

### Nanyang Technological University, Singapore

🖸 anshu-97 | 🛅 an-shu-te-101238201 | 🔰 anshu\_te97 | 📵 0000-0001-8008-2824 | 📓 An-Shu-Te

#### Biography\_

My research interests lie in emotional regulation, particularly in investigating its association with interoception and personality traits. I am also fascinated by the psychopathology underlying psychotic and mood disorders, as well as the role mindfulness-based treatments play in alleviating its symptoms.



Clinical Brain Lab Nanyang Technological University

RESEARCH ASSISTANT

- Coordinate project meetings and facilitate communication among project personnel
- Develop and maintain project operational procedures, training materials and documents
- Develop and conduct online cognitive behavioural tasks and surveys (using JSPscyh etc.,)
- Perform data preprocessing and analysis
- Perform EEG, physiological and behavioural data collection
- Coordinate data collection and cognitive training sessions.
- Assist in the prepartion and writing of progress reports, scientific presentations, manuscripts, abstracts and publications
- Manage and maintain project records.

#### **Singapore Management University**

Singapore Management University

10-2021, Present

RESEARCH ASSISTANT 05-2021, 10-2021

- · Recruit subjects on and off campus
- Develop and conduct surveys and cognitive behavioual tasks
- Summarize research findings and preprocess data
- · Assisting in the preparation and writing of progress reports, scientific presentations, abstracts, manuscripts and publications

### Teaching Experience \_\_\_\_\_

**Clinical Brain Lab** Nanyang Technological University

RESEARCH ASSISTANT

· Conducted an "Intro to Github" workshop

08-2022, 08-2022

#### Fernvale Garden School

SPECIAL EDUCATION TEACHER

Movement for the Intellectually Disabled

08-2020 05-2021

• Taught students (7 - 18 year olds) with moderate to severe neurodevelopmental disorders

- Teach students different coping mechanisms to manage behavioural disorders
- Support students' learning using a range of different teaching strategies and handmade as well as self-sourced IT resources
- · Kept classrooms organized, clean, neat and properly sanitized for student health and classroom efficiency

### **III** Education

#### **National University of Singapore**

Singapore

DEPARTMENT OF PSYCHOLOGY

2016 - 2020

- Bachelor of Social Sciences with Honors (Highest Distinction) in Psychology
- · Honors Thesis: What Happens After we Choose to Eat the Forbidden Fruit Effects of Indulgence Autonomy on Post-Temptation Motivation

### Publications

• Makowski, D.; Te, A.S.; Pham, T.; Lau, Z.J.; Chen, S.H.A. The Structure of Chaos: An Empirical Comparison of Fractal Physiology Complexity Indices Using NeuroKit2, Entropy 2022, 24, 1036, https://doi.org/10.3390/e24081036

### Conferences & Presentations.

#### Fractal dimension of EEG activity is linked to distinct facets of resting-state cognition

Organization for Human Brain Mapping (OHBM)

06, 2022

Organization for Human Brain Mapping (OHBM)

06, 2022

# A Closer Look at Cardiac Contraction and the Effect of Cardiac Timing on Cognitive Control

# **&** Awards & Distinctions \_\_\_\_\_

| 2020 | Deans List Wan Boo Sow Chinese Studeies (GE) | National University of Singapore National University of Singapore |
|------|--|---|
| 2019 | Deans List                                   | National University of Singapore                                  |

## **2** Volunteer work

2022-Current Regular volunteer (IMHope) Institute of Mental Health
2019 Overseas volunteer (Project Sangkhem) Cambodia

2019 Volunteer Children's Partnership Pte Ltd
(Singapore)



#### TECHNICAL SKILLS

| Coding Languages | Software         | Other          |
|------------------|------------------|----------------|
| R – Pvthon–SPSS  | RStudio –JSPsvch | Git – Markdown |

#### A LANGUAGES

| Skill     | English | Mandarin |
|-----------|---------|----------|
| Reading   | Native  | Native   |
| Writing   | Native  | Native   |
| Listening | Native  | Native   |
| Speaking  | Native  | Native   |

### References \_\_\_\_\_

- Prof. Dr. Annabel Chen, Nanyang Technological University, NTU, annabelchen@ntu.edu.sg
- Dr. Dominique Makowski Nanyang Technological University, NTU, dom.makowski@gmail.com