Practical Machine Learning - Assignment

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Executive Summary

A study was undertaken on a set of measurements recorded during an exercise routine. The objective of the study was to see if the measurements taken could be used to predict the manner in which the exercise had been performed.

Data preparation

The dataset contains measurements for 6 individuals who had fitted devices on the arm, forearm, belt and dumbbell. The measurements were captured while the individual performed a set of 10 repetitions of an arm curl. The arm curl was performed in 5 different ways: A=correct method, B=elbow to front, C=lift dumbbell halfway, D=lower dumbbell halfway and E=hips to front.

After downloading, the training dataset was analysed (Appendix 1). This contained 160 variables (including the outcome), a number of which had a majority of missing values A subset of the data set was created using only the columns that were considered relevant, ie excluding columns with missing values as well as date columns. The reduced data set contains only 54 variables (including the outcome) which was considered to be more manageable. This reduced set was further split into two, so that local training and testing sets could be applied.

Model selection

A number of models were developed and analysed.

Model 1 - Basic reduced variable model

First a model was fitted that used all the variables in the reduced data set as presented (Appendix 2). However this resulted in a poor model which did not even provide for the outcome "D".

Model 2 - Preprocessing with principal components analysis

Principal components analysis was then applied over all the variables in the reduced set except the user and outcome (Appendix 3) and this produced better results in that outcome "D" was considered, but the error rate was very high in that over half of the outcomes on the training data set were predicted incorrectly.

Plotting the results of the PCA however identified interesting patterns in the data. When plotted by user, there were four distinct groups with a single user in each, plus a fifth group which overlapped two users. When plotted by outcome, it was very hard to distinguish any difference between the correct method and any of the "incorrect" ones.

Model 3 - Model by user

Investigating the data further, attempts to model by individual user were unsuccessful as the resulting models were individually worse than that provided by Model 2.

Cross validation

The validation data set was created using 30% of the original training data, which was set aside to test the model. The results of the model using the training data were poor, so there was no expectation of much improvement with the validation set.

Expected "out of sample" error

With the "best" model found so far (Model 2), the value for in-sample-errors is 9482/19622 = 0.48 and the value for out-of-sample-error is 2999/4904 = 0.61.

Results and conclusion

A suitable model was not found as part of this analysis, however by chance the test results (x20) provided a higher success rate than then training and local testing. Further analysis is required to improve the model.

Reference

Velloso, E.; Bulling, A.; Gellersen, H.; Ugulino, W.; Fuks, H. Qualitative Activity Recognition of Weight Lifting Exercises. Proceedings of 4th International Conference in Cooperation with SIGCHI (Augmented Human '13). Stuttgart, Germany: ACM SIGCHI, 2013.

Appendices

Appendix 1 - Data source

The data files were downloaded from the corresponding Groupware website (http://groupware.les.inf.puc-rio. br/har) as the "Weight Lifting Exercise Dataset". The training and test data were downloaded using the following r commands:

```
##train<-download.file("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv", "train.c
##test<-download.file("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv", "test.csv"</pre>
```

