

Replication of two studies investigating adaptation in panel data

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1 Introduction

My thesis regards the empirical assessment of adaptation to illness and disability. In order to come to a better understanding of the methodological approaches proposed in the literature, I hereby intend to replicate two studies investigating adaptation. The ultimate goal of these replications is to compare my results to those of the respective studies and to assess potential shortcomings that I can address in the follow-up analysis that will be central to my thesis. The first study regards adaptation to poverty conducted by Clark, D'Ambrosio and Ghislandi (2016) and the second study by Cubí-Mollà, Jofre-Boner and Serra-Sastre (2016) is concerned with adaptation to chronic illness. As far as the methodology is concerned, the model of Clark, D'Ambrosio and Ghislandi will be easier to implement with my data. The studied adaptation process is different, since it concerns adaptation to poverty, and the results will therefore be harder to compare. On the other hand, the model proposed by Cubí-Mollà, Jofre-Boner and Serra-Sastre is technically more challenging and I ran into some complications whilst trying to apply it to my data. I will discuss the limitations of the studies and my ideas for improvement in the discussion section. After this discussion I will shortly explain how I intend to implement another model that incorporates the discussion points. I will be applying the respective methodologies to the SHARE (Survey of Health, Ageing and Retirement in Europe) dataset ¹.

2 Study by Clark, D'Ambrosio and Ghislandi

In a paper by Clark, D'Ambrosio and Ghislandi (2016) adaptation to poverty is analysed. The authors use panel data on almost 54000 individuals in Germany regarding the period from 1985 to 2012. The authors adopt a fixed effects model. They find that life satisfaction is negatively related to both the incidence of poverty and its intensity in a contemporaneous analysis. They hardly find any evidence that the impoverished people adapt to their situation.

¹DOIs: 10.6103/SHARE.w1.600, 10.6103/SHARE.w2.600, 10.6103/SHARE.w4.600, 10.6103/SHARE.w5.600, 10.6103/SHARE.w6.600, see Börsch-Supan et al. (2013) for methodological details.

2.1 Replication model

For my replication of the Clark, D’Ambrosio and Ghislandi study, I choose to follow their model, albeit changing some of the variables due to our differing subject matter. Their proposed model is as follows:

$$y_{it} = \alpha_i + \gamma_t + \beta C_{it} + \theta I_{it} + \varepsilon_{it}, \quad (1)$$

with y_{it} the self-reported life satisfaction, C_{it} a matrix with covariates and I_{it} a poverty measure at the individual level. As covariates they include age, marital status, labour-force status, residency in East or West Germany, education, number of children in the household and wave dummies.

My model differs from that of Clark, D’Ambrosio and Ghislandi in that y_{it} represents either life satisfaction ², obtained by the question: “*On a scale from 0 to 10 where 0 means completely dissatisfied and 10 means completely satisfied, how satisfied are you with your life?*” or self-perceived health on a 5-point scale. Both dependent variables are considered, since the adaptation process might differ for self-perceived health versus life satisfaction and both regressions could be interesting for further research or policy makers. Moreover, I_{it} is an indication of chronic disease or disability, not poverty. The covariates I have included are age, marital status, labour-force status, years of education and number of children. They are converted to resemble to covariates used by the authors. The reference categories for the first four covariates are aged below 51, married, employed and high school education respectively.

In their study on adaptation to poverty, Clark, D’Ambrosio and Ghislandi include all adult respondents with valid information on income and life satisfaction. For my replication study, in general, I select all individuals with valid information on either the life satisfaction question or self-perceived health.

2.2 Replication results

In line with Clark, D’Ambrosio and Ghislandi’s approach, I will start with studying the contemporaneous effect of chronic disease on well being. A random sample was drawn consisting of 10000 individuals. This was done to improve the speed of the analysis ³. I consider the dummy variable d^0 as the incidence of disease or disability and d^1 as the intensity. For d^0 I both consider the incidence of chronic illness and the incidence of the self-reported number of limitations with instrumental activities of daily living (IADL). The latter implies that if a subject reports to have one or more limitations with IADL - such as bathing or eating - the incidence is set to 1. The two incidence measures are added, since there is a lot of discrepancy between the two. Chronically ill subjects do not always report any limitations with IADL and subjects reporting to have one or more IADL limitations do not necessarily report to have

²Since life satisfaction is only administered in this manner for waves 2 and up, the analysis with life satisfaction is restricted to waves 2, 4, 5 and 6.

