

# THE ROTARY CLUB OF KATHMANDU MID-TOWN

Chartered 8 November 1989; Club ID: 26776, RI District 3292 Nepal-Bhutan; Zone 5 (Asia)



**BE THE  
INSPIRATION**

“We are men and women who believe in the power of community action to make a global impact — and together, we have the capacity and the resources to achieve almost anything. Globally, Rotary is more relevant than ever before, and its potential for good is vast. . . . we need to Be the Inspiration for positive change . . .to face today’s challenges head on, with courage, optimism, and creativity. As Paul Harris put it, “Rotary is a microcosm of a world at peace, a model which nations will do well to follow.” To me, Rotary is not only a model but an inspiration. It shows us what is possible, inspires us to reach for it, and gives us a path to act — and to Be the Inspiration to our world”

Barry Rassin  
President, Rotary International, 2018-19

# MEET THE BOARD FOR 2018–2019



**JO LOGGHE SHERPA**  
President



**NEEVA PRADHAN**  
President Elect



**BHAIRAJA PANDAY**  
Imm. Past President



**LISA CHOEGYAL**  
Vice President



**ARUN M. SHERCHAND**  
Secretary



**PRASUN JALAN**  
Joint Secretary



**BASUDEV GAUTAM**  
Treasurer



**ISA CB KHADKA**  
The Rotary Foundation



**WALTER DILLER**  
Club Administration



**SHYAM THAPALIYA**  
Membership



**WILLIAM MA**  
Public Relation



**PARAS SJB RANA**  
Service Projects



**C. LEKHA TULADHAR**  
Youth Service



**RABINDRA SHRESTHA**  
Sergeant-at-Arms

## EARTHQUAKE RELIEF ASSISTANCE

Over the past three years we have received funding from 51 Rotary Clubs around the world to provide earthquake relief assistance. We initially helped by supplying tarps and corrugated iron sheets immediately after the earthquake and we continue to follow-up with long-term reconstruction of schoolrooms, toilets, and alternative livelihoods options. Please see detailed information in our reports at <http://rotarymidtown.org.np/>



A recently completed and ongoing earthquake-related projects include the following:

- **Parbati School, Dhunghadka, Kavre** – reconstruction of classrooms in the primary section and a toilet complex.
- **NavaKiran Helpless and Orphaned Children Society** – refurbishing of an area approx. 500sq ft for orphaned, deprived, and disabled children at the. For this work, our main international partner was the Rotary Club of Livermore, USA.
- **Shree Amarpur Om Prasad Gautam Higher Secondary School in Gulmi** – reconstructing three+1 new, safe, child-friendly classrooms, a multipurpose covered hall and terrace for student activities and teachers' use, and a sanitary toilet block.
- **Shitaldanda Basic School, Ajirkot-3, Hansapur, Gorkha School** – toilet construction as part of a larger reconstruction effort.
- **Tistung Janata Primary School School** – a water supply project to replace the one damaged during the earthquake.
- **Phulchowki HS School, Thaiba** – a small project to plaster the roof to reinforce it.
- **Tri Ratna School, Bungamati** – a \$60K project that is still in the pipeline – it will support the reconstruction of 6 classrooms. Our main partner is RC Nanimo Daybreak, RID 5020, Canada, and the ERRRP of RID 3292.

## OUR YOUTH FORCE: ROTARACTS AND INTERACTS



The Rotaract Club of Kathmandu Mid-Town, was chartered on 16 February 1998. Over the past 19 years our Rotractors have been involved in numerous noteworthy projects and have received many RID 3292 and Rotary International accolades for their work. They have won the 'best club' award for the District on numerous occasions and two of our

Rotractors have gone on to become District Rotract Representatives (Rtr Samir Nepal and Rtr Saugat Gautam). In 2014 they were selected for and successfully hosted the Rotaract District Conference in Kathmandu; they were also awarded the Rotary International Peace Grant for their good work in providing a water supply system in Kavre District. But, most of all, our Rotractors need to be recognized for the outstanding, selfless work that they did and continue to do for the earthquake relief effort both in the immediate aftermath of the disaster and to this day. More recently, our Rotractors won second place at the RID3292 district awards for 2017-18. Follow them on Facebook at: Rotaractclubofktmmidtown.

