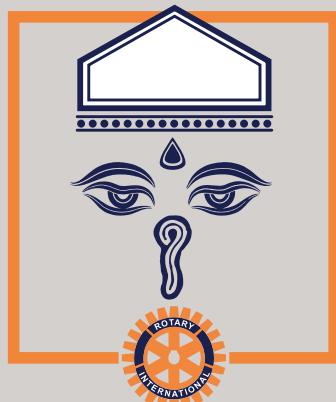


ROTARY CLUB OF KATHMANDU MID-TOWN

Chartered 8 November 1989; Club ID: 26776, RI District 3292 Nepal-Bhutan; Zone 5 (Asia)
Friday mornings at 7:30 AM, Hotel de l'Annapurna. Meetings are conducted in English.



CELEBRATING 28 YEARS IN ROTARY



**ROTARY:
MAKING A
DIFFERENCE**

“

In 2017-18, we will answer the question “What is Rotary?” with the theme Rotary: Making a Difference. However each of us chooses to serve, we do it because we know our service makes a difference in the lives of others. Whether we are building a new playground or a new school, improving medical care or sanitation, training conflict mediators or midwives, we know that the work we do will change people’s lives – in ways large and small – for the better. Whatever motivation each of us had for joining Rotary, it is the satisfaction we find in Rotary that causes us to remain, the satisfaction of knowing that week by week, year by year, we are part of Rotary: Making a Difference.

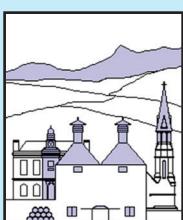
”

Ian H.S. Riseley President, Rotary International, 2017-18

HIGHLIGHTS OF RECENT PROJECTS

Earthquake Relief Assistance

Over the past two years we have worked together with 51 Rotary Clubs from around the world to provide earthquake relief assistance. We supplied tarps and corrugated iron sheets immediately after the earthquake and we continue to follow-up with long-term reconstruction of schoolrooms, toilets, and alternative livelihoods options. Please see detailed information in our reports at <http://rotarymidtown.org.np/>



This collaboration with **RC Oldmeldrum, Scotland (GG1529719)** provides ongoing support for improved teaching and educational standards to several schools of Irku, Kadambas and Sangachok



in Sindhupalchok District, Nepal. The project is implemented through our partners at. **First Steps Himalaya — Giving Children a Childhood in the Rural Himalaya**



Preventing Hearing Loss Among Nepalese Children This year with the help of the **Rotary Club of Potomac-Bethesda (GG1637950)** we will be helping to prevent hearing loss among Nepalese children by providing auditory screening and surgical equipment, by screening children for correctible ear problems, by providing ear surgery for children and by promoting increased awareness and prevention.



Women's Expanded Coffee and Vegetable Production, and Marketing for Post Disaster Livelihood (GG1757580)

This project, in collaboration with the **Rotary Club of Singapore**, will develop opportunities for improved livelihood and food security of communities in Nuwakot District. These earthquake affected communities will learn: organic vegetable production; seed preservation; and enterprise development. Women's groups will learn how to grow winter crops particularly of organic vegetables and will develop the entrepreneurial and technical skills to successfully grow, harvest, process and market coffee.



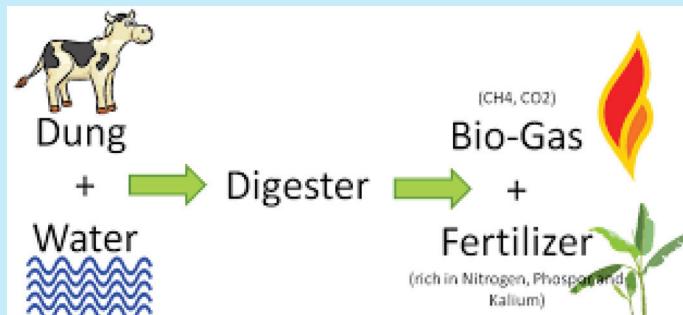
Chartered 1930
Rotary Club of Singapore



Recently Completed: Health, Hunger and Humanity (3-H) Grant (#59787) For more than a decade, we worked together with the **Rotary Club of Mount-Everest** and in collaboration with **RC Darmstadt-Bergstraße RID-1860 Germany**. In all, 52 girls from 10 remote districts of Western Nepal are now Auxiliary Nurse Midwives (ANMs) and have established clinics in their communities.



