

An Shu Te

MASTERS STUDENT (CLINICAL PSYCHOLOGY)

National University of Singapore

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Biography

My research interests lie in emotion regulation, particularly in its association with interoception and personality traits. I am also interested in investigating the underpinnings of psychotic and mood disorders, as well as the role of parent-child attachments on children's behaviours.

Clinical Experience

Clinical Psychologist-in-Training

National Univeristy Hospital

PAEDIATRICS PSYCHOLOGICAL SERVICES

01-2025, 06-2025

- Implemented appropriate psychotherapy interventions for inpatients and outpatients between 6 to 18 years old
- Conducted psychometric assessments for referred patients
- Worked with a multidisciplinary team and contributed to the overall care plan of patients
- Assisted in the development of materials for patients

Clinical Psychologist-in-Training

Community Psychology Hub

HOUGANG SHENG HONG FAMILY SERVICE CENTRE/ KAMPONG KAPOR COMMUNITY SERVICES

07-2024, 12-2024

- Conducted appropriate psychotherapy interventions and trauma assessments for adults and children
- Conducted psychometric and mental health assessments for vulnerable adults and preschool children
- Worked with a multidisciplinary team and contributed to the overall care plan of clients
- Conducted a workshop for female survivors of family violence

Clinical Psychologist-in-Training

National University of Singapore

CLINICAL AND HEALTH PSYCHOLOGY CENTRE

01-2024, 06-2024

- Implemented appropriate psychotherapy interventions for adults and youths
- Conducted psychometric assessments for adults and children

Psychology Intern

Childrens Partnership Pte Ltd
(Singapore)

CHILDRENS PARTNERSHIP PTE LTD

06-2019, 08-2019

- Shadowed principal psychologist and assisted in psychotherapy interventions
- Wrote brief case reports based on clinical observations
- Engaged and taught children in special needs teaching programmes
- Co-facilitated social skills training and behavioural intervention sessions

Research Experience

Research Assistant

Nanyang Technological University

CLINICAL BRAIN LAB

10-2021, 08-2023

- Developed and conducted online cognitive tasks and surveys (using jsPsych, Python etc.,)
- Assisted in the collection of EEG, physiological and behavioural data
- Performed preprocessing and data analysis
- Assisted in the preparation and writing of scientific presentations, manuscripts, abstracts and publications
- Trained and mentored research and student assistants

Research Assistant

Singapore Management University

ABC LAB

05-2021, 10-2021

- Developed and conducted online surveys and cognitive tasks with older adults and preschool children
- Assisted in the screening of older adults for neurocognitive deficits using psychometric assessment tools
- Performed preprocessing of collected data
- Assisted in the preparation and writing of scientific presentations, abstracts, manuscripts and publications
- Trained and mentored research and student assistants

Other Experience

Special Education Teacher

Movement for the Intellectually

Disabled (MINDS)

FERNVALE GARDEN SCHOOL

08-2020, 05-2021

- Taught 7 - 18 year olds with moderate to severe neurodevelopmental disorders academic subjects and daily living skills
- Co-facilitated behaviour management workshops for students
- Conceptualised individualized education plans and intervention plans for students
- Conducted basic assessments of students' behavioural needs as well as educational progress

Education

Master of Psychology (Clinical)

Singapore

NATIONAL UNIVERSITY OF SINGAPORE

2023 - 2025

- Master's Dissertation: Exploring Latent Profiles in Informant Discrepancies: A Study of Youth Behaviour in Singapore

Bachelor of Social Sciences (Honors) in Psychology

Singapore

NATIONAL UNIVERSITY OF SINGAPORE

2016 - 2020

- Graduated with Highest Distinction: 4.80/5.0
- Honors Thesis: What Happens After we Choose to Eat the Forbidden Fruit - Effects of Indulgence Autonomy on Post-Temptation Motivation

University Exchange Programme

Canada

UNIVERSITY OF TORONTO (ST. GEORGE CAMPUS)

2018

- NASA Exchange Scholarship

Publications

- Makowski D., **Te, A.**, Neves, A., Kirk, S., Ngoi., Mavros., Chen, S.A. Too Beautiful to be Fake: Attractive Faces are Less Likely to be Judged as Artificially Generated. *Acta Psychologica* (2025). <https://doi.org/10.1016/j.actpsy.2024.104670>
- Makowski D., Lau, Z.J., Pham, T., **Te, A.**, Kirk, S., Liauw, C., Chen, S.A. The Heart can Lie: A Preliminary Investigation of the Role of Interoception and Theory of Mind in Deception. *Current Psychology* (2024). <https://doi.org/10.1007/s12144-024-06890-w>
- Makowski, D., **Te, A.**, Kirk, S., Liang, N. Z., & Chen, S. A. The Illusion Game: A Novel Experimental Paradigm Provides Evidence for a General Factor of Visual Illusion Sensitivity and Personality Correlates. *Scientific Reports* (2023). <https://doi.org/10.31234/osf.io/9pjsx5>
- Yang, H., Tng, G.Y.Q., Khoo, S.S. & **Te, A.** Smartphone-use profiles and cognitive and socioemotional outcomes in middle-aged and older adults: a latent profile analysis. *Current Psychology* (2023). <https://doi.org/10.1007/s12144-023-04537-w>
- Makowski, D., **Te, A.**, Pham, T., Lau, Z., & Chen, S. A. The Structure of Chaos: An Empirical Comparison of Fractal Physiology Complexity Indices using NeuroKit2. *Entropy* (2022). <https://doi.org/10.3390/e24081036>
- Mavros, P., Ngoi, Z., Kirk, S., **Te, A.**, et al. (2023, May 15). Attenuating subjective crowding through beauty: an online study on the interaction between environment aesthetics, typology and crowdedness. (under review). DOI: <https://doi.org/10.31234/osf.io/ezybm>

Conferences & Presentations

EEG Complexity as a Marker of Spontaneous Lies

Organization for Human Brain

Mapping (OHBM)

07, 2023

Neurokit2: An open-source Python software to analyse physiological data

Organization for Human Brain

Mapping (OHBM)

07, 2023

Fractal dimension of EEG activity is linked to distinct facets of resting-state cognition

Organization for Human Brain

Mapping (OHBM)

06, 2022

A Closer Look at Cardiac Contraction and the Effect of Cardiac Timing on Cognitive Control

Organization for Human Brain

Mapping (OHBM)

06, 2022

Awards & Distinctions

2023	NCSS Social Service Scholarship	<i>National Council of Social Service</i>
2020	Deans List	<i>National University of Singapore</i>
2019	Wan Boo Sow Chinese Studies (GE)	<i>National University of Singapore</i>
2019	Deans List	<i>National University of Singapore</i>



Volunteering Experience

2022-Current	IMHope	<i>Institute of Mental Health</i>
2022-Current	Volunteer After-Care Programme	<i>Singapore After-Care Association</i>
2019	Project Sangkhem (overseas volunteer)	<i>Cambodia</i>



Skills



LANGUAGES

- English (Native)
- Mandarin (Proficient)



TECHNICAL SKILLS

Coding Languages

R – Python – SPSS

Software

jsPsych – PsychoPy

Other

Git – Markdown