



Breakfast Chatter



Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 08 Nov. 1989

January 20th, 2009 Weekly Bulletin Vol. 26 of '08/'09

1st Annual Mid-Town Family Pot-Luck Dinner



Join us for an evening
of fun and fellowship!

Take your families along and let us
enjoy the company and good food
together. You can see that Obelix
has already been shopping for his



favourite ingredient: sanglier! (wild boar) – so, follow his lead and
get shopping and get cooking! Bring your favourite dish to share
with Mid-Towners. Starts at 6 PM.

Rtn. Anand has graciously agreed to host us in his beautiful home (equipped with generator!) in
Gharidhara (map in attached file).

Calendar

Date	Theme
Jan. 23 rd	No regular breakfast meeting. Mid-Towners will get together for a pot-luck dinner meeting (see details above).
Jan 24 th	Apex College is hosting a seminar for youth entrepreneurs. For more information, contact PP William.
Jan. 30 th	Naveen Mangal Joshi, a civil engineer with many years of experience in planning, policy and contracting with GoN will talk to us on this past year's Koshi disaster.
Jan. 31 st	<div data-bbox="433 1255 615 1497" data-label="Image"> </div> <div data-bbox="729 1276 1084 1381" data-label="Section-Header"> <h3>Mid-Town's 'Climbing Wall' Outing</h3> </div> <div data-bbox="639 1413 1138 1530" data-label="Text"> <p>Mid-Town Rotarians and Rotaracts and families are invited to a fun morning at the climbing wall. Join us at 11 AM. lunch will be served after climbing.</p> </div> <div data-bbox="1183 1247 1373 1526" data-label="Image"> </div> <div data-bbox="433 1528 1349 1633" data-label="Text"> <p>How to get there: Take the small road behind the Malla Hotel that leads to Thamel Chowk; about mid-way down this road look for a sign that says "Asian Trekking" and 'Consulate of Belgium'. Parking is limited. Maybe? park at the Hotel Mall and walk. If you get lost call Jo Logghe at: 9851032785</p> </div>
Feb.6th	<div data-bbox="433 1640 534 1801" data-label="Image"> </div> <div data-bbox="566 1661 1338 1749" data-label="Text"> <p>Dr. Hem Sagar Baral is Nepal's first ornithologist and Chief Executive Officer of Bird Conservation Nepal will talk to us on the discovery of a new sub-species of Rufous-vented Prinia in Nepal.</p> </div>
June 21-24th	If you will be attending the 100 th Rotary International Convention, please inform our President or Club Secretary as soon as possible as they need to inform the Chair of District RI Convention Promotion Committee who will be coordinating the group travel package benefits.

Swiss Rotarians stage National Polio Day

Rotarians volunteered at more than 200 booths across Switzerland during the national polio action day.

Photos courtesy of Rotary Suisse Liechtenstein.

Adapted from Rotary Suisse Liechtenstein, the certified regional magazine of Switzerland and Liechtenstein

Rotarians volunteered at more than 200 booths across Switzerland during the national polio action day. Rotarians used their creativity and numbers to join the thousands of Rotary clubs who have raised funds for Rotary's US\$100 Million Challenge.



More than 200 Swiss Rotary clubs pooled efforts for Swiss National Polio Day on 13 September, raising US\$643,000.

Some 13,000 Rotarians across districts 1980, 1990, and 2000 supported the event, with help from 16 Rotaract clubs and countless other volunteers, including employees of Rotary International's Europe and Africa Office in Zurich.

Working with local political leaders and regional health officials, Swiss Rotarians set up bright yellow booths, decorated with a colorful sunflower design, on sidewalks and city squares in 200 cities and villages across the nation.

On the day of the event, booth volunteers donned yellow vests used during polio immunization campaigns to sell small packets of 10 sunflower seeds for 75 rappen (about 64 cents), roughly the cost of a single dose of oral polio vaccine. Each packet bore the Rotary emblem and the words "With only 75 rappen you are in!" to demonstrate how even the smallest contributions toward polio eradication can make a difference in a child's life.

Reaching the goal
The Swiss public's response surprised even organizers.

"Clubs brought in revenues that were 30 percent higher than we expected," says Andreas Kleeb, past president of the Rotary Club of Zug-Zugersee in District 1980.

"Our goal was clearly achieved," says District Governor Urs Herzog, a polio survivor. Key to that success was the effective planning and volunteer efforts of Rotarians. "The participation from clubs in our district went beyond expectations."

It was also a public relations coup for Rotary in Switzerland, as the organization and its top goal of eradicating polio was spotlighted throughout the national media.

"I was happy to see that some newspaper publishers in my district provided full-page reports on our activities," says Urs Bolliger, governor of District 2000, which also covers parts of Liechtenstein.

This campaign was the first stage of a strategic effort to promote polio eradication awareness in Switzerland and Liechtenstein and raise US\$830,000. More coordinated activities are being planned for upcoming months.

"We are very happy because this action day was the most important measure of our campaign," says Kleeb.



A teenage girl at the Patan Hospital in Kathmandu, Nepal, learned how to give herself an insulin injection, a skill she learned to control her diabetes. She and many others like her can now participate in their own care. The UN's World Diabetes Day in November underscores the commitment of Rotarians like Larry Deeb and the Rotarians Creating Awareness of Diabetes Action Group to give children in the developing world a chance at a healthy life.

Photo by Ed Lachman

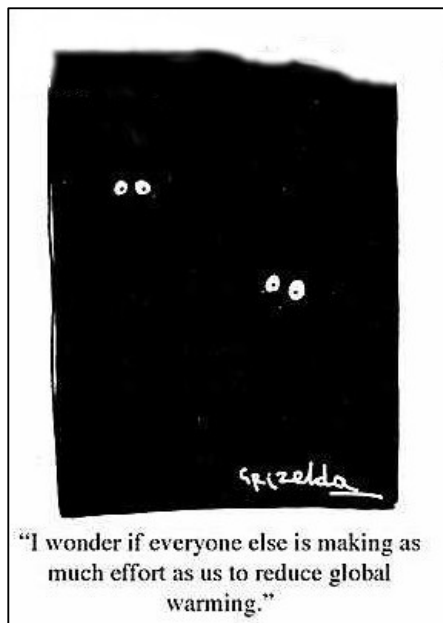
Donor recognition totals for 2008

25 November 2008

With the important contributions of these generous donors, The Rotary Foundation is fulfilling its promise of creating a polio-free world, helping children and families live healthier lives through Rotary's Humanitarian Grants Program, and educating young people about cultures worldwide. Rotary World Peace Fellows are engaging in the study of peace building, which may allow them to participate in resolution efforts in some of the world's most challenging situations. Below are totals as of 31 October 2008. To earn more about the individual recognition that these donors receive see <http://www.rotary.org>

Arch C. Klumph Society members – 219; Major Donors – 10,484; Bequest Society – 6,243; Benefactors – 78,487; Paul Harris Fellows – 1,139,841.

Mid-Town Homour



Please send information/suggestions/photos for the next volume to:

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