



Breakfast Chatter



Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 08 Nov. 1989

February 17 th , 2009	Weekly Bulletin	Vol. 30 of '08/'09
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This Week's Speaker

Barbara Adams

Journalist and author, (and now also Nepali citizen!) Barbara Adams, has been part of Nepal's history for the past half century. She has not only been an observer but a participant over the past five decades and this week she will share some of her views with Mid-Town, "from old Nepal to new Nepal."



Calendar

Date	Theme
Feb. 20	The guest speaker will be Ms. Barbara Adams (see above)
Feb. 20 th	After the regular breakfast meeting Mid-Town will head to Lele for the handing over of computers etc... If you are interesting in joining in please contact Pratap for transport information etc...
Feb. 23 rd	104 th Anniversary of the first Rotary club meeting on 23 February 1905
Feb. 23 rd	Maha Shiva Ratri Maha Shivratri is the "Great Night of Shiva", a Hindu festival celebrated every year on the 13th night/14th day in the Krishna Paksha (waning moon) of the month Phalguna, that is, the night before the day of the new moon. Mahasivrathri is a once a year celebration of Lord Siva, the awake Spirit within each of us, it is the gift of realized Sages to enable everyone experience turiya, the state of higher consciousness. 
Feb. 27 th	 H.E. The Ambassador of Malaysia to Nepal, H.E. Dato' Ilankovan Kolandavelu, will speak on 'Malaysia's Experience with Nation Building'
Feb. 28 th	Preventative Health Camp – LELE. Rtn. Dr. Rabindra will be on hand to help screen patients for hypertension and to give counseling. Rtn. Dr. Neil of Healthy Smiles will do hands-on preventive dental care training. Mid-Towners are encouraged to attend – come and make this a really successful day for Lele. Please register with Rtn. Pratap if you will be attending or if you can share transport. 
March 6 th	 Joint meeting with Mid-Town Rotaracts
March 8 th	 International Women's Day International Women's Day (8 March) is an occasion marked by women's groups around the world come together to celebrate their Day, they can look back to a tradition that represents at least nine decades of struggle for equality, justice, peace and development.
March 13 th	Naveen Mangal Joshi , a water resources engineer who has 30 years working experience in the field with talk about this past summer's Koshi barage.
March 20 th	Club Assembly
April 3 rd -5 th	 First District Conference of Rotary International District 3292, Nepal, Venue: Nepal Academy, Kamladi
April 10 th	Presentation by GSE team.
April 17 th	Ms. Neeva will talk on "Stress Management & the Art of Living".

Last Week's Speaker

Rt. Dr. Alexander Spachis address Mid-Town



Dr. Spachis spoke to Mid-Town last week and told how the European Union today faces global responsibilities and challenges. The EU is the largest trading block in the world, the largest donor of humanitarian and development assistance and a constant point of reference for others on stability, democracy and human rights. The European Commission plays a key role in the implementation of the EU's foreign policy and other policies and in this it relies heavily on its over 130 Delegations and Offices around the World, which act not only as the eyes and ears of the Commission in their host countries but also as its mouthpiece vis-a-vis the authorities and the general population..



In Nepal, the EC assistance provides for a wide range of areas such as rural development, education, support for democracy and human rights as well as independent media, over institution and capacity building, to humanitarian assistance for uprooted people. Mid-Towners PPs Ambica and Giri asked pertinent questions and received the answers with a happy smile (left).



At the end of his talk

Rtn. Alex presented every member of Mid-Town with a souvenir EU cup. Thank you!

Mid-Town's Rota Quiz Team



Can you answer these questions?

Where was Rotary founder Paul Harris born? When was the first Rotary meeting held? Where was the first Rotary Club outside of North America established?

These questions

and much more difficult ones were put to the Mid-Town Rota Quiz team! Congratulations on your hard work and on a good performance!

Answers: Paul Harris was born on April 19, 1868 in Racine, Wisconsin. The first Rotary club meeting was held on 23 February 1905 in Chicago. The first two overseas clubs were in Dublin and Belfast, Ireland, organized by the same Stuart Morrow who was a member of the San Francisco club.

Mid-Town goes to Lamjung

A Most Unusual Trip

On 3 Feb. 2009 Mid-Towners headed to Lamjung to initiate the 'Lamjung' portion of MG # 63246 funded by RC Darmstadt-Bergstraße Germany. All 11 members were off by 7 AM but when they reached Damauli they found that their modern city vehicles could not navigate the last stretch of dirt road up to the school. Three Mid-Towners stayed behind and the rest



started on the 30km walk up to the school. Luckily they met a rugged local bus, which was more than happy to have these 'city slickers' as passengers. At the river border between

TANHAU and LAMJUNG our intrepid Mid-Towners hopped on to a local Jeep taxi "MUSTANG" made in Nepal by Hulas. (Aside: This was a very fine vehicle for that type of terrain! CK can be proud of its production in Nepal.) They arrived at Ram Balodaya School at SURYAPAL VDC only three hours late where we were graciously welcomed by It. Damar Basnet. After some short speeches, and a cultural dance they distributed the scholarship

items (dresses and stationary) to the 152 Girl Child Students. They reiterated the importance of Girl Child Education to the moms of those proud young girls. Our Mid-Towners all enjoyed a typical Lamjung "dal bhat" and headed back to Kathmandu – where they did not arrive until well past mid night! Group leader Rtn. Pratap said, "It was a very taxing but memorable trip." – the whole group could agree with him on that!





District Governor's Message

Dear Fellow Rotarians,

It gives me a great pleasure to announce that the first District Conference of Rotary International District 3292 Nepal is taking place in Kathmandu during April 3 to 5, 2009 with a view to advance the Object of Rotary through fellowship, inspirational addresses, and the discussion of Rotary related matters. The event will not only showcase successful district and will club activities but also highlight Rotary programs.

All Rotarians, spouse, family members, Rotaractors, Interactors, Youth Exchange participants, Rotary Foundation alumni, and other Rotary program volunteers are most welcome to participate in this historic conference and help begin "A New Era of Service" in Nepal.

All Rotary clubs of Nepal are encouraged to send highest number of participants and exhibits of their successful projects to the Conference and win prizes, recognitions and accolades. They can also sponsor partners in their community services, RCC etc. to make their presence felt in this historic Rotary gathering in Nepal.

Share more, Learn more, Enjoy Rotary and be proud to be a Rotarian.

Yours in Rotary

Rtn. Dr. Tika Man Vaidya
District Governor, RID 3292

Greetings from RC Darmstadt-Bergstraße

On Feb. 3rd, 2009, Rotarian Karlheinz Nothnagel of the RC Darmstadt-Bergstraße District 1860 who are our partners in the Gorkha-Lamjung Girl Child Scholarship wrote:

Dear Rotarian Friends.

Thank you very much for all your efforts to make this project a successful one. And thank you very much for all the timely information we get upon the progress of this wonderful project..Many Greetings from Germany.

Karl



This Week's Visitors



This week's visitors to Mid-Town included **H.E. Ms Verena Gräfin von Roedern**, the Ambassador of Germany to Nepal (2nd from right) and **Ltn. Rishi** from Gorkha (far right).

Get Well Soon



Get Well Soon PP Rtn. Niranjan

Mid-Town sends its hearty good wishes to PP Niranjan. Get Well Soon! and hope to see you back at our Mid-Town Breakfast Meetings with your usual good humour and happy smile.

Mid-Town Humour



Please send information/suggestions/photos for the next volume to:

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