Frequently Asked Questions (FAQs) - World Bicycle Day

1. How can I register for the World Bicycle Day event?

You can register by visiting the official Fit India portal here: https://fitindia.gov.in/world-bicycle-day

2. Where can I find the nearest event location?

A list of all participating locations, organized through the Sports Authority of India (SAI) network, is available here: (Attach file/link with contacts and locations)

3. Will cycles be provided at the venue?

Yes, a limited number of cycles will be available at each location. However, we recommend reaching the venue early to ensure availability. Participants are encouraged to bring their own cycles, if possible.

4. What is 'Sundays on Cycle'?

'Sundays on Cycle' is an initiative under the **Fit India Movement** aimed at promoting cycling as a fun and sustainable fitness activity. It seeks to reclaim our roads for pollution-free travel and joyful community riding. Learn more here: https://fitindia.gov.in/fit-india-cycling-drive

5. Is there any registration fee?

No, participation in the event is absolutely free. You are not required to pay any fee.

6. Who can participate in the event?

Everyone is welcome! The event is open to all age groups—because cycles don't discriminate, and fitness is for everyone.

7. What time does the event start?

Start times may vary by location. Please check the details specific to your nearest venue in the attached list or contact the local coordinator.

8. What should I wear or bring to the event?

We recommend wearing comfortable sportswear and shoes suitable for cycling. Don't forget to carry a water bottle, sunscreen, and a cap or helmet if you have one.

9. Will there be medical or first aid support available?

Yes, basic first aid facilities will be available at most major locations. Safety is a top priority.

10. Can children participate?

Absolutely! Children are encouraged to participate under adult supervision. It's a great way for families to bond and promote healthy habits together.

11. Will there be any special guests or performances?

Some locations may feature local athletes, fitness ambassadors, or cultural performances. Please refer to the event schedule shared by your local organizer for more details.

12. Is there a way to share my experience from the event online?

Yes! You can share your photos or videos on social media using hashtags like **#WorldBicycleDay** and **#FitIndiaMovement**. Don't forget to tag <u>@FitIndiaOff</u> for a chance to be featured!

13. How can I avail my certificate of participation?

You can visit the site here : https://fitindia.gov.in/world-bicycle-day. Complete your details to receive your exclusive participation certificate.

14. How do I upload my photos of the event?

You can upload your data here:

https://docs.google.com/forms/d/e/1FAIpQLSc7tDWj1V8I3bjxlc0JfjTTME9flOS8ONOmHHteWEh1FvTaMw/viewform