Task 6 – Password Strength Evaluation
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Date: 30 September 2025

Introduction

Passwords are the first line of defense for securing accounts and sensitive data. Weak passwords are highly vulnerable to attacks such as **brute force** and **dictionary attacks**, while strong passwords reduce these risks.

In this task, I created different types of passwords, tested their strength using the <u>tryzxcvbn demo</u> (<u>Dropbox's zxcvbn estimator</u>), and recorded the results.

Password Testing Results

Password 1: qwerty

demo

```
qwerty
password:
                     qwerty
                     0.69897
guesses_log10:
                     0 / 4
score:
function runtime (ms):1
guess times:
100 / hour:
                                       (throttled online attack)
                     3 minutes
                   less than a second (unthrottled online attack)
10 / second:
10k / second:
                   less than a second (offline attack, slow hash, many cores)
                   less than a second (offline attack, fast hash, many cores)
10B / second:
warning:
                   This is a top-10 common password
suggestions:
                   - Add another word or two. Uncommon words are better.
match sequence:
'qwerty'
                    dictionary
pattern:
                    0.60206
guesses_log10:
dictionary_name:
                    passwords
reversed:
                   false
base-guesses:
uppercase-variations: 1
133t-variations:
```

Password 2: iloveyou

```
iloveyou
                    iloveyou
password:
                     1.68124
guesses_log10:
                      0 / 4
score:
function runtime (ms): 1
guess times:
100 / hour:
                     29 minutes
                                       (throttled online attack)
                    5 seconds
10 / second:
                                        (unthrottled online attack)
                    less than a second (offline attack, slow hash, many cores)
less than a second (offline attack, fast hash, many cores)
10k / second:
10B / second:
warning:
                      This is a top-100 common password
suggestions:
                      - Add another word or two. Uncommon words are better.
match sequence:
'iloveyou'
pattern:
                     dictionary
guesses_log10:
dictionary_name:
                     passwords
rank:
                     47
reversed:
base-guesses:
                    47
uppercase-variations: 1
133t-variations:
```

Password 3: Admin@123

demo

Admin@123]		
password:	Admin@123		•		
guesses_log10:	7.45652				
score:	2 / 4				
<pre>function runtime (ms) guess times:</pre>	: 1				
100 / hour:	32 years	(throttled	online att	ack)	
10 / second:	1 month	(unthrottl	ed online a	ttack)	
10k / second:	48 minutes	(offline a	ttack, slow	hash, many c	ores)
10B / second:	less than a se	cond (offline a	ttack, fast	hash, many c	ores)
warning:	This is similar	r to a commonly	used passv	word	
suggestions:	- Add another o			ds are better	
match sequence:					
'Admin'		'@123'			
pattern:	dictionary	pattern:	bruteforce		
guesses_log10:	3.15534	guesses_log10:	4		
dictionary_name:	passwords				
rank:	715				
reversed:	false				
base-guesses:	715				
uppercase-variations:	2				
133t-variations:	1				

Password 4: MSRUAS2025

```
MSRUAS2025
                      MSRUAS2025
password:
guesses_log10:
                      9.63414
                      3 / 4
score:
function runtime (ms):1
guess times:
100 / hour:
                      centuries
                                         (throttled online attack)
10 / second:
                      13 years
                                         (unthrottled online attack)
10k / second:
                      5 days
                                         (offline attack, slow hash, many cores)
10B / second:
                      less than a second (offline attack, fast hash, many cores)
match sequence:
'MSRUAS'
                              '2025'
pattern:
              bruteforce
                              pattern:
                                           spatial
                              guesses_log10: 3.33311
guesses_log10: 6
                                             keypad
                              graph:
                              turns:
                              shifted count: 0
```

Password 5: India#75

demo

India#75				
password:	India#75			
guesses_log10:	6.11461			
score:	2 / 4			
function runtime (ms): 1			
guess times:				
100 / hour:	1 year	(throttled onl:	ine attack)	
10 / second:	2 days	(unthrottled online attack)		
10k / second:	2 minutes	(offline attack	k, slow hash, many	cores
10B / second:	less than a secon	d (offline attac	k, fast hash, many	cores
suggestions:	- Add another wor - Capitalization		on words are better y much	٠.
match sequence:				
'India'		'#75'		
pattern:	dictionary	pattern:	bruteforce	
guesses_log10:	2.81023	guesses_log	10: 3	
dictionary_name:	english_wikipedia			
rank:	323			
reversed:	false			
base-guesses:	323			
uppercase-variations	: 2			
133t-variations:	1			

Password 6: S@f3H0me!

```
S@f3H0mel
password:
                      S@f3H0me!
guesses_log10:
                      8.34971
                     3 / 4
score:
function runtime (ms): 0
guess times:
100 / hour:
                      centuries
                                        (throttled online attack)
10 / second:
                                        (unthrottled online attack)
                     8 months
                                        (offline attack, slow hash, many cores)
10k / second:
                     6 hours
10B / second:
                     less than a second (offline attack, fast hash, many cores)
match sequence:
'S@f3'
                                        'H0me'
                     dictionary
                                                             dictionary
pattern:
                                        pattern:
guesses_log10:
                    3.50947
                                        guesses_log10:
                                                            2.76343
dictionary_name:
                     us_tv_and_film
                                        dictionary_name:
                                                             english_wikipedia
                    404
                                        rank:
                                                             145
rank:
reversed:
                     false
                                        reversed:
                                                             false
                    3 -> e, @ -> a
133t subs:
                                        133t subs:
                                                            0 -> o
un-133ted:
                    safe
                                        un-133ted:
                                                            home
                    404
                                        base-guesses:
                                                             145
base-guesses:
uppercase-variations: 2
                                        uppercase-variations: 2
                                        133t-variations:
l33t-variations:
                    4
.i.
pattern:
             bruteforce
guesses_log10: 1.04139
```

