



Breakfast chatter



Weekly bulletin of the Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

Sept. 17-23rd 2010

Vol. 12 of '10/'11

This week: a visit by our district governor



District governor's annual visit to Mid-Town

Be sure to attend this week's meeting when Mid-Town will be hosting the annual visit of our **District Governor Rtn. Tirtha Man Sakya**. On this annual occasion each Chair will have a chance to give a short report on the activities they have completed to date and what plans they have for the rest of the year.



News from Rotary International

RI Convention 2011

Join thousands of Rotarians in New Orleans for the 2011 RI Convention will be held 21-25 May 2011.






Register early to receive the best rates and accommodations, and *Let the Good Times Roll ...* experience the fellowship of Rotary at an international level.

Our own **PP Rtn. Ambica** will be a guest speaker at this event.



For most categories of attendees, the base price for the convention is US\$300. **15 December** is the first registration deadline. If you are planning to attend please let **PP CK know** so that he can put your name on the list.

calendar	
date	theme
<p>September is Rotary 'New Generation' Month</p> <p>It could be called "the month of our future" because investing in our youth is our future.</p>	
21 Sept.	 <p>International Day of Peace ("Peace Day") provides an opportunity for individuals, organizations and nations to create practical acts of peace on a shared date. It was established by a UN resolution in 1981 to coincide with the opening of the General Assembly.</p>
22 Sept.	<p>Indra Jatra</p> <p>The festival of Indra Jatra continues for eight days with much rejoicing, singing, dancing and feasting. People from all over Nepal gather at the Hanuman Dhoka in Kathmandu. The first day, a long wooden pole is erected in front of the ancient Royal Palace at Hanuman Dhoka, in order to propitiate Lord Indra, the "god of rain". Classical dancers also assemble at the spot, wearing different kinds of traditional masks and costumes and dance to celebrate Indra's visit.</p> <p>On the third day of the festival of Indra Jatra, the living goddess Kumari is taken out in a procession in a chariot. "Kumari", the "living goddess", is considered to be an incarnation of the goddess "Taleju". Chariots of Kumari, Ganesha and Bhairav are taken around the city.</p> 
23 Sept.	Rotary/Rotaract Literacy Project. Venue: 2:-4:PM Jana Sewa Higher Sec. School.
23 Sept.	Chief Guest: our DG Tirtha Man Shakaya (contact for details: aton_anil@yahoo.com)
23 Sept.	Autumnal equinox – first day of Fall
23 Sept.	Full moon
24 Sept.	Visit of DG Tirtha Man Sakya to RC KTM Mid-Town
27 Sept.	<p>World Tourism Day Since 1980, the United Nations World Tourism Organization has celebrated World Tourism Day on September 27. This date was chosen as on that day in 1970, the Statutes of the UNWTO were adopted. The adoption of these Statutes is considered a milestone in global tourism. The purpose of this day is to raise awareness and to demonstrate how it affects social, cultural, political and economic values worldwide.</p>  <p>The theme for 2010 is Tourism and Biodiversity</p>
1 Oct.	Rotary Club of New Road City is organizing its 2nd Rotary Mega Musical Nite-2010 great music from the "HEART BRAKERS BAND & Karaoke". Regal Ballroom - Hotel Yak and Yeti. For more information please contact Chairperson Dr. Harsha Ratna Shakya at Cell: 98510-21413 or upinc@wlink.com.np
1 Oct.	Mid-Town Guest Speaker will be Dr. Shree Ram Mathema
22 Oct.	Guest speaker for this day will be Mid-Towner Rtn. Lisa Choegyal how has recently been appointed Nepal's Honorary Consul to Nepal

last week's speaker



Saroj Dhital touches the sky with feet firmly on the ground

Mid-Town was delighted to have as its guest speaker this week **Dr Saroj P. Dhital**. Dr.Dital began his talk by reminding us of the Eastern proverb that *when you try to reach the sky make sure that your feet firmly planted on the ground*. He spoke to us of how in an ever more globalised world – we all have shared dreams – we all want to touch the same sky - one of the most basic among these is the dream for adequate health care. In Nepal the problem of poor health care is most severe in remote areas. This is a

problem that Nepal shares not only with the developing countries of Africa and South Asia but also with developed economies like Australia and Canada where vast territories, difficult terrain and inclement weather all conspire against health care delivery to sparse populations. Luckily, with the advent of ICT (information and communications technology) Nepal may be able to leapfrog many of the intermediate phases and help bring 21st century medicine to even villagers in remote mountain areas. He told us of a village in Dholaka where with the help of 'telemedicine' it was possible to retain trained physicians – now that they could consult on a regular basis with their professional colleagues in Kathmandu – they no longer felt the extreme isolation – to their benefit and to the benefit of their local patients. The added advantage of telemedicine is that it can be used not only to help patients but also to train local doctors, nurses and other health care professionals.

