

Motion, Mass, and Density

Physical Quantities and Measurement Techniques

1. Finding Length and Volume

Using a Ruler to Find Length

- **Instrument:** A ruler (or metre rule for longer lengths).
- **How to Use:**
 1. **Align Correctly:** Place the object so that one end is flush with the '0' mark of the ruler.
 2. **Eye Level:** Place your eye directly above the other end of the object to avoid **parallax error** (a viewing error that gives an incorrect reading).
 3. **Read the Scale:** Note the value on the ruler where the object ends.
- **Example:** To measure the length of a book, place the book's edge at the 0 cm mark and read the scale at the other edge.

Using a Measuring Cylinder to Find Volume

- **Instrument:** A measuring cylinder (used for liquids and irregular solids).
- **How to Use (for a Liquid):**
 1. **Place on a Flat Surface:** This ensures the cylinder is vertical.
 2. **Read the Meniscus:** The surface of a liquid is curved (a meniscus). Always read the volume at the **bottom of the meniscus** at eye level to avoid parallax error. The volume is measured in millilitres (ml) or cubic centimetres (cm³), where 1 ml = 1 cm³.
- **How to Use (for an Irregular Solid, e.g., a rock):**
 1. **Partially Fill** the cylinder with water and note the volume (e.g., V₁ = 50 ml).
 2. **Carefully Lower** the object into the water so it is fully submerged.
 3. **Note the New Volume** (e.g., V₂ = 65 ml).
 4. **Calculate the Volume:** Volume of object = V₂ - V₁ = 65 ml - 50 ml = **15 cm³** (since 1 ml = 1 cm³).

2. Measuring Time Intervals

Using Clocks and Digital Timers

- **Instrument:** Clocks (analogue or digital) for longer periods; stopwatches (digital or analogue) for shorter, more precise intervals.
- **How to Use:**
 - **For a Clock:** Note the start and end times and subtract to find the duration.
(e.g., Start: 10:05:00, End: 10:07:30, Duration: 2 minutes 30 seconds).
 - **For a Digital Stopwatch:**
 1. **Start:** Press the start button at the beginning of the event.
 2. **Stop:** Press the stop button at the end of the event. The display shows the time interval that has passed.
 3. **Reset:** Press the reset button to return the display to zero.
- **Measuring a Variety of Intervals:**
 - **Short Interval (e.g., a car rolling down a ramp):** Use a digital stopwatch for precision.
 - **Long Interval (e.g., time to boil water):** A clock or a timer with a minute hand is sufficient.
 - **Reaction Time:** Human error in starting/stopping a stopwatch is called **reaction time error**. For very short events, this can be significant.

3. Finding Averages by Measuring Multiples

This technique improves accuracy for measuring very small quantities where a single measurement would be unreliable.

Average Value for a Small Distance

- **Principle:** Instead of measuring one thin object (like a sheet of paper), measure the total thickness of a large stack.
- **Method:**
 1. Measure the total thickness of a stack of, for example, 100 sheets of paper using a ruler.
 2. Divide the total thickness by the number of sheets.
- **Formula:** Average Thickness of one sheet = Total Thickness ÷ Number of Sheets
- **Example:** 100 sheets have a total thickness of 1.2 cm.
 - Average thickness per sheet = $1.2 \text{ cm} \div 100 = 0.012 \text{ cm}$ (or 0.12 mm).

Average Value for a Short Time Interval (Period of a Pendulum)

- **Principle:** The time for one complete swing (from left to right and back to left) is the **period**. It is difficult to measure one swing accurately due to reaction time. Measuring the time for multiple swings reduces this error.
- **Method:**
 1. **Time Multiple Swings:** Measure the total time for, for example, 20 complete oscillations.
 2. **Calculate the Average:** Divide the total time by the number of oscillations.
- **Formula:** Period (T) = Total Time for 'n' oscillations $\div n$
- **Example:** Time for 20 oscillations = 28.4 seconds.
 - o Period, $T = 28.4 \text{ s} \div 20 = 1.42 \text{ seconds}$.

Why this works: The reaction time error (e.g., $\pm 0.2 \text{ s}$) is spread over all 20 oscillations, making the calculated period much more accurate than if you timed just one swing.

Scalars and Vectors

Physical quantities can be classified as either **scalar** or **vector** quantities.

Quantity Type	Definition	Key Characteristics	Examples
Scalar	A quantity that has magnitude (size) only.	Does not have a direction.	Distance, Speed, Mass, Time, Energy, Density, Temperature
Vector	A quantity that has both magnitude and direction .	Direction is essential for a complete description.	Displacement, Velocity , Acceleration , Force (Weight), Momentum

Calculating with Vectors (Vector Addition)

Vector addition is required when two or more forces or velocities act on an object.