³I believe my routing is not done very efficiently and it is this that is slowing the analysis down, not the fixed effects regression itself. I intend to improve this. Due to the random sampling I do not expect the full data results to differ much from those reported here.

a chronic disease. Since I am interested in the adaptation process to disability and disease in general, the IADL incidence measure could in fact be the better choice, since a limitation with IADL always implies some underlying health problem. However, the chronic illness incidence is the measure of choice in the literature. Therefore, I will be studying both options. Lastly, for the intensity d^1 , the number of limitations with IADL is used.

The results can be found in table 1. In the case of the regression on life satisfaction, the widowed are significantly less satisfied than the married respondents and the unemployed less satisfied than the employed. For the regression on self-reported health, all age categories of 61+ seem to have a poorer self-reported health on average compared to the reference category of *Age* < 51. Moreover, all employment status categories seem to report a worse self-reported health compared to the employed. Interestingly, not having finished high school appears to have a positive result on self-perceived health compared to that reported by high school graduates. However, this effect is very small. Even though Clark, D'Ambrosio and Ghislandi find more significant results, the direction of the effects of the covariates seems to be in general agreement. I find that the incidence of disease d^0 , whether this is measured through chronic illness or IADL is always significantly and negatively related to self-reported health and life satisfaction. The same goes for the intensity d^1 .

Next, in order to study the time profile of the self-reported well being, Clark, D'Ambrosio and Ghislandi divide the incidence measure d^0 into duration dummies in order to measure the effect duration might have on self-reported well being. They restrict their sample to those individuals for whom the entry into poverty is known. Moreover, only the first spell is taken into consideration. Accordingly, I will retain the observations corresponding to the individuals whose onset of chronic illness is observed and only consider the consecutive time periods in which they persist to have the chronic condition. The results of this regression can be found in table 2 and 3. For brevity's sake the covariates have been omitted.

For the regression with chronic illness as the measure of incidence of disease or disability, we see that the dummies for the regression on life satisfaction become less negative over time and that the dummies for a duration of 2-3 waves and 3-4 waves are not significantly different from 0. This could be an indication of adaptation. However, when we look at self-reported health, there is no obvious change in either direction or the magnitude of the dummy coefficients and all coefficients are still negatively related to self-reported health.

If we look at the results for the regression with IADL as the measure of incidence of chronic disease or disability, we see that only the effect for 2-3 waves on life satisfaction is significantly different from 0 and that it is positive. Moreover, for the regression on self-reported health, the coefficients indicate a somewhat decreasing negative effect of duration on self-reported health with a coefficient that is not significantly different from 0 for a duration of 3-4 waves. Hence, these results hint at the presence of adaptation, although they are not conclusive in and of themselves.

Table 1: FE contemporaneous regression

	Life satisfaction	Self-reported health	Life satisfaction	Self-reported health
Age: 51-60	-0.068 (0.145)	-0.239*** (0.053)	-0.069 (0.145)	-0.253*** (0.055)
Age: 61-70	0.116 (0.155)	-0.314*** (0.057)	0.110 (0.155)	-0.341*** (0.059)
Age: 71-80	0.271 (0.166)	-0.464*** (0.062)	0.265 (0.166)	-0.502*** (0.064)
Age: 80+	0.349 (0.183)	0.575*** (0.071)	0.340 (0.183)	-0.623*** (0.073)
Separated	0.001 (0.321)	-0.092 (0.176)	0.024 (0.321)	-0.067 (0.181)
Single	0.057 (0.410)	0.083 (0.205)	0.050 (0.410)	0.110 (0.211)
Divorced	-0.095 (0.215)	0.081 (0.107)	-0.086 (0.215)	0.069 (0.110)
Widowed	-0.325** (0.110)	-0.031 (0.048)	-0.328** (0.110)	-0.023 (0.049)
Retired	-0.082 (0.063)	-0.112*** (0.027)	-0.081 (0.063)	-0.121*** (0.027)
Unemployed	-0.585*** (0.103)	-0.132** (0.047)	-0.587*** (0.103)	-0.154** (0.048)
Inactive	-0.076 (0.076)	-0.135*** (0.033)	-0.075 (0.076)	-0.154*** (0.033)
Educ < high school	-0.143 (0.101)	0.082* (0.040)	-0.132 (0.101)	0.084* (0.041)
Educ > high school	0.020 (0.100)	0.013 (0.039)	0.019 (0.099)	0.006 (0.040)
No. of children	-0.012 (0.030)	0.006 (0.012)	-0.013 (0.030)	-0.001 (0.012)
d^0 : chronic illness	-0.141*** (0.036)	-0.384*** (0.016)	.	.
d^1	-0.136*** 0.017	-0.092*** (0.007)	-0.083*** (0.022)	-0.087*** (0.009)
d^0 : IADL	.	.	-.242*** (0.061)	-0.107*** (0.027)

