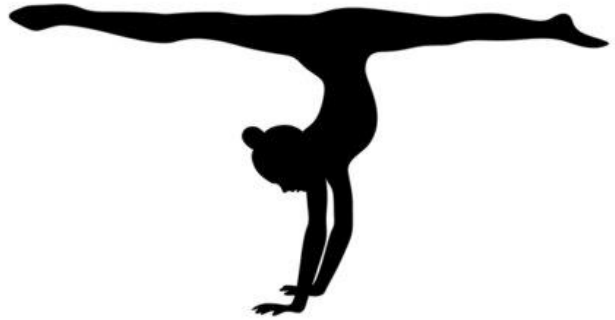


COLLEGIATE GYMNASTICS

END OF SEASON REPORT

Sample Slides

Anna Busatto

COLLEGIATE GYMNASTICS

END-OF-SEASON ANALYSIS SUMMARY
SAMPLE SLIDES

The following presentation provides a sample summary of a collegiate gymnastics team's season-end performance analysis. All data has been de-identified to ensure athlete and team privacy and does not reflect actual results.
Topics Covered:

Apparatus Scores

Apparatus Lineup Frequency

Individual Athlete Scores with Performance Metric Comparison

Individual Athlete Metric Progression Across the Season

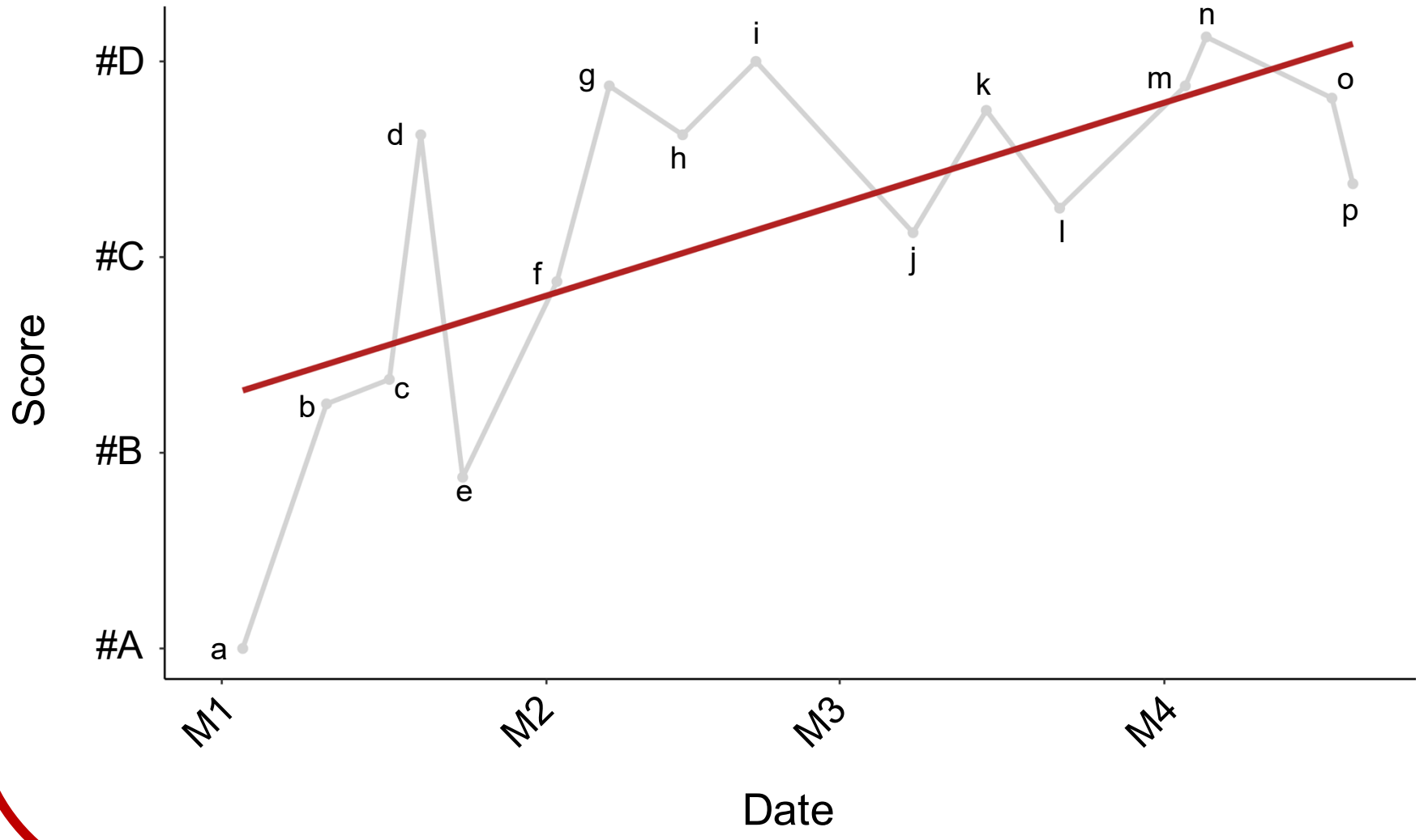
Performance Metric Trends

Week-by-Week Metric Changes

Injury Rates by Training Phase

