

ANNA REKOW

6380 Altschul, New York, NY 10027 | aer2178@columbia.edu | (913) 232-1157

EDUCATION

Barnard College of Columbia University

New York, NY

B.S. in Computer Science with a minor in Philosophy, Dean's List

- **GPA:** 3.38
- **Involvement:** Division I Rowing, Columbia Design Lab startup finalist for AI therapy, Easing Reentry Initiative, Columbia Space Initiative, Photographer for Hoot Fashion Magazine

EXPERIENCE AND LEADERSHIP

Research Assistant

New York, NY

Kandel Lab, Columbia University Zuckerman Mind Brain Behavior Institute

January 2018 - present

- Research fear learning and strong memory retention associated with PTSD in a Nobel prize-winning lab, with a focus on neural circuitry and molecular mechanisms around the pPVN region and its connection with the PAG, IL region of the prefrontal cortex, and BNST
- Skills include cryostat and vibratome brain slicing, immunohistochemistry, polymerase chain reaction (PCR, qPCR), movement tracking, data analysis, and created a pipeline to use Clearmap's 3D imaging software

Resident Assistant

New York, NY

Barnard College

August 2017 – June 2019

- Leadership, communication, conflict resolution
- Work with Public Safety, NYPD, and on-campus EMS to ensure resident safety
- Plan and organize monthly events with team around pillars of Social Justice, Health and Wellbeing, Life Learning, and Community Engagement with a \$1300 budget

Founder, Executive Director of Social Justice Group

New York, NY

Columbia University, Easing Reentry Initiative

August 2017 - present

- Support recently released formerly incarcerated people with resources and guidance to acquire basic skills such as resume writing, email and computer knowledge, job applications, and acquisition of photo ID
- Write grants, organize team members, plan events, and communicate with potential on- and off-campus partners

Executive Board, Barnard Criminal Justice Initiative

New York, NY

Columbia University

August 2018 - present

- Planning and organizing events, activism, and conversation around the topic of criminal justice reform

Development Intern

Washington D.C.

Promantus Consulting Group, International Well Building Institute

Summer 2018

- Front end development for IWBI specifically for WELL v2 software using HTML, CSS, JavaScript
- Individual and team assignments including development and headless CMS testing

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SERVICE

Assistant Philosophy Teacher in Prison

New York, NY

Columbia University Center for Justice

December 2018 - present

- Aid to professor in teaching philosophical texts to incarcerated individuals at Manhattan Detention Center
- Group organization, discussion leader, and essay editing
- Using teaching techniques of Theater of the Oppressed

Environmental Justice Advocate and Volunteer

New York, NY

WeAct for Environmental Justice

August 2016 – August 2017

- Advocate for and educator on the importance of environmental justice and health in West Harlem

Nutrition Educator

New York, NY

Oasis Jimma Juice Bar

January 2017 - present

- Present, organize workshops on healthy food and lifestyle choices to prevent diabetes in West Harlem, particularly in low income housing communities
- Write grants and proposals to the City of New York and NYPD to organize community socials

Yoga Instructor and Nutrition Coach

Albuquerque, NM

Crossroads for Women

August 2014 - July 2016

- Taught yoga and nutrition to women out of prison to aid in their reentry transition and reduce recidivism rates

ADDITIONAL

Awards: National Honor Society, Recognized Youth Artist for the City of Albuquerque and Albuquerque Museum, State Speech and Debate Finalist

Languages: English (fluent), Spanish (conversational)

Skills: Proficient with Java, C, C++, HTML, CSS, JavaScript, Microsoft Office, Adobe Suite, Digital Photography, SketchUp

Interests: Sustainability, Cybersecurity, Skiing, Health, Architecture, Criminal Justice Reform, Travel, Consciousness, Wilderness Medicine, Oxygen, Music