



Breakfast chatter



Weekly bulletin of the Rotary Club of Kathmandu Mid-T own
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

Jan. 28th - Feb. 3rd 2011

Vol. 31 of '10/'11

speaker for February 4th



Nepal Immunization day

In-house speaker District Community Service Coordinator, PP Dr.
Chandra Lekha Tuladhar will give an informative talk on polio.



PP Dr. Lekha will give us the update on polio eradication in Nepal and on the upcoming **Nepal Immunization Day Feb12-13-14, 2011.**

Catch our Rotaracts' Polio eradication efforts on Facebook (left)

After 25 years of hard work, Rotary and its partners are on the brink of eradicating this tenacious disease, but a strong push is needed now to root it out once and for all. It is a window of opportunity of historic proportions.



- **to vaccinate 4,466,960 children below 5 years**
- **With the involvement of 68,000 vaccinators**
- **from 40,352 booth**

As of 2010 Nepal Red Cross has joined in as the new partner in the implementation program and this year their strategy is to issue invitation cards to all children inviting them to the booth for polio drops.





International Assembly inspires Rotary leaders to embrace humanity

By Joseph Derr RI News -- 24 January 2011 (adapted)

The next class of Rotary district governors emerged from the 2011 International Assembly in San Diego, California, USA, with new ideas, skills, and friendships that will help them lead during the 2011-12 year.

"In order to achieve anything in this world, a person has to use all the resources he can draw on. And the only place to start is with ourselves and within ourselves," he said.

Later in the week, Banerjee announced plans for the 2011-12 **Changemaker Award**, which will recognize Rotary clubs that make an extraordinary impact through their work in the Avenues of Service.

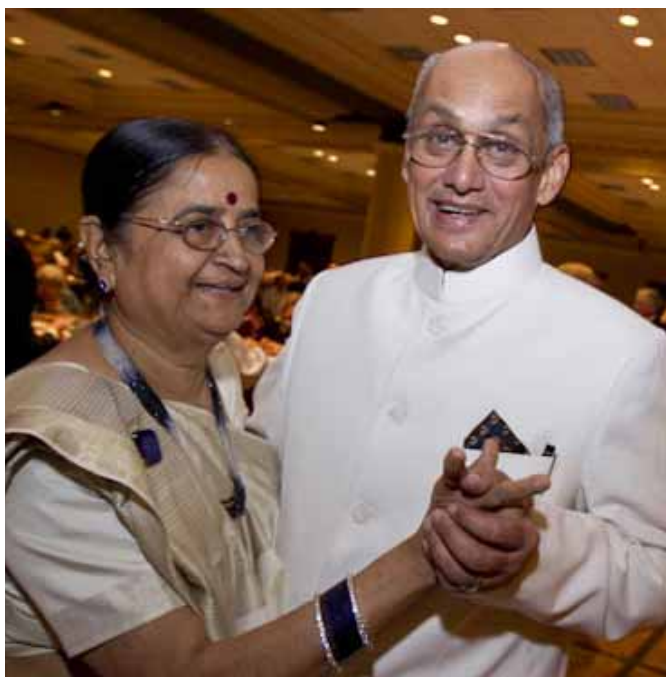




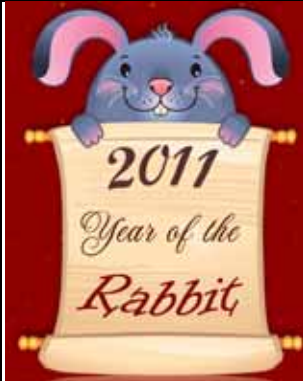
In his address to the governors-elect, RI Director John C. Smarge spotlighted one of Rotary's greatest challenges: "Since 2003, we have added 2,552 Rotary clubs yet only increased our overall membership by 226 members."

Throughout the week, the incoming district governors took part in training sessions led by past Rotary leaders. RI President Ray Klinginsmith elaborated on those values during the final plenary session.

"Service, fellowship, integrity, diversity, and leadership are our core values, which I prefer to call our Rotary DNA," Klinginsmith said. "Those traits are what distinguish us from other organizations. There is no doubt that we can help our club leaders to *Reach Within to Embrace Humanity*, and to make the world a better place, because we have been doing it for more than 100 years, and we do it better than anyone else in the world."

President-elect Kalyan Banerjee and his wife, Binota, greet a guest during the Presidential Welcome Reception at the International Assembly in San Diego, California, USA. *Rotary Images/Alyce Henson*



