

- d. Directions to patient – interpretation of Latin abbreviations where necessary  
'Apply TWICE a day as directed.'
- e. Recommended *British National Formulary* cautions when suitable  
Not applicable.
- f. Discard date  
The product is a paste and so will attract a 3-month discard date.
- g. Sample label (you can assume that the name and address of the pharmacy and the words 'Keep out of the reach of children' are pre-printed on the label):

<b>Zinc and Coal Tar Paste BP</b>		<b>20 g</b>
Apply TWICE a day as directed.		
For external use only		
Do not use after (3 months)		
Mr Scott Bird	Date of dispensing	

## 7. Advice to patient

The patient would be advised to apply the ointment twice a day as directed. In addition, the discard date and the fact that the product is for external use only would be highlighted to the patient.

## Example 6.8

### The preparation of Dithranol Paste BP

You receive a prescription in your pharmacy with the following details:

<b>Patient:</b>	Miss Amy Smith, 12 Ash Drive, Astonbury
<b>Age:</b>	30
<b>Prescription:</b>	Dithranol Paste BP 0.1%
<b>Directions:</b>	Apply mdu
<b>Mitte:</b>	40 g

## 1. Use of the product

Used in treatment of subacute and chronic psoriasis (*British National Formulary* 51st edn, p 583).

## 2. Is it safe and suitable for the intended purpose?

This is an official preparation, therefore the formula is safe and suitable for purpose.

## 3. Calculation of formula for preparation

Prepare 40 g of Dithranol Paste BP 0.1%.

(Note: the strengths of dithranol paste can vary between 0.1% and 1%.)