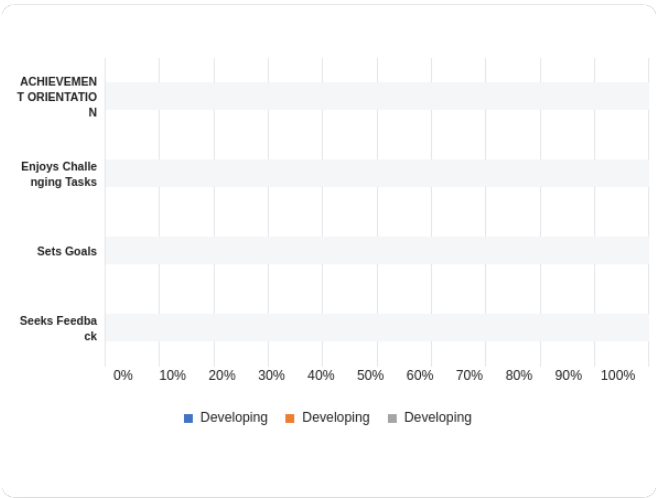


Reports

Name: Sourabh Gedar	Date: Jul 10, 2023	Attribute: Achievement Orientation	Overall Level: DEVELOPING
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ACHIEVEMENT ORIENTATION

Individuals with a high need for achievement enjoy challenging tasks, seek competence feedback, and set performance and mastery goals for themselves (Dweck & Leggett, 1988). Imagine you have an assignment due in a few weeks that is 40% of your grade. Since this is a core course required in your major, you are motivated to do your best and achieve a high grade in this assignment. You break down the big goal (submission before the due date) into smaller actionable steps with a timeline and milestones to track progress. You go to office hours to seek help and feedback from the instructor. Very importantly, you work with high focus to ensure you are on track to achieve the desired outcome (grade of A- or above). Ultimately, your achievement-oriented learning approach will help you to attain the desired outcome of receiving a high grade in the assignment.

Your personal beliefs and goals towards learning can positively or negatively affect your achievement and persistence (Eppler & Harju, 1997). When you realize how your beliefs shape the ways in which you respond to a challenge, you may be able to adopt more of a goal-oriented approach, seek the appropriate channels for help, attempt new problem-solving strategies, and put in more effort into your academic work and persist in your educational goals (Fong et al., 2018).

Your Results (DEVELOPING)

Your actions and interactions during gameplay allowed us to assess your behaviors related to Achievement Orientation. Our findings suggest that when challenging tasks become overwhelming, you are shy to seek help or feedback. Your thought process - 'If I'm struggling, how do I tell someone that?' keeps you from reaching out for support. We encourage you to reach out to your peers and teachers, ask questions, seek feedback, and find support. It will lower your anxiety and build social capital. Make setting goals a habitual practice. Goal setting will enable you to achieve your goals and give you the confidence that it can be done.

Strategies to build Achievement Orientation

To strengthen your achievement orientation further, we suggest these strategies.

- Continue embracing challenging tasks but ensure to balance them with moments of rest and reflection. Remember, every expert was once a beginner.
- Establish the practice of setting goals, start with small and achievable ones. When setting goals, follow the SMART principle (Specific, Measurable, Achievable, Relevant, Time-bound) to ensure they're realistic and aligned with your overall objectives.
- Consider errors as learning opportunities. Continue seeking feedback and be open to constructive criticism, it's the best catalyst for growth.

References

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