

Tips

The Concentrated Peppermint Emulsion BP is added just prior to making up to volume as it is a volatile ingredient. In addition, if the Concentrated Peppermint Emulsion BP is added any earlier, there is a risk that the emulsion may become unstable.

12. Measure 2.5 ml of Concentrated Peppermint Emulsion BP using an appropriate syringe.
13. Add the Concentrated Peppermint Emulsion BP to the emulsion in the conical measure.
14. Make up to volume with any remaining Double Strength Chloroform Water BP and freshly boiled and cooled purified water.
15. Stir and transfer to an amber flat medical bottle, label and dispense to the patient.

5. Choice of container

A plain amber bottle with a child-resistant closure would be most suitable as the preparation is an emulsion for internal use.

6. Labelling considerations

a. Title

The product is unofficial, therefore the following title would be suitable: 'Arachis oil 40% v/v emulsion'

b. Quantitative particulars

Quantitative particulars are required as the product is unofficial. As this is a product for internal use, the quantitative particulars will be expressed per dose (i.e. per 15 ml).

Each 15 ml contains:

Arachis Oil BP	6 ml
Acacia BP	1.5 g
Concentrated Peppermint Emulsion BP	0.25 ml
Double Strength Chloroform Water BP	7.5 ml
Freshly boiled and cooled purified water	to 15ml

- c. Product-specific cautions (or additional labelling requirements)
'Shake the bottle' will need to be added to the label as the product is an emulsion and will need shaking before use to ensure an accurate dose is measured.
- d. Directions to patient – interpretation of Latin abbreviations where necessary
'Take THREE 5 ml spoonfuls TWICE a day'.
- e. Recommended *British National Formulary* cautions when suitable
Not applicable.
- f. Discard date
The product is an emulsion and so will attract a 4-week discard date.
- g. Sample label (you can assume that the name and address of the pharmacy and the words 'Keep out of the reach of children' are pre-printed on the label):