Lab 03: Do you even lift?

Your name

Due September 22, 2022 at 11:59pm

Load Packages

```
library(tidyverse)
library(tidymodels)
```

Load data

```
ipf = read_csv("https://sta101-fa22.netlify.app/static/labs/data/ipf_lifts.csv")
Rows: 41152 Columns: 16
-- Column specification ------
Delimiter: ","
chr (10): name, sex, event, equipment, age_class, division, weight_class_kg...
dbl (5): age, bodyweight_kg, best3squat_kg, best3bench_kg, best3deadlift_kg
date (1): date

i Use `spec()` to retrieve the full column specification for this data.
i Specify the column types or set `show_col_types = FALSE` to quiet this message.
```

- Exercise 1
- Exercise 2
- Exercise 3
- Exercise 4
- Exercise 5
- Exercise 6
- Exercise 7
- Exercise 8
- Exercise 9
- Exercise 10