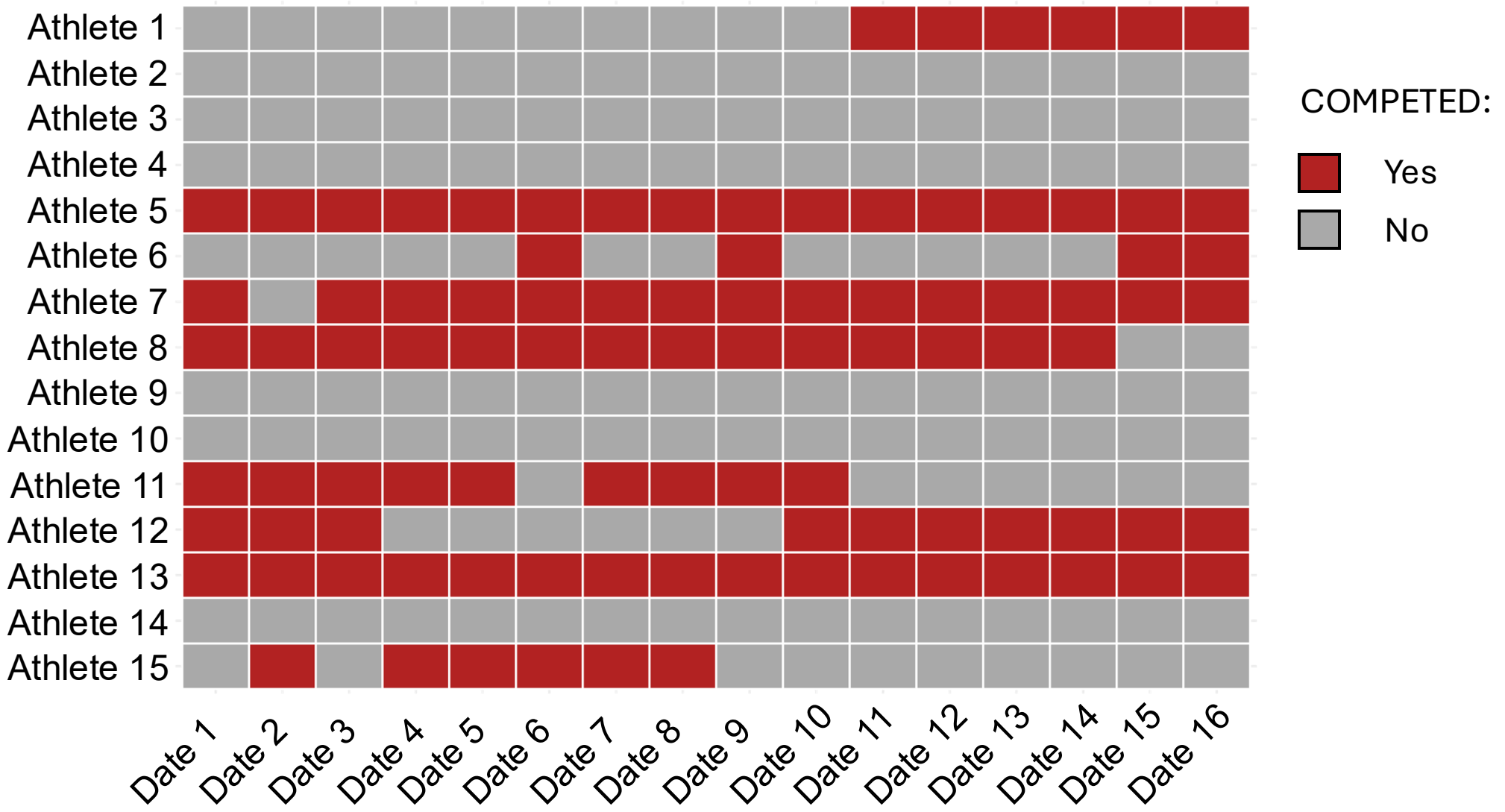
Injury Comparison Across Two Seasons

APPARATUS A SCORES

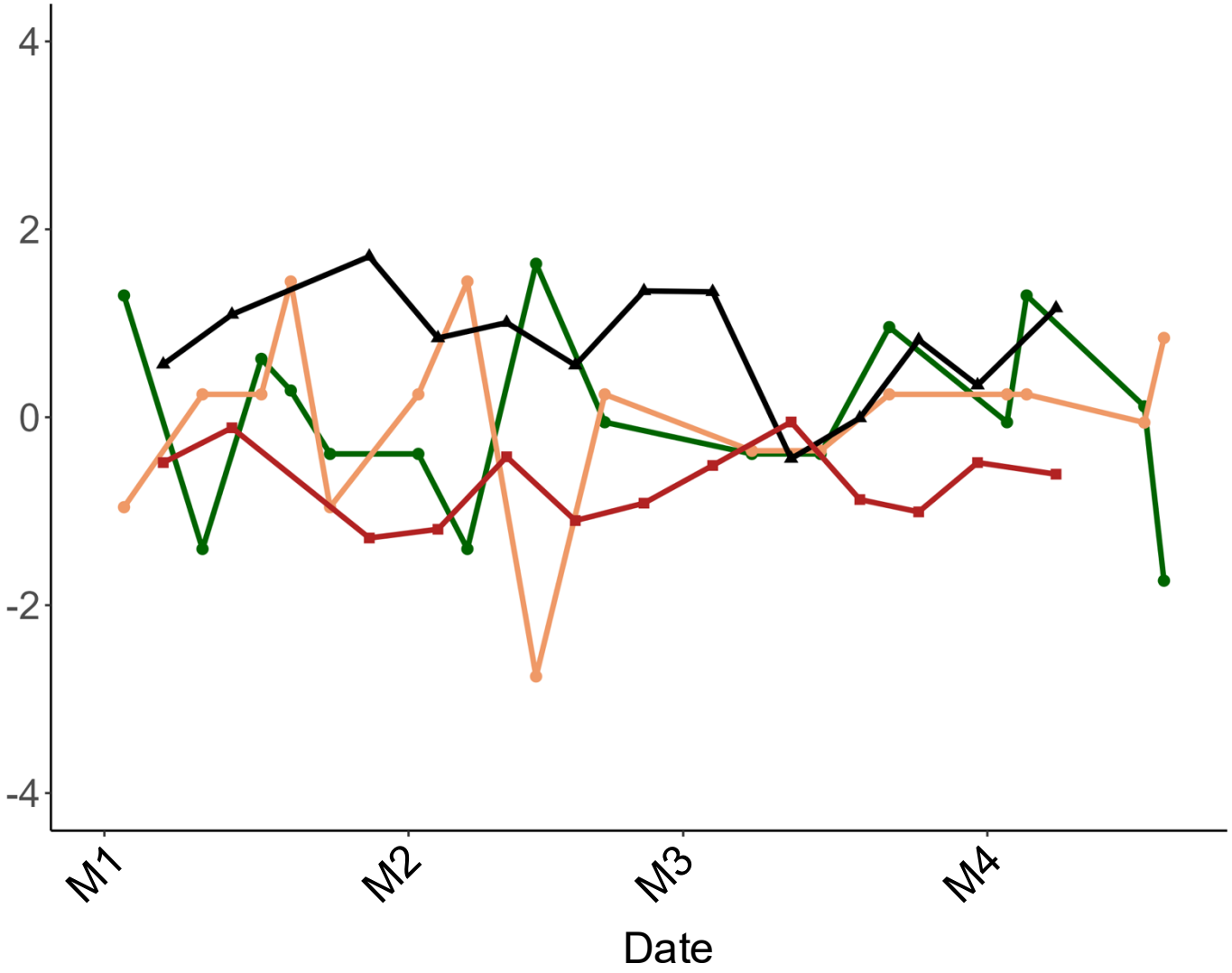


Minimum	aa
Maximum	bb
Range	cc
Mean	dd
Median	ee
Standard Deviation	ff