Dr. Dital has made this his calling and Mid-Town congratulated him on his dedication and his vision. We wish him all the best in future endeavours.



Mid-town news

Happy Birthday Mr. Charter President

Mid-Town wishes a very Happy Birthday to Rtn CP Dr. Roop (Sept. 21st). Since years back our CP has made it a habit to make a very generous donation to Rotary on the occasion of his birthday. Again this year he donated 10,000 Nrs + \$1000 USD to Rotary. He is already a major donor and this will be his 12th donation. Congratulations from all of us at Mid-Town and a very sincere 'many happy returns of the day'.





Rotaract News



A Special Thank-You to RC Landshut



Since 1994 RC Landshut German has had a special relationship with RC Mid-Town. The vision of our good friends at RC Landshut has always been ***"there is real happiness in helping the Nepalese children."*** Now, almost 20 years later we can look back and say that this happy relationship has yielded some very good fruits. The very ordinary government schools that RC Landshut took under its wing all of those years ago now have a very high level of academic excellence (some say – up to the level of private schools in Nepal) and a very good infrastructure. But, this is ongoing work and there is still more to be done and our support is greatly needed. Our work with RC Landshut embraces wholeheartedly this year's RI theme of "Building Communities — Bridging Continents." Let us extend to them a very special thank-you!

On Saturday September 11th, a group comprising of **Rtn. Santosh Gywali/Pres. Rtn. Rajeew Pokhrel** (RC KTM Metro), a friend Ted (USAID), Rtn PP Dr. Chandra Lekha Tuladhar, and 6 KTM Mid-Town Rotaracts headed out to Kirtipur to hand over three sets of Encyclopaedias to three area schools. Each encyclopaedia costs approx.

\$1000
USD --



this project is supported by RC KTM Metro, the Rato Bangala School and an international friend.

The schools who were chosen to receive the books have been known to RC Mid-Town since this is where we have been involved and strongly supported by RC Landshut Germany and by also many other international friends over the years.

The Rotary team received a warm welcome at the schools and many Interacts were also on hand to help celebrate this happy occasion.

Phulchowki Higher Secondary RC Mid-Town and Landshut have been working with this school since 1994. We have helped the school family develop the infrastructure and to streamline the facility to a higher standard and upgraded the education to 10+ 2. Today this institution offers a Bachelors course as well. After a gap of few years, this year our Mid-Town Rotaracts are going to adopt this school as their SAP area.





The gentleman in white (right) is one of the most active promoters of the school and the younger gentleman in white (left) is a graduate of the school and is its newly appointed chairperson. He recalled his early school days when every time a child entered the classroom he would slip because the ramshackle tin roof leaked. With the help of Rotary (starting in 1994) this and many other problems were solved – this year is the school's **Golden Jubilee** .

Jana Sewa Higher Secondary School/Paanga

Mid-Town has worked with the school family since 1996 to develop the infra structure, streamlin the facility to a higher standard and upgrade the education to10+ 2 . Under the guidance of Dr Chandra Lekha Tuladhar it has been the SAP area of the Rotaracts of KTM



Mid-Town for many years. Chairperson **Madhav Maharjan** pointed that while 9/11 often recalls disaster but on this happy day it was auspicious for many reasons: the school was receiving educational support, for Hindu women it was the occasion of Teej. This school boasts the 2nd Interact club of KTM Mid-Town and is very proud of them (and so are we!) The Chairperson is quoted as saying, "Let us be positive and work for a better tomorrow." The afternoon was a happy celebration of ***Building Communities — Bridging Continents***"

Mangal Higher Secondary school/Kirtipur we have worked with the school family since 1997 to develop the infrastructure, streamline the facility to a higher standard and to get them up to the 10 + 2 level. Today this school is a multiple campus offering Bachelor course as well. Under the guidance of Dr Chandra Lekha Tuladhar MHSS has been



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Ktm Mid-Town for many years It also boast of one of the first Interact club in our Rotary District 3292 – our own Interact Club of KTM Mid-Town that is active and is in existence since its establishment .





