

***For Administrators:***

**PID**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

We are interested in how you typically use various forms of media. Your name is not attached to the questionnaire, so please answer as honestly and accurately as possible.

**PART 1**

Please report the total number of HOURS PER WEEK you spend doing each of the following activities. For each response, please write a single number, NOT a range of numbers:

1. **Reading** (e.g., books, ebooks, comics, magazines, etc.): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *hours/week*
2. **Homework** (other than reading): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *hours/week*
3. **Watching videos, movies, TV** (on a TV, computer, tablet, or phone): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *hours/week*
4. **Listening to music, radio, audiobooks, other**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *hours/week*
5. **Playing videogames** (e.g., on a video game console, phone, tablet, or computer): \_\_\_\_\_\_\_\_*hours/week*
6. **Browsing the internet** (e.g., on a phone, tablet, ebook reader, TV, or computer): \_\_\_\_\_\_\_\_ *hours/week*
7. **Texting, using social media** (e.g., posting, reading, commenting, messaging, liking, sharing, etc.) **or Instant Messaging (IM)**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *hours/week*
8. **Talking on the phone or video chatting** (e.g., FaceTime, Skype): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *hours/week*
9. **Other computer activities** (e.g., coding, photo or video editing, etc.): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *hours/week*

**PART 2**

We’re also interested in how often you multitask with media. For each question below, please mark the oval to share how often you use that type of media while ALSO using each of the other types of media AT THE SAME TIME. For example, if you spend a lot of time reading WHILE ALSO listening to music, you would mark the oval that says, ‘Most of the time’ next to ‘Listening to music’ below:















