

# TWISTER GAME



# How to Play Twister:

## *Setup:*

1. **Lay out the mat:** The game comes with a colorful mat that has rows of red, blue, yellow, and green circles.
2. **Spin the Spinner:** The game also includes a spinner with four colors (red, blue, yellow, green) and body parts (left hand, right hand, left foot, right foot).
3. **Gather Players:** You'll need at least two players, but more is better! The more people, the more fun and challenging it gets.

## *Rules:*

1. **Start the game:** Each player starts by standing on the mat with their feet in the yellow circles (one foot on a yellow circle, for example). You'll all be standing up straight at first.
2. **Spin the Spinner:** One person (usually the game master) will spin the spinner, which will land on a color and body part (e.g., "Right hand – Blue" or "Left foot – Yellow").
  - The caller announces the result, and each player must place the corresponding body part on the indicated colored circle (e.g., "Right hand – Blue" means you put your right hand on a blue circle).
3. **Twist and Bend:** As the game progresses, the positions will get trickier as you must stretch your body and place your hands or feet on the colored circles without falling over. If you're playing with multiple people, your bodies might get tangled, which adds to the fun!
4. **Don't Fall:** The objective is to stay balanced without falling or touching the mat with your knees or elbows. If you fall or can't place your hand or foot on the correct circle, you're out of the game.
5. **Keep Spinning:** The game continues with players spinning the spinner and following the color/body part instructions until only one player is left standing without falling.

## Winning the Game:

- The last person who hasn't fallen or touched the mat is the winner. It can be a fun challenge to see who can stay in the game the longest!

## Why Twister Is Fun:

- **Hilarious and Physical:** The game is physically engaging and can get pretty funny as people twist, stretch, and try to maintain balance in awkward positions.
- **Easy to Learn:** The rules are super simple, so it's easy for anyone to jump in and play.
- **Great for Groups:** It's a social game that gets everyone involved and laughing, which is perfect for parties or family gatherings.
- **No Equipment Needed:** All you need is the Twister mat and spinner, so it's easy to set up indoors with little hassle.