'For' and 'While' Loops:

https://docs.python.org/3/reference/compound stmts.html#while

https://www.w3schools.com/python/python for loops.asp

https://www.programiz.com/python-programming/for-loop

https://realpython.com/python-for-loop/

https://www.programiz.com/python-programming/while-loop

https://realpython.com/python-while-loop/

https://www.w3schools.com/python_while_loops.asp