



Breakfast Chatter

Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 08 Nov. 1989



March 31st, 2009





Weekly Bulletin

Vol. 36 of '08/'09

This week's speaker

To be announced.

Calendar

Date	Theme
April 3 rd -5 th	 <p>First District Conference of Rotary International District 3292, Nepal, Venue: Nepal Academy, Kamladi</p> 
April 3 rd	 <p>Ram Nawami Ram Nawami is celebrated as Lord Ram's Birthday and is celebrated with much pomp at the Janaki temple in Janakpur. Huge processions of elephants, bullock carts and sometimes upto 100,000 pilgrims go through the city, dancing and singing the Lord's praises. In Kathmandu people go to temples to pay homage and in Bhaktapur the festival is celebrated at a temple on the bank of the river Hanumante with idols of Ram and his loyal servant Hanuman.</p>
April 7 th	<p>World Health Day World Health Day 2009 focuses on the resilience and safety of health facilities and the health workers who treat those affected by emergencies. Events around the world will highlight successes, advocate for safe facility design and construction, and build momentum for widespread emergency preparedness.</p>
April 10 th	Presentation by Jaycee team.
April 11 th	Inter-City Meet (on the topic of water – for more details see PP Rtn. Lekha)
April 12 th	 <p>Easter is the most important religious feast in the Christian liturgical year. Many cultural elements, such as the Easter Bunny and Eggs, are part of the holiday's modern tradition, celebrated by Christians and non-Christians alike.</p>
April 17 th	Ms. Neeva will talk on "Stress Management & the Art of Living".

Rotarians on-line

Social networks help you find thousands of Rotarians online

Rotary International News -- 19 March 2009 (adapted)

Join Rotary International on [Facebook](#), [Twitter](#), [LinkedIn](#), and [YouTube](#). Here you can find videos, news, discussions, and thousands of other people from around the world interested in Rotary.

Social networking sites aren't just for teens and people in their 20s. The greatest growth in Facebook comes from people ages 35-49. And from December 2007 to December 2008, Facebook experienced more growth in visitors ages 50-64 than those under age 18, according to a new Nielsen report called "[Global Faces and Networked Places](#)."

New Mid-Towners

This week Mid-Town was please to welcome two new members, long-time Rotarian Dr. Alexander Spachis and newcomer Dr. Shankar Sharma. Both new Mid-Towners we joined by their spouses on this happy occasion. PP William and President RR did the honours.

Mid-Town wishes them all good luck in their endeavours and looks forward to working with them over the coming years.



Greetings from Nevada RC Nevada City 49ers Breakfast Club

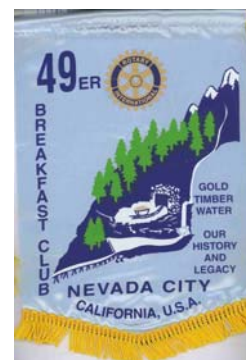
Nevada City 49ers stay in touch with Mid-Town

The International Avenue of Service Committee of the 49er Breakfast Rotary Club of Nevada City (former Mid-Towner Larry Meek's Club) voted to donate \$1000 to girls for their uniforms, so they may attend



the Tistung schools. Mr. **Upendra Singh**, of their Club was in Kathmandu and together with Mid-Towners visited the schools and talked with Headmaster Dharma Lal and the girls who will receive the

scholarships. This week he attended the Mid-Town meeting and brought a flag to share. This kind donation by the 49ers will provide some 127 students with scholarships and supplies.



