

Medical Report

Alexander Thompson

December 2021

1 Introduction

This medical report provides an overview of the patient's medical history, current treatments, and follow-up care.

2 Patient Medical Record

Legal Name: Alexander Thompson
Preferred Name: Vivienne Thompson
Date of Birth: 02/14/2006
Patient ID: 24876-TR
Gender Identity: Female
Pronouns: She/Her
Date of Entry: 03/12/2019
Primary Care Physician: Dr. Emily Carter, MD
Endocrinologist: Dr. Ryan Mitchell, MD
Surgeon: Dr. Lisa Wong, MD

3 Diagnosis & Treatment Plan

Primary Diagnosis: Gender Dysphoria (ICD-10: F64.0)

Secondary Diagnoses:

- Voice Dysphoria
- Hormone Replacement Therapy (HRT) Management

4 Hormone Therapy History

Start Date: 09/01/2019

Current Medications:

- Estradiol (E2) – 4mg oral daily
- Spironolactone (Aldactone) – 100mg oral twice daily
- Progesterone (Micronized) – 100mg oral nightly (added 06/2020)

Treatment Notes:

- Baseline labs taken pre-HRT: T levels at 480 ng/dL, E levels at 32 pg/mL
- Current labs (11/2021): T levels at 28 ng/dL, E levels at 146 pg/mL
- No significant side effects reported aside from mild fatigue and occasional breast tenderness
- Continued monitoring every 6 months

5 Surgical History: Vocal Feminization Surgery

Procedure: Wendler Glottoplasty

Date of Surgery: 01/15/2020

Surgeon: Dr. Lisa Wong, MD

Location: St. Mary's Gender-Affirming Surgery Center

Pre-Surgical Assessment:

- Patient reports persistent voice dysphoria despite 18 months of vocal training
- Pitch range pre-surgery: 110Hz – 180Hz
- Patient consented to permanent vocal modification and risks

Surgical Notes:

- General anesthesia administered
- Laser-assisted shortening of the vocal folds performed
- No intraoperative complications

Post-Surgical Follow-Up:

- Week 1: Mild discomfort, swelling, and hoarseness
- Week 4: Patient instructed to resume gradual vocal exercises
- Week 12: Full recovery achieved, stable pitch range of 200Hz – 260Hz

6 Next Steps & Follow-Ups

- **HRT Monitoring:** Next bloodwork due 04/2022
- **Voice Therapy:** Recommended continued sessions for pitch stabilization
- **General Follow-Up:** Annual check-in with primary care

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