The training data file was reduced to remove superfluous variables (dates, mainly missing values) and further split into two for training and testing.

```
trainAll<-read.csv("train.csv")
testAll<-read.csv("test.csv")
trainSmall<-trainAll[,-c(1,3:7,12:36,50:59,69:83,87:101, 103:112,125:139,141:150)]
names(trainSmall)</pre>
```

```
[1] "user_name"
                                 "roll_belt"
##
                                                         "pitch_belt"
    [4] "yaw_belt"
                                 "total_accel_belt"
                                                         "gyros_belt_x"
                                 "gyros_belt_z"
                                                         "accel_belt_x"
   [7] "gyros_belt_y"
## [10] "accel_belt_y"
                                 "accel_belt_z"
                                                         "magnet belt x"
## [13] "magnet_belt_y"
                                 "magnet_belt_z"
                                                         "roll_arm"
## [16] "pitch_arm"
                                 "yaw_arm"
                                                         "total_accel_arm"
## [19] "gyros_arm_x"
                                 "gyros_arm_y"
                                                         "gyros_arm_z"
## [22] "accel arm x"
                                 "accel arm y"
                                                         "accel_arm_z"
## [25] "magnet_arm_x"
                                 "magnet_arm_y"
                                                         "magnet_arm_z"
```

```
## [28] "roll dumbbell"
                            "pitch_dumbbell"
                                                 "vaw dumbbell"
## [31] "total_accel_dumbbell" "gyros_dumbbell_x"
                                                 "gyros_dumbbell_y"
## [34] "gyros_dumbbell_z"
                            "accel dumbbell x"
                                                 "accel dumbbell y"
## [37] "accel_dumbbell_z"
                            "magnet_dumbbell_x"
                                                 "magnet_dumbbell_y"
## [40] "magnet_dumbbell_z"
                            "roll forearm"
                                                 "pitch_forearm"
## [43] "yaw forearm"
                            "total accel forearm"
                                                 "gyros forearm x"
## [46] "gyros_forearm_y"
                            "gyros_forearm_z"
                                                 "accel forearm x"
## [49] "accel_forearm_y"
                            "accel_forearm_z"
                                                 "magnet_forearm_x"
## [52] "magnet_forearm_y"
                            "magnet_forearm_z"
                                                 "classe"
library(caret)
## Warning: package 'caret' was built under R version 3.2.2
## Loading required package: lattice
## Loading required package: ggplot2
## Warning: package 'ggplot2' was built under R version 3.2.1
inTrain<-createDataPartition(y=trainSmall$classe, p=0.75, list=FALSE)
train<-trainSmall[inTrain,]</pre>
test<-trainSmall[-inTrain,]</pre>
Appendix 2 - Model 1 analysis - reduce data set
modFitRed<-train(classe~.,method="rpart",data=train)</pre>
## Loading required package: rpart
## Warning: package 'rpart' was built under R version 3.2.1
print(modFitRed$finalModel)
## n= 14718
##
## node), split, n, loss, yval, (yprob)
        * denotes terminal node
##
##
  1) root 14718 10533 A (0.28 0.19 0.17 0.16 0.18)
##
     2) roll belt< 129.5 13370 9240 A (0.31 0.21 0.19 0.18 0.11)
##
       4) pitch_forearm< -33.95 1190
                                      7 A (0.99 0.0059 0 0 0) *
       5) pitch_forearm>=-33.95 12180 9233 A (0.24 0.23 0.21 0.2 0.12)
##
        10) magnet_dumbbell_y< 436.5 10266 7380 A (0.28 0.18 0.24 0.19 0.1)
##
##
         20) roll_forearm< 123.5 6369  3786 A (0.41 0.18 0.18 0.17 0.056) *
##
         ##
     ##
```

```
## Confusion Matrix and Statistics
##
            Reference
## Prediction
                     В
                          C
                               D
                                    Ε
                Α
##
            A 3766
                    61
                        303
                                   55
##
            B 1178 975
                        695
                                    0
                               0
##
           C 1161
                    82 1324
                                    0
##
           D 1096 446 870
                                    0
                               0
##
           E 358
                   350 705
                               0 1293
##
## Overall Statistics
##
##
                 Accuracy : 0.4999
##
                   95% CI: (0.4918, 0.508)
##
      No Information Rate: 0.5136
      P-Value [Acc > NIR] : 0.9996
##
##
##
                    Kappa: 0.347
##
   Mcnemar's Test P-Value : NA
##
## Statistics by Class:
##
##
                        Class: A Class: B Class: C Class: D Class: E
                          0.4982 0.50940 0.33975
                                                        NA 0.95920
## Sensitivity
## Specificity
                         0.9415 0.85372 0.88513
                                                    0.8361 0.89432
## Pos Pred Value
                         0.8999 0.34235 0.51578
                                                        NA 0.47783
## Neg Pred Value
                         0.6399 0.92089 0.78825
                                                        NA 0.99542
## Prevalence
                         0.5136 0.13004 0.26478
                                                    0.0000
                                                            0.09159
## Detection Rate
                         0.2559 0.06625 0.08996
                                                    0.0000
                                                            0.08785
## Detection Prevalence
                         0.2843 0.19350 0.17441
                                                    0.1639
                                                            0.18386
## Balanced Accuracy
                         0.7198 0.68156 0.61244
                                                        NA 0.92676
```

Appendix 3 - Model 2 analysis - PCA

##

```
preProc<-preProcess(train[-c(1,54)], method="pca",pcaComp=2)</pre>
trainPCA<-predict(preProc, train[-c(1,54)])</pre>
modFitPCA<-train(train$classe~.,method="rpart",data=trainPCA)</pre>
print(modFitPCA$finalModel)
## n= 14718
##
## node), split, n, loss, yval, (yprob)
        * denotes terminal node
##
##
##
    1) root 14718 10533 A (0.28 0.19 0.17 0.16 0.18)
##
      3) PC1< 5.03196 14043 10426 A (0.26 0.2 0.18 0.17 0.19)
##
##
        6) PC1>=-3.759612 13013 9575 A (0.26 0.21 0.19 0.16 0.17)
```