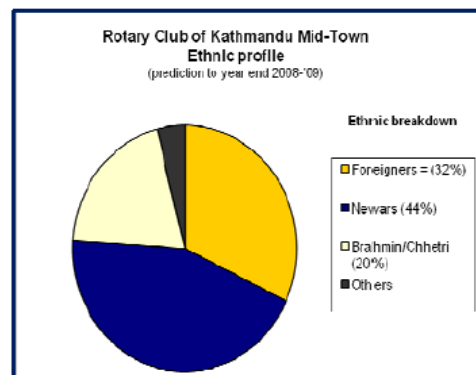
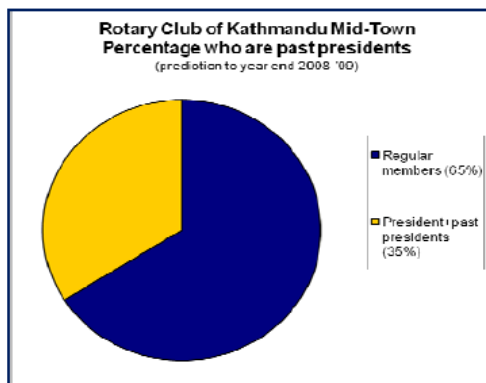
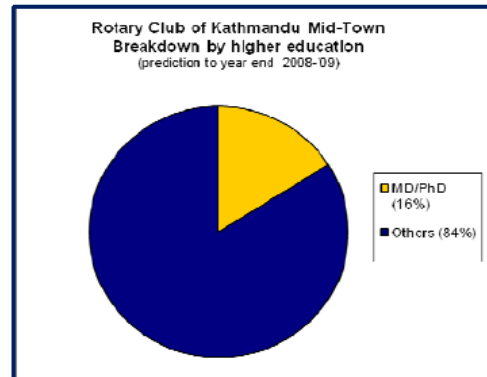
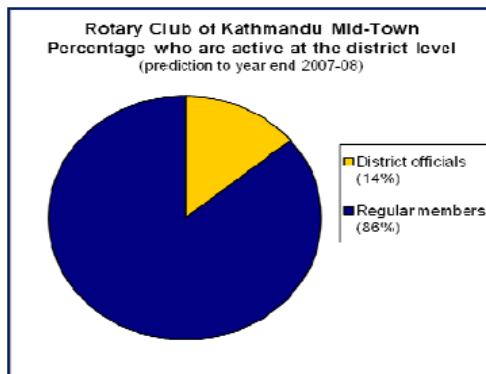
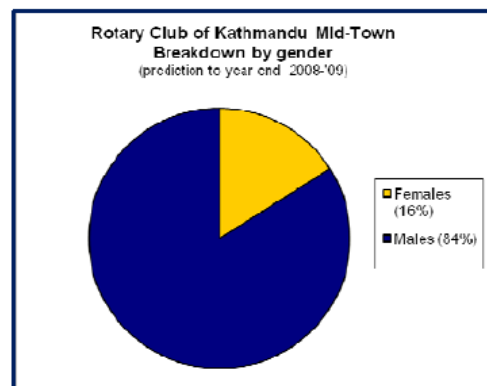
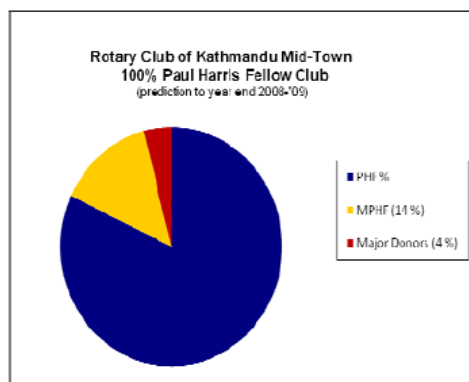
Mid-Town Statistics

It is that time of year again when we review Mid-Town's membership statistics.

The statistics do not change much from year-to-year and it is interesting to note that even as members leave and new members join that the profile of the Club stays relatively constant.

Mid-Town remains exceptional in being a 100% Paul Harris Fellow Club – with 14% multiple Paul Harris Fellows and 2 Major Donors. It also has a very high percentage of female members (16%) --this is possibly the highest in Nepal (with the exception of one club in Biratnagar and the Shanti Club in Kathmandu that have exclusively female membership). Mid-Town also has a very high percentage of non-Nepali members (32%) and a very high percentage of MD/PhD members (16%). As one of Nepal's more mature Clubs, Mid-Town also has a high percentage of past presidents (35%) and a high percentage of members involved at the District level (14%).

Here are the pie charts – have fun looking them over and drawing your own conclusions!



Rotary Centers have potential to change the world

By Arnold R. Grahl Rotary International News -- 19 March 2009 (adapted)



Colin Spurway (left), of Scotland, a 2003-05 Rotary World Peace Fellow, visits a field to learn about crops during his work with Mercy Corps. Spurway, now a manager with BBC World Service Trust, recently spoke to regional Rotary Foundation coordinators urging them to give the Peace Fellowships program a higher profile. *Photo Courtesy of Colin Spurway*

The Rotary World Peace Fellowships program makes a difference.

Colin Spurway, a 2003-05 peace fellow, says the program equipped him to make the world a more peaceful, just, and sustainable place.

Speaking to regional Rotary Foundation coordinators (RRFCs) during a training meeting in Chicago, Spurway thanked The Rotary Foundation for its support of the [Rotary Centers for International Studies in peace and conflict resolution](#), and he urged the RRFCs to promote them.