- 1 **Vectors in the same direction:** Add the magnitudes.
 - *Example:* A force of 5N east and a force of 3N east result in a resultant force of 8N east.
- 2 **Vectors in opposite directions:** Subtract the smaller magnitude from the larger one. The resultant vector is in the direction of the larger vector.

- *Example:* A force of 5N east and a force of 3N west result in a resultant force of 2N east.

3 Vectors at right angles:

—By calculation(Pythagoras & trigonometry)

-Step 1:sketch

Draw the two vectors acting at a right angle head to tail. Then, complete the rectangle or triangle by drawing the resultant vector from the tail of the first to the head of the second.

-Step 2: Find the Magnitude (Size)

Because the vectors are at right angles (90°), they form two sides of a right-angled triangle.

The resultant is the hypotenuse.

- **Formula:** $a^2 + b^2 = c^2$
- Where:
 - a and b are the magnitudes of the two vectors.
 - c is the magnitude of the resultant vector.

-Step 3: Find the Direction (Angle)

Use trigonometry on your sketch to find the angle (θ) the resultant makes with a reference direction.

- **Formula:** $\tan(\theta) = \text{Opposite} / \text{Adjacent}$
- You can then use the inverse tan function (\tan^{-1}) on your calculator to find the angle θ .

—By Graphical Method (Scale Drawing)

This method is visual but less precise. Its accuracy depends on the quality of your drawing and measuring.

-Step 1: Choose a Scale

Select a scale that fits your paper (e.g., 1 cm = 1 N or 1 cm = 50 km/h).

-Step 2: Draw the Vectors to Scale

- Draw the first vector as an arrow of the correct length and direction.
- From the tip (head) of the first vector, draw the second vector to scale and at the correct right angle.

-Step 3: Complete the Triangle

Draw the resultant vector as an arrow from the *tail* of the first vector to the *head* of the second vector.

Step 4: Measure the Resultant

- **Magnitude:** Measure the length of the resultant arrow with a ruler and convert back to real units using your scale.
- **Direction:** Measure the angle between the first vector and the resultant vector using a protractor.

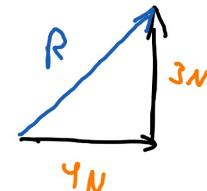
Worked Example: Two Forces

A force of 3 N acts north, and a force of 4 N acts east. Find the resultant force.

1) Calculation

1. Magnitude:

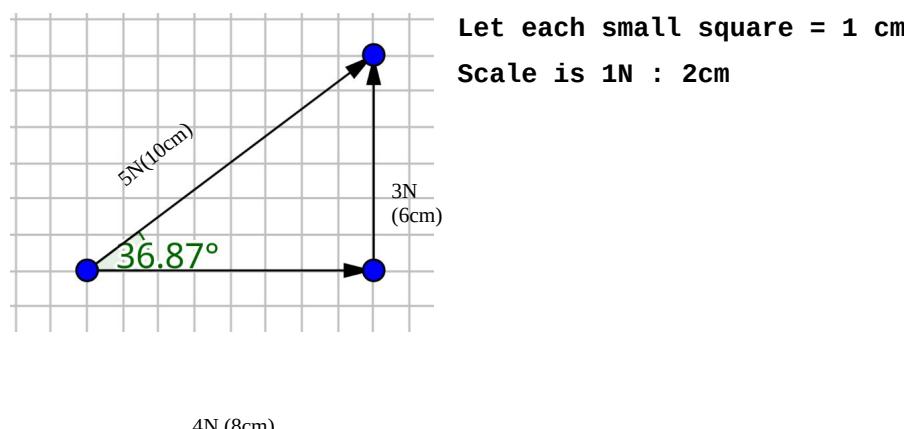
- o Let $a = 3 \text{ N}$ (North), $b = 4 \text{ N}$ (East).
- o Resultant magnitude, $R = \sqrt{(3^2 + 4^2)}$
- o $R = \sqrt{9 + 16} = \sqrt{25}$
- o $\mathbf{R = 5 \text{ N}}$



2. Direction:

- o From the sketch, the angle (θ) from horizontal by:
- o $\tan(\theta) = \text{Opposite} / \text{Adjacent} = (\text{North } 3 \text{ N}) / (\text{East } 4 \text{ N})$
- o $\tan(\theta) = 3/4 = 0.75$
- o $\theta = \tan^{-1}(0.75)$
- o $\theta \approx 36.9^\circ$

2) Scale drawing



Final Answer: The resultant force is 5 N at an angle of 36.9° from horizontal.

