



**SUPREME  
KNOWLEDGE  
FOUNDATION**



## **Rules and Regulations for Debate Competition**

1. **Team Formation:** Each team will consist of two participants—one speaking in favor of the topic and the other against it.
2. **Time Allocation:** Each participant will have 5 minutes to present their arguments, followed by a 1-minute rebuttal for each side.
3. **Content Guidelines:** Arguments must be relevant, respectful, and free from offensive language or personal attacks.
4. **Judging Criteria:** Teams will be evaluated on content quality, clarity, delivery, rebuttal strength, and adherence to the topic.
5. **Participation Protocol:** Both participants in a team must contribute equally; failure to comply may result in disqualification.