Reflection Name: Anne George Total Points: 100

# Affect (Return and Report) (5pts)

1. What did you do to prepare for class this week?
2. What did you learn from this week’s activities?
3. What did you learn from the customer?
4. What did you learn from the customer’s domain knowledge?
5. What synergic activities did you participate with the customer?
6. On a scale of 1-Zoned out, 2-Attentive, 3-Thinking, 4-Activity Participated, 5- Dominated the activities, **how did you participate in class**?
7. On a scale of 1-Waste of my time, 2-Re-enforced my learning, 3-Learn something new, 4-New content that connected to previous learning, 5-Mind Blowing/Paradigm shift, **what did you learn**?

# Affect (Reflect and Regroup) (5pts)

1. How did you affect the project?
2. How did you include the customer?
3. What is the status of your goals from previous reflections?
4. What value did you provide to the program/team?
5. What value did you provide to the product/customer?

# Behavior (10pts)

1. What value or innovation do you plan on providing the customer, project or program?
2. How do plan on including the customer in your tasking?
3. How do plan on contributing to the team, besides completing your tasks?
4. What would you do differently next week?
5. Write a SMART goal for next week?
6. If you were to teach one thing that you learned to someone else what would it be?

# Cognitive (20pts)

1. How does your experience relate to other experiences you have had?

**C5**

One of the things that motivates people to work more and better is the environment where they work. I have had experiences were I really enjoyed my workplace, and I’ve had experiences where I didn’t enjoy it quite as much. Fortunately, with my team in this internship, we have developed a good relationship which made it easier for me work with them despite all the demands I have on my time. And I have noticed that the team members I’ve bonded the most were the ones that enjoyed chatting even about non-related work. This experience reminded of the chapter 22 of the Book Peopleware, which talks about the black team and the importance that team interaction has to the productive of the team in general.

1. How does your experience relate to other classmates’ experiences?

**C5**

When it came to one-on-ones, one member of my team had a similar experience as I did. When I first proposed one-on-ones, team members did not seem very excited about it. As we started doing it, they started to see the benefit of having those since they made the process of coordinating our efforts much easier. That was the same thing one of team members was sharing with him about his work. It seems like that in general we tend to be reluctant to meetings in general, but we can certainly benefit from them quite a bit.

1. Tell me about what you taught someone? And what did they learn, that they didn’t know before?

**C5**

I taught two of my classmates about how to send pull requests for me to approve. They didn’t know that in the process, they had to create their fork. At first, I was confused myself, but after I figured it out, it was easier to help my classmates. They didn’t know that they had to create a branch of the repo before submitting a pull request for me to merge.

1. If you were to write your experience as STAR story, how would you phrase it?

Situation: during my internship, I was the PM for my team, and we were constantly struggling to communicate and coordinate our efforts.

Task: We had to complete our SDD by our deadline, but it just seemed like we had more than we realized that sprint.

Action: Since it was not possible to bring everyone together for scrum daily meeting, I started to do one-on-one with all my team member.

Result: That decision was extremely time consuming, but as I result, people participated more, and we basically didn’t have any double work.

1. If this was a religion class, how would you relate this week’s topic to the gospel?

**C5**

This week we learned about risk statements. The purpose of them is to be prepared in the case something happens or to have a plan to mitigate the issue. That is like the scriptures. By reading it we can know all the spiritual risks, and we can put into practice a plan to either avoid or mitigate the issues.

# Rubric

Either label your evaluation (C1) through (C5) in your answers or provide 1 sentence justification for your answer.

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|  | **Comprehensive**  (C5) 100% (5/10/20 pts) | **Correct** (C4) 80% (4/8/16 pts) | **Complete** (C3) 60% (3/6/12 pts) | **Condensed**(C2) 40% (2/4/8 pts) | **Childish** (C1) 20% (1/2/4 pts) |
| **Affect** | The answer included contextual details. | The answer included situational details. | The answer was at least a sentence long. | The question was answered with a single word. | The answer was an affirmative or not (i.e. yes/no, True/False) |
| **Behavior** | Answer provides future perspective | |  |  | | --- | --- | | Answer provides present perspective |  | | |  |  | | --- | --- | | Answers are empathic, relatable. |  | | Answer provides past perspective. | Not a behavior but mostly fact-based. |
| **Cognitive** | Ideas include system, culture, customer, or process. | |  |  | | --- | --- | | Ideas are tied to previous lessons, experiences, or skills |  | | |  |  | | --- | --- | | Answers are fully detailed and complete. |  | | Answer provides insights to learning. | Answer is basic and informative. |