



Vidhaan Dental Clinic

Hospital details:

Infront of Nivasa Udaan Society, Shop 110, 1st Floor,
Ginni Belina building, Porwal Rd, Kutwal Colony,
Lohegaon, Pune, Maharashtra 411047
Contact Details: 02048553263

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Date: 13 Feb 2026

Patient Information

Patient Name:

Akshaj Neema

Patient Issue:

Halitosis (Bad breath) – likely due to
poor oral hygiene / tongue coating

Address:

D-403, Aeropolis Phase, Porwal
Road, Lohegaon

Consultant:

Dr. Abhishek Mane
BDS, Dental Surgeon. Reg. No. A-
18959

Mobile:

9827732854

Diagnosis

Presence of visible tongue coating (especially posterior dorsum).

No active dental caries detected.

No signs of gum swelling, bleeding.

Medicine

Chlorhexidine Mouthwash 5ml

Twice daily after brushing
(For 5–7 days)

Probiotic Sachet

1 sachet once daily
(For 5 days)

Advice & Instructions

Maintain proper oral hygiene (brushing twice daily).

Avoid strong-smelling foods during treatment.

Clean tongue daily using a tongue cleaner.

Remark:

IN CASE OF EMERGENCY CONSULT IMMEDIATELY IF YOU GET
PAIN,PAINFUL MOVEMENTS, REDNESS,PUS OR BLEEDING
FOLLOW UP AFTER 5 DAYS.