calendar	
date	theme
<p align="center">February – World Understanding Month</p> <p><i>“Fear and Hate Must Go! And they will go when nations have goodwill based on understanding” – Paul P. Harris, Founder</i></p>	
2 Feb.	<p>Groundhog Day is a holiday celebrated on February 2 in the United States and Canada. According to folklore, if it is cloudy when a groundhog emerges from its burrow on this day, it will leave the burrow, signifying that winter will soon end. If on the other hand, it is sunny, the groundhog will supposedly "see its shadow" and retreat back into its burrow, and winter will continue for six more weeks.</p>  <p align="right"><i>Happy Groundhog Day!</i></p>
2 Feb.	<p align="center">World Wetlands Day 2011</p> <p>2 February each year is World Wetlands Day. It marks the date of the adoption of the Convention on Wetlands on 2 February 1971, in the Iranian city of Ramsar on the shores of the Caspian Sea. Each year since 1997, government agencies, non-governmental organizations, and groups of citizens at all levels of the community have taken advantage of the opportunity to undertake actions aimed at raising public awareness of wetland values and benefits in general and the Ramsar Convention in particular.</p> 
3 Feb.	<p align="center">Happy Chinese New Year!</p> <p align="center">By the Chinese Calendar 2011 is the Year of the Rabbit.</p>  <p>A placid year, very much welcomed and needed after the ferocious year of the Tiger. We should go off to some quiet spot to lick our wounds and get some rest after all the battles of the previous year. Good taste and refinement will shine on everything and people will acknowledge that persuasion is better than force. A congenial time in which diplomacy, international relations and politics will be given a front seat again. We will act with discretion and make reasonable concessions without too much difficulty. A time to watch out that we do not become too indulgent. The influence of the Rabbit tends to spoil those who like too much comfort and thus</p>

	<p>impair their effectiveness and sense of duty. Law and order will be lax; rules and regulations will not be rigidly enforced. No one seems very inclined to bother with these unpleasant realities. They are busy enjoying themselves, entertaining others or simply taking it easy. The scene is quiet and calm, even deteriorating to the point of somnolence. We will all have a tendency to put off disagreeable tasks as long as possible.</p> <p>Money can be made without too much labor. Our life style will be languid and leisurely as we allow ourselves the luxuries we have always craved for. A temperate year with unhurried pace. For once, it may seem possible for us to be carefree and happy without too many annoyances.</p>	
4 Feb.	 <h3>Sri Lanka National Day</h3> <p>On 4 February 1948 the country gained its independence from Britain and became known as the Dominion of Ceylon.</p> 	
12-13-14 Feb.	 <h3>Nepal Immunisation Day</h3> <p><i>"If we all have the fortitude to see this effort through to the end, then we will eradicate polio."</i></p> <p>- Bill Gates</p>	
14 Feb.	 <h3>Happy Valentines 2011</h3> 	
15 Feb.	Prophet Muhammad's Birthday Mawlid al-Nabi (12 Rabi 1)	
25 Feb. (tentative)	 <p>Mr. Pasi Koistinen, CEO of Ncell will talk about how Ncell plays an important role in developing the telecommunication infrastructure and services in Nepal, contributing to the future prosperity of the country and its citizens. During 2009, Ncell more than doubled its mobile network which now covers more than 60 percent of Nepal's population.</p> 	
27 Feb.	   <p>Major Health Camp in Nawalparasi – in collaboration with RC ATHINA LYCAVI TTOS</p>	<p>from Greece. Anyone interested in joining please contact VP Alex. or Rtn. Pabitra.</p>
13-24 March	Mega Health Camp Bandipur – Rotarians and friends interested in attending please contact Dr. Lekha.	
April 8-11 2011	Rotary District Conference District 3292 Nepal Theme: Commitment to Serve Venue: Nepal Army Officer's Club, Tundikhel, Kathmandu, NEPAL	

Last week's Mid-T own picnic

Mid-T owners at Dulikhel



Master of Ceremonies Rtn. Buddha shows off one of the game prizes (right) – Rotaracts joined in on the fun.





Fancy footwork from the young and the young at heart – now, who had who all wrapped around their little finger?



PP Joytsna was the main mover and shaker behind the picnic organisation – also in on the planning were **Rtn. Yo** – who graciously provided transportation for the Rotaracts and **Rtn. Buddha** helped in the planning of the games and acted as Master of Ceremonies. Rtn. Isa provided the advertisement. A BIG thank you to everyone who was involved in the planning and/or contributed prizes..

Thanks also go to the **Rotaracts** who were part of the games planning and helped to add lot of joie de vivre to the occasion.



Count the noodles!
Can you guess how many noodles there are in the jar??

With the games the Rotaracts helped to raise more than **4,700 Nrs** with which they will contribute to the **Nepal Immunisation Day** effort.







Rotaract News

ROTASIA -2011 in Goa

Five members of the Rotaract Club of Kathmandu Mid-Town participated in Rotasia-2011 which was held 13-16 January 2011 in Goa. **RI District 3131** hosted the event that was attended by more than 1000 Rotaractors from 13 different countries.



and built international relationship and fellowship was best among the all among international Rotaractors. We exchanged Club Bulletins, Pin and Nepalese Currencies during the event and we even gifted Dhaka Topis to well wishers."

Anil went on to say that, "Almost 16 days was spent by 5 members from Kathmandu Mid-Town and it became life memory for everyone. Visiting several beautiful places and beaches at Goa during Rotasia-2011 and the trip continued visiting Mumbai. **Rotaract Club of Ambarnath** hosted all of us at one of Rotaractors residence. He was **Rtr Prasad Karve** (PP of club). They made us visit different famous places of Mumbai like Gate way of India, Taj Hotel, Marine Drive etc. A goodwill visit was also made to their club on 18th Jan, 2011."