Our Interact Clubs are our hope for the future, our Rotarians in training. They are young students who have been able to distinguish themselves by making creative use of their after school time and their small pocket money. Our Interacts at Mangal High School, Kirtipur, won the prestigious 2013 Grand Prize of the Rotary International Interact Video Competition for its video "Seeds of Change", and received a personal letter of recognition from the RI President. Our Interact Club at Jana Sewa HS school, Paanga won a 2014 Safe Water Topic Prize with its video "Little Hands Together".



Follow our Rotracts/Interacts on Facebook  
<https://www.facebook.com/Rotaractclubofktmmidtown>

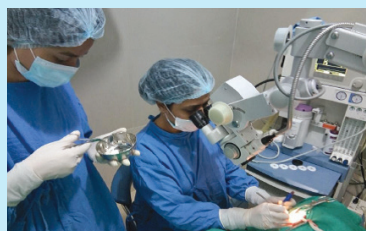




# HIGHLIGHTS OF RECENT PROJECTS



**Recently Completed:** Early years Education Support Project, Sindhupalchok, Nepal, (GG1529719) in collaboration with RC Ellon, District 1010, Scotland. This project provides ongoing support for improved teaching and educational standards to several schools of Irku, Kadambas and Sangachok in Sindhupalchok District, Nepal. The project is implemented through our partners at First Steps Himalaya. First Steps Himalaya—Giving children a childhood in the rural Himalaya.



**Ongoing:** Prevent Hearing Loss Among Nepalese Children (GG1637950) This year with the help of the Rotary Club of Potomac-Bethesda, RID 7620, USA, we helped to prevent hearing loss among Nepalese children by providing auditory screening and surgical equipment, by screening children for correctible ear problems, by providing ear surgery for children and by promoting increased awareness and prevention.



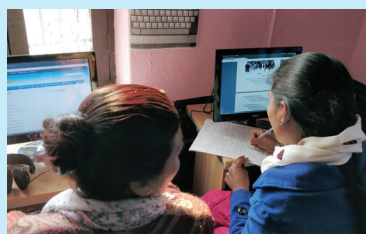
**Recently Started:** Simpani Gairigaon Lift Water Supply for Drinking and Sanitation (GG1754006) in collaboration with Masan-East Rotary Club (S.Korea). In May 2018, we were happy to welcome 13 visiting Rotarians from RC Masan East and RC Dasum, District 3722 Korea - the photo here shows they participated in the inauguration ceremony. It will bring water to more than 30 families in the village of Simapani (Dhading). These villagers lost their water supply when natural springs dried up because of the earthquake. This project will help to redirect water to their village so that they do not need to relocate. In May 2018, we were happy to welcome 13 visiting Rotarians from RC Masan East and RC Dasum, District 3722 Korea.



**Ongoing:** Women's Expanded Coffee and Vegetable Production, and Marketing for Post Disaster Livelihood Project. This project, in collaboration with our friends at the Rotary Club of Singapore, helps to develop opportunities for improved livelihood and food security of communities in Nuwakot District. These earthquake affected communities will learn: organic vegetable production; seed preservation; and enterprise development. Women's groups will learn now to grow winter crops particularly of organic vegetables and will develop the entrepreneurial and technical skills to successfully grow, harvest, process and market coffee in Kathmandu and regionally.



**Ongoing Yearly Project:** The Gift of Sight Eye Camp is an ongoing project conducted every year with the help of the Rotary Club of Singapore Garden City, Singapore in collaboration with the Tilganga Institute of Ophthalmology in Hetauda. This project annually brings a few hundred villagers from remote areas to the eye hospital for cataract surgery and eye care. To date, thousands of poor people have received the 'gift of sight' thanks to this generous donation.



**Digital Library Project:** The E-Pustakalaya digital library was successfully installed (complete with training of 34 teacher and 5 librarians) at the Shree Janata Model Secondary School (JVI) and Dhawal Pustakalaya in Tansen, Palpa. This project was carried out in collaboration with Rotary Club of Palpa who provided local coordination and with the Rotary Club of Salt Lake City who graciously provided funding.



## NEW: LOOKING FOR FUNDING



**SNAKEBITE PREVENTION AND AWARENESS PROJECT:** Snakebite is one of the most neglected public health issues in rural Nepal. Over the past two years we have made some initial efforts to alleviate suffering in this area by increasing awareness and an on-going campaign to distribute much-needed first-aid and prevention information. Our vision is of a Nepal where no one dies from snakebites. We have taken on the mission to share information with communities so that they are well-informed on how to prevent snakebites and know how to respond with appropriate first-aid when snakebites do occur. And, to share information with and to train healthcare workers so that they are well informed on treatment options.

