



breakfast chatter



Weekly bulletin of the Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 8 Nov. 1989

Week of July 9th -15th, 2010

Vol. 2 of '10/'11

थोडो वडेरंडे इफेकर



The triple bottom line approach

Mr. Buddha Laishram, who is now Vice President of Marketing for Surya Nepal, has spent the past 28 years working with ITC Ltd*. He will share his experiences on the topic of ITC Limited's India; (his parent company and promoters of Surya Nepal) and will focus on the corporate vision of sustainability to be achieved through a triple bottom line approach.



*ITC Limited,^[1] is an Indian conglomerate with a turnover of US \$ 6 billion. It ranks third among India's private sector corporations. The company was formerly known as Imperial Tobacco Company of India Limited.

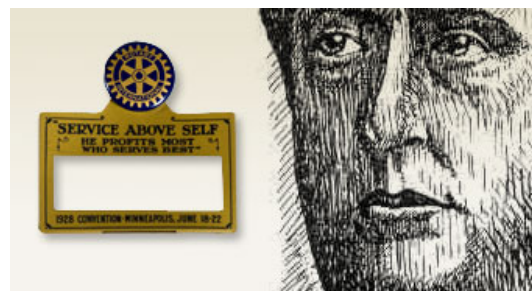


वेदो पुरा कठज?



Rotary mottoes

By Frederick Sheldon (adapted)

Rotary's official mottoes, Service Above Self and One Profits Most Who Serves Best, trace back to the early days of the organization. In 1911, He Profits Most Who Serves Best was approved as the Rotary motto from a speech made by Rotarian Arthur Frederick Sheldon who declared that "only the science of right conduct toward others pays. Business is the science of human services. He profits most who serves his fellows best". The 2010 Council modified this to its current wording, One Profits Most Who Serves Best.



calendar

date	theme
11 July	New moon 19:40 GMT
14 July	Bastille Day , the French national holiday, is formally called La Fête Nationale . It commemorates the 1790 storming of the Bastille fortress-prison and is seen as a symbol of the uprising of the modern nation. 
15 July	 Chokhor Duchen 1 st turning of the wheel of dharma at Sarnath
22 July	Visit of RC KTM Mid-Town to Lele - Chief Guest DG Tirtha Man Shakya 7 AM departure from Hotel Annapurna The visit will start at the Saraswoti Higher Secondary School, a visit to the computer room, inauguration of toilets, giving scholarships to 20 deserving students, etc... If you plan to attend please drop a note to Pres. Pratap (pratapmalla@yahoo.com) who will arrange the logistics.
22 July	1st Board Meeting (Board members please let Yo know if you will be attending.)
23 July	Guest Speaker Jan Salter (topic to be announced)
6 Aug.	1st Club Assembly of the year (please note Rotarians only)
24 Sept.	Visit of DG Tirtha Man Shakya to RC KTM Mid-Town

last week's in-house speaker

Mid-Towner, HE the German Ambassador, **Verena Gräfin von Roedern**, gave a short presentation on the Basic Law for the Federal Republic of Germany (German: Grundgesetz für die Bundesrepublik Deutschland) which is the constitutional law of Germany.

Rtn. Verena, who is by training a lawyer, explained that the German word Grundgesetz may be translated as either Basic Law or Fundamental Law (Grund is cognate with the English word ground). The term Verfassung (constitution) since this was considered a provisional constitution and the drafters would not prejudice the decisions of a future reunified Germany to adopt a constitution. After reunification, the Basic Law remained in force, having proved itself as a stable foundation for the thriving democracy in West Germany. Rtn. Verena went to some lengths to explain how this document had been forged by going to great lengths to try not to repeat the mistakes of the past. Moreover, this document which is, with only minor modification, still in vigour today had been drafted in under a year's time. Maybe Nepal can learn some lessons here?

A lively question and answer session ensued and Pres. Pratap presented the speaker with a certificate of appreciation.





लोदी-टाउन नएलई

Meet the team for 2010-2011



Pratap Malla
President 2010-2011



Subarna B Joshi,
Immediate PP



Som Pudasaini,
President elect



Alex Spachis, Vice
President



Amar Panta
Chair - Service
Project



Pabitra Rayamajhi
Joint Secretary



Govinda Chipalu
Chair - Administration



Onuora Daniels,
Secretary



Jo Logghe
Treasurer



Rabi
Karmacharya
Chair -
Membership



Pramod Poudel,
Chair Public
Relations



PP Jyotsna
Shrestha
Chair - Events



Sharmila Mainali
Sergeant-at-Arms



Saroj Shrestha
Chair - Rotary
Foundation

Support to the Board for 2010-2011



Navyo Eller
Web Master



PP C. Lekha
Tuladhar
Rotaract Mentor



Isabella Khadka,
Breakfast Chatter



Mr. Dahal
Executive
Secretary

Mid-Town bags District Governor's Citation Awards

This week Pres. Pratap was pleased to dispatch some unfinished business from the Rotary year 2009-2010. He handed out several District Governor's Citation Awards 2009-2010.