APPARATUS B LINEUP FREQUENCY



INDIVIDUAL SCORES – ATHLETE W



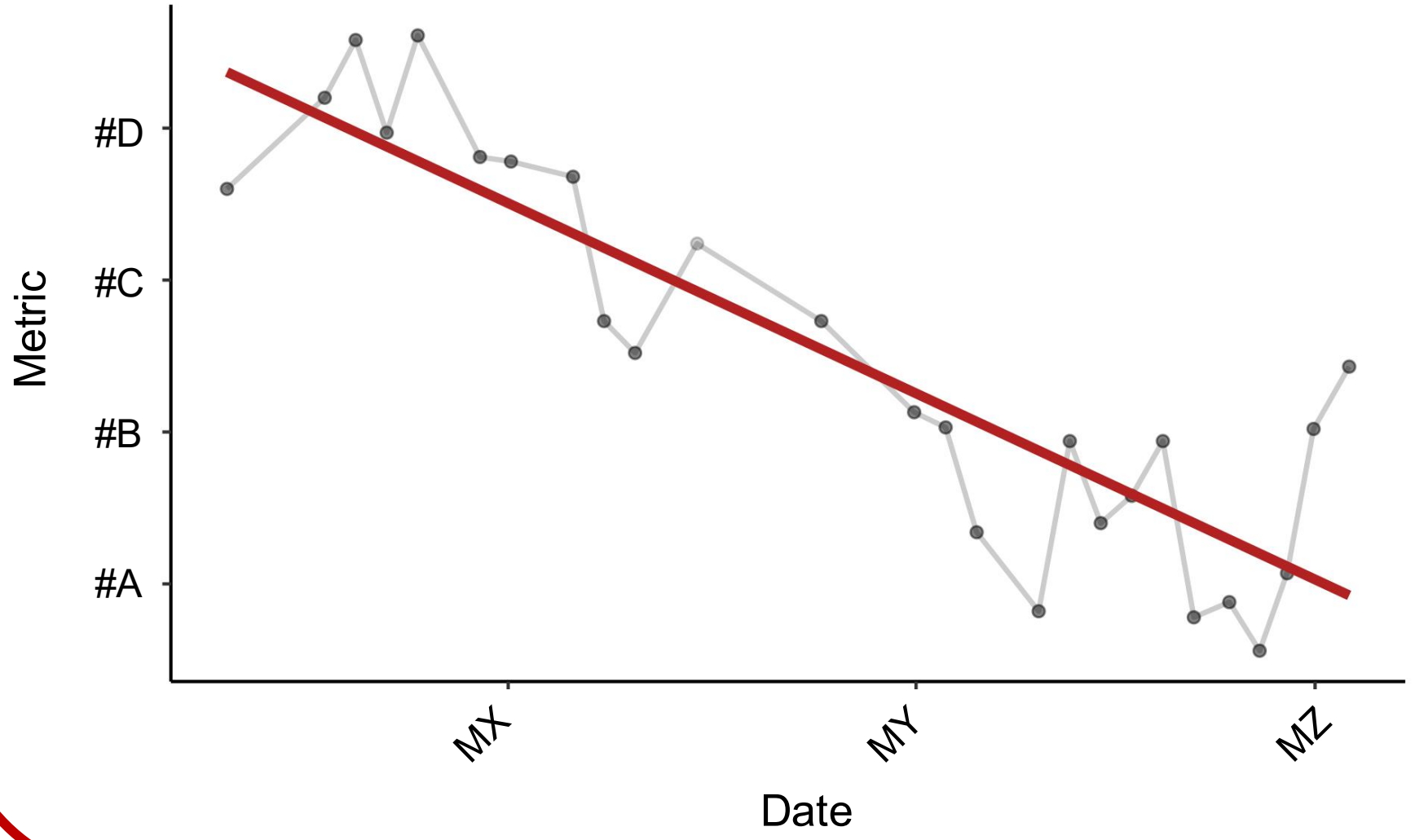
	App A	App B	FP M* 1	FP M* 2
Minimum	aa	ff	kk	pp
Maximum	bb	gg	ll	qq
Mean	cc	hh	mm	rr
Median	dd	ii	nn	ss
Standard Deviation	ee	jj	oo	tt

