

Medical Report

Patient Information:

Name: John Doe

Age: 45

Gender: Male

Date of Visit: November 2, 2024

Medical History:

Conditions: Hypertension, Type 2 Diabetes

Medications:

- Metformin 500 mg (once daily)
- Lisinopril 10 mg (once daily)

Current Symptoms:

- Mild chest pain
- Occasional dizziness
- Fatigue

Physical Examination:

- Blood Pressure: 140/90 mmHg
- Heart Rate: 80 bpm
- Weight: 200 lbs
- Height: 5'10"

Laboratory Results:

- Blood Glucose (fasting): 130 mg/dL (high)
- Cholesterol: 210 mg/dL (borderline high)

Diagnosis:

- Uncontrolled Hypertension
- Elevated Blood Glucose (pre-diabetic range)

Recommendations:

1. Increase physical activity (30 minutes daily).
2. Reduce sodium intake in diet.
3. Continue current medications; consider increasing Lisinopril dosage.
4. Schedule follow-up appointment in 3 months.

Physician's Signature: _____