"Only Rotary has the combination of financial capacity, internationalism, patience, and worldview to invest in something as imaginative, hopeful, progressive -- but intangible -- as peace," he said.

Spurway, a native of Scotland, added that peace is not a goal that can simply be checked off a list. "Peace is a continuing process. It is slow, long-term work."

In introducing Spurway to the RRFCs, Duane Sterling, Rotary Centers Committee member and aide to the RI president-nominee, suggested that the peace studies program receives less publicity than it deserves.

"The Rotary Centers come in right behind polio in priority," said Sterling. "But we are not giving it the kind of attention we need to be giving it. The program has one of the greatest potentials to change the world for generations to come."

Spurway studied at the Rotary Center at the University of Queensland and spent his fourth semester at the University of California, Berkeley.

"My experience of the fellowship was made particularly rich by the semester in Berkeley,"

Spurway told the RRFCs. "But I know that I speak for the overwhelming majority of alumni when I say that the fellowship has proven to be of great value after graduation."

After managing peace-building and development programs for international charities in South and Central Asia, Spurway now works for the [BBC World Service Trust](#) in London as a manager for international development projects in Bangladesh.

He said the peace studies program contributes substantially to Rotary's image. It is also a feather in the cap of the participating universities.

Eddie Blender, Rotary Centers Major Gifts Initiative chair, said US\$40 million has been raised toward the goal of creating a [\\$95 million endowment fund by 2015](#) to sustain the program. Alluding to a famous speech that Robert F. Kennedy made at the University of Cape Town, South Africa, in 1966, Blender called the approximately 400 graduates of the program "our ripples of hope. With them and with our peace centers, peace is possible."

Greetings from RCs abroad



Dear RC Mid-Town,

It was such a joy to be able to attend your Rotary Club, I felt so very welcomed.

I was really impressed with your members, I could tell you were all very dedicated and had made the commitment to Rotary for a better world.

Thank you for breakfast and the opportunity to exchange flags. One of my favorite things to do as a Rotarian is to be the Ambassador from the U.S.A. as a Rotarian and meet people from all over the world. It was wonderful to

meet all of you and share your experiences. Your club is really making a difference with all your projects, you are to be commended.

You will be seeing me again, the exact date is to be determined at a later time.

Meanwhile keep up the good work and bless all of you!

Regards,

Mary Rohlifing

RC Anchorage East (ALASKA), Past President 2006-2007

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Dear Mid-Town,

Children's Medical Aid Foundation (CMAF) has supported Phect-Nepal's Plastic Surgery outreach program based at Kathmandu Model Hospital for the past 4 years. Each year, CMAF sponsors 100 corrective surgeries for children with congenital defects. Our association with Phect Nepal has been very rewarding and now we wish to do more.

In 2008 Children's Medical Aid Foundation partnered with Phect-NEPAL to improve the availability and quality of health care for women, children and trauma victims in Eastern Nepal. We are building a 50 bed hospital in Itahari to serve the needs of the community and neighboring districts. The hospital is in close proximity to the main East-West highway intersection to better serve automobile accident victims and trauma patients with immediate care and transfer to a higher level medical center when indicated. Our goal is to complete the hospital in 3 to 4 years with some outpatient services available in 1 year. Every consideration has been given to create an environmentally and financially sustainable hospital. We expect the hospital to operate independent of outside funds within 5 years of its completion.

The Biratnagar Downtown Club, Biratnagar Club and the Itahari Club are in close proximity to the hospital project and have been extremely supportive. One Rotarian from each of these clubs will join the Itahari Hospital Construction Committee, formed to insure progress of the project and move it forward towards completion. The committee will discuss and make decisions relating to the building process and will monitor funds to insure transparency of all financial matters. Rotary is a welcomed partner in providing quality medical care for the poor people of Nepal. We will pursue International Rotary Grants and District Rotary Grants during the course of our project partnering Nepalese Rotary Clubs with Rotary Clubs around the world. Ra! Ra! Rotary.

Best,

Carol Vernal

PP RC Sonoma Valley, Calif.



Predictions for 2066 from Keshav Mangal Joshi

A few weeks ago the well-known astrologer Keshav Mangal Joshi graced Mid-Town with his presentation and also took the time to make some predictions for the coming year 2066. Here are some of the highlights from his presentation. The whole presentation is now with ISA but it is a 2MB file – please let me know if you would like to receive it.



ASTROLOGY AND NEW YEAR 2066 !!!

Keshav Mangal Joshi

WHAT DOES THE CHART INDICATE FOR THE YEAR 2066 ?

