



breakfast chat



Weekly bulletin of the Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

July 23-29th, 2010

Vol. 4 of '10/'11

थोडो वक्रेडि इस्पेकर

Impressions of Life in Nepal

During the time that they have lived here Peter and his wife Liz (DCM Embassy of Australia) have travelled throughout Nepal and have met many different people. Now as their time in Nepal draws to a close Peter would like to take the opportunity of his last meeting with RC Mid-Town to reminisce about their time here and share some of his thoughts and impressions on Nepal.



नयाँ फ्रम रोटरी इन्टरनेशनल



Kick polio out of Africa campaign

The Rotary clubs of Hout Bay, Blouberg, and Sea Point, South Africa, helped organize a bit of fun for Under 13 soccer players during a recent event in Cape Town, South Africa. With World Cup fever still in the air, the players learned about Rotary's Kick Polio Out of Africa campaign.

Photo Janey Ball

calendar

date	theme
26 July	Full Moon 1:37 GMT
30 July	Peter Morris <i>Impressions of Life in Nepal</i>
6 Aug.	First Club Assembly meeting of the Rotary year (please note no visitors)
24 Sept.	Visit of DG Tirtha Man Sakya to RC KTM Mid-Town

last week's speaker



Jan Slater proves that one person can make a big difference

Well-known Kathmandu artist Jan Salter this week spoke to Mid-Town about how The Kathmandu Animal Treatment Centre (KAT Centre) helps to manage the difficult dog problem of the street dog population in Kathmandu. Jan helped to found the Centre as a non-profit, charitable animal welfare organisation in 2003. The KAT Centre carries out

Animal Birth Control and Anti-rabies programmes, creating a rabies-free dog-friendly city.

The KAT Centre performs the humane function which normally is performed by the municipality. Over the past six years KAT has captured and sterilised over 18,000 dogs and rescued and treated over six thousand animals. Perhaps more importantly, the street dog population has stabilised, the number of incidence of rabies among the human population has declined and the citizens of Kathmandu are generally more relaxed about the possibility of catching rabies from these animals is much reduced. In recognition for her good work Jan Salter has recently received the Humane Society International's Award for Extraordinary Commitment and Achievement. See their web page at www.katcentre.org.np.



on the lighter side

"A dog is a dog except when he is facing you. Then he is Mr. Dog." *Haitian proverb.*



लेले-टाउन नवखे

On Thursday, 22 July 2010, RC Kathmandu Mid-Town and a number of guests including our DG, Rtn. **Tirtha Man Sakhya**, our AG and a number of District officials headed out to Lele, home of RC Mid-Town's RCC (Rotary Community Corps). The visiting team saw the new building at Saraswati Higher Secondary School and heard a detail presentation of RCC activities by Headmaster and RCC VP Nabin Sir. The DG and the visiting team helped to inaugurate the 'Rotary Audio Visual room', (kindly donated in-



part with the help of **RC Ravenna, Italy**), and then followed up with a visit to the 'Rotary Computer room' and 'Help Hand Library'.

RC KMT used the opportunity to present scholarship to 20 girl child students and Merit Scholarship to 4 toppers in the (10 +2) classes. (kind courtesy of a WCS - **RC Milano**

Villorosi). RC Patan then also presented scholarships to selected school students.



Two toilet areas were inaugurated thanks to the kind support of the **RC Ravenna, Italy**, both of these were constructed with on-site support by the Gyan Kunda and Lali Gunas Yuba Clubs.

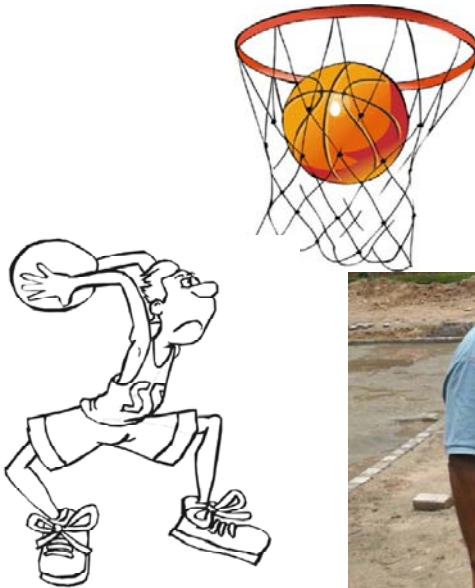


It was not all work and no they took time to see the

play for our visiting team – sights in Lele by visiting

the Saroswoti Kunda Temple area (above left) and the Tika Bhairab Temple areas that had been cleaned up and refurbished by the Gyan Kunda and Lali Gunas Yuba Clubs respectively. These two areas have great potential for tourism and the youth clubs have been prompted to cleaning them up and to put up posters. Generous donations of Rs. 225,000 Nrs. kindly donated by **RC Ravenna** and **RC Moscow Int'l**.





Most impressive was the site for the new basketball court. Here the Ringapore Yuba Club has been very active in actually preparing the groundwork by demolishing a whole hillside to provide enough flat land! Funds made available for the court thanks to **RC Ravenna** and **RC Moscow Int'l.** Youth leaders have been at the heart of the community development projects with our RCC - Lele, they also took responsibility for the plantation of tree saplings under supervision of Ms. Kamal. The DG, AG and other visiting Rotarians assisted in planting tree samplings. The visit concluded with many tired Rotarians partaking in a festive Newari *ban bhoj* organised by the Ringapore Yuba Club where good quantities of local *rakshi* helped to soothe tired muscles.

