

How to find your ring size

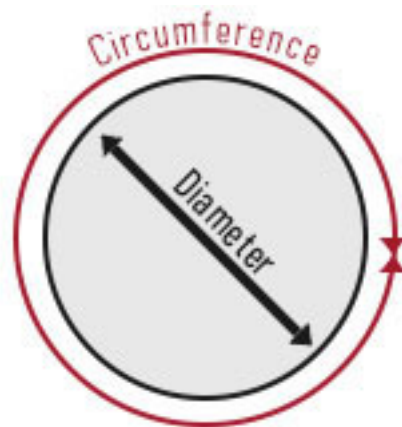
1. Find a piece of string or strip of paper no wider than 1.4 cm (1/2 inch).
2. Wrap it around the base of the appropriate finger.
3. Use a pen to mark the point on the string/paper where it overlaps, forming a complete circle.
4. With a ruler, measure the length from the starting end of the string/paper to the pen mark.
5. Use the chart below to determine your UK ring size.

How do I Find What Ring Size I am Using With a Ring That I Own?

With a ruler and the chart below. Use the ruler to measure the diameter of the inside of the ring, then look up the measurement on the chart to find the corresponding ring size.

Here are some tips to make your ring size measurement more accurate:

- After sliding the ring sizer on, make sure it slides off fairly easily over the knuckle.
- Don't measure cold fingers. This is when fingers are their smallest.
- For the most accurate reading, measure the finger at the end of the day when the finger is the largest.
- The rule of thumb is that it is easier to resize down to a smaller size than to make it bigger. Get one slightly larger than you think you'll need if you're not sure.



Inside diameter (mm)	Inside circumference (mm)	Ring size
14.48	45.5	G
14.88	46.8	H
15.29	48	I
15.49	48.7	J
15.9	50	K
16.31	51.2	L
16.71	52.5	M
17.12	53.8	N

Inside diameter (mm)	Inside circumference (mm)	Ring size
17.53	55.1	O
17.93	56.3	P
18.34	57.6	Q
18.75	58.9	R
19.15	60.2	S
19.56	61.4	T
19.96	62.7	U
20.37	64	V

Inside diameter (mm)	Inside circumference (mm)	Ring size
20.78	65.3	W
21.18	66.6	X
21.59	67.8	Y
21.79	68.5	Z

See below for UK/US Ring size conversion chart:

INTERNATIONAL RING SIZE CHART

Circumference (mm)	Diameter (mm)	UK, Europe, & Australia	United States & Canada	CN/SG/JP	HK	Switzerland
44.2	14.1	F	3	4	6	4
44.8	14.3	F½		5		5¼
45.5	14.5	G	3½		7.5	
46.1	14.7	G½		6		6½
46.8	14.9	H	4	7	9	
47.4	15.1	H½				7¾
48.0	15.3	I	4½	8	10	
48.7	15.5	J				9
49.3	15.7	J½	5	9	11	
50.0	15.9	K				10
50.6	16.1	K½	5½	10	12	
51.2	16.3	L				11¾
51.9	16.5	L½	6	11	13	12¾
52.5	16.7	M		12		
53.1	16.9	M½	6½	13	14.5	14
53.8	17.1	N				
54.4	17.3	N½	7	14	16	15¾
55.1	17.5	O				
55.7	17.7	O½	7½	15	17	16½
56.3	17.9	P				
57.0	18.1	P½	8	16		17¾
57.2	18.2				18	
57.6	18.3	Q				
58.3	18.5	Q½	8½	17	19	
58.9	18.8	R				19
59.5	19.0	R½	9	18	20.5	
60.2	19.2	S				20¾
60.8	19.4	S½	9½	19	22	
61.4	19.6	T				21½
62.1	19.8	T½	10	20	23	
62.7	20.0	U		21		
63.4	20.2	U½	10½	22	24	22¾
64.0	20.4	V				
64.6	20.6	V½	11	23	25	
65.3	20.8	W				25
65.9	21.0	W½	11½	24	26	
66.6	21.2	X				
67.2	21.4	X½	12	25	27.75	27½
67.8	21.6	Y				
68.5	21.8	Z	12½	26		28¾
69.1	22.0	Z½				
69.7	22.2		13	27	30	
70.4	22.4	Z+1				
71.0	22.6		13½			