

Method of preparation of Ichthammol BP Pessaries 5%

1. Prepare the mould by lubricating it with either Arachis Oil BP or Liquid Paraffin BP.
2. Prepare the base as in Example 7.2 above.
3. Weigh 2.5 g of Ichthammol BP on a Class II or electronic balance.
4. Weigh 47.5 g of base.
5. Remove the base from the heat and add the Ichthammol BP.
6. Stir until homogeneous and then pour into the lubricated mould.
7. Leave the pessaries to cool, remove from the mould, wrap, pack and label.

5. Choice of container

Once manufactured, the pessaries should be individually wrapped in foil and placed in an ointment jar. Alternatively, the pessaries could be made in a disposable mould, which can be labelled and dispensed directly to the patient.

6. Labelling considerations

a. Title

The product is unofficial, therefore the following title would be suitable: 'Ichthammol Pessaries 5%'.

b. Quantitative particulars

Quantitative particulars are required as the product is unofficial. As the products are pessaries, manufactured by percentages, the quantitative particulars will be expressed per pessary in percentages:

Each pessary contains:

Ichthammol BP	5%
Glycero-gelatin Base BP	95%

c. Product-specific cautions (or additional labelling requirements)

'For vaginal use only' will need to be added to the label as the products are pessaries for vaginal use.

d. Directions to patient – interpretation of Latin abbreviations where necessary

'Insert ONE into the vagina when required.'

e. Recommended *British National Formulary* cautions when suitable

Not applicable.

Tips

Care should be taken when using Arachis Oil BP to ensure that the patient does not have any nut allergies. If this is not known, it would be safest to use Liquid Paraffin BP.

Tips

Because the base was prepared in a tared container, it is easier to remove any excess base rather than try to weigh the amount of base required and transfer to another vessel.

Note: 2.5 g of the base needs to be replaced by Ichthammol BP. This amount of base needs to be removed. It would not be correct to adjust the base weight by evaporation as this would mean that the Ichthammol BP was replacing water, not base.