

1. Darwin's theory of evolution talks about how animals and plants change over time. He said that the ones with the best traits survive, and those traits get passed on to the next generation. For example, if a bird has a beak that helps it eat better, it will survive more and have more babies with the same kind of beak. Over time, the good traits spread in the population. This is called survival of the fittest, and it helps explain how different species came to be.