



Breakfast Chatter

Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 08 Nov. 1989



October 7 th 2009 Weekly Bulletin Vol. 14 of '09/'10	
This week's speaker	
<p align="center">Ms Mahima Shrestha <i>"Think Right"</i></p> <p>All of us are thinkers. We are often told we think too much. But are we good thinkers? Thinking is a skill and like most other skills you get better at it as you practice. Conversely, if you spend a lifetime practicing bad thinking habits, you become very good at being a terrible thinker. This talk is about tools for thinking well. Specifically, we will learn and practice tools for decision making and idea generation.</p>	
Calendar	
Date	Theme
October 19 th	<p>Tihar: This festival of lights is the second biggest festival after Dashain. This festival is in honour of Laxmi – the Goddess of Wealth.</p> <p>During Tihar, the Newari community in Nepal also observes Mha puja – a ritual of worshipping one's own body and life. On this very day, the Newari New Year which is also known as Nepal Sambat begins. The festival ends with Bhai Tika – brothers' day when his sisters worship him for his long and healthy life to safeguard the lives of his sisters.</p>
October 23 rd	Speaker and Topic to be announced in the next edition of the bulletin.
October 24 th	<p>United Nations Day</p> <p>In 1947, the United Nations General Assembly declared 24 October, the anniversary of the Charter of the United Nations, as which "shall be devoted to making known to the peoples of the world the aims and achievements of the United nations and to gaining their support for" its work.</p> <p>In 1971 the United Nations General Assembly adopted a further resolution (United Nations Resolution 2782) declaring that United Nations Day shall be an international holiday and recommended that it should be observed as a public holiday by all United Nations member states.</p> <p>United Nations Day is devoted to making known to peoples of the world the aims and achievements of the United Nations Organization. United Nations Day is part of United Nations Week, which runs from 20 to 26 October.</p>
November 6 th	<p>President Eileen Heasely of Rotary Club of Troy /Michigan Canada along with spouse Rtn. John</p> <p>Topic : 6 years experience of knowing Nepal and its people - especially Rotarians and Rotaracts "</p>
Presenter, Dr Pabitra Rayamajhi & visiting Rotarian, Prof Wolfgang Nairz of Innsbruck	



Inauguration of Drinking Water Supply project at Lele



The DWS project in Lele was made possible through the close collaboration of our Club RC Kathmandu Mid Town & our RCC – Lele. The foundation stone was laid on 28 Feb. 2009 & the project completed on 9 Oct. 2009. Basically it consists of two Intake water tanks at the Water source and channelling the water by gravity flow into three water reservoirs (20,000, 5,000, and 4,000 lts tanks), & from there through heavy density PVC pipes to 15 tap distributing points, catering to about 1,000 people in the village. The funding was provided by the Rotary Clubs in California – RC Half Moon Bay, RC South San Francisco and RC Burlington, Share DDF, the TRF & and our Club, at a total outlay of US\$ 16,500 i.e. Rs. 12,82,400.00.

Inauguration Program: The inauguration of the DWS project in LELE took place on Friday, 9 October 2009, with our District Governor, Rtn. Ratna Man Sakya as the Chief Guest

Rotary-UN Day approaches

Rotary International News -- 9 October 2009

About 1,300 people -- including Rotarians, Rotary youth program participants, United Nations leaders, and special guests -- are expected to attend Rotary-UN Day in New York City on 7 November.

This year's event, with the theme "Rotary and the United Nations: The World Is in Your Hands," will feature panel discussions on water, literacy, health, and youth. Speakers will include senior staff from UNICEF, the UN Global Compact, the UN Department of Public Information's Nongovernmental Organizations Section, and other groups.

RI President John Kenny and Rotary Foundation Trustee Chair Glenn E. Estess Sr. will make remarks, and key Rotarians will highlight model volunteer projects.

"Rotary-UN Day is a wonderful opportunity for Rotarians and guests to come together at UN headquarters to hear speakers from the UN and from Rotary," says Brad Jenkins, primary RI representative to the UN in New York. "The day is designed to inspire and educate all participants as well as provide insight into the relationship between Rotary and the UN."

The program will also include a youth panel for Interactors, Rotaractors, and Rotary Youth Exchange students. Speakers will present a 10-minute description of a hands-on international club project.

Sophia Hameed, a New York University student and former Interactor, will talk about her experiences as a youth program participant, including her February trip to India as a National Immunization Day volunteer.

Rotaracts in Action



Primary school section developed in 1996/97 with the assistance of RC Landshut (Germany) and RC Kathmandu Mid Town.

Maintained by the school (community involvement) and Rotaracts of Kathmandu Mid Town



Handing over of furniture for 10+2 classroom (cost of Rs230,000) supported by RC Landshut. Upgrading of school through joint efforts of RC Landshut, RC KTM Midtown, Rotaract KTM Mid Town, school family and other donors

Mid-Town Reflection

Ice Cream for the Soul ...

Last week I took my children to a restaurant. My six year old son asked if he could say grace. As we bowed our heads he said, "God is good, God is great. Thank you for the food, and I would even thank you more if mom gets us ice cream for dessert. And Liberty and Justice for all! Amen!"

Along with the laughter from the other customers nearby I heard a woman remark, "That's what's wrong with this country. Kids today don't even know how to pray. Asking God for ice cream! Why, I never!" Hearing this, my son burst into tears and asked me, "Did I do it wrong? Is God mad at me?"

As I held him and assured him that he had done a terrific job and God was certainly not mad at him, an elderly gentleman approached the table. He winked at my son and said, "I happen to know that God thought that was a great prayer." "Really?" my son asked. "Cross my heart." Then in a theatrical whisper he added (indicating the woman whose remark had started this whole thing), "Too bad she never asks God for ice cream. A little ice cream is good for the soul sometimes."

Naturally, I bought my kids ice cream at the end of the meal. My son stared at his for a moment and then did something I will remember the rest of my life. He picked up his sundae and without a word walked over and placed it in front of the woman. With a big smile he told her, "Here, this is for you. Ice cream is good for the soul sometimes, and my soul is good already."

Author unknown (courtesy of Rotary Funstuff)

**Please send information/suggestions/photos for the next volume to:
Breakfast Chatter editor: Onuora Daniels at email:
onydaniels@yahoo.com**