An Shu Te

Masters Student (Clinical Psychology)

National University of Singapore

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Biography

My research interests lie in emotion regulation, particularly in its association with interoception and personality traits. I am also interested in investigating the underpinnings of psychotic and mood disorders, as well as the role of parent-child attachments on children's behaviours.

💼 Research Experience

Research Assistant
Nanyang Technological University

CLINICAL BRAIN LAB   *10-2021, 08-2023*

- Develop and conduct online cognitive behavioural tasks and surveys (using jsPscyh etc.,)
- Perform EEG, physiological and behavioural data collection, preprocessing and data analysis
- Assist in the preparation and writing of scientific presentations, manuscripts, abstracts and publications
- Train and mentor other research assistants and student assistants

Research Assistant
Singapore Management University

ABC LAB   *05-2021, 10-2021*

- Develop and conduct surveys and cognitive behavioural tasks
- Screen older adults for neurocognitive deficits using standardised assessment tools
- Summarize research findings and preprocess data
- Assist in the preparation and writing of scientific presentations, abstracts, manuscripts and publications
- Train and mentor other research assistants and student assistants

🖥 Clinical/Teaching Experience

Clinical Psychologist-in-Training
Hougang Sheng Hong Family Service Centre/Kampong Kapor Community Services

COMMUNITY PSYCHOLOGY HUB   *07-2024, 12-2024*

- Conduct psychotherapy and trauma assessments for adults and youths
- Conduct neuropsychological assessments for adults
- Conducted group workshop for survivors of family violence

Clinical Psychologist-in-Training
National University of Singapore

CLINICAL AND HEALTH PSYCHOLOGY CENTRE   *01-2024, 06-2024*

- Conduct intervention and neuropsychological assessments for both adults and children

Special Education Teacher
Movement for the Intellectually Disabled (MINDS)

FERNVALE GARDEN SCHOOL   *08-2020, 05-2021*

- Taught 7 - 18 year olds with moderate to severe neurodevelopmental and behavioural disorders in a range of subjects
- Teach students different coping mechanisms to manage behavioural disorders and facilitate behaviour management workshops
- Provide regular assessment of living skills, educational progress and behavioural management for children
- Formulate individualized education plans and treatment and inetervention plans regularly
- Provide basic assessment of children's behavioural needs as well as educational progress

Intern
Childrens Partneship Pte Ltd (Singapore)

CHILDRENS PARTNERSHIP PTE LTD   *06-2019, 08-2019*

- Shadow principal psychologist and assist during intervention sessions
- Provide brief case reports based on clinical observations
- Engage and teach children in special needs teaching programmes
- Facilitate social skills training and behavioural interventions

🏛 Education

Master of Psychology (Clinical)

Singapore

NATIONAL UNIVERSITY OF SINGAPORE

2023 - 2025

- Master's Dissertation: Exploring Latent Profiles in Informant Discrepancies: A Study of Youth Behaviour in Singapore

Bachelor of Social Sciences (Honors) in Psychology

Singapore

NATIONAL UNIVERSITY OF SINGAPORE

2016 - 2020

- Graduated with Highest Distinction: 4.80/5.0
- Honors Thesis: What Happens After we Choose to Eat the Forbidden Fruit - Effects of Indulgence Autonomy on Post-Temptation Motivation

University Exchange Programme

Canada

UNIVERSITY OF TORONTO (ST. GEORGE CAMPUS)

2018

- NASA Exchange Scholarship

📄 Publications

- Makowski D, Lau ZJ, Pham T, **Te, A.**, et al. (2023, 23 April) The Heart can Lie: The Role of Interoception and Theory of Mind in Deception. (under review). DOI: 10.31234/osf.io/p342w.
- Mavros, P., Ngoi, Z., Kirk, S., **Te, A.**, et al. (2023, May 15). Attenuating subjective crowding through beauty: an online study on the interaction between environment aesthetics, typology and crowdedness. (under review). DOI: `https://doi.org/10.31234/osf.io/ezybm`
- Makowski, D., **Te, A.**, Kirk, S., Liang, N. Z., & Chen, S. A. The Illusion Game: A Novel Experimental Paradigm Provides Evidence for a General Factor of Visual Illusion Sensitivity and Personality Correlates. *Scientific Reports* (2023). `https://doi.org/10.31234/osf.io/9pjx5`
- Yang, H., Tng, G.Y.Q., Khoo, S.S. & **Te, A.** Smartphone-use profiles and cognitive and socioemotional outcomes in middle-aged and older adults: a latent profile analysis. *Curr Psychol* (2023). `https://doi.org/10.1007/s12144-023-04537-w`
- Makowski, D., **Te, A.**, Pham, T., Lau, Z., & Chen, S. A. The Structure of Chaos: An Empirical Comparison of Fractal Physiology Complexity Indices using NeuroKit2. *Entropy* (2022). `https://doi.org/10.3390/e24081036`

💬 Conferences & Presentations

EEG Complexity as a Marker of Spontaneous Lies

Organization for Human Brain Mapping (OHBM)

07, 2023

Neurokit2: An open-source Python software to analyse physiological data

Organization for Human Brain Mapping (OHBM)

07, 2023

Fractal dimension of EEG activity is linked to distinct facets of resting-state cognition

Organization for Human Brain Mapping (OHBM)

06, 2022

A Closer Look at Cardiac Contraction and the Effect of Cardiac Timing on Cognitive Control

Organization for Human Brain Mapping (OHBM)

06, 2022

🏅 Awards & Distinctions

2023	NCSS Social Service Scholarship	*National Council of Social Service*
2020	Deans List	*National University of Singapore*
2019	Wan Boo Sow Chinese Studies (GE)	*National University of Singapore*
2019	Deans List	*National University of Singapore*

💗 Volunteering Experience

2022-Current	Regular volunteer (IMHope)	*Institute of Mental Health*
2022-Current	Regular Volunteer	*Singapore After-Care Association*
2019	Overseas volunteer (Project Sangkhem)	*Cambodia*

🧠 Skills

🅰 LANGUAGES

- **English (Native)**
- **Mandarin (Proficient)**

⚙ TECHNICAL SKILLS

Coding Languages	Software	Other
R – Python – SPSS	RStudio – jsPsych – PsychoPy	Git – Markdown

⚙ TECHNICAL SKILLS