Lele local heroin sinks a slam-dunk

She is small in stature but her contribution has been mammoth. Her name is **Kamala Shrestha** and she is the real mover and shaker behind the RCC in Lele.

Over the past three years Kamala Shrestha has taken a leading role in the RCC and has provided the local leadership needed to motivate the womenfolk in Lele. Her enthusiastic nudging convinced the women of Lele to attend the recently organised Uterus Prolapsed Camp – with the result that more than 50 local women have now been slated for surgery. Her cheerful but firm hand can also be seen in the initiation of a project to construct a 60,000 litre water tank.



On any given day Kamala Devi can be seen walking around the town encouraging the citizens to clean things up, tidy the temple areas, and to make use of the newly completed toilets. Her most recent coup has been to secure 6 ropanies of land (near the town center) for the construction of the basket ball court. Here she endeavoured tirelessly to find public land that could be used for this purpose and to motivate the local authorities to put the needed paperwork in order. She succeeded and the basketball court is well on its way to becoming a reality for the youth (and the young-at-heart) of Lele.



Rotractors' Mega Diabetes Camp 2010



On Saturday July 17th Mid-Town Rotractors held a Mega Diabetes Camp for some 375 devotees and local people at Baudnath Stupa. The 34 volunteers who helped with the organisation were from the Rotaract Club of Kathmandu Mid-Town, Rotaract Club of

Kathmandu and Kathmandu Nursing College as well as Mid-Town Rotarians Rtn Amar, PP Rtn RR Shrestha and Rtn Dr. Som Pudasaini and three volunteers from Holland and Germany (invited by Rtn Dr. Pabitra Raimajhi).

Mid-Town acknowledges the kind help of Mr. Sachin and his local club "Tamang Guthi" for



helping with the logistics like tent, tables, chairs and drinking water –this kind cooperation was really appreciated.





Helping the 'differently-abled' and disadvantaged

NEWS FLASH from Robert Rose : One of the new projects we are introducing and raising funds for is a micro-credit program that will be administered by the **Rotary Club of Dhulikhel**. We will be sending over \$1,000 to create a revolving loan program to help people with disability start a business or learn a vocation. Mr. Agni Katharia is a 22 year-old man who was severely burned when he was 8 years old. He had many surgeries and treatments, but due to his appearance he was not accepted in his village school so he didn't get a proper education. With the money being loaned to him by TRIFC.org, (The Rose International Fund for Children) Agni is going to start a fish-farming business! Agni recently received additional surgeries from volunteer Australian doctors and rehabilitation help from the Rotary Club of Dhulikhel. This is how your volunteer help, participation and donations are creating such a fantastic impact for People With Disabilities in Nepal!



An excerpt from Rob's letter to children and adults with disabilities...

"I can see to a day when there will always be a willing person to help you cross the street. And as they hold your hand or touch your arm to help you they will realize the gift you give them. By coming in contact with your physical imperfections, they will come to realize their own inner imperfections and to see that it is our imperfections that make us who we are as humans in an imperfect world. You will teach us, and we will grow."





rotary by numbers

BY THE NUMBERS

1,224,384
ROTARIANS WORLDWIDE*

33,855
ROTARY CLUBS*

530
ROTARY DISTRICTS**

8,126
ROTARACT CLUBS

186,898
ROTARACT MEMBERS

12,559
INTERACT CLUBS

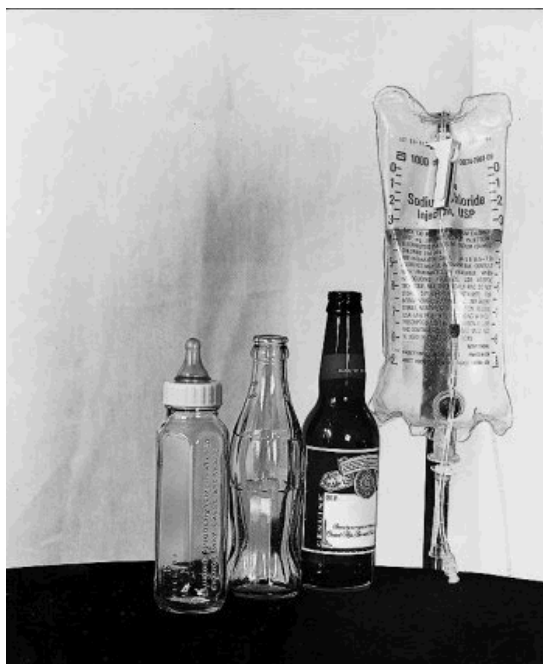
288,857
INTERACT MEMBERS

6,942
ROTARY COMMUNITY CORPS

159,666
RCC MEMBERS

* As of 30 April ** As of 1 July
All other figures as of 31 March

lode-town humor



THE FOUR STAGES OF LIFE

Please send information/suggestions/photos for the next volume to:

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