* FP M = Force Plate Metric

Vault
RSI
Floor
Contact Time

The y values are normalized by subtracting the mean and dividing by the standard deviation for each variable.

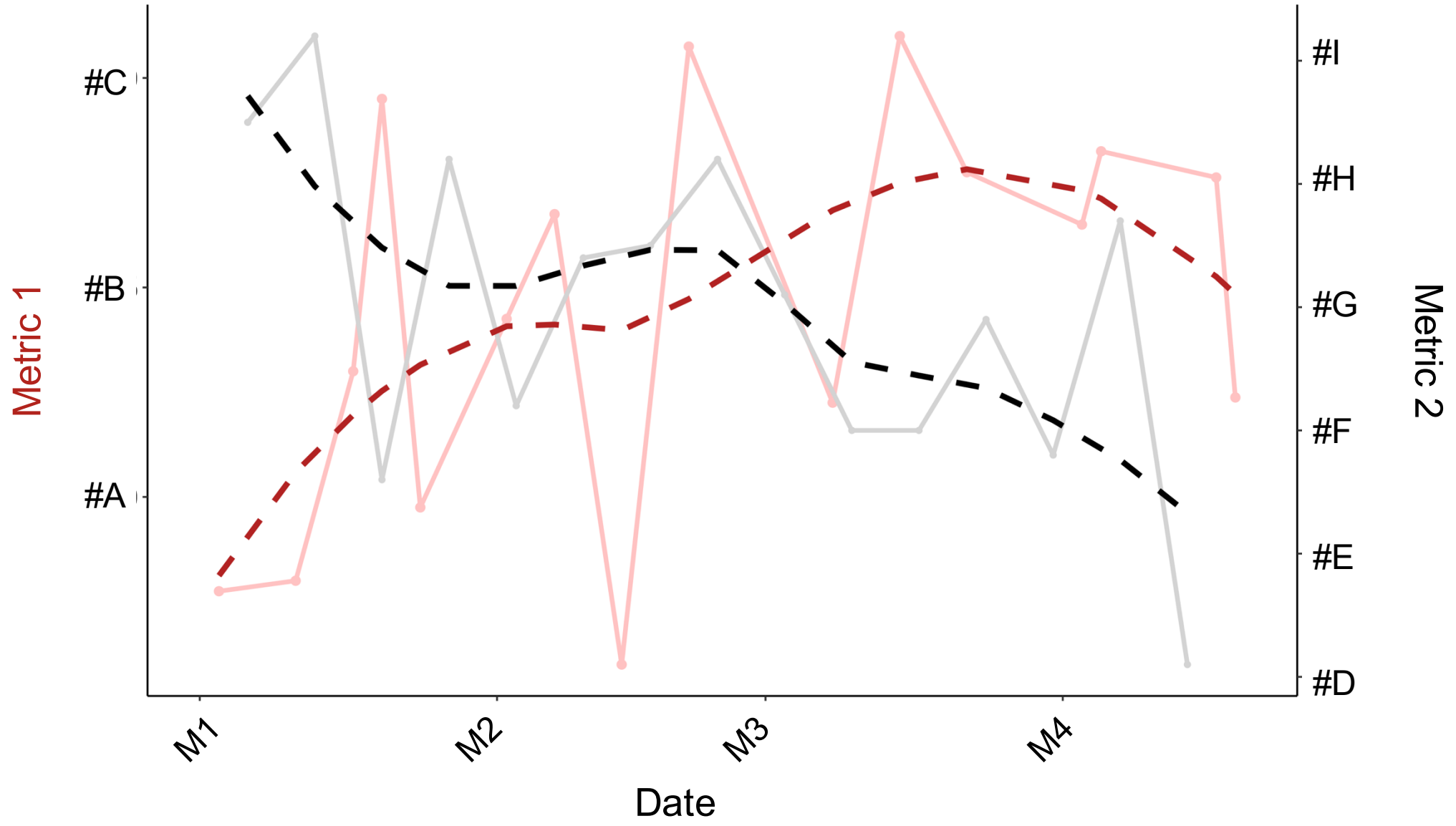
