

Breakfast Chatter



Rotary Club of Kathmandu Mid-Town District 3292, Club 26776, Chartered 08 Nov. 1989

September 2nd, 2008 Weekly Bulletin Vol. 8 of '08/'09

| Speaker of the Week | |
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| Mr. Govinda Gajurel (hosted by PP Rtn. Gopal) | |

| Calendar | |
|------------------------|---|
| Date | Theme |
| Sept.5 th | Mr. Govinda Gajurel , Executive Director, Manmohan Memorial Polytechnic, Biratnagar will speak on vocational training. |
| | |
| Sept. 8 th | International Literacy Day |
| Sept. 12 th | Club Assembly |
| Sept. 19 th | No Friday meeting. |
| | Brunch meeting. Former Mid-Towner Rtn. Larry Meek and 20 members of his present Rotary Club will be in Nepal. Let us plan to |
| a a set | |
| Sept. 21 st | welcome them with typical Nepali hospitality! (details to follow) |

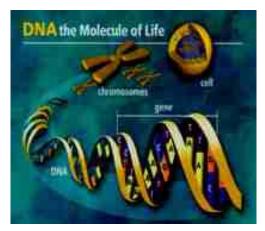
International Literacy Day



International Literacy Day 8 September

Literacy is a cause for celebration since there are now close to four billion literate people in the world. However, literacy for all — children, youth and adults - is still an unaccomplished goal and an ever moving target. A combination of ambitious goals, insufficient and parallel efforts, inadequate resources, and strategies, and continued underestimation of the magnitude and complexity of the task accounts for this unmet goal. Lessons learnt over recent decades show that meeting the goal of universal literacy calls not only for more effective efforts but also for renewed political will and for doing things differently at all levels locally, nationally and internationally.

News from Mid-Town



Prof. Nanda Bahadur Singh is an assistant professor at the Central Department of Zoology and Environmental Tribhuvan University (T.U.). Last Friday he spoke to Mid-Town on some of the work he has done and continues to do ethnogenetics ethnobiology of six Nepalese indigenous populations. Prof. Singh is mapping the DNA signature of these ethnic groups and has so far revealed four 'novel' DNA signatures.

Nepal is an interesting place to carry out work in ethno-biology because its history and difficult terrain has kept different ethnic

groups apart for hundreds of years so that their genetic have markers remained intact and unique. The aim of his work is to shed light the genetic on origin, adaptation. historical migration. admixture as well as relationship genetic among Nepalese ethnic groups. His work uses sequencing and genotyping to genetic markers as well as to picture out the infectious ethnobiology of the isolated groups based

Molecular foreign science: Criminal investigation Patterning Patenting testing: " A baby's right rights of a nation: (TRIPS)WTO to a genetic father Molecular genetics for Human security History formation: Healthcare system: Individuals Preservation of civilization cum isolated population & culture Genetic documentation /cloning etc

on viral serology. His work shows that these various groups are distinct not only



culturally and linguistically but also at the very fundamental level of the genome.

The many uses of DNA testing are outlined in the figure above.

Prof. Singh also finds time for social work and over the past 20 year has found many ways to be of service to the community; he is presently Secretary of the Rotary Club of Jawalakhel.

What are Rotaracts? Rotaract is one of a series of youth programmes created by

Rotary International, which focuses on the development of young adults as leaders in their communities and workplaces by training and community service, locally and worldwide. Rotaract was founded in 1968 by Rotary International, a worldwide association of service-minded business and professional leaders. Today there are more than 7,500 Rotary-sponsored Rotaract Clubs in some 156 countries around the world, with over 173,000 members.

"Rotaract" stands for "Rotary in Action".



Most Rotaract activities take place at the club level. Rotaract clubs hold formal meetings, usually every two weeks, which feature speakers, special outings, social activities, discussions or visits to other clubs. Club members get together on designated days for service project work, social events, or professional and/or leadership development workshops. The purpose of Rotaract is to provide an opportunity for young men and women to enhance the knowledge and skills that will assist them in personal development, to address the physical and social



needs of their communities, and to promote better relations between all people worldwide through a framework of friendship and service.

Every year an awards ceremony is held to honor Rotaract Clubs that have distinguished themselves in a number of categories. On Saturday Aug. 23, 2008 our Mid-Town Rotaracts again did us proud by winning an outstanding number of trophies and awards in a number of categories including: The Mid-Town Rotaracts have received the following Rotaract District Awards 2007-09:

- Best Community Service Award -4th Time consecutively (3 times in RI District 3290)
- 2. Best Special Area Project 1st Position
- 3. Rotary ,Rotaract Relation 1st Position
- 4. Outstanding Project Vision Screening
- Project on Senior citizen /physically & mentally challenged 2nd position
- 6. Rotary-Interact Relation 2nd position
- 7. BEST CLUB 3rd position
- 8. Project on Public Relation- 3rd position
- Project with Multi District Twin Club -3rd Position



Congratulations to all Mid-Town Rotaracts!! A special congratulations to Rotaract 'mom' PP Rtn. Dr. Lekha for all of the time and effort she puts in to coordinating Rotaract activities. Rotaracts, keep up the good work in the coming year – Mid-Town will always be there to support you.

News from Nepal's Rotary

From the Office of the District Secretary

District Secretary Rtn. Maheswor Bhakta Shrestha, sends the following information:

- Please Contribute to the Rotary Disaster Relief Fund: A new bank account "Nepal Rotary Disaster Relief Fund" has been opened with the Himalayan Bank, Kopundol. Nepal's Rotarians are invited to contribute directly or through their respective Clubs. The fund so collected will be used to buy necessary relief materials for the victims of the Saptakoshi disaster in Eastern Terai. Relief materials will be distributed on-site by a team of Rotarians. The District is also working with other donors to help build shelters for the homeless victims. Please act quickly.
- Induct Young Rotarians: In order to encourage Clubs to recruit young Rotarians, it has been decided to offer a 50% rebate on District Dues or pay only Rs.450/- (instead of Rs.900) per new Rotarians of 30 to 35 years of age. So, please take advantage of this offer and help reduce the average age of Rotarians while meeting the District target of +200 net gain in membership.



Rotary Sing Along

Haribhakta Budhathoki, President of RC Pashupati Kathmandu, has published a CD of Rotary songs sung during the Rotary District Inaugural Ceremony. CDs are available at the Rotary library in Thapathali as well as from Rtn. Haribhakta (by e-mail). The original price is Rs. 150 but the CDs are now available at a discounted price of Rs.100 per CD – delivered to your address.



Health Camp Held

Rtn.Pradeep Man Vaidya, PP Patan West, has informed that on Aug. 29th: Sarvanga Nursing Home and Advance Polyclinic, both owned by Rotarians, organised a FREE HEALTH CAMP in collaboration with a leading hospital in eastern India: AMRI Hospitals, Kolkata. Five prominent doctors from Calcutta provide free consultation on appointment. On the following day these doctors also presented a lecture on preventative health care.

Mid-Town Humour



"They're harmless when they're alone, but get a bunch of them together with a research grant and watch out."

Please send information/suggestions/photos for the next volume to:

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Breakfast Chatter Volume 8 of '08-'09 Page 5 of 5