

Design Language System

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Color Palette



#F4F9FA-#F7FFEF Background (mobile)



#F7FFEF Navigation bar (mobile)



#8CDBC9 Top bar navigation buttons mobile



#45C4AF Buttons (mobile)



#F2FAFC Background (desktop)



#E0F5F4 Cards (mobile)



#BDE8EB Button color (desktop & mobile)



#95C8DA Cards (desktop)



#9039F2 Accent illustrations



#100DB1 Accent links



#662D5B Accent lines



#565987 Accent buttons (mobile)



#012030 Text & icons

Desktop logo: Century Gothic Bold | 150pt | #13678A

Mobile logo: Century Gothic | Bold | 75pt | #012030

Heading 1: Century Gothic | Bold | 60pt | #012030

Heading 2: Century Gothic | Bold | 50pt

Heading 3: Century Gothic | Bold | 40pt | #012030

Text 1 (desktop large): Century Gothic | Regular | 40pt | #012030

Text 2 (desktop small): Century Gothic | Regular | 30pt | #012030

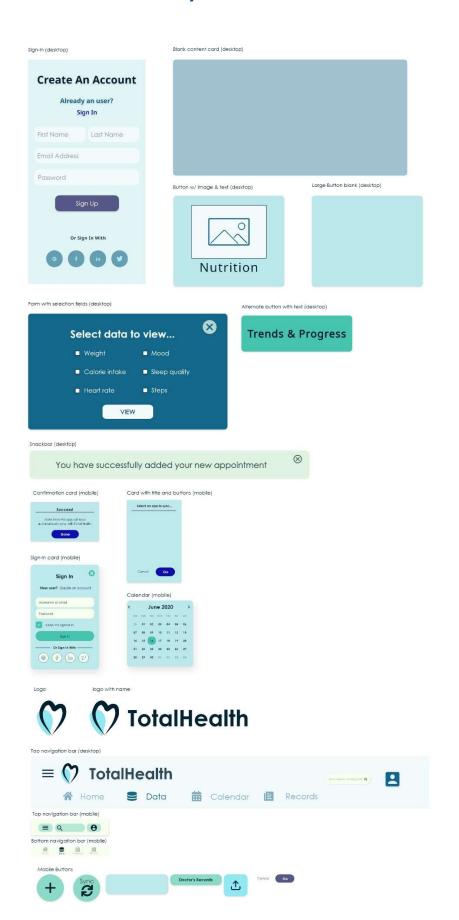
Text 3 (mobile large): Century Gothic | Regular | 25pt | #012030

Text 4 (mobile small): Century Gothic | Regular | 15pt

Label 1 (desktop): Century Gothic | Bold | 25pt

Label 2 (mobile): Century Gothic | Regular | 15pt

UI Elements and Styles



Illustrations

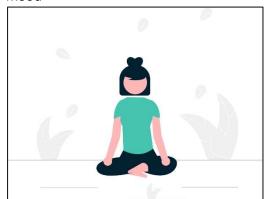
Activity



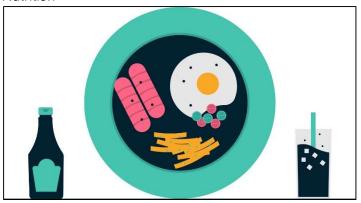
Sign-in/Splashscreen



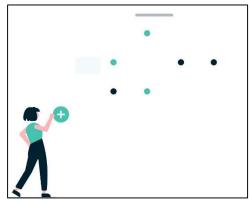
Mood



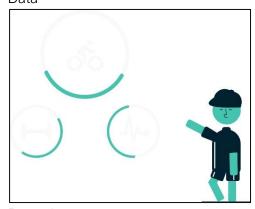
Nutrition



Calendar



Data



Records



Iconography

Account



Home

Hamburger Menu



Calendar



Records



Camera





Checkboxes











Close



Data



Sync



Page markers

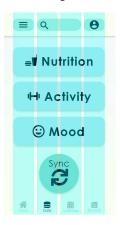




Grids/Layout

Components should be close in proximity to each other in the layout to imply interconnectedness. Large buttons and font are preffered wherever possible to increase visibility.

Use 4-column grid for mobile:



Use 12-column grid for desktop:



Language & Tone of Voice

The tone of TotalHealth is succinct, professional, and cheerful.

- Use "My" before features where possible to give the user a feeling of ownership.
- Use the fewest words possible to communicate message.
- Choose easily understood words.

Language should be sparse but should be used to accompany icons and images where space allows. The following words for features/categories:

- Data (rather than stats)
- Calendar
- Records
- Nutrition (rather than food or calories)
- Activity (rather than Fitness or Exercise)
- Mood
- Sync
- Upload

One intent behind the pared down language is to make the app easily translatable to other languages and easier for voice description to interpret.