2. Motion

Speed and Velocity

Quantity	Definition	Formula	Unit	Type
Speed (v)	Distance travelled per unit time.	$v = \frac{\text{distance}}{\text{time}}$	m/s	Scalar
Velocity (v)	Displacement per unit time, or speed in a given direction.	$v = \frac{\text{displacement}}{\text{time}}$	m/s	Vector

Average Speed is calculated using the total distance traveled and the total time taken:

$$\text{Average speed} = \frac{\text{Total distance traveled}}{\text{Time taken}}$$

Worked Example: Calculating Distance

A plane flies at an average speed of 250m/s for 2 hours Calculate the distance traveled.

Step 1: Convert time to standard units (seconds). $2 \text{ hours} \times 60 \times 60 = 2700 \text{ s}$

Step 2: Use the speed formula, rearranged for distance. $\text{Distance} = \text{Speed} \times \text{Time}$

$$\text{Distance} = 25 \text{ m/s} \times 2700 \text{ s} = 1,800,000 \text{ m}$$

Answer: The distance traveled is 1,800,000m (or 1800km).

Acceleration

Acceleration (a) is the rate of change of velocity. It is a **vector** quantity.

$$\text{Acceleration (a)} = \frac{\text{Change in velocity}}{\text{Time taken}} = \frac{v - u}{t}$$

Where:

- a = acceleration (m/s^2)
- v = final velocity (m/s)
- u = initial velocity (m/s)
- t = time taken (s)
- **Positive acceleration** means the object is speeding up.
- **Negative acceleration (or deceleration)** means the object is slowing down.

Worked Example: Calculating Acceleration

A car accelerates from rest (0 m/s) to a velocity of 20 m/s in 5 s . Calculate its acceleration.

Step 1: List the known values.

- Initial velocity (u) = 0 m/s
- Final velocity (v) = 20 m/s
- Time (t) = 5 s

Step 2: Use the acceleration formula.

$$a = \frac{v - u}{t}$$

$$a = \frac{20 \text{ m/s} - 0 \text{ m/s}}{5 \text{ s}}$$

$$a = \frac{20}{5} = 4 \text{ m/s}^2$$

Answer: The car's acceleration is 4 m/s^2 .

Graphical Analysis of Motion

Distance-Time Graphs

Graph Feature	Meaning
Gradient (Slope)	Speed
Horizontal line	Stationary (Speed = 0)
Straight line with positive gradient	Constant speed
Curved line (increasing gradient)	Accelerating (Speed is increasing)
Curved line (decreasing gradient)	Decelerating (Speed is decreasing)

Speed-Time Graphs

Graph Feature	Meaning
Gradient (Slope)	Acceleration
Area under the graph	Distance Travelled
Horizontal line	Constant speed (Acceleration = 0)
Straight line with positive gradient	Constant acceleration
Straight line with negative gradient	Constant deceleration

Worked Example: Calculating Distance from a Speed-Time Graph

A speed-time graph shows a car speeding up at a constant acceleration from 0 ms^{-1} to 10 ms^{-1} in 5 s. It then travels at constant speed for 5 seconds before decelerating uniformly to rest in another 5 seconds. Calculate the distance traveled.

Step 1: Identify the shape. The area under the graph of a triangle from $(0,0)$ to $(5,10)$, a rectangle from $(5,10)$ to $(10,10)$, and a triangle from $(10,10)$ to $(15,0)$

Step 2: Calculate the area (distance).

$$\text{Area 1 (acceleration)}: 0.5 \times 5\text{s} \times 10\text{m/s} = 25\text{m}$$

$$\text{Area 2 (constant speed)}: 5\text{s} \times 10\text{m/s} = 50\text{m}$$

$$\text{Area 3 (deceleration)}: 0.5 \times 5\text{s} \times 10\text{m/s} = 25\text{m}$$

$$\text{Total distance} = 25\text{m} + 50\text{m} + 25\text{m} = 100\text{m}$$

Answer: The distance traveled is 10 m.

Freefall and Terminal Velocity

- **Freefall** is the motion of an object under the influence of gravity only, with no air resistance. In a vacuum, all objects fall with the same constant acceleration ($g \approx 9.8 \text{ m/s}^2$).
- **Air Resistance** (or drag) is a force that opposes motion through the air. It increases with speed.

Terminal Velocity (Extended Content)

When an object falls through the air, it eventually reaches a constant maximum velocity called terminal velocity.