Anil concluded by saying, "Then after 2 days stay at Ambarnath, Mumbai our journey continued to Patna in Uttar Pradesh where **Rtr Parmeshwor** from **Rotaract Club of Bihar Sarif** hosted us at his residence. We visited famous places like Shanti Stupa and Nalanda University (the world's first university)."



rota quiz news



Congratulations to **Rotary Club of Dillibazar** for winning this year's District ROTA QUIZ. This is the third consecutive year the club won the competition. Congratulations also to the runners-up **Rotary Club of Kathmandu North East** and the second runners-up **Rotary Club of Tripureshwor**.

Our own Mid-Towners came in a very respectable 4th – congratulations to everyone who participated.



district news



News from **Dilendra Shrestha**, District Secretary who informs us that two new clubs were admitted to District 3292 in the month of December.

RC Lekhnath, Club ID 83560, admitted on December 13, 2010
RC Pokhara Newroad, Club ID 83601, admitted on December 24, 2010

Best wishes for a good beginning!

Teach this triple truth to all: A generous heart, kind speech, and a life of service and compassion are the things which renew humanity. --Buddha

The lighter side

A THOUGHT FOR TODAY:

I have learnt silence from the talkative, toleration from the intolerant, and kindness from the unkind; yet strange, I am ungrateful to these teachers. -Khalil Gibran, mystic, poet, and artist (1883-1931)



Mid-town sunshine



A heartfelt **HAPPY BIRTHDAY** to PP Joystna on February 2nd.

A big thank you from all of RC Mid-Town for having organised the picnic.

Many happy returns of the day.



The lighter side

The Chinese Zodiac

The Chinese Zodiac consists of a 12-year cycle, each year of which is named after a different animal that imparts distinct characteristics of its year. Many Chinese believe that the year of a person's birth is the primary factor in determining that person's personality traits, physical and mental attributes and degree of success and happiness throughout his/her lifetime. To learn about your Animal Sign, find the year of your birth among the 12 signs. Below we have depicted all the characters of the Chinese Zodiac.

The Chinese calendar differs from the Western calendar -- The beginning of a Chinese new year changes every year, on dates ranging between late January and late February. If you were born early in the year, you may be interested in looking at the description of the animal of the year before. It may suit you better!



Rat

1924, 1936, 1948, 1960, 1972, 1984, 1996, 2008

You are ambitious yet honest, prone to spend freely. Seldom make lasting friendships. Most compatible with Dragons and Monkeys. Least compatible with the horses.



Ox

1925, 1937, 1949, 1961, 1973, 1985, 1997, 2009

Bright, patient and inspiring to others, you can be happy by yourself, yet make an outstanding parent. Marry a Snake or a Rooster. The Sheep will bring you trouble.



Tiger

1926, 1938, 1950, 1962, 1974, 1986, 1998, 2010

Tiger people are aggressive, courageous, candid and sensitive. Look to the Horse and the Dog for your happiness. But beware of the Monkey.



Rabbit

1927, 1939, 1951, 1963, 1975, 1987, 1999, 2011

Luckiest of all signs, you are also talented and articulate. Affectionate, yet shy, you seek peace throughout your life. So marry a Sheep or a Boar. Your opposite is the Rooster.



Dragon

1928, 1940, 1952, 1964, 1976, 1988, 2000, 2012

You are eccentric and your life is complex. You have a very passionate nature and abundant health. Marry a Monkey or Rat late in life. Avoid the Dog.



Snake

1929, 1941, 1953, 1965, 1977, 1989, 2001, 2013

You are wise and intense with a tendency towards physical beauty, vain and high tempered. The Boar is your enemy. The Rooster and Ox are your best signs.



Horse

1930, 1942, 1954, 1966, 1978, 1990, 2002, 2014

Popular and attractive to the opposite sex, you are often ostentatious and impatient. You need people. Marry a Tiger or a Dog early, but never a Rat.



Sheep

1931, 1943, 1955, 1967, 1979, 1991, 2003, 2015

Elegant and creative, you are timid and prefer anonymity. You are most compatible with the Boars and the Rabbits, but never the Ox.



Monkey

1932, 1944, 1956, 1968, 1980, 1992, 2004, 2016

You are very intelligent and are able to influence people. An enthusiastic achiever, you are easily discouraged and confused. Avoid the Tigers. Seek a Dragon or Rat.



Rooster

1933, 1945, 1957, 1969, 1981, 1993, 2005, 2017

A pioneer in spirit, you are devoted to work and quest after knowledge. You are selfish and eccentric. Rabbits are trouble for you. Snakes and Ox are fine.



Dog

1934, 1946, 1958, 1970, 1982, 1994, 2006, 2018

Loyal and honest, you work well with others. You are generous yet stubborn, and often selfish. Look to the Horse or Tiger. And watch out for Dragons.



Pig

1935, 1947, 1959, 1971, 1983, 1995, 2007, 2019

Nobel and chivalrous. Your friends will be life long, yet you are prone to marital strife. You should avoid other Boars. Marry a Rabbit or a Sheep.

Please send information/suggestions/photos for the next volume to:

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