



# Breakfast chatter



Weekly bulletin of the Rotary Club of Kathmandu Mid-T own  
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

Feb. 25<sup>th</sup> – March 3rd 2011

Vol. 35 of '10/'11

## Speaker for March 4<sup>th</sup>

Patricia BAARS, J.D.



Patricia Baars is  
Director of Land  
Law Programs for  
East-West  
Management  
Institute's (EWMI)  
Cambodia and has

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served as project director for five land related projects undertaken by EWMI with support from the ADB, EU and US Department of State. During the 15 years she has lived and worked in Cambodia, Ms Baars also worked as a legal advisor to several Cambodian ministries, legislative drafting consultant to UNICEF and UNCOHCHR; legal instructor in two Cambodian universities. She presently serves as Co-Chair of the newly formed Parliamentary Center of Cambodia, which is established to provide independent non-political assistance to Parliamentarians and their staff. Prior to coming to Cambodia, Ms. Baars held senior legal advisory positions in the City Attorney's Office, and a four-year term as General Counsel to the elected City Council of the District of Columbia. Ms. Baars is a member of the District of Columbia and North Carolina Bars. She was a Peace Corps Volunteer in Malaysia from 1967-1970.

### East - West Management Institute

Commitment to Economic Reform and Development

**East-West Management Institute, Inc. (EWMI)** is a not-for-profit organization dedicated to promoting economic reform in developing and transition economies. EWMI assists countries in making their transition from planned market economies by providing technical assistance in such areas as legal and regulatory reform, privatization, enterprise restructuring, capital markets development, and making grants to non-governmental organizations (NGOs).



## Rotarians celebrate Rotary's 106th anniversary

By Diana Schoberg and Arnold R. Grahl adapted from Rotary International News -- 23 February 2011



Rotarians around the world are celebrating Rotary's 106th anniversary with a variety of activities drawing attention to the progress that has been made to **eradicate polio** and the need to finish the job.

- Representatives of RI and Sanofi Pasteur, a leading provider of polio vaccine, helped ring the opening bell in

four European financial markets, in **Lisbon, Portugal; Amsterdam;**



**Brussels (above); and Paris.**

- Closing-bell ceremony at the NY Stock Exchange by RI President **Ray Klinginsmith**

- The exterior of the stock exchange building was illuminated with **End Polio Now**

- In Rome, the lighting of the iconic **Trevi Fountain** and a reception

- Landmark lighting events, including the parliament building in **The Hague**; the soccer stadium in **Cape Town**, a gate at the Lantern Festival in **Taiwan**; Kanazawa Castle in Kanazawa, **Japan**; the government building in







**Karachi, Pakistan; the planetarium in Seoul, Korea; the Globe of the Mall of Asia in the Philippines; Byblos Castle in Byblos, Lebanon; and the Charminar in Hyderabad, India.**

- View a photo gallery of the illuminated landmarks at [www.rotary.org](http://www.rotary.org) beginning 24 February.

- Rotarians in Great Britain and Ireland planned ahead, selling and planting 4.6 million crocus bulbs across the region in October so their purple blooms would flower in late February. The color purple is meant to evoke the purple dye used to mark the fingers of children who have received the oral polio vaccine.



# calendar

date	theme
<b>February – World Understanding Month</b> “Fear and Hate Must Go! And they will go when nations have goodwill based on understanding” – <i>Paul P. Harris, Founder</i>	
27 Feb.	Major Health Camp in <b>Nawalparasi</b> – in collaboration with <b>RC ATHINA LYCAVITTOS</b> from Greece. 
3 March	 <p><b>Shiva Ratri</b> is the night of Lord Shiva when He himself was created by His own Divine Grace and Hindus all over the world celebrate this day with a lot of zeal and enthusiasm. Shiva Ratri literally means 'the night consecrated to Shiva'. This auspicious festival falls on the fourteenth day of the waning moon in the month of Falgun, (February - March in the Gregorian calendar). The temple of <b>Pashupatinath</b> in Kathmandu which is considered as one of the holiest shrines of the Hindus, glorifying Lord Shiva, thus receives more than 100,000 worshippers during the festival of Shiva Ratri. These worshippers come from far and wide to pay their respects and homage to Mahadev on his sacred day</p>
4 March	 <p>Patricia BAARS, J.D.</p> <p>Patricia Baars is Director of Land Law Programs for the East-West Management Institute (see above).</p>
5 March	<p><b>Tibetan New Year - Losar</b></p>  <p>Tibetan New Year is also known as Losar. Lo stands for year while sar stands for new. It is the most significant holiday in Tibet. In Tibetan monasteries, observance of Losar begins during the last days of the old year. Monks perform special rituals evoking protective deities and clean and decorate the monasteries. The first day of Losar is a day of elaborate ceremonies, including dances and recitations of Buddhist teachings. The remaining two days are for a more secular festival. On the third day, old prayer flags are replaced with new ones.</p> <p><b>Day 1: Lama Losar</b> The devout Tibetan Buddhist begins the new year by honoring his or her dharma teacher. Guru and disciple greet each other with wishes of peace and progress. It is also traditional to offer sprouted barley seeds and buckets of <i>tsampa</i> (roasted barley flour with butter) and other grains on home altars to ensure a good harvest. Laypeople visit friends to wish them <i>Tashi Delek</i> -- "auspicious</p>



	 <p>greetings"; loosely, "very best wishes." <b>Day 2: Gyalpo Losa</b> The second day of Losar, called Gyalpo or "King's" Losar, is for honoring community and national leaders. Long ago it was a day for kings to hand out gifts at public festivals. In Dharamsala, His Holiness the Dalai Lama exchanges greetings with officials of the Tibetan government in exile and with visiting foreign dignitaries. <b>Day 3: Choe-kyong Losar</b> On this day, laypeople make special offerings to the dharma protectors. They raise prayer flags from hills, mountains and rooftops and burn juniper leaves and incense as offerings. The dharmapalas are praised in chant and song and asked for blessings.</p> 
7-13 March	 <p><b>World Rotaract Week</b> Every year, World Rotaract Week honors the chartering of the first club in 1968. World Rotaract Week is a time for Rotaractors and Rotarians around the world to come together to celebrate the success and importance of the Rotaract program</p>
8 March	 <p>International Women's Day is a global day celebrating the economic, political and social achievements of women past, present and future. In some places like China, Russia, Vietnam and Bulgaria, International Women's Day is a national holiday.</p>
11-13 March	 <p><b>'Gift of Sight'</b> eye camp in Hetauda. This annual eye camp is held with the support of the RC Garden City Singapore. Rotarians and friends interested in attending please contact <b>PP Mani</b>.</p> 
