

Sources of all images, including copyright or license requirements

1.hands https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.bondigym.com.au%2F&psig=AOvVaw00YLp5kj97pqsgAIWAQPDm&ust=1631109413523000&source=images&cd=vfe&ved=0CAsQjRxqGAoTCOi_86KC7fICFQAAAAAdAAAAABC7Ag

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2.male_personal_trainere https://www.google.com/url?sa=i&url=https%3A%2F%2Fbacktobasics4lifefitness.com.au%2Fpersonal-gym-trainer-melbourne%2F&psig=AOvVaw00YLp5kj97pqsgAIWAQPDm&ust=1631109413523000&source=images&cd=vfe&ved=0CAsQjRxqGAoTCOi_86KC7fICFQAAAAAdAAAAABCzAg

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3.man_ropes https://www.google.com/url?sa=i&url=https%3A%2F%2Fgymplus.com.au%2F&psig=AOvVaw00YLp5kj97pqsgAIWAQPDm&ust=1631109413523000&source=images&cd=vfe&ved=0CAsQjRxqGAoTCOi_86KC7fICFQAAAAAdAAAAABDeAg

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.owner <https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.sandiegouniontribune.com%2Fnews%2Fcourts>

https://www.google.com/url?sa=i&url=https%3A%2F%2F2020-08-03%2Fda-charges-ramona-gym-owner-for-staying-open-violating-californias-covid-19-shutdown-orders&psig=AOvVaw0aIMvmdqc1GQk14Q5Up-Az&ust=1631433137245000&source=images&cd=vfe&ved=0CAgQjRxqFwoTCPic_qS49vICFQAAAAAdAAAAABAQ

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4.weights https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.discovery.co.za%2Fvitality%2Fgym-visits-covid-19&psig=AOvVaw00YLp5kj97pqsgAIWAQPDm&ust=1631109413523000&source=images&cd=vfe&ved=0CAsQjRxqGAoTCOi_86KC7fICFQAAAAAdAAAAABDQAq

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5.woman_red https://www.google.com/url?sa=i&url=https%3A%2F%2Ftimesofindia.indiatimes.com%2Flife-style%2Fhealth-fitness%2Ffitness%2Fstudy-reveals-why-most-women-avoid-going-to-the-gym%2Farticleshow%2F70246772.cms&psig=AOvVaw00YLp5kj97pqsgAIWAQPDm&ust=1631109413523000&source=images&cd=vfe&ved=0CAsQjRxqGAoTCOi_86KC7fICFQAAAAAdAAAAABDzAg

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6. woman_bar <https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.wallpaperflare.com%2Fweight-lifting-woman-blonde-fitness-weight-bar-wallpaper-tumiz&psig=AOvVaw0G-BToMRqfk0bvgwh7a1KB&ust=1631539352570000&source=images&cd=vfe&ved=0CAgQjRxqFwoTCKiymPXD-fICFQAAAAAdAAAAABAH>

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7. woman_fun https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.fitnessplayground.com.au%2F&psig=AOvVaw00YLp5kj97pqsgAIWAQPDm&ust=1631109413523000&source=images&cd=vfe&ved=0CAsQjRxqGAoTCOi_86KC7fICFQAAAAAdAAAAABDCAg

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8. man_woman_tummy https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.pinterest.co.kr%2Fpin%2F747316131895967703%2F&psig=AOvVaw00YLp5kj97pqsgAIWAQPDm&ust=1631109413523000&source=images&cd=vfe&ved=0CAsQjRxqGAoTCOi_86KC7fICFQAAAAAdAAAAABDIAg

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9. logo https://favpng.com/png_view/gym-logo-physical-fitness-fitness-centre-png/84QEu3iy

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Secure original images, and describe what modifications have been made to ensure they are web-ready

I changed the size of the pictures and used some covering technique on all images so they can fit nicely for the web site.

Describe the tools that were used to make alterations to these images

I used Photoshop to make alternations to images.