This biogas project (**MG 79679**) in collaboration with the **RC Borken (Germany)** will help to provide domestic bio gas and fertilizer for 90 households in Parsauni village, Nawalparasi.



The Simpani Water Project — an Economic Sustainability Project (GG1754006) in collaboration with **Masan-East Rotary Club (S. Korea)**. It will bring water to more than 30 families in the village of Simapani (Dhading).

These villagers lost their water supply when natural springs dried up due to the earthquake. This project will help to redirect water to their village so that they do not need to relocate.



ONGOING YEARLY PROJECTS

The **Gift of Sight Eye Camp** is an ongoing project conducted every year with the help of the **Rotary Club of Singapore Garden City** in collaboration with the Tilganga Institute of Ophthalmology in Hetauda. This project annually brings a few hundred villagers from remote areas to the eye hospital for cataract surgery and eye care. Over the past decade, thousands of poor people have received the 'gift of sight' thanks to this generosity.



An ongoing multi-year collaboration with **RC Higashi Osaka-Nishi, Japan** provides a small annual gift that makes possible vocational training and other directed projects.



NEW

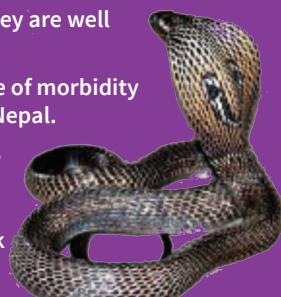
Snakebite Prevention and Awareness Project: Snakebite is one of the most neglected public health issues in rural Nepal.

Our vision: A Nepal where no one dies from snakebites.

Our Mission: To share information with communities so that they are well-informed on how to prevent snakebites and know how to respond with appropriate first-aid when snakebites do occur. And, to share information with and to train healthcare workers so that they are well informed on treatment options.

Our Goal: To reduce the occurrence of morbidity and mortality due to snakebite in Nepal.

Status: Over the past two years we have made some initial efforts in this area. We are now looking for a Global Grant partner who will work with us.



THE ROTARY CLUB OF KATHMANDU MID-TOWN BOARD FOR 2017-2018



BHAIRAJA PANDEY
President



JO LOGGHE SHERPA
President Elect



SHANKAR SHARMA
Imm. Past President



USA CHOEGYAL
Vice President



PRASUN JALAN
Secretary



ANJA RASMUSSEN
Joint Treasurer



AJAY STHAPIT
Treasurer



ISA C B KHADKA
Rotary Foundation



WALTER DILLER
Club Administration



MANI DHOJ JOSHI
Membership



RANJIT ACHARYA
Public Relation



PARAS SJB RANA
Service Projects



C. LEKHA TULADHAR
Youth Service



PRAMOD PADEL
Sergeant-at-Arms



SRI KRISHNA DAHAL
Executive Secretary



OUR YOUTH FORCE: ROTARACTS AND INTERACTS



The Rotaract Club of Kathmandu Mid-Town, was chartered on 16 February 1998. Over the past 19 years our Rotaractors have been involved in numerous noteworthy projects and have received many RID 3292 and Rotary International accolades for their work. They have won the 'best club' award for the District on numerous occasions and two of our Rotaractors have gone on to become District Rotaract Representatives (Rtr Samir Nepal and Rtr Saugat Gautam). In 2014 they were selected for and successfully hosted the Rotaract District Conference in Kathmandu; they were also awarded the Rotary International Peace Grant for their good work in providing a water supply system in Kavre District. But, most of all, our Rotaractors need to be recognized for the outstanding, selfless work that they did and continue to do for the earthquake relief effort both in the immediate aftermath of the disaster and to this day. Follow them on Facebook at: [Rotaractclubofktmmidtown](https://www.facebook.com/Rotaractclubofktmmidtown).

