



# Breakfast Chatter

Rotary Club of Kathmandu Mid-Town  
District 3292, Club 26776, Chartered 08 Nov. 1989



October 1 <sup>st</sup> 2009		Weekly Bulletin	Vol. 13 of '09/'10
This week's speaker			
Club President, Subarna Joshi – Sapta Koshi High Dam Multipurpose Project and Sun Koshi Diversion Scheme			
Calendar			
Date	Theme		
October 9 <sup>th</sup>	Rtn. Kul Chandra (awaiting confirmation). Topic to be communicated after confirmation from the speaker.		
October 16 <sup>th</sup>	Ms. Mahima Shrestha, daughter of our member Rot. Mahendra. The topic will be communicated in subsequent edition of the Bulletin		
Past Presidents at the 1000 <sup>th</sup> meeting of KTM Mid-Town			



Past Presidents Ambica and Dr Chandra Lekha in a celebratory mood reflective of the milestone achieved by the Club they helped nurtured. Also Charter President Dr Roop with members at the occasion



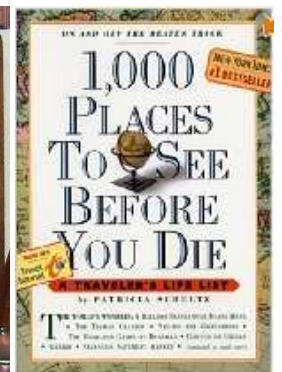
## Special Guests at 1000<sup>th</sup> meeting of KTM Mid-Town



## Telling the tall tales



The inspiration for the evening's entertainment came from the *One Thousand and One Nights* and Scheherazade's famed telling of tall tales. Mid-Towners were in full form as they recounted their tales of travel woes and adventures. With several stories of missed or almost flights, of truculent taxi drivers and pesky leeches – of missed opportunities and ironies galore. A hearty applause as the tell-telling came to an end and **Rtn. Kul Chandra** won the prize travel book.





## The gracious hosts



VP Rtn. Som spoke on behalf of all Mid-Towners when he extended a hearty 'thank you' to Rtn. Alex and spouse Eleni for having hosted this 1000<sup>th</sup> meeting in their beautiful home in Nag Pokhari.

Rotarians and spouses had a great time indeed – the food was gourmet, home-cooked, and delicious and the ambience was extraordinary! Cheers to Alex and Eleni.

## The Board happy to preside over the momentous occasion





### ***Rotaracts and Career options***

An upcoming activity: Career Counselling day for our Rotaracts with the Chartered Institute of Accountants. The activity is being coordinated by Rtn. Saroj. Look out for details in future edition of the BC.

## **Using social networking to reach youth**

By Ryan Hyland

Rotary International News – 28 September 2009

Rotarians should embrace social networking tools as a means to connect with young people and promote youth programs, says Chuck Frazier, general coordinator of the Youth Services Resource Group.

"There has been a massive change in technology that better allows people to promote and market," says Frazier, a member of the Rotary Club of Emporia, Kansas, USA, and past governor of District 5710. "We're encouraging Rotarians to join social networks such as Facebook and Twitter to better connect with youth program participants.

"With social networking, members can share their experiences and the benefits of joining a youth program," Frazier adds. "Being a part of these programs is fun. We need to get that message out there."

Recognizing the importance of youth in Rotary's future, Past RI President Wilfrid J. Wilkinson appointed the [Youth Services Resource Group](#) in 2007-08. The group works to increase membership in Rotary's youth programs: [Rotaract](#), [Interact](#), Rotary Youth Leadership Awards ( [RYLA](#)), and [Rotary Youth Exchange](#).

Frazier says one of his group's goals has been to help build closer relationships between youth program participants and their sponsor club or district. The group also wants to get clubs and districts -- and youth -- involved with more than one program.

"Just like business, once you have a client who knows your product, you try to sell them more of your other products," he says. "You want to keep those clients. Stronger interaction will only make both stronger."

Frazier says he's been involved in Rotary's youth programs for decades. He hosted his first Youth Exchange student in 1981. His daughter is a former exchange student, and his son was a RYLA participant.

"I have a great deal of admiration and respect for these programs," he says. "I want to see all four programs grow. What we'd like to see happen, ultimately, is to keep them involved and keep involving them more."

Frazier says the Youth Services Resource Group works year round to promote the future of Rotary through the next generation of Rotarians.

"There are all kinds of possibilities if we just let current youth program participants know about other Rotary programs that are out there for them," he says. "With the technology available now, Rotarians and young people can more effectively spread the word about Rotary."

This is the fourth in a series of articles for New Generations Month about Rotary youth programs:

- [Top 10 reasons for attending International RYLA](#)
- [Rotaract meeting spotlights feats, fun](#)
- [Rotaract paves the way into Rotary](#)
- [Learn more about Rotary's youth programs.](#)

## RI News

### Celebrate World Polio Day

*The Rotarian -- October 2009*

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World Polio Day is 24 October. Find out ways your club can help Rotary raise US\$200 million to match [the Bill & Melinda Gates Foundation's \\$355 million in grants](#) by 30 June 2012. *Photo by Martin Postma*

This October marks 95 years since Jonas Salk, developer of the first safe and effective polio vaccine, was born. Saturday, 24 October, is World Polio Day – a perfect opportunity to join the fight to end the disease.

Rotarians are raising [US\\$200 million to match the Bill & Melinda Gates Foundation's \\$355 million in grants](#) by 30 June 2012. Here are some ways you can help:

1. Organize a club fundraiser, such as an auction, a walkathon, or a purple pinkie project. Rotary clubs are each being asked to contribute at least \$2,000 annually for three years. [Get more ideas.](#)
2. Order reprints of the illustrated [Amazing Stories of Polio!](#) for new and prospective club members, and for local schools and libraries, at [shop.rotary.org](http://shop.rotary.org). For bulk orders, call 847-866-4600.
3. Arrange a screening of *The Final Inch* at a theater. This Academy Award-nominated, 38-minute documentary follows health workers, including Rotarian volunteers, as they immunize children in India. The DVD is available at [www.thefinalinch.org](http://www.thefinalinch.org).

4. Create a link from your club's Web site to the [Rotary International YouTube channel](#), which includes videos and public service announcements on eradicating polio, or embed one of the video on your Web site.
5. Make an individual donation to Rotary's [US\\$200 Million Challenge](#).

## ***Mid-Town Reflection***

### ***Thoughts to Live By...***

Many people will walk in and out of your life,  
But only true friends will leave footprints in your heart.

To handle yourself, use your head;  
To handle others, use your heart.

Anger is only one letter short of danger.  
If someone betrays you once, it is his fault; If he betrays you twice, it is your fault.

Great minds discuss ideas;  
Average minds discuss events;  
Small minds discuss people.

He who loses money, loses much;  
He, who loses a friend or family member, loses much more;  
He, who loses faith, loses all.

Beautiful young people are accidents of nature,  
But beautiful old people are works of art.

Learn from the mistakes of others.  
You can't live long enough to make them all yourself.

We started our circle of family & friends....  
And like that circle....  
There is no beginning or end.

Yesterday is history.  
Tomorrow is mystery.  
Today is a gift.  
Live it well...

***Courtesy of Rotary Funstuff***

Please send information/suggestions/photos for the next volume to:  
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