METRIC CHANGES ABOVE XX% - ATHLETE Y



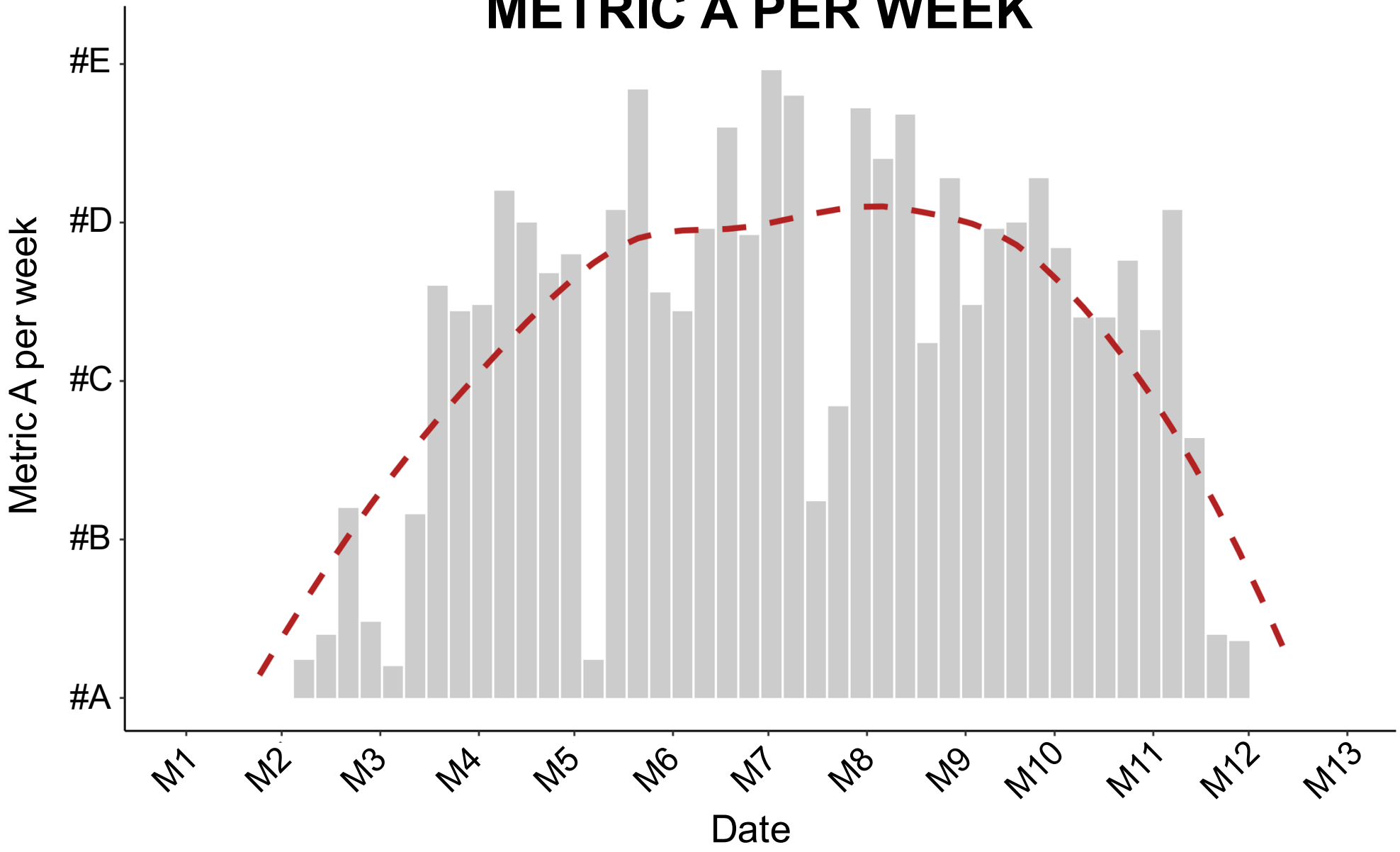
Initial	aa
Final	bb
Minimum	cc
Maximum	dd
Mean	ee
Median	ff
Metric Change*	-gg
Percentage Change*	-hh %

* When calculated using first and last measurement.