Interact News

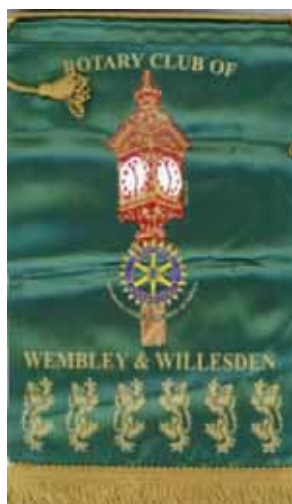
Meet this year's ROT A QUIZ team



Mid-Town is happy to announce this year's Rota Quiz team: with **PP Rtn. RR** as the team leader, and team members Rtns. Saroj, Rabi, Pabitra, and PP Yogendra. We should have all the bases covered since the Rota quiz consist of not only RI knowledge but also Rotary Nepal info– we have a great balance and should be able to put on a good showing. OK, ROTA Mid-Town -- let's get to work on cramming!



Mid-town news



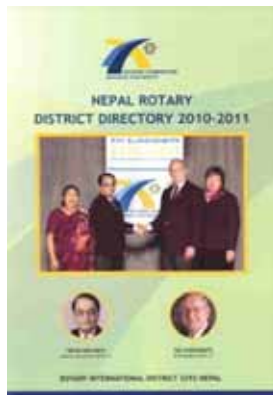
Welcome back IPP Rtn. Subarna

This week Mid-Town was happy to welcome back **IPP Rtn. Subarna** who has been on a month-long visit of England and Scotland. While there he attended a meeting of the **RC Wembley and Willesden** who hold their meetings on Monday at 6.15 p.m. for 6.30 p.m. at The Plaza Hotel, Empire Way, Wembley (in greater London).





district news

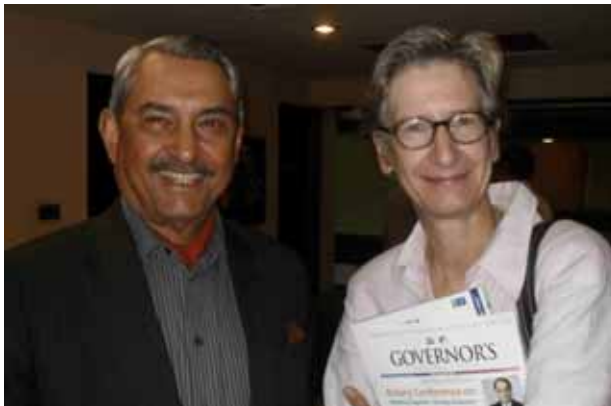


Nepal Rotary District Directory 2010-2011

The new Nepal Rotary District Directory 2010-2011 is now available. Have you misplaced a phone number? Need to know when a meeting is on? Forgotten some important Rotary deadline? No need to worry it is all neatly summarised in this bright new directory.

Make sure that you collect your copy from Mr. Dahal.

Mid-town guest



A Welcome to the General

This week Mid-Town was glad to have as its guest **Ret. Gen. Thapa** who is an old mentor and friend of our Pres. Rtn. Pratap. Gen. Thapa is seen her at the left with **HE Rtn. Verena** who has recently returned from travel and work obligations in Europe. Welcome and welcome back!

On the lighter side

"A fellow who does things that count, doesn't usually need to stop to count them."

-- *Albert Einstein*

A THOUGHT FOR TODAY:

For all our conceits about being the center of the universe, we live in a routine planet of a humdrum star stuck away in an obscure corner ... on an unexceptional galaxy which is one of about 100 billion galaxies. ... That is the fundamental fact of the universe we inhabit, and it is very good for us to understand that.

-*Carl Sagan, astronomer and writer (1934-1996)*

Mid-town humor



Now, inhale deeply, Mr. Shrestha.

Please send information/suggestions/photos for the next volume to:

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