

MI ROOM / SPORTS MEDICINE CENTER, OTA CHENNAI.



To be filled by individual

Mobile No

Academy Number 12345	Name	Coy/course
Age	Sex	Date Total Trg days of absence due to medical category

Temp- Pulse- BP- SpO₂- Pallor- Oedema- Icterus-

R_x

Self-medication without advice is dangerous for health.

OD- Once daily. BD- Two times a day, TDS-Three times a day, QID- Four times a day, LA-Local