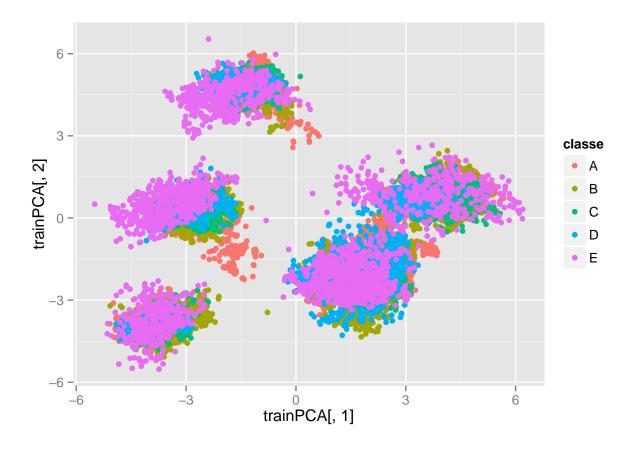
12) PC1>=3.865412 1013 668 C (0.28 0.21 0.34 0.045 0.13)

```
##
            24) PC2>=1.695108 165
                                     36 A (0.78 0.073 0.067 0 0.079) *
##
            25) PC2< 1.695108 848
                                    514 C (0.18 0.23 0.39 0.054 0.14) *
          13) PC1< 3.865412 12000 8845 A (0.26 0.21 0.18 0.17 0.18)
##
##
            26) PC1>=2.184014 2372 1567 A (0.34 0.15 0.15 0.23 0.13)
##
              52) PC2< 0.03382963 1486
                                         829 A (0.44 0.16 0.16 0.14 0.096) *
                                        553 D (0.17 0.13 0.14 0.38 0.18) *
##
              53) PC2>=0.03382963 886
##
            27) PC1< 2.184014 9628 7278 A (0.24 0.22 0.19 0.16 0.19)
##
              54) PC1< -0.3269417 6459 4642 A (0.28 0.21 0.2 0.14 0.16)
                                          557 A (0.49 0.17 0.22 0.045 0.075) *
##
               108) PC1>=-1.184601 1098
##
               109) PC1< -1.184601 5361 4085 A (0.24 0.22 0.2 0.16 0.18)
##
                 218) PC2< 0.346031 2534 1671 A (0.34 0.24 0.23 0.096 0.091) *
                 219) PC2>=0.346031 2827 2111 E (0.15 0.21 0.17 0.22 0.25)
##
##
                   438) PC1>=-2.386565 1832 1341 B (0.17 0.27 0.19 0.21 0.16) *
##
                   439) PC1< -2.386565 995
                                             580 E (0.099 0.09 0.14 0.25 0.42) *
              55) PC1>=-0.3269417 3169
                                       2383 E (0.17 0.24 0.16 0.19 0.25)
##
##
               110) PC2< -3.14511 256
                                         99 B (0.078 0.61 0.039 0.25 0.023) *
               111) PC2>=-3.14511 2913 2133 E (0.18 0.21 0.17 0.18 0.27) *
##
##
         7) PC1< -3.759612 1030
                                  639 E (0.17 0.13 0.024 0.3 0.38)
##
                                   496 D (0.21 0.16 0.026 0.36 0.25) *
          14) PC2< -3.008543 771
##
          15) PC2>=-3.008543 259
                                    58 E (0.073 0.012 0.019 0.12 0.78) *
```

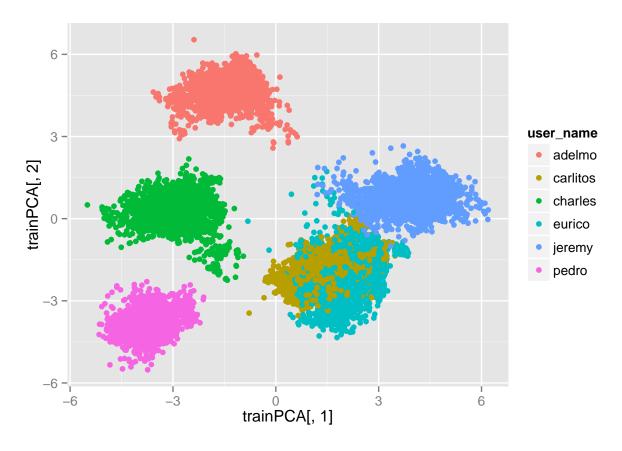
confusionMatrix(train\$classe, predict(modFitPCA,trainPCA))