Our Interact Clubs are our hope for the future, our Rotarians in training. They are young students who have been able to distinguish themselves by making creative use of their after school time and their small pocket money. Our Interacts at Mangal High School, Kirtipur, won the prestigious 2013 Grand Prize of the Rotary International Interact Video Competition for its video "Seeds of Change", and received a personal letter of recognition from the RI President. Our Interact Club at Jana Sewa HS school, Paanga won a 2014 Safe Water Topic Prize with its video "Little Hands Together".



A MESSAGE FROM THE PRESIDENT



During the Rotary year 2017-18 we will work with the theme 'Rotary: Making a Difference' by rededicating ourselves to the core values of Rotary and uniting all members around it. Service to the needy has to remain our foremost priority. We need to stop getting bogged down in procedures. Any new idea that meets the four-way test needs to be quickly picked up and implemented. All members need to feel included and empowered to serve. We need to provide the highest level of service to our beneficiaries and we need to ensure that our members feel on top of the world when they work and commit to 'service above self'. This is my hope and prayer for my year as President of this outstanding Club. **Bhairaja Panday, Pres. 2017-18**

CLUB PROFILE



The Rotary Club of Kathmandu Mid-Town was chartered on the 8th of November 1989 with 26 members, three of whom were women – a landmark accomplishment on the very first year that Rotary International opened up its membership to women. Mid-Town was also the first 'breakfast' Club in Nepal. Everyone in the newly formed Club agreed to support the Rotary Foundation by becoming Paul Harris fellows; we have been recognized by Rotary International as a **100% Paul Harris Fellow Club**.



Our Club has many outstanding members but a few deserve special mention. In 2016, our Charter President **Dr Roop Jyoti** helped us to score another 'first' when he became the first Arch C. Klumph Society Member in our District (above). Our Past President Rtn **Ambica Shrestha** (right) was the first woman in Nepal to become a Rotary Club President and she is also a 'Service Above Self' award winner. Our Past President **Yogendra Man Pradhan** (left) was District Governor for RID3292 (2012-13).

Sponsored Clubs: the **Rotary Clubs** of New Road City and Pashupati; the Rotaract Club of Kathmandu Mid-Town (1998); the **Interact Clubs** of Kathmandu Mid-Town: Kirtipur; Paagna; and Thaiba; and the following **Rotary Community Corps** (RCC): RCC Lele in Lele VDC, Laitpur District (2008); Sooryapal Village Improvement Committee in Sooryapal VDC, Lamjung District (2013), and Samaj Sudhar Kendra Dhuwakot in Dhuwakot VDC, Gorkha District (2013).

Our Club: Currently 51 members, of which 13 are women. Our Club includes members from many different nationalities such as Belgium, Brazil, Canada, Denmark, Finland, Germany, Italy, Nepal, New Zealand, Switzerland, UK and USA.

The Rotary Foundation: We are a 100% Paul Harris Fellow Club. Our Club has 14 Multiple Paul Harris Fellows and 3 Major Donors and an Arch C. Klumph Society Member. Total all time giving to TRF \$USD 460,435 (as of 19 June 2017).

Past Presidents: Dr. Roop Jyoti (1989-91); Late Anoop Rana (1991-92); Ambica Shrestha (1992-93); Anand Tuladhar (1993-94); Late Niranjan Man Pradhan (1994-95); Yogendra Man Pradhan (1995-96); Dr. C. Lekha Tuladhar (1996-97); Mani Dhoj Joshi (1997-98); Gopal Sundar Kakshapati (1998-99); Giridhar Lal Manandhar (1999-2000); William Ma (2000-01); Ajaya Ratna Sthapith (2001-02); Hartmut Bauder (2002-03); Jyotsna Shrestha (2003-04); Arun Man Sherchan (2004-05); Komal Chitrakar (2005-06); CK Golchha (2006-07); Walter Dillar (2007-08); RR Shrestha (2008-09); Subarna Joshi (2009-10); Late Pratap Malla (2010-11); Dr Som Pudasaini (2011-12); Devendra Gongol (2012-13); Saroj Shrestha (2013-14); Paras SJB Rana (2014-15); and, Shankar Sharma (2016-17).