Rekha Upadhyay

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Summary — Enthusiastic baker set to graduate in **April 2025** with a **Diploma in Bakery and Patisserie Skill** from Symbiosis School of Culinary Arts. Experienced in preparing a wide variety of baked goods, including **artisan breads**, **pastries**, **cakes**, **tarts**, and **cookies**. Strong foundational knowledge in **bakery theory**, **practical baking techniques**, and **food safety standards**. Skilled in **food costing**, **recipe development**, and maintaining bakery equipment. Highly motivated to apply creativity, attention to detail, and time management in a professional bakery setting. Seeking an entry-level baker position to further develop skills and contribute to a dynamic team.

Skills

Bakery & Patisserie Theory: Deep understanding of ingredients, processes, and techniques for baking various goods.

Bakery & Patisserie Practical: Hands-on experience in preparing breads, pastries, cakes, and other baked products.

Food Safety and Hygiene: Knowledge of food safety practices and maintaining a clean, hygienic kitchen environment.

Food Costing: Capable of calculating costs for ingredients and managing recipe budgets efficiently. Capable of calculating costs for ingredients and managing recipe budgets efficiently.

Equipment, Maintenance, and Services: Skilled in using and maintaining bakery equipment like ovens, mixers, and more.

Attention to Detail: : Accurate in recipe execution and decoration techniques.

Time Management: :Able to work under pressure and meet deadlines in a fast-paced kitchen environment.

Education

Diploma in Bakery and Patisserie Skill

Symbiosis School of Culinary Arts

Bakery & Patisserie Theory and Practical Baking

Gained a strong understanding of the science behind baking, ingredient interactions, and various baking techniques.
Hands-on experience in preparing a wide range of baked goods including artisan breads, pastries, cakes, and savory items.

Food Safety, Hygiene, and Equipment Maintenance

 Trained in food safety standards and maintaining a clean, efficient kitchen. Proficient in the operation and upkeep of bakery equipment like ovens and mixers, ensuring optimal performance and safety compliance.

Food Costing and Recipe Development

 Acquired skills in managing food costs, portion control, and optimizing recipes for both quality and cost-efficiency, while also developing creative new baked goods to meet customer preferences.

B.Tech in Electronics & Telecommunications

July 2014 - April 2017

Expected Graduation: April 2025

Shri Shankaracharya Institute of Professional Management and Technology, Raipur