

MI ROOM / SPORTS MEDICINE CENTER, OTA CHENNAI.



To be filled by individual

Mobile No

| | | | | |
|----------------|-----|------|---|------------|
| Academy Number | | Name | | Coy/course |
| Age | Sex | Date | Total Trg days of absence due to medical category | |

Temp- Pulse- BP- SpO₂- Pallor- Oedema- Icterus-

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R_x

Self-medication without advice is dangerous for health.

OD- Once daily. BD- Two times a day, TDS-Three times a day, QID- Four times a day, LA-Local