Mid-Town received awards in recognition for its good work in water projects, weekly bulletin, etc... The photo at the right shows PP Gopal accepting the award in recognition of having taken the initiative in hosting the GSE team from California District 5260, USA. Congratulations to all for their good work.



on the lighter side

We must believe in luck. For how else can we explain the success of those we don't like?
- Jean Cocteau, *French dramatist, director, and poet (1889 - 1963)*



Association of the Welfare of the Blind (NAWB) library in Kathmandu, Nepal!

To date over 1,000 boxes of Braille books have been sent to the library by TRIFC.org to be read and enjoyed by blind/visually-impaired (BVI) children and adults. Unless you have been to Nepal and seen how 'hungry' the BVI population is for new and interesting reading material, it's difficult to imagine how great of an impact this project will have on thousands of children and adults!



photos to check out! Here is the link to our TRIFC.org blog: <http://www.trifc.blogspot.com/>

These Braille and large-print books were sent to us from the Washington State Braille Resource Center. We had anticipated that would send 500 boxes for this most recent volunteer event. However, they sent more like 1,300 boxes of Braille books, so we have another 800 boxes to label and prepare for shipment!

My son Carey has written an interesting blog-post about the book-packing event and there are lots more





वैद्वर्तक नवव rotaract नवव



Preserve Planet Earth Campaign

district 3292 thinks globally and acts locally

On July 4th District 3292 celebrated the beginning of a new Rotary year and 'Rotary Week' by planting trees in the Sina Mangal Area of the Kathmandu Ring Road. District 3292 has a vision to combat global warming by creating a green zone around the city of Kathmandu -- the **Preserve Planet Earth Campaign** is a pilot project that aims to 'think globally and act locally'. During the afternoon program, which was inaugurated by **DG Rtn Tirtha Man Shakya**, Rotarians and volunteers planted a total of 200 trees. RC Mid-Town was well represented at the event: altogether 22 volunteers (6 Rotaracts and 16 guests from Hope International College) and four Mid-Town Rotarians attended.



लोवे-टाउन झुएइइ

Visitors from RC Gauhati West, District 3240



This week Rtn. BC Das Purkayastha, Rtn. Ashis Ray, Rtn. Deba Kumar Mishra, Rtn. Samir Das and Rtn. Krishna Baruha (see above) of **RC Gauhati West** (District 3240) graced the Mid-Town weekly meeting. These friendly Rotarians are on a tour of the area and having found RC Mid-Town on the web decided to drop in. **RC Gauhati West** was established in 1979 and it has many members that are very active at their District level. Rotary flags were exchanged and **Sec. Rtn. Krishna** presented Pres. Pratap with a lovely shawl of special woven fabric typical of their area.

Also visiting Mid-Town this week was none other than renowned artist and painter **Ragini Grela Upadhyaya** (right) (wife of Mid-Towner Albert Grela). Ragini told the Breakfast Chatter that she enjoyed the fellowship and that she plans on attending more regularly in future as her busy schedule allows.



लावे-तयन ठोवइशोवदेइ

(this space reserved for non-Rotary information sharing)



THE HEALTH & BEAUTY EXPO 2010
chance into a better you

Mr. Gopal Sundar Lal Kakshapati,
Chairman and Board of Director of
The Hidden Treasure Pvt. Ltd.
Cordially invites you to the
Health & Beauty Expo 2010.

Date: 14 July, 2010 (Wednesday)
Time: 10:00AM
Venue: Bhrikutimandap
Exhibition Hall, Kathmandu

Marketing Partner: **ADventure**

Official Media: **नारी**

Organized By: **The Hidden Treasure**
Institute for professional development

Supported By: **Rotary Club of Kathmandu**
Uttam & Son
Association of Nepal

Door Prize Sponsor: **Yeti Airlines**

Promoter: **Nepal Tourism Board**

INVITATION

लावे-तयन हल्लर



The Vuvuzela - Annoying People Since 1660!

Please send information/suggestions/photos for the next volume to:

Breakfast Chatter editor: Dr. Isabella C. Bassignana Khadka at email: isa@mos.com.np