- * SUN IN 4TH HOUSE: REAL ESTATE BOOM; GOOD HARVESTING.
- * MOON IN 11TH HOUSE: PROGRESS IN EDUCATIONAL FIELD; POSSIBILITY OF A MAJOR ACCIDENT (RAILWAY OR AIR).
- * MARS IN 2ND HOUSE: INCREASE IN TAXES; LIKELY PROBLEMS IN STOCK MARKET SECTOR; SEEMINGLY A TOUGH YEAR FOR RICH & FAMOUS.

- * MERCURY IN 4TH HOUSE: MORE GOVERNMENT BUILDINGS & OTHER INFRA STRUCTURE WILL BE BUILT; PROGRESS IN ARCHITECTURE FIELD.

- * JUPITER IN ASCENDANT: THE NATION WILL TAKE A SIGNIFICANT POSITIVE STEP; PROBLEM LIKELY IN RELIGIOUS FRONT.

- * VENUS IN 2ND HOUSE: NEW BUSINESSES & INDUSTRIES WILL BE INITIATED; GOOD FOR BANKING & TRADE; TAXES & REVENUES COLLECTION WILL INCREASE

- SUN MOVES INTO BETELGEUSSE IN GEMINI (ARDRA) ON 22ND JUNE; RAIN STARTS.

- * SATURN IN 8TH HOUSE: A POWERFUL & OLD POLITICIAN MAY VANISH FROM THE SCENE; A MAJOR PROBLEM MAY OCCUR IN HEALTH FRONT.

- MARS (PLANET OF VIOLENCE) MOVES INTO THE INNER CORE OF NEPAL'S CHAKRA ON 4TH APRIL . VIOLENCE IS LIKELY TO INCREASE. WILL LAST TILL 10TH OF MAY

ASTROLOGY AND NEW YEAR 2066

- *Zodiac Signs (Constellations), Ascendant & Horoscopes
- *Geo-Centric/Helio-Centric.
- *Lunar Sign/Sun Sign.
- *Longitude of Planets. (The New Year)
- *Some likely Results due to Planetary Positions.

- SIMILAR SITUATION LIKELY FROM 9TH AUG TO 20TH SEPT 2009.

- JUPITER (PLANET OF WISDOM) PRESENTLY STAYING OUTSIDE OF INNER CIRCLE. WILL ENTER ONLY ON MAR 15, 2010. GOOD SENSE IS LIKELY TO PREVAIL ONLY THEN.

Gift of Life



Rotary helps to mend a broken heart

Submitted by PP C.K. Golchha

Three years ago, **Anisha Thapa** (then age 9 yrs), was diagnosed of a condition known as a 'hole' in the heart. Anisha's family is economically disadvantaged and her parents could not afford the needed surgery. Her family tried to postpone the operation and, in the meanwhile, tragically, Anisha's father passed away. The chances for her operation then became very remote as he was the family's sole breadwinner.

Rotary's **Gift of Life** program, a joint collaboration between Rotary India and Rotary Nepal, offers free-of-cost heart surgery (in Delhi) for children under the age of 18 years. PP CK and his sister-in-law Seema brought it to the attention of Anisha's family and helped with the logistics. Rtn. ADG Dr. Anil Shrestha in Kathmandu made the needed arrangements for Anisha to have the VSD closure operation. The 4-hour operation was performed in Feb. 2009 at the National Heart Institute, East of Kailash, New Delhi by Dr O.P.Yadav and Dr Jagmohan Singh.

Thanks to Rotary's **Gift of Life**, Anisha is now back in Kathmandu and is hale and hearty.

Happy Birthday Greetings



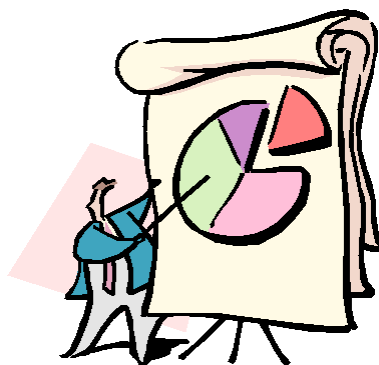
HAPPY BIRTHDAY

PP Mani graciously accepted birthday good wishes from Mid-Town – and followed up with warm sunshine.

We all wish him many happy returns of the day.



Mid-Town Humor



Please send information/suggestions/photos for the next volume to:

Breakfast Chatter editor: Dr. Isabella C. Bassignana Khadka at email: isa@mos.com.np