

Breakfast chatter



Weekly bulletin of the Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

May 27th-June 2nd 2011

Vol. 47 of '10/'11

T his week's speaker



Ben Kelly will give a general overview of the Nepal Ambulance Service that is a is a non-profit initiative dedicated to the establishment of an emergency medical response system (EMS) in the greater Kathmandu and Patan municipalities, later to be expanded nationwide.



Mid-T own Information sharing



Rtn. Gen Amar Panta and his team have recently returned from their trip to Bolzano, Italy for the Fire Brigade Project – he will give us a short update on the highlights of the trip.



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May 2011



World No Tobacco Day is meant to encourage a 24-

hour period of abstinence from all forms of tobacco consumption across the globe. The day is further intended to draw global attention to the widespread prevalence of tobacco use and to negative health effects, which currently lead to deaths worldwide annually...

31 May

Ash trays with fresh flowers are a common symbol of World No Tobacco Day

3 June

Ben Kelly wil give us an update on Ambulance service in Nepal (see above)

AN AFTERNOON OF CIRCUS AT THE BRITISH SCHOOL June 2nd 2011

3:30-4:30pm Tickets: 100NR children 200NRs adults EVERYBODY IS WELCOME!

A collaborative performance between Sapana Contemporary Circus and the Roof of the World Tour. Come and join us for an exciting afternoon of



acrobatics, hula hoops, stilt-walking, juggling, clowning and more!

Sapana is comprised of young people who have been rescued from Indian circuses and rehabilitated by the Esther Benjamins Trust (www.ebtrust.org.uk). All proceeds go to developing the Sapana Circus project.

Roof of the World Tour (www.roofoftheworldtour.com.au) is a troupe from Australia and New Zealand who have been performing in schools

and teaching circus skills in the Solukhumbu region of Nepal. The tour is honouring the remarkable legacy of Sir Edmund Hillary and the important work of the Himalayan Trust during their 50 Year Anniversary.

2 June



WORLD ENVIRONMENT DAY

FORESTS: NATURE AT YOUR SERVICE

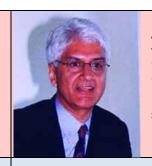
World Environment Day (WED) is an annual event that is aimed at being the biggest and most widely celebrated global day for positive environmental action.

5 June

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Journalist and author **Kunda Dixit** well-known advocate for alternative energy has written articles sucha ss, 'GOBAR! Now we know why cowdung is holy and, 'Hurrah, Nepal's future is in the dung heap' will speak to Mid-Town on the potential for biogas and smokeless stoves in Nepal.

10 June

Dr. Wilma Mohr will give a short overview about her work and her life in Hetauda and the private projects she is supporting here (the homepage gives a short overview:Aktivinnepal.tumblr.com). The overall view will be from a women about the situation of women in Nepal. At the end she will gige some observations on how things could be better from her perspective.

24 June

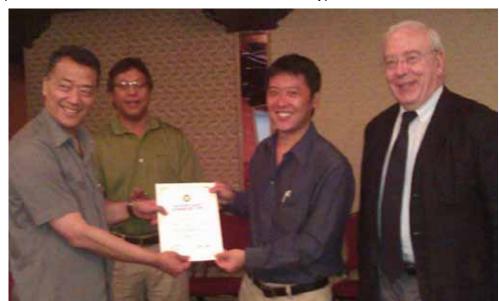
last week's speaker

The Use of Typhoid Vaccines in Nepal

R. Leon Ochiai, M.H.S. is Research Scientist at the International Vaccine Institute (IVI). Mr. Ochiai received Master of Health Sciences degree from the Johns Hopkins University School of Hygiene and Public Health and currently enrolled in Doctor of Philosophy program at the University of Oxford. He has been involved in infectious disease epidemiology research in international settings, with more than 10 years of field experience conducting on-site research activities in infectious diseases.

Last week he bravely defied the bandh to tell Mid-Town about how typhoid fever is a major problem in the South East Asia region. The good news is that two currently licensed typhoid vaccines have been evaluated and how the Diseases of the Most Impoverished Program was initiated to provide evidence to decide on the introduction of typhoid vaccines in Asian

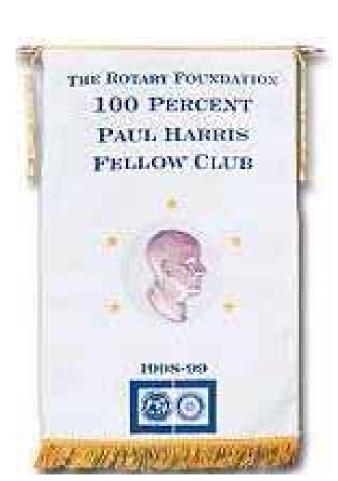
countries. There are licensed efficacious vaccines available and even with relatively small coverage the targeted introduction approach in high risk population is a viable strategy effectively to control typhoid fever.



Mid-town news

Mid-Town now a 100% PHF Club!!

The District Rotary Foundation Committee Chair has officially informed us that we are now a 100% PHF Club. Congratulations to all Mid-Towners and special thanks to PP Mani Joshi and Rotary Foundation Chair Rtn. Saroj for taking care of all the paperwork.





A note from Pres. Pratap

Dear Mid Town Club members.