Confusion Matrix and Statistics

```
##
            Reference
## Prediction
                Α
                     В
                          C
                               D
                                    Ε
##
           A 2758
                   334
                        154
                             308
                                  631
           B 1062
                                  694
##
                   648
                        199
                             245
##
           C 1099
                   355
                        334
                             143
                                  636
##
           D
              504
                   444
                         46
                             608
                                 810
           Ε
              535
                   307
##
                        115
                             353 1396
##
## Overall Statistics
##
                 Accuracy : 0.3903
##
##
                   95% CI: (0.3824, 0.3982)
##
      No Information Rate: 0.4048
      P-Value [Acc > NIR] : 0.9998
##
##
##
                    Kappa: 0.2152
##
   Mcnemar's Test P-Value : <2e-16
##
## Statistics by Class:
##
##
                       Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                         0.8371 0.82581
                                          0.83901
                                                  0.86188
## Specificity
                                                           0.87584
                         0.6590 0.22753
                                          0.13011
                                                   0.25207
## Pos Pred Value
                                                           0.51589
## Neg Pred Value
                         0.6962 0.87869
                                          0.95770
                                                  0.91476
                                                           0.76931
## Prevalence
                         0.4048 0.14187
                                          0.05762
                                                  0.11258
                                                           0.28312
## Detection Rate
                         0.1874 0.04403
                                          0.02269
                                                  0.04131
                                                           0.09485
## Detection Prevalence
                         0.2843 0.19350
                                          0.17441
                                                  0.16388
                                                           0.18386
## Balanced Accuracy
                         0.6500 0.56808 0.61644 0.61440
                                                           0.60543
```



qplot(trainPCA[,1],trainPCA[,2],colour=user_name,data=train)



```
predPCA<-predict(modFitPCA,trainPCA)
comparePCA<-data.frame("orig"=train$classe,"pred"=predPCA)
diffPCA<-comparePCA[comparePCA$orig!=comparePCA$pred,]
dim(diffPCA)</pre>
```

[1] 8974 2

Appendix 4 - Cross validation

```
testPCA<-predict(preProc,test[-c(1,54)])
confusionMatrix(test$classe, predict(modFitPCA,testPCA))</pre>
```

```
## Confusion Matrix and Statistics
##
             Reference
##
## Prediction
                    В
##
            A 887 134 52 113 209
##
            B 367 195
                      61
##
            C 369 116
                      95 61 214
##
            D 154 138
                       22 224 266
##
            E 191 84
                      40 138 448
## Overall Statistics
```

```
##
##
                 Accuracy: 0.377
##
                   95% CI: (0.3634, 0.3908)
      No Information Rate: 0.4013
##
##
      P-Value [Acc > NIR] : 0.9998
##
                    Kappa: 0.1988
##
   Mcnemar's Test P-Value : <2e-16
##
##
## Statistics by Class:
##
##
                       Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                         0.4507 0.29235 0.35185 0.36071 0.32511
## Specificity
                         0.8270 0.82204 0.83599 0.86458 0.87153
## Pos Pred Value
                         0.6358 0.20548 0.11111 0.27861 0.49723
## Neg Pred Value
                         0.6919 0.88066 0.95678 0.90317
                                                           0.76767
## Prevalence
                        0.4013 0.13601 0.05506 0.12663
                                                           0.28100
## Detection Rate
                        0.1809 0.03976 0.01937 0.04568
## Detection Prevalence 0.2845 0.19352 0.17435 0.16395
                                                           0.18373
                         0.6388 0.55720 0.59392 0.61264 0.59832
## Balanced Accuracy
predPCATest<-predict(modFitPCA,testPCA)</pre>
comparePCATest<-data.frame("orig"=test$classe,"pred"=predPCATest)</pre>
diffPCATest<-comparePCATest[comparePCATest$pred,]</pre>
dim(diffPCATest)
```

Appendix 5 - Test results

2

[1] 3055

```
testSmall<-testAll[,-c(1,3:7,12:36,50:59,69:83,87:101, 103:112,125:139,141:150)]
testPCASmall<-predict(preProc,testSmall[-c(1,54)])
answers=predict(modFitPCA,testPCASmall)

pml_write_files = function(x){
    n = length(x)
    for(i in 1:n){
        filename = paste0("problem_id_",i,".txt")
        write.table(x[i],file=filename,quote=FALSE,row.names=FALSE,col.names=FALSE)
    }
}
pml_write_files(answers)
answers</pre>
```

```
## [1] A C A B A D D A A A A C B A D A A E D B
## Levels: A B C D E
```