Annie Koshy CSCE 242

Website Name: Run Time

Description: My website is going to be about running. It will include tips for beginner runners,

as well as advice on training. It will have information for runners of all levels and will focus on

aspects including recovery, injury prevention, and gear and equipment. The website's target

audience ranges from beginner runners to track athletes, and to anyone who is interested in the

sport. The website's goal is to be a tool to encourage and inspire people to begin or move forward

in the running journey.

Page Names: Home, Training, Recovery & Injury Prevention, Gear & Equipment, Contact Us

Data:

Data fields: used for information about running tips and training advice

Users will be able to view and read this information

Data fields: used for information about how to prevent injuries and tips for recovering

after a run or track workout

I will also provide users with links to related articles pertaining to information

about injuries

The data will be informative allowing users to browse through and view the

content

Structure: the contact us page will have all administrators contact information for users to

access

Only administrators can update or change any content on the website