Greetings from San Francisco. What good news, first thing on a Friday morning!!.

My heartiest greetings to all our members, especially to our PP Mani & Saroj in making this achievement possible.

Hope other good news will also follow in the near future.
Regards and best wishes.

YIR Pratap.



News from Rotary International

New Orleans convention inspires, entertains

By Ryan Hyland and Antoinette Tuscano Rotary International News -- 26 May 2011 (adapted)

USA, and another successful RI Convention, two leaders who have had a lasting impact on the organization also said farewell.

Ed Futa, of the Rotary Club of East Honolulu, Hawaii, addressed his last convention as general secretary, a position he's held for 11 years.

"I will go back to my first Rotary job, which was and still is the most important job in all of Rotary: the job of being a Rotarian," said Futa, who retires 30 June.

"I've had the honor and the satisfaction of being a part of so many of Rotary's accomplishments: Future Vision, our strategic plan, and our transformation from a valuable - but sometimes undervalued -- community service organization into a key player in the world of international health and development," Futa said. "PolioPlus has put us in this new position."

John Hewko, the incoming general secretary, addressed the fourth plenary session and will take office 1 July.

RI President Ray Klinginsmith said the highlights of his term have included providing regional assistance for districts and clubs through the new Rotary coordinators and Rotary public image coordinators, developing a more productive relationship with Rotarian Action Groups, moving toward a more uniform size for Rotary districts, and improving the process for selecting and training district governors.

"This year has been a good year for Rotary," he said. "There has never been a more exciting time to be Rotarians, as we approach the end of polio. Our community service projects around the world are estimated to provide local investments of about US\$1 billion every year, and our youth and young adult programs are the best in the world. And our Rotary Foundation continues to gain strength."

More than 18,500 members of the family of Rotary, representing 151 countries and geographical areas, took part in the 2011 convention, where they were asked to redouble their efforts to eradicate polio and embrace humanity by thinking of new ways to take on today's challenges.

Top: Ed Futa makes his farewell remarks at the closing plenary session of the 2011 RI Convention in New Orleans, Louisiana, USA. Bottom: The Irvin Mayfield Septet performs during the third plenary, part of the diverse musical entertainment offered during the entire convention. Rotary Images/Monika Lozinska-





Banerjee outlines emphases for the year

RI President-elect Kalyan Banerjee asked Rotarians at the 2011 RI Convention in New Orleans, Louisiana, USA, on 25 May to go back to their communities and think of "new and different ways" to take on the challenges of today.

"We are the doers of our communities, the leaders, the ones who are most involved, who see the problems and have the means to find the solutions," Banerjee said. "I am asking you to reach within and unleash your inner power and then use it to embrace everything and everyone around you."

Banerjee, who will take office 1 July, said Rotarians should be guided by three emphases -- the family, continuity, and change -- as they work to support the 2011-12 RI theme, *Reach Within to Embrace Humanity*.

Family is the first emphasis, he said, because the family is the starting point for everything Rotary is trying to accomplish.

"The family is the building block of the community," Banerjee said. "If we wish to see a world that is more joyous, we first have to make sure that the families of the world are more joyous, that they have the things they need to be happy, to thrive, and move forward. So we have to look at housing, at clean water and sanitation, at health care, at all the issues affecting mothers and children."

Continuity involves continuing and strengthening those things Rotarians do well, said Banerjee.

"There are so many areas in which we have been successful -- working for clean, safe water; spreading literacy; working in so many ways with Generation Next, our youth. And of course, our greatest project, polio eradication," he said. "If we want to really achieve the impossible, we have to have not only persistence, but vision -- we have to be looking past what we are doing now, at what we can and should be doing in the days and years to come."



Rotaract news

Rotractors want your old clothes!

Tired of wearing that same old outfit? Why not recycle it with the Rotractors who will find a good home for it with some of Kathmandu's most needy. Bring the clothes you want to recycle in a bag to the breakfast meetings for the next few weeks. If you can't come then drop a line to Rtr. Pres. Anil and he will arrange a pick-up.



-'11 Paye o ui o

On the lighter side



A Punjabi lawyer working in UK wrote to his wife in India.

Dear Sunita Darling,

I can't send you my salary this month because the global market crisis has affected my Company's performance, so I am sending 100 kisses.

You are my sweetheart, please understand and adjust with this situation.

Your loving husband, Tuna Singh



His wife replied...

TINKU KE PAPPA,

Thanks for the 100 kisses.

Below is the list of expenses I paid with the Kisses...

- 1. The Milk man agreed on 2 kisses for one month's milk.
- 2. The electricity man, Kooldip Singh, agreed not to disconnect only after 7 kisses.



- 3. Your landlord Kapal Singh comes every day to take 2 or 3 kisses instead of the monthly rent.
- 4. Supermarket owner Jaswant Singh did not accept kisses only, so I gave him other items, I hope you understand.
- 5. Miscellaneous expenses 40 kisses.

Please don't worry about me, I still have a balance of 35 kisses and I hope I can survive the month using this balance. Shall I plan the same for the next month?

Your Sweet Heart,

Sunita

Pease send information/suggestions/photos for the next volume to:

Breakfast Chatter editor: Dr. Isabella C. Bassignana Khadka at email: isa@mos.com.np