Here, the significant codes are as follows: *** indicates $p < 0.001$, ** indicates $p < 0.01$, * indicates $p < 0.05$

Table 2: FE regression with duration on the basis of chronically ill

	Life satisfaction	Self-reported health
Chronically ill 0-1 waves	-0.151*** (0.016)	-0.428*** (0.008)
Chronically ill 1-2 waves	-0.077** (0.029)	-0.468*** (0.015)
Chronically ill 2-3 waves	-0.069 (0.051)	-0.462*** (0.026)
Chronically ill 3-4 waves	0.022 (0.099)	-0.467*** (0.051)
IADL	-0.220*** (0.012)	-0.120*** (0.005)

Here, the significant codes are as follows: *** indicates $p < 0.001$, ** indicates $p < 0.01$, * indicates $p < 0.05$

Table 3: FE regression with duration on the basis of IADL incidence

	Life satisfaction	Self-reported health
IADL > 0 0-1 waves	-0.060 (0.031)	-0.176*** (0.013)
IADL > 0 1-2 waves	0.036 (0.054)	-0.153*** (0.023)
IADL > 0 2-3 waves	0.277** (0.097)	-0.108** (0.041)
IADL > 0 3-4 waves	0.130 (0.201)	0.015 (0.081)
IADL	-0.163*** (0.013)	-0.088*** (0.005)

Here, the significant codes are as follows: *** indicates $p < 0.001$, ** indicates $p < 0.01$, * indicates $p < 0.05$

3 Study by Cubí-Mollà, Jofre-Boner and Serra-Sastre

The study by Cubí-Mollà, Jofre-Boner and Serra-Sastre (2016) focuses on adaptation to a long-standing illness (LSI) via measuring changes in self-assessed health. The data comes from the British Cohort Study and consists of four waves from 1970 onwards. The authors apply a dynamic ordered probit model. Their results support the existence of adaptation.

3.1 Replication model

Cubí-Mollà, Jofre-Boner and Serra-Sastre select individuals reporting to have only one LSI under the assumption that those will keep their underlying health constant.

Their empirical strategy utilizes a latent health model according to:

$$SAH_{it}^* = \alpha SAH_{i,t-1} + \beta m_{it} + \delta d_{it} + \gamma' \mathbf{x}_{it} + c_{it} + u_{it}, \quad (2)$$

where SAH_{it} and $SAH_{i,t-1}$ represent self-assessed health in periods t and $t - 1$. Moreover, m_{it} stands for morbidity corresponding to individuals having **one** chronic condition and d_{it} measures the duration since the onset of illness. As additional explanatory variables, \mathbf{x}_{it} , they include number of children in the household, marital status, employment status, tenure regarding the housing situation and education received.

Cubí-Mollà, Jofre-Boner and Serra-Sastre model the latent health by means of an ordered probit model, with

$$SAH_{it} = k \text{ if } \lambda_{k-1} < SAH_{it}^* < \lambda_k \text{ for } k = 1, \dots, K. \quad (3)$$

Here, K is the total number of categories and $\lambda_0 = -\infty$ and $\lambda_K = \infty$. The probability for individual i in period t of reporting a specific SAH category becomes:

$$P(SAH_{it} = k) = \Phi(\lambda_k - \alpha SAH_{i,t-1} - \beta m_{it} - \delta d_{it} - \gamma' \mathbf{x}_{it} - c_i) - \Phi(\lambda_{k-1} - \alpha SAH_{i,t-1} - \beta m_{it} - \delta d_{it} - \gamma' \mathbf{x}_{it} - c_i), \quad (4)$$

with $\Phi(\cdot)$ the standard normal cumulative distribution function.

