

5. This is mix X.
6. Weigh 200 mg mix X using a Class II or electronic balance and transfer to a clean dry mortar.
7. Weigh 1800 mg Lactose BP using a Class II or electronic balance.
8. Add the Lactose BP to the mix X in the mortar using the 'doubling-up' technique.
9. This is mix Y.
10. Weigh 200 mg aliquots of the mix Y and wrap as individual dose powders.
11. Pack the powders flap to flap and enclose with a rubber band.
12. Pack into a cardboard box and label.

5. Choice of container

Once manufactured, the powders should be packaged flap to flap and enclosed with a rubber band. They can then be placed in a cardboard carton.

6. Labelling considerations

a. Title

The product is unofficial, therefore the following title would be suitable: 'Codeine Phosphate 10 mg powders'.

b. Quantitative particulars

Quantitative particulars are required as the product is unofficial. As the products are powders for internal administration, the quantitative particulars will be expressed per powder:

Each powder contains:

Codeine Phosphate BP	10 mg
Lactose BP	190 mg

c. Product-specific cautions (or additional labelling requirements)

'Store in a dry place' will need to be added to the label as the products are individual dose powders.

d. Directions to patient – interpretation of Latin abbreviations where necessary

'The contents of ONE powder to be taken when required.'

e. Recommended *British National Formulary* cautions when suitable.

The *British National Formulary* (51st edn, p 226) recommends the following caution:

Label 2 – 'Warning: may cause drowsiness. If affected do not drive or operate machinery. Avoid alcoholic drink.'

f. Discard date

The products are individual unit dose powders and so will attract a 3-month discard date.