

# Breakfast chatter



Weekly bulletin of the Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

Jan. 14<sup>th</sup>-20<sup>th</sup> 2011 Vol. 29 of '10/'11

### January 21st

### Club A ssembly

RC Mid-Town's Committee Chairs will present short mid-year reports.



#### Rotary International News

### RI International A ssembly in S an Diego

Preparing for a district leadership role begins long before the start of the Rotary year on 1 July. From 16 to 22 January, all incoming district governors attend the International Assembly, a training event in San Diego, California, USA.

Through the workshops and plenary sessions at the assembly, the district



governors-elect learn information that will assist them in leading and guiding the clubs in their area during their year as governor. Our own **PP Rtn. Ambica** will be a guest speaker at this event.

Visit <a href="www.rotary.org">www.rotary.org</a> starting 17 January for International Assembly news, including information about the 2011-12 RI theme. In addition, you can follow the International Assembly news via Twitter, using the hashtag #rotaryia.



Join thousands of Rotarians in New Orleans for the 2011 RI Convention will be held 21-25 May 2011.

If you are planning to attend RI's Convention in May please let **PP CK know** so that he can put your name on the list.

### calendar

date theme





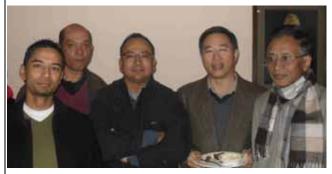
### January — Rotary A wareness Month

In January, Rotary International observes Rotary Awareness Month. Throughout January, Rotary aims to increase awareness about its work locally, nationally and all around the world.

21 Jan.

Club Assembly (sorry, no guests on this occasion)

ROTA Quiz National Level (winners of Zone 2)



Please join Team Leader / coordinator: PP RR and the Team PP William (advisor), Rtn. Saroj, Rtn. Rabi, Rtn. Dr. Pabitra at the Prithivi Hall – United Trade Center. Starts at 8:30 registration fees Rs. 500, includes lunch.

Rota Quiz 2010-11 Chair, Sargat, says, "AG's and President are especially requested to attend in maximum numbers to increase moral support to the participating team and to motivate their clubs and members to attend."

22 Jan.



Nepal Division of **Rotary Leadership Institute (RLI)** is offering three RLI Training in Chitwan. Each part of the training will be of a full day in length. Interested parties please contact Pres. Pratap or Dilendra Raj Shrestha (District Secretary) for more information.

The Rotary Leadership Institute (RLI) is a multi-district, grassroots leadership development program of member districts organized into regional divisions in various parts of the world.

28-29 Jan



Mid-T own Picnic at
Mirabel Resort Hotel (Dulikhel)

A fun time for all – bring your family and friends. Please remember to sign up.

29 Jan

Breakfast Chatter Volume 29 '10-'11 Page 2 of 9

	2 <sup>nd</sup> A II Nepal Intra Rotary Club T able T ennis Championship
5-6 Feb.	See below for more information.
	Peace Conference at Lumbini
5-6 Feb	The event will start off with the opening of the Nat'l Table Tennis tournament organized by RC Patan Durbar Square at 8 AM. Departure to Bhairahawa for Lumbini 10:50AM; arrival and lunch 1:00 PM. Inauguration of Peace Conference 2:30- 4:00 PM. Session at 4:30 – 6 PM. Reception Dinner and Cultural program (courtesy Nepal Tourism Board). <b>February 6</b> <sup>th</sup> Sightseeing to cultural and heritage sites around Lumbini Peace conference continue simultaneously up to lunch time and then departure for Kathmandu.
25 Feb. (tentative)	Mr. Pasi Koistinen, CEO of Ncell will talk about how Ncell plays an important role in developing the telecommunication infrastructure and services in Nepal, contributing to the future prosperity of the country and its citizens. During 2009, Ncell more than doubled its mobile now covers more than 60 population.
27 Feb.	Major Health Camp in Nawalparasi – in collaboration with RC ATHINA LYCAVITTOS from Greece. Anyone interested in joining please contact VP Alex. or Rtn. Pabitra.
13-24 March	Mega Health Camp Bandipur – Rotarians and friends interested in attending please contact <b>Dr. Lekha.</b>
	Rotary District Conference District 3292 Nepal Theme: Commitment to Serve Venue: Nepal Army Officer's Club, Tundikhel, Kathmandu, NEPAL

April 8-11

#### Last week's speaker

#### From Sherpa culture to social work

at home in the Canadian Rockies and the Himalaya. After a degree in biology, she worked for the Canadian Parks Service for seven years. She

Frances Klatzel is

the Canadian Parks Service for seven years. She first came to Nepal to trek, but the people and cultures of this diverse land became her reason for staying for 20 years of the past 30 in Nepal, much of it in the Everest

Makalu

and



areas. All of this work has utilized her skills in writing, photography, and interviewing for oral history, and her knowledge of natural history and Himalayan cultures.