In this nonlinear fixed effects model, the unobserved heterogeneity presented by c_i cannot simply be removed by applying a linear transformation. In fact, no simple transformation is known to exist that eliminates these terms in a nonlinear setting. Hence, the incidental parameter problem arises, presenting us with $N + k$ parameters to be estimated where k is the number of explanatory variables on the right side of the equation. Moreover, the dynamic aspect of this specification can lead to inconsistent estimators if regular estimation techniques are applied. The authors suggest dealing with the dynamic and incidental parameter problem by using Wooldridge's (2005) approach, which suggests the parameterization of the fixed effects c_i as a function of the first observed SAH in the sample and the average of the exogenous variables $\bar{\mathbf{x}}_i$:

$$c_i = \sigma + \phi SAH_{i,1} + \mu \bar{m}_i + \nu \bar{d}_i + \kappa' \bar{\mathbf{x}}_i + \varepsilon_i \quad (5)$$

Note that the correct specification of the parameterization of c_i is crucial to the consistency of the estimates. The final equation can be obtained by substituting the results in equation 5 back into equation 4 producing:

$$\begin{aligned}
P(SAH_{it} = k) = \\
\Phi(\lambda_k - \alpha SAH_{i,t-1} - \beta m_{it} - \delta d_{it} - \gamma' \mathbf{x}_{it} - \sigma - \phi SAH_{i,1} - \mu \bar{m}_i - \nu \bar{d}_i - \kappa' \bar{\mathbf{x}}_i) - \\
\Phi(\lambda_{k-1} - \alpha SAH_{i,t-1} - \beta m_{it} - \delta d_{it} - \gamma' \mathbf{x}_{it} - \sigma - \phi SAH_{i,1} - \mu \bar{m}_i - \nu \bar{d}_i - \kappa' \bar{\mathbf{x}}_i),
\end{aligned}
\tag{6}$$

In my replication of the results of Cubí-Mollà, Jofre-Boner and Serra-Sastre I aim to follow their procedure as closely as possible. Hence, I only select the individuals with one chronic disease throughout all the SHARE waves. This leaves me with 4470 individuals and 8935 observations. This is notably less than the 11493 observations used by Cubí-Mollà, Jofre-Boner and Serra-Sastre.

For the dependent and lagged variable SAH I use my measure of self-perceived health which is recorded in the exact same way as that of the authors on a five point scale. In accordance with their approach, I collapse the *Excellent* and *Very good* categories, leaving me with four final categories ⁴. In my analysis, m_{it} is a dummy variable corresponding to individual i having one chronic disease in period t . The duration variable had to be generated by me. I followed the authors' suggestion in taking the average time between two waves as an indication of duration when a respondent first reports to have a chronic illness in the most recent of the two waves. The sociodemographic variables included were chosen to concur with those of the authors and were converted in a similar manner. The reference categories for SAH, marital status, employment status, tenure and education are an SAH of poor, being single, being employed, another type of tenure and no education qualifications.

3.2 Replication results

The results of the estimated coefficients of the ordered probit model can be found in table 4. For brevity's sake I only report the estimates for the coefficients of the lagged and the first sample period of the SAH, the incidence of having one chronic illness (LSI) and the duration. In agreement with Cubí-Mollà, Jofre-Boner and Serra-Sastre, I find a strong state dependence apparent in the positive and significant coefficients in the first column of table 4. Moreover, the positive coefficients on $SAH_{i,1}$ indicate that the initial period's SAH determines SAH in consecutive periods.

The second column presents the coefficients corresponding to a model where the incidence of having one chronic disease is added. Unlike Cubí-Mollà, Jofre-Boner and Serra-Sastre, I do not find that adding this variable absorbs part of the effect that the previous health states have on the current SAH. The coefficient on LSI is negative, indicating that having a chronic disease lowers somebody's health state evaluation. In the last column of table 4, duration has also been added. Contrary

⁴In the original study by Cubí-Mollà, Jofre-Boner and Serra-Sastre, the question on self-assessed health changes the number of categories across waves. According to the authors, collapsing categories does not affect the estimation of coefficients.

to what Cubí-Mollà, Jofre-Boner and Serra-Sastre results, I do not find a significant effect of duration on self-reported health.

Table 4: Ordered probit model

	Dynamic model	Dynamic model with incidence	Dynamic model with incidence and duration
$SAH_{t-1} = Fair$	0.682*** (0.157)	0.678*** (0.157)	0.673*** (0.157)
$SAH_{t-1} = Good$	1.116*** (0.156)	1.112*** (0.157)	1.126*** (0.157)
$SAH_{t-1} = Excellent$	1.662*** (0.158)	1.662*** (0.158)	1.687*** (0.158)
$SAH_{t,1} = Fair$	0.235 (0.190)	0.185 (0.190)	0.207 (0.191)
$SAH_{t,1} = Good$	0.598*** (0.188)	0.525** (0.189)	0.521** (0.189)
$SAH_{t,1} = Excellent$	0.969*** (0.189)	0.877*** (0.190)	0.864*** (0.190)
LSI	.	-0.400*** (0.033)	-0.424*** (0.039)
Duration	.	.	0.015 (0.014)
Threshold 1	0.387	-0.131	-0.146
Threshold 2	1.615	1.126	1.113
Threshold 3	3.035	2.580	2.569

