



Epic: Unified Fitness App Experience



Sprint 1: Seamless User Onboarding

Development Stories:

1. *As a new user, I want to sign up using email or social login so that I can quickly create an account.*
2. *As a user, I want to set up my fitness profile with demographics, goals, and health metrics so that I can get personalized insights.*
3. *As a user, I want to connect Apple Health or Google Fit so that my activity and health data sync automatically.*

Design Stories:

4. *As a designer, I want to create intuitive and welcoming UI for onboarding (signup, login, profile setup) so that users feel confident during first use.*
 5. *As a designer, I want to build a responsive onboarding flow for both mobile and desktop to ensure seamless cross-device use.*
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Sprint 2: Smart Subscription Setup

Development Stories:

6. *As a user, I want to choose between Bronze, Silver, or Gold plans so that I can access features matching my budget and needs.*
7. *As a user, I want to subscribe to individual or multi-gym access so that I can work out at my preferred locations.*
8. *As a corporate client, I want access to enterprise pricing so that I can onboard employees to a wellness plan.*

Design Stories:

9. *As a designer, I want to create a clean, engaging subscription selection UI that clearly differentiates features across tiers.*

10. *As a designer, I want to use visual cues (icons, badges) to help users quickly understand subscription benefits.*
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Sprint 3: Effortless Gym Access

Development Stories:

11. *As a user, I want to view nearby gyms on a map so that I can find a convenient workout location.*
12. *As a user, I want a QR code or digital pass so that I can enter the gym without a physical card.*
13. *As a user, I want to book classes or gym equipment so that I can reserve my workout time.*
14. *As a user, I want my visits across different gyms to be tracked so that I can view my activity history.*

Design Stories:

15. *As a designer, I want to create a mobile-first interactive map UI with gym pins and filters for fast discovery.*
16. *As a designer, I want to design a simple QR code screen with high contrast and scanability for gym check-ins.*
17. *As a designer, I want to design an intuitive booking calendar UI for classes and equipment reservation.*
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Sprint 4: Personalized Fitness Experience

Development Stories:

18. *As a user, I want AI-generated workout suggestions based on my profile so that I can train effectively.*
19. *As a user, I want a dashboard that shows my workout trends and achievements so that I can track progress.*

20. *As a user, I want to participate in fitness challenges so that I stay motivated and competitive.*

Design Stories:

21. *As a designer, I want to design an animated, motivational dashboard that visualizes workout progress and goals.*

22. *As a designer, I want to create gamified challenge interfaces (badges, progress bars) to drive engagement.*

Sprint 5: Nutrition & Wellness

Development Stories:

23. *As a user, I want diet plans tailored to my fitness goals so that I can eat to support my training.*

24. *As a user, I want to log meals and count calories so that I stay on track with my nutrition goals.*

25. *As a user, I want to align my meal goals with workout intensity so that my energy levels are optimized.*

26. *As a user, I want meal suggestions based on my dietary preferences so that I can prepare healthy food easily.*

Design Stories:

27. *As a designer, I want to design a nutrition dashboard with an easy-to-use meal tracker and calorie counter.*

28. *As a designer, I want to visually categorize meals and highlight nutritional stats using icons and color codes.*

Sprint 6: Corporate Wellness Portal

Development Stories:

- 29. *As an admin, I want to manage company wellness accounts so that I can monitor and control employee access.*
- 30. *As a corporate admin, I want to onboard employees easily so that they can start using the platform right away.*
- 31. *As a corporate client, I want to see employee participation and analytics so that I can assess engagement.*
- 32. *As a corporate client, I want to tailor wellness programs to company needs so that employees benefit optimally.*

Design Stories:

- 33. *As a designer, I want to design a clean, data-rich admin dashboard with charts for employee usage analytics.*
 - 34. *As a designer, I want to ensure a professional B2B visual design consistent with corporate branding.*
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Optional Sprint: Design System & UI Library

- 35. *As a designer/developer, I want to build a shared component library (buttons, cards, charts, etc.) so that the UI remains consistent across the platform.*
- 36. *As a team, we want to define color palettes, typography, spacing, and responsive breakpoints to ensure design consistency.*