From 1980 to 89, Frances lived in the Khumbu to create a museum of Sherpa culture at Tengboche Monastery. She also worked with a project in the Makalu area until 1998, when she started a publishing company, Mera Publications.

Frances has had several exhibitions of her photographs on Sherpa culture. The Canadian edition of her book, Gaiety of Spirit, has just been released.

She has worked extensively for a variety of development organizations, mostly documenting the results of programs. During the work for development projects and fund-raising for various worthy causes, she started wondering how to help those left our from conventional assistance. Five years ago, she co-founded a non-profit organization, CORE International to pursue this guest.

"Their most enduring characteristic is their extraordinary **gaiety of spirit**. More than any other people I know they have the gift of laughter."



### Sagarmatha – Jomolungma – Everest

This mountain of many names has always attracted pilgrims, whether Tibetans honoring a peak they believe is the abode of a deity, or climbers and trekkers fascinated by the highest point on earth. Sagarmatha is the name given by the Nepali government in the 1970s and the name Everest was given by the British in India.

"Jomolungma is the name of the mountain. Jomo Miyo Lang Sangma is the name of the resident female deity. She is a mother goddess and one of the five sisters of long life, so many pilgrims used to go to see her in Tibet. Now, people, from all over the world, come to see Jomolungma, from Khumbu."

"Jomo Miyo Lang Sangma rides on a red tiger. This goddess is very pretty:

"Jomo Miyo Lang Sangma rides on a red tiger. This goddess is very pretty; she is orange and bright looking. She wears a garland of flowers around her head and robes of many colors. In Jomo Miyo Lang Sangma's right hand is a long bowl of food and in her left a mongoose that spits wealth."

- The Abbot and Reincarnate Lama of Tengboche Monastery

Breakfast Chatter Volume 29 '10-'11 Page 4 of 9

### Fellowship







Breakfast Chatter

Volume 29 '10-'11

This week Mid-Town

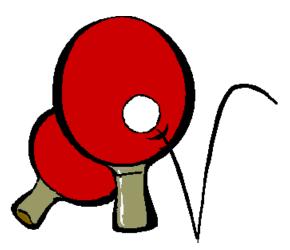
was happy to welcome visiting Rotarian and PHF

Mr. Chuck Jensen (far left). This week's speaker Ms. Frances Ktatzel (second from left.)



### Table Tennis Championship

### 2<sup>nd</sup> All Nepal Intra Rotary Club Table Tennis Championship



Dear Rotarians of District 3292,

We are very much pleased to inform you that Rotary Club of Patan Durbar Square in association with Rotary Club of Dillibazar is going to organize the nationwide Second All Nepal Intra Rotary Club Table Tennis Championship on 5th Feb and 6th Feb 2011 at Kathmandu

This championship is a continuation of the First Intra Rotary Table Tennis Championship organized by Rotary Club of Patan Durbar Square.

It is our great honor to inform you that **RI President Elect Mr.Kalyan Banerjee** has consented to be the chief guest in the opening ceremony of this Championship.

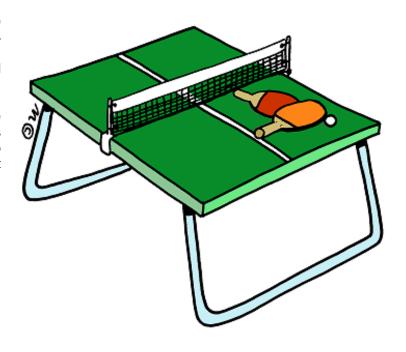
Furthermore we hope this Championship will definitely strengthen inter rotary relationship and will help to encourage the people to associate more and more with rotary movement.

The championship will be conducted in four categories Men's single, Women's ,single, Men's double, women's and ,mixed double.

Therefore your valuable participation in this Championship will help us to enhance the Rotary movement in Nepal.