Self-perceived health is measured from poor (1) to excellent (4). Standard errors are obtained via the inverse of the negative hessian calculated with a maximum likelihood approach at the optimized estimates. Here, the significant codes are as follows: *** indicates $p < 0.001$, ** indicates $p < 0.01$, * indicates $p < 0.05$

4 Discussion

Considering the replication results of the study by Clark, D'Ambrosio and Ghislandi, I find that there could indeed be adaptation to chronic illness, although my results do not provide sufficient evidence. The coefficients on the duration dummies become increasingly less negatively related to good health and in some model specifications even positive. Hence, it might be worthwhile to study the effect of longer duration spells and see whether this observed trend develops into fully observable adaptation.

I do not find the significant effect of duration on self-reported health that Cubí-Mollà, Jofre-Boner and Serra-Sastre find. The most likely explanation for this is that the authors only find a significant effect of duration after 20 years. Due to the prospective aspect of my sample (I only include individuals whose onset of disease is within the sampling period), I have only duration spells of a maximum of 8.5 years.

In line with both the results mentioned above, I suggest including individuals with a longer duration of chronic illness than those that I have studied thus far. Even though I loose the purely prospective nature of the study - where I can compare the

effect of chronic illness within individuals due to the fact that we observe the onset of chronic illness - I gain the possibility to study the long-term effects of duration on chronic illness.

Another possible reason for the lack of proof of adaptation in the SHARE sample thus far is that Cubí-Mollà, Jofre-Boner and Serra-Sastre investigate a fundamentally different sample, with subjects ranging from 26 to 38 years old, whereas the SHARE data is exclusively focused on subjects of 50 years and up. Hence, it could be the case that older individuals simply do not adapt as easily as younger ones. Alternatively, the chronic conditions prevalent in the younger sample might be different to those reported by the older sample and the adaptation process for these subsets of diseases could differ. Since the SHARE database simply does not provide data on younger individuals I cannot perform a comparative analysis for age with the current data and will leave this to future research.

A different cause for the discrepant results could be that the selection procedure proposed by Cubí-Mollà, Jofre-Boner and Serra-Sastre is not appropriate for the SHARE data. First of all because this leaves me with only a very limited number of observations, since the majority of the chronically ill subjects will report to have more than one chronic illness. Second of all, their justification for selecting the subjects reporting to have one long-standing illness is the assumption that the latent health of those individuals will be stationary. However, this does not seem like a very plausible assumption when one also considers diseases like cancer and rheumatoid arthritis, which have been known to be progressive in nature. Hence, it would be insightful to broaden the focus to nonstationary diseases when it comes to studying adaptation, since a broader range of illnesses can be studied and no limiting assumptions regarding latent health will have to be made.

Finally, a disadvantage of the methodology of Cubí-Mollà, Jofre-Boner and Serra-Sastre is that it heavily relies on the correct parameterization of the individual specific effects. It is true that this approach notably simplifies the analysis, but if the parameterization is misspecified the estimations will be inconsistent.

On the basis of this discussion, I propose to further analyze adaptation to disability and disease by means of a dichotomized ordered logit model. This estimation method is described in Baetschmann, Staub and Winkelmann (2011) and makes use of a conditional likelihood that has been extensively studied for the binary logit model and is consistent. This allows me to still incorporate the ordered nature of the dependent variable like Cubí-Mollà, Jofre-Boner and Serra-Sastre, but I will not have to find a parameterization for the fixed effects that is potentially incorrect. Moreover, I will model latent health according to Clark, D'Ambrosio and Ghislandi' approach represented by equation 1. This includes duration as dummies, so that no linear constraint will be put on the adaptation effect. Note that this also does not contain any lagged variables, which might compromise the consistency of the order logit model.

I will continue the analysis with both self-perceived health and life satisfaction as dependent variables. The added value of studying both variables is that this allows me to study possible differences between a more general measure of well being through life satisfaction and the specific health related measure through self-perceived

health. Moreover, I will use the number of limitations with instrumental activities of daily living (IADL) as the measure of incidence and intensity of disability or illness. I believe that this is the appropriate choice for this particular study, since I am interested in adaptation to health problems in general and limitations with IADL always imply general health problems. Finally, I will broaden my sample by including individuals that are already limited with IADL in their first observed wave. I will make a dummy variable to account for this.

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