Password 7: Tr@vel#Fun2025

demo

Tr@vel#Fun2025			\neg		
password:	Tr@vel#Fun20	25	_		
guesses_log10:	11.6925				
score:	4 / 4				
function runtime (ms): 2				
guess times:					
100 / hour:	centuries (throttled onlin	e attack)		
10 / second:	centuries (unthrottled onl	ine attack)		
10k / second:	2 years (offline attack,	slow hash, many	cores)	
10B / second:	49 seconds (offline attack,	fast hash, many	cores)	
match sequence:					
'Tr@vel'		'#Fun'		'2025'	
pattern:	dictionary	pattern:	bruteforce	pattern:	spati
guesses_log10:	3.58115	guesses_log1	10:4	guesses_log	10: 3.33
dictionary_name:	passwords			graph:	keypa
rank:	953			turns:	2
reversed:	false			shifted cou	nt:0
l33t subs:	@ -> a				
un-133ted:	travel				
oase-guesses:	953				
uppercase-variations	: 2				
l33t-variations:	2				

Password 8: R3d!Lotus\$88

```
R3d!Lotus$88
                      R3d!Lotus$88
password:
                      11.57664
guesses_log10:
                      4 / 4
score:
function runtime (ms): 1
guess times:
100 / hour:
                      centuries (throttled online attack)
10 / second:
                      centuries (unthrottled online attack)
10k / second:
                      1 year (offline attack, slow hash, many cores)
10B / second:
                      38 seconds (offline attack, fast hash, many cores)
match sequence:
                                                                   '$88'
'R3d!'
                              'Lotus'
pattern:
              bruteforce
                              pattern:
                                                    dictionary
                                                                    pattern:
                                                                                  bruteforce
                                                    3.79837
guesses_log10:4
                              guesses_log10:
                                                                    guesses_log10: 3
                              dictionary_name:
                                                    passwords
                                                    3143
                              rank:
                                                    false
                              reversed:
                                                    3143
                              base-guesses:
                              uppercase-variations: 2
                              133t-variations:
```

Password 9: W!nter#Skies2025*

demo

```
W!nter#Skies2025*
                       W!nter#Skies2025*
password:
guesses_log10:
                       14.1726
                       4 / 4
score:
function runtime (ms): 2
guess times:
100 / hour:
                       centuries (throttled online attack)
10 / second:
                       centuries (unthrottled online attack)
10k / second:
                       centuries (offline attack, slow hash, many cores)
10B / second:
                       4 hours (offline attack, fast hash, many cores)
match sequence:
'W!nter'
                                      '#Skies2025*'
                      dictionary
                                                     bruteforce
pattern:
                                      pattern:
guesses_log10:
                      2.87157
                                      guesses_log10: 11
dictionary_name:
                      passwords
rank:
                      186
reversed:
                      false
133t subs:
un-133ted:
                      winter
base-guesses:
                      186
uppercase-variations: 2
133t-variations:
```

Password 10: MyC@t\$Sleeps!UnderTheSun#2025

```
MyC@t$Sleeps!UnderTheSun#2025
password:
                      MyC@t$Sleeps!UnderTheSun#2025
guesses_log10:
                      25.45473
score:
                      4 / 4
function runtime (ms): 9
guess times:
100 / hour:
                      centuries (throttled online attack)
                      centuries (unthrottled online attack)
10 / second:
10k / second:
                      centuries (offline attack, slow hash, many cores)
10B / second:
                      centuries (offline attack, fast hash, many cores)
match sequence:
'MyC@t$'
                                         'Sleeps'
                                                               dictionary
pattern:
                      dictionary
                                         pattern:
                                          guesses_log10:
                                                               3.78661
guesses_log10:
                     5.94332
dictionary_name:
                      passwords
                                          dictionary_name:
                                                               us_tv_and_film
rank:
                      21941
                                          rank:
                                                               3059
reversed:
                     false
133t subs:
                     @ -> a, $ -> s
                                          base-guesses:
un-133ted:
                     mvcats
                                          uppercase-variations: 2
                     21941
                                         133t-variations:
base-guesses:
unnercase-variations: 10
133t-variations:
                              'Under'
pattern:
              bruteforce
                              pattern:
                                                    dictionary
guesses_log10: 1.04139
                               guesses log10:
                                                    2.1271
                                                    english_wikipedia
                               dictionary_name:
                               rank:
                                                    67
                               reversed:
                                                    false
                               base-guesses:
                               uppercase-variations: 2
                              133t-variations:
```

'The' 'Sun#2025'
pattern: dictionary pattern: bruteforce
guesses_log10: 1.69897 guesses_log10: 8

dictionary_name: english_wikipedia

rank: 1
reversed: false
base-guesses: 1
uppercase-variations: 2
l33t-variations: 1

Password Guidelines Learned

From the password strength tests, the following best practices were identified:

- 1. **Length matters** passwords with 12+ characters are significantly stronger.
- 2. **Use all character types** uppercase, lowercase, numbers, and symbols.
- 3. Avoid dictionary words common words and phrases are easily guessed.
- 4. **Don't reuse passwords** across different accounts.
- 5. **Passphrases are powerful** multiple random words with symbols/numbers are easy to remember but hard to crack.
- 6. **Update passwords regularly** to reduce risk from breaches.
- 7. **Use a password manager** to generate and store strong, unique passwords.
- 8. Enable Multi-Factor Authentication (MFA) for extra protection.

Conclusion

Testing different passwords showed how quickly weak ones can fail against strength checks and how well-designed passwords resist attacks. By combining **length**, **randomness**, **and complexity**, and using **passphrases + MFA**, users can create secure passwords that protect accounts effectively.