1. **Start:** The object accelerates due to **Weight** (force of gravity). Air resistance is zero.
2. **Acceleration:** As speed increases, **Air Resistance** increases. The resultant force (Weight - Air Resistance) decreases, so acceleration decreases.
3. **Terminal Velocity:** Air Resistance becomes equal to the Weight. The resultant force is zero, so the object moves at a constant velocity (zero acceleration).

3. Mass, Weight, and Density

Mass and Weight

Quantity	Definition	Unit	Type	Location Dependence
Mass (m)	A measure of the quantity of matter in an object.	kg	Scalar	Constant everywhere in the universe.
Weight (W)	The force of gravity acting on an object's mass.	N	Vector	Varies depending on the gravitational field strength (g).

Gravitational Field Strength

Gravitational Field Strength (g) is the force per unit mass acting on an object in a gravitational field.

$$\mathbf{W} = \mathbf{m} \times \mathbf{g}$$

$$\mathbf{g} = \mathbf{W} / \mathbf{m}$$

Where:

- \mathbf{W} = Weight (N)
- \mathbf{m} = Mass (kg)
- \mathbf{g} = Gravitational Field Strength (N/kg)

On Earth, $\mathbf{g} \approx 9.8 \text{ N/kg}$.

- **Note:** Gravitational field strength (g) is numerically equal to the acceleration of free fall (m/s^2).

Worked Example: Calculating Weight

An astronaut has a mass of 80 kg. Calculate their weight on Earth ($g = 9.8 \text{ N/kg}$) and on the Moon ($g = 1.6 \text{ N/kg}$).

Step 1: Calculate weight on Earth.

$$\mathbf{W_{Earth}} = \mathbf{m} \times \mathbf{g_{Earth}}$$

$$\mathbf{W_{Earth}} = 80 \text{ kg} \times 9.8 \text{ N/kg} = 784 \text{ N}$$

Step 2: Calculate weight on the Moon.

$$\mathbf{W_{Moon}} = \mathbf{m} \times \mathbf{g_{Moon}}$$

$$\mathbf{W_{Moon}} = 80 \text{ kg} \times 1.6 \text{ N/kg} = 128 \text{ N}$$

Answer: The astronaut's weight is **784 N** on Earth and **128 N** on the Moon. Their mass remains **80 kg** in both locations.

Density

Density (ρ) is defined as the mass per unit volume of a substance.

$$\mathbf{Density} = \mathbf{Mass} / \mathbf{Volume}$$

$$\mathbf{\rho} = \mathbf{m} / \mathbf{V}$$

Where:

- ρ = density (kg/m^3 or g/cm^3)
- \mathbf{m} = mass (kg or g)
- \mathbf{V} = volume (m^3 or cm^3)
- **High density** materials have a large mass packed into a small volume.
- **Low density** materials have a small mass spread over a large volume.

Determining Density

Liquids: Measure mass using a balance and volume using a measuring cylinder.

Regularly shaped solids: Measure mass using a balance and dimensions to calculate volume (e.g., length \times width \times height for a cuboid).

Irregularly shaped solids (sinking in liquid): Measure mass using a balance. Determine volume by the displacement method: immerse the solid in a measuring cylinder containing water and record the change in volume.

Worked Example: Calculating Density

A paving slab has a mass of 73 kg and dimensions $0.04 \text{ m} \times 0.5 \text{ m} \times 0.85 \text{ m}$. Calculate the density of the material.

Step 1: Calculate the volume (V).

$$V = 0.04 \text{ m} \times 0.5 \text{ m} \times 0.85 \text{ m} = 0.017 \text{ m}^3$$

Step 2: Use the density formula.

$$\rho = m / V$$

$$\rho = 73 \text{ kg} / 0.017 \text{ m}^3 \approx 4294.1 \text{ kg/m}^3$$

Step 3: Round to an appropriate number of significant figures (e.g., 2 s.f.).

$$\rho \approx 4300 \text{ kg/m}^3$$

Answer: The density of the paving slab material is approximately **4300 kg/m³**.

Floating and Sinking (Extended Content)

Whether an object floats or sinks in a liquid depends on its **density** compared to the liquid's density.

- An object will **float** if its density is **less than** the density of the liquid.
- An object will **sink** if its density is **greater than** the density of the liquid.
- An object will be **suspended** if its density is **equal to** the density of the liquid.

This principle is related to the **upthrust** (or buoyant force) exerted by the fluid, which is equal to the weight of the fluid displaced by the object (Archimedes' Principle).