Nodejs and Expressjs and Nestjs

**Upsert**

Upsert, short for “update or insert”, is a MongoDB operation that allow us to updates existing documents in a collection or insert new documents are if no matching documents are found.

The update() method with the upsert option or the updateOne() method with the upsert option is commonly used for this purpose.

Aggregation

aggregation refers to the process of performing operations on a set of values to return a single summarized result. Common aggregation function include

COUNT

SUM

AVG

MIN

MAX

GROUP BY

HAVING

Aggregation can also refer to a design principle in database modeling, where complex objects or entities are represented as a combination of simpler entities.