

# MI ROOM / SPORTS MEDICINE CENTER, OTA CHENNAI.



To be filled by individual

Mobile No

Academy Number 12345		Name		Coy/course	
Age	Sex	Date	Total Trg days of absence due to medical category		

Temp-      Pulse-      BP-      SpO<sub>2</sub>-      Pallor-      Oedema-      Icterus-

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R<sub>x</sub>

Self-medication without advice is dangerous for health.

OD- Once daily. BD- Two times a day, TDS-Three times a day, QID- Four times a day, LA-Local