Thanks and warmest regards

Coordinator Sohan Sundar Shrestha, IPP RCPDS Cell 9851081312



### More from Rotary International

#### Rotary, UN share common goals

By Ryan HylandRotary I, nternational News -- 11 November 2010 (adapted)

Past RI President Frank Devlyn (left) and Rotary Foundation Trustee Chair Carl-Wilhelm Stenhammar address attendees at Rotary-UN Day on 6 November at the United Nations Headquarters in New York City. *Photo by Bryant Brownlee* 

Rotary International on Facebook

More than 1,100 Rotarians, UN officials, and Rotary youth program participants attended panel discussions on literacy, water, health, and

youth activities as part of Rotary UN-Day on 6 November.

The event, held annually at United Nations Headquarters in New York City, celebrates the relationship between the two organizations. Speakers highlighted Rotarian projects in literacy, water and

health that help advance the goals of the UN and improve the lives of people around the world.

Rotary, which has a 65-year history with the UN, holds the highest consultative status offered to any nongovernmental organization by the Economic and Social Council, which oversees many UN agencies.

During the opening panel, Mickey Chopra, chief of health and associate director of programs at UNICEF, commended Rotary for its ongoing collaboration to improve the health of children around the world and

eradicate polio. Rotary and UNICEF are spearheading partners, along with the World Health Organization and the U.S. Centers for Disease Control and Prevention, of the Global Polio Eradication Initiative.

"Our partnership continues to be a vital element in the eradication of polio," Chopra said. "Through inspiring vision and continued vigor towards ridding the world of this disease, Rotarians are addressing far bigger and important global concerns to children, such as, poverty and clean water. "Chopra said Rotary's partnership with UNICEF is the largest and most successful private-public partnership in global health. "UNICEF is proud to work side by side with Rotary's dedicated members," she said. "With the current progress we've made together, now, more than ever, is the time to push and continue this effort."

During a panel on literacy, Elizabeth Fordham, education adviser for UNESCO, discussed the improvements the UN has made in adult and youth literacy worldwide. "Adult literacy levels have risen 8 percent in the last 20 years. She acknowledged Rotary's continued funding and awareness toward eradicating illiteracy. "Promoting literacy for all is a goal close to the heart of both UNESCO and Rotary," Fordham said. "The denial of literacy is the denial of a basic human right, social inclusion, empowerment, and economic growth. It's a development imperative, not a luxury."





### Mid-Town Picnic



## Mark your calendars – January 29<sup>th</sup>- Picnic at Mirabel Resort Hotel (Dulikhel)\*

- -Saturday January 29th
- -Assemble at Hotel de l'Annapurna 9:30 AM -- arrival in Dulikhel 10:30 (Please note: the new road is terrific-- we will be there in a short time.)
- -Tea and snacks will be served at the Mirabel Resort Hotel on arrival
- -Lunch will be served at 1:30-2:30 PM
- -Menu: Russian salad, Greek Salad, saffron rice, chicken a la crème, fish fry, mixed vegetables with curry gravy, spinach with black mushrooms, kerau mula achar. Crème caramel.
- -If you can share your transportation please inform PP Joytsna at :ktm@arbex.wlink.com.np
- -Please remember to sign the sign-up sheet.
- -Family and friends welcomed and encouraged to attend!!!!!
- -<u>Cost:</u> 650Nrs. (children below 12 years of age 325 Nrs.)
- -Please bring soft drinks, wine, beer, etc... to share.
- -Rtn. Buddha and Rotaracts will provide fun and games.
- -Anyone who can donate a prize for the games – please let PP Joytsna know. Examples: a bottle of wine, a scarf, etc....
- -Anyone who can donate a desert please let PP Joytsna know.
- -Departure 3:30 PM

\*Please note change of venue.





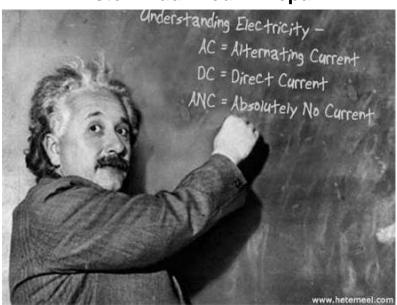
### Mid-town sunshine





Etihad Awards Best Travel Agency of The Year in Nepal

# The lighter side of load shedding If Einstein had lived in Nepal....



Pease send information/suggestions/photos for the next volume to:

Breakfast Chatter editor: Dr. Isabella C. Bassignana Khadka at email: isa@mos.com.np