**Status:** We have received some preliminary funding from RC Higashi Osaka-Nishi, Japan.





## A message from President Rtn. Jo Logghe

This year Rotary International embraces the theme 'Be the Inspiration'. How can we fulfill this? How can we be the inspiration? It is only by uniting as a family that we can inspire others to do the same. Let's let our fellowship help us to become "People of Action". This is what ROTARY means to me. So this year, we will work to make actions speak louder than words: let our words teach and our actions speak. Too often we are full of words but empty of action. Let us join hands to work together and in so doing, be the inspiration for a lot of people. For now, no more words, only a big thank you for your trust in me.

# Rotary



## PEOPLE of ACTION

### CLUB PROFILE

The Rotary Club of Kathmandu Mid-Town was chartered on the 8<sup>th</sup> of November 1989 with 26 members, three of whom were women – a landmark accomplishment on the very first year that Rotary International opened up its membership to women. Mid-Town was also the first 'breakfast' Club in Nepal. Everyone in the newly formed Club agreed to support the Rotary Foundation by becoming Paul Harris fellows; we have been recognized by Rotary International as a 100% Paul Harris Fellow Club.

Our Club has many outstanding members but a few deserve special mention. Our Past President **Rtn Ambica Shrestha** was the first woman in Nepal to become a Rotary President and she is also a 'Service Above Self' award winner. Our Past President **Yogendra Man Pradhan** was District Governor for RID3292 (2012-13).



In 2016, our Charter President **Dr Roop Jyoti** (left) helped us to score another 'first' when he became the first **Arch C. Klumph Society** Member in our District. He has now donated more than \$500,000 USD and is recognised as Chair's Circle Member.

**Sponsored Clubs:** the Rotary Clubs of New Road City and Pashupati; the Rotaract Club of Kathmandu Mid-Town (1998); the Interact Clubs of Kathmandu Mid-Town: Kirtipur; Paagna; and Thaiba; and the following Rotary Community Corps (RCC): RCC Lele in Lele VDC, Laitpur District (2008); Sooryapal Village Improvement Committee in Sooryapal VDC, Lamjung District (2013), and Samaj Sudhar Kendra Dhuwakot in Dhuwakot VDC, Gorkha District (2013).

**Actual Club strength:** Currently 45 members, of which 10 are women. Over the years, our Club has included members from many different nationalities such as: Belgium, Brazil, Canada, Denmark, Finland, Germany, Italy, Nepal, New Zealand, Switzerland, United Kingdom, and the United States of America.

**The Rotary Foundation:** RC KTM Mid-Town has received the Rotary International recognition as a 100% Paul Harris Fellow Club. Our Club has 14 Multiple Paul Harris Fellows and 3 Major Donors and an Arch C. Klumph Society Member. Total all time giving to TRF \$USD 633,235 (as of June 1, 2018).

**Past Presidents:** Dr. Roop Jyoti (1989-91); Late Anoop Rana (1991-92); Ambica Shrestha (1992-93); Anand Tuladhar (1993-94); Niranjan Man Pradhan (1994-95); Yogendra Man Pradhan (1995-96); Dr. Chandra Lekha Tuladhar (1996-97); Mani Dhoj Joshi (1997-98); Gopal Sundar Kakshapati (1998-99); Giridhar Lal Manandhar (1999-2000); William Ma (2000-01); Ajaya Ratna Sthapith (2001-02); Hartmut Bauder (2002-03); Jyotsna Shrestha (2003-04); Arun Man Sherchan (2004-05); Komal Chitrakar (2005-06); Chandra Kumar Golchha (2006-07); Walter Dillar (2007-08); RR Shrestha (2008-09); Subarna Joshi (2009-10); Late Pratap Malla (2010-11); Dr Som P. Pudasaini (2011-12); Devendra N. Gongol (2012-13); Saroj Shrestha (2013-14); Paras SJB Rana (2014-15); Shankar Sharma (2016-17); and Bhairaja Panday (2017-18).

Follow us at: <https://www.facebook.com/RotaryClubOfKathmanduMidtown/>

