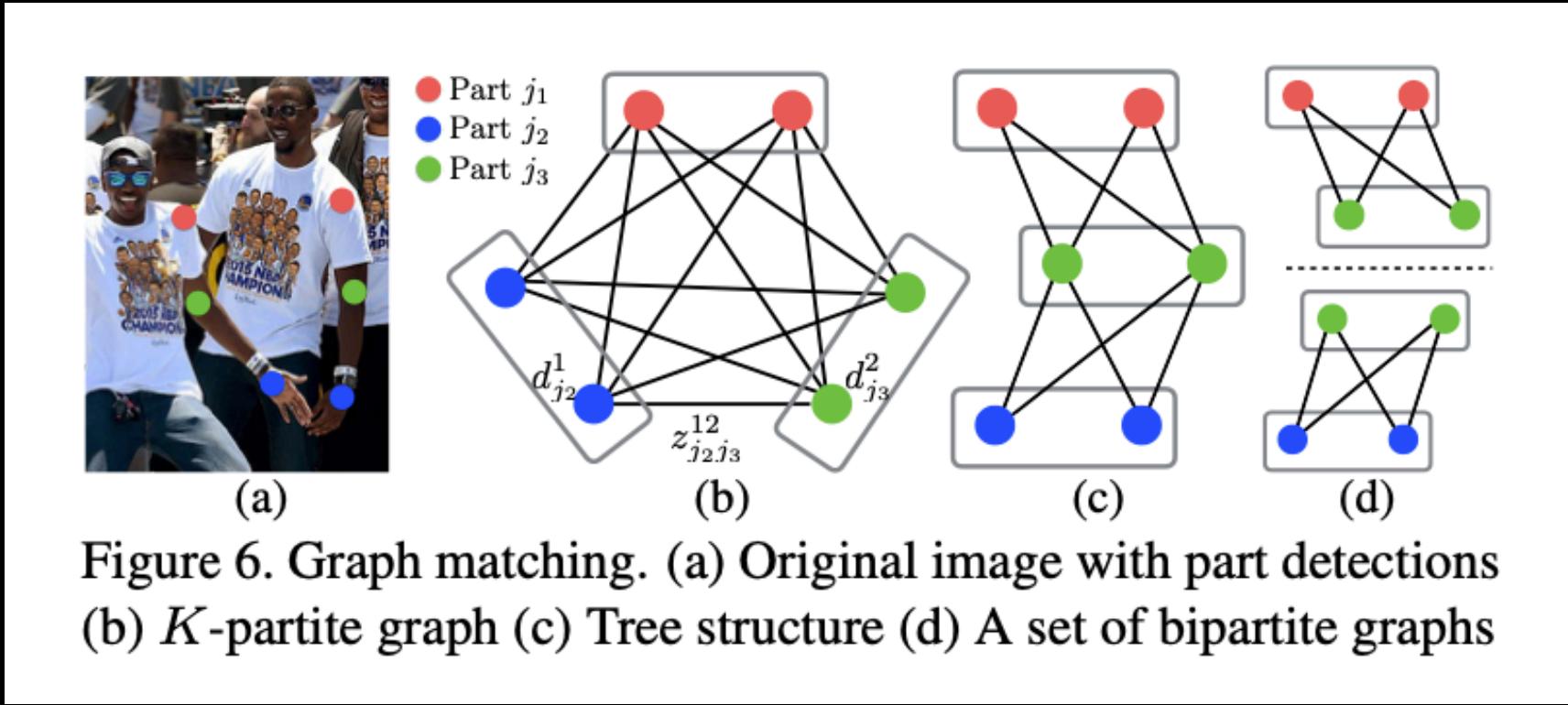


Figure 6. Graph matching. (a) Original image with part detections
(b) K -partite graph (c) Tree structure (d) A set of bipartite graphs

Part Affinity fields

K-dimensional matching problem

↳ NP-hard

→ greedy approximations

Daláselső:

<https://cocodataset.org/#keypoints-2018>

<http://human-pose.mpi-inf.mpg.de>

https://www.robots.ox.ac.uk/~vgg/data/pose_evaluation/



Performance - metrics :

- Average precision (AP) & Average Recall (AR)

- $AP^{50} \Rightarrow OKS = 0.5$ COCO-dataset

↳ Dependent on scale of the person
 &

dist (predicted, Groundtruth)

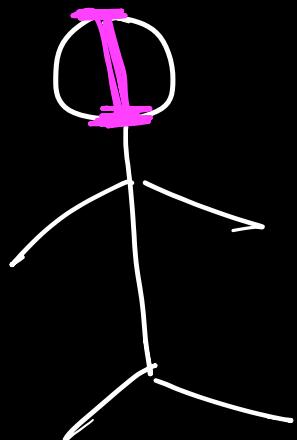
Refer: <https://nanonets.com/blog/human-pose-estimation-2d-guide/#hourglass>

- Percentage of Correct Key points (PCK)

PCKh@ 0.5



↳ 50% of headbone link



Code:

- OpenCV Can easily load Openpose model
- OpenCV: better toolkit for visual-tasks