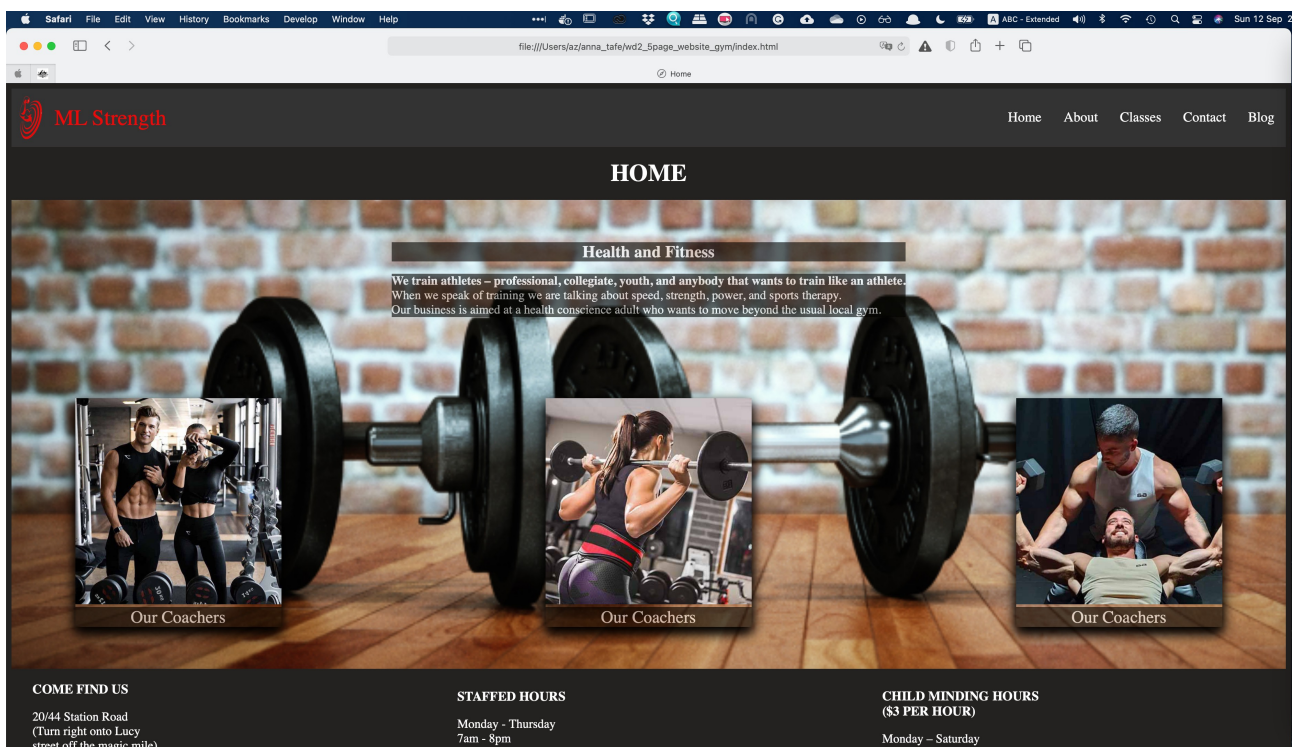
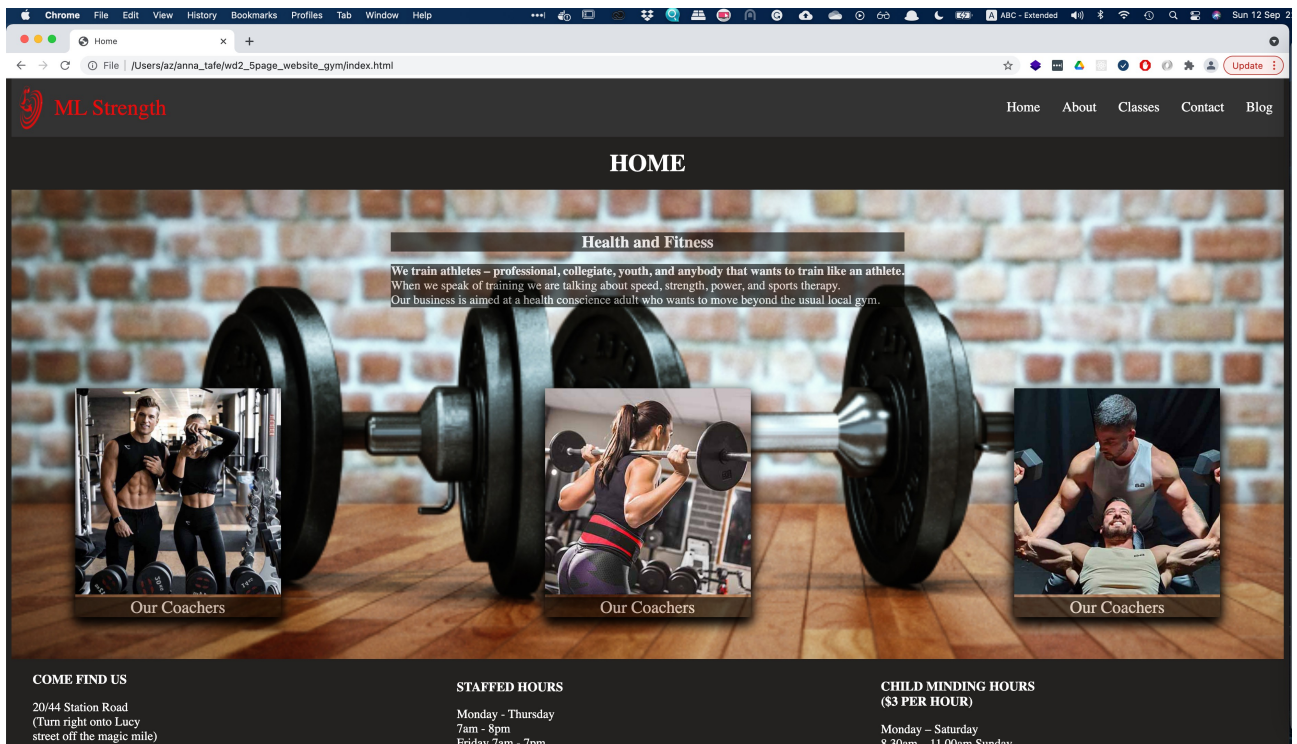
What alternative file formats could these images have been saved, why did you choose the one(s) you did.

I chose JPG format for the most images because picture quality is high with small degree of compression. It has small file size. This format is compatible and it is displayed correctly in any browsers. For the Logo image I used png because it allows to save images with transparent background.

Describe how these images best suit the message you are trying to convey for the client

Selected pictures in red, black and brown colours that correspond to the chosen style of the site. These colours are quite aggressive which reflects the sport theme.

Cross-browser screenshots





CONTACT US

First Name

Last Name

Email

Message

Submit

I want to join/unsubscribe e-mail
newsletter

☐

W3c validation

← → ↻ jigsaw.w3.org/css-validator/validator



The W3C CSS Validation Service

W3C CSS Validator results for style.css (CSS level 3 + SVG)

Jump to: [Warnings \(1\)](#) [Validated CSS](#)

W3C CSS Validator results for style.css (CSS level 3 + SVG)

Congratulations! No Error Found.

This document validates as [CSS level 3 + SVG](#) !

To show your readers that you've taken the care to create an interoperable Web page, you may display this icon on any page that validates. Here is ti



```
<p>
  <a href="http://jigsaw.w3.org/css-validator/check/referer">
    
    </a>
  </p>
```



```
<p>
<a href="http://jigsaw.w3.org/css-validator/check/referer">
  
  </a>
</p>
```

(close the img tag with > instead of /> if using HTML <= 4.01)

Nu Html Checker

This tool is an ongoing experiment in better HTML checking, and its behavior remains subject to change

Showing results for uploaded file blog.html

Checker Input

Show ☐ source ☐ outline ☐ image report [Options...](#)

Check by [file upload](#) [Choose file](#) No file chosen

Uploaded files with .xhtml or .xht extensions are parsed using the XML parser.

[Check](#)

Use the Message Filtering button below to hide/show particular messages, and to see total counts of errors and warnings.

[Message Filtering](#)

1. **Warning** Section lacks heading. Consider using `h2` - `h6` elements to [add identifying headings to all sections](#).

From line 20, column 9; to line 20, column 17

```
↵↵  
..... <section>↵
```

Document checking completed.

Used the HTML parser.

Total execution time 6 milliseconds.

Nu Html Checker

This tool is an ongoing experiment in better HTML checking, and its behavior remains subject to change

Showing results for uploaded file about.html

Checker Input

Show ☐ source ☐ outline ☐ image report [Options...](#)

Check by [file upload](#) [Choose file](#) No file chosen

Uploaded files with .xhtml or .xht extensions are parsed using the XML parser.

[Check](#)

Use the Message Filtering button below to hide/show particular messages, and to see total counts of errors and warnings.

[Message Filtering](#)

1. **Warning** Article lacks heading. Consider using `h2` - `h6` elements to [add identifying headings to all articles](#).

From line 21, column 9; to line 21, column 17

```
↵↵  
..... <article>↵
```

Document checking completed.

Used the HTML parser.

Total execution time 21 milliseconds.



validator.w3.org/nu/#file

Nu Html Checker

This tool is an ongoing experiment in better HTML checking, and its behavior remains subject to change.

Showing results for uploaded file classes.html

Checker Input

Show ☐ source ☐ outline ☐ image report [Options...](#)

Check by [file upload](#) [Choose file](#) No file chosen

Uploaded files with .xhtml or .xht extensions are parsed using the XML parser.

[Check](#)

Document checking completed. No errors or warnings to show.

Used the HTML parser.

Total execution time 17 milliseconds.



validator.w3.org/nu/#file

Nu Html Checker

This tool is an ongoing experiment in better HTML checking, and its behavior remains subject to change.

Showing results for uploaded file index.html

Checker Input

Show ☐ source ☐ outline ☐ image report [Options...](#)

Check by [file upload](#) [Choose file](#) No file chosen

Uploaded files with .xhtml or .xht extensions are parsed using the XML parser.

[Check](#)

Document checking completed. No errors or warnings to show.

Used the HTML parser.

Total execution time 9 milliseconds.