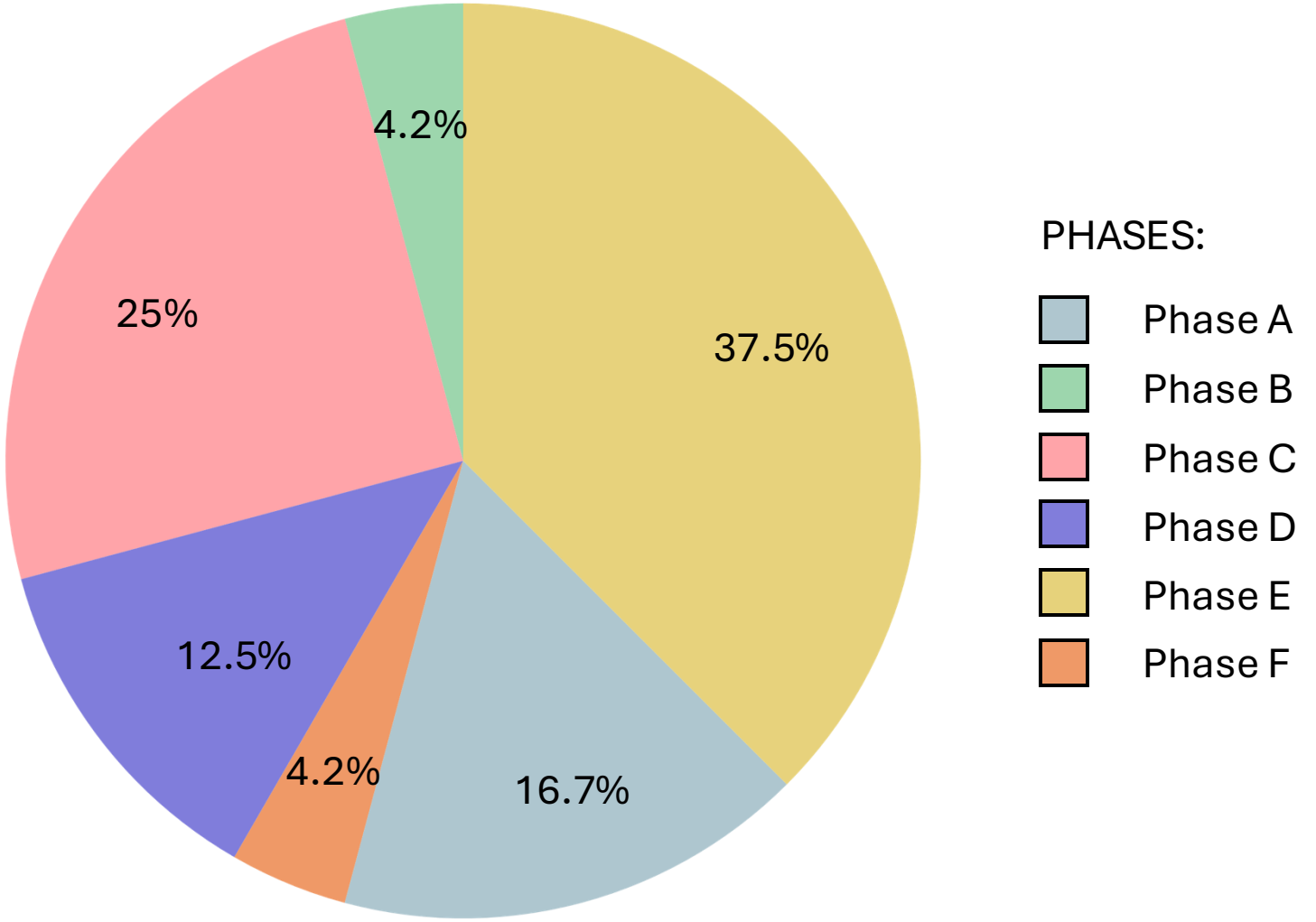
METRIC 1 VS METRIC 2



METRIC A PER WEEK



INJURY PERCENTAGE BY PHASE



Most of the injuries occurred during Phase E, followed by Phase C and Phase A.

INJURIES COMPARISON
SEASONS XXXX and YYYY

Year	Injury Count
XXXX	AA
YYYY	BB

The YYYY season saw an overall increase in injuries. Key differences include:

- XXXX had more injuries in M4 (3 vs 0), M10 (3 vs 1), and M11 (3 vs 0).
- YYYY had more injuries in M2 (3 vs 1), M3 (4 vs 1), M5 (2 vs 0), and M6 (6 vs 1).
- However, the YYYY season had fewer injuries from M8 to M11.

Month	XXXX Injuries	YYYY Injuries	XXXX Avg Days Missed*	YYYY Avg Days Missed*
M1	0	1	0	0
M2	1	3	29	16
M3	1	4	3	0
M4	3	0	7	0
M5	0	2	0	23
M6	1	6	1	5
M7	4	4	15	0
M8	3	4	9	3
M9	3	3	8	1
M10	3	1	3	4
M11	3	0	29	0

* Avg Days Missed are calculated based on the Date of Onset of the corresponding injury.

Red and Green highlights show the months where injuries have increased or decreased by at least 2.