

- g. Sample label (you can assume that the name and address of the pharmacy and the words 'Keep out of the reach of children' are pre-printed on the label):

Codeine Phosphate 10 mg powders		6
The contents of ONE powder to be taken when required.		
Store in a dry place		
Do not use after (3 months)		
Warning: May cause drowsiness. If affected do not drive or operate machinery.		
Avoid alcoholic drink		
Each powder contains:		
Codeine Phosphate BP	10 mg	
Lactose BP	190 mg	
Mr Tommy Jacks		Date of dispensing

7. Advice to patient

The patient would be advised to take the contents of one powder with a glass of water when required. In addition, the discard date, the need to store the product in a dry place and the additional *British National Formulary* warning would be highlighted.

Self-assessment

Questions

- Which of the following directions should always be included on the label of single unit dose powders?
 - 'Store in a dry place.'
 - 'Store below 12°C.'
 - 'Do not swallow in large amounts.'
 - 'Not to be taken.'
- Which of the following reference books contains an appendix advising on cautionary and advisory labelling requirements?
 - Martindale. The Extra Pharmacopoeia.*
 - (British) Pharmaceutical Codex.*
 - British National Formulary.*
 - British Pharmacopoeia*, vol. 1.
- What labelling instruction is needed on single dose powders but not on capsules?
 - Quantitative particulars
 - Storage conditions
 - Patient's name
 - Date of dispensing