

# 1st Trimester

A planner pocket to store your ultrasound prints, receipts, prescriptions and factsheets from your healthcare provider.



**Want to scan these items to store them in a secure digital format?** Open the Bean2Baby App on your phone and tap the **+** icon!

Step 2. Fold on this dotted line.

*Instructions for folding a pocket*

*Step 1. First fold this sheet lengthwise, along the long dotted line.*

*Step 2. Second, fold along the shorter dotted line.*

*Use an A5 6-hole puncher to make holes along the open edge where indicated.*

*If you do not have a binder, you can staple this edge into your booklet.*

*Step 1. Fold on this dotted line.*