d. Directions to patient – interpretation of Latin abbreviations where necessary

'Take ONE 5ml spoonful THREE times a day.'

e. Recommended British National Formulary cautions when suitable

The British National Formulary recommends the following cautions (British National Formulary 51st edn, p 247):

Label 2 – 'Warning. May cause drowsiness. If affected do not drive or operate machinery. Avoid alcoholic drink.'

or

Label 19 - 'Warning. Causes drowsiness which may continue the next day. If affected, do not drive or operate machinery. Avoid alcoholic drink.'

Label 8 - 'Do not stop taking this medicine except on your doctor's advice.' As this preparation is being used to treat anxiety and is being taken at night, label 19 would be most suitable. Label 8 would only be required if the product was being used to treat epilepsy.

Discard date.

As the product is unofficial and doesn't contain a preservative, a 2-week discard would be most suitable.

Sample label (you can assume that the name and address of the pharmacy and the words 'Keep out of the reach of children' are pre-printed on the label):

Clobazam 10 mg/5 ml suspension Take ONE 5ml spoonful THREE times a day.

150 ml

Shake the bottle

Warning: Causes drowsiness which may continue the next day.

If affected, do not drive or operate machinery. Avoid alcoholic drink.

Do not use after (2 weeks)

Each 5 ml contains:

Clobazam 10 mg Concentrated Peppermint Water BP 0.1 ml Glycerol BP $0.3 \, \text{ml}$ Syrup BP 1.25 ml Compound Tragacanth Powder BP 100 mg Freshly boiled and cooled purified water to 5 ml

Date of dispensing Mr Jim Smith

Advice to patient

The patient would be advised to take one 5 ml spoonful three times a day. In addition, the discard date, the need to shake the bottle and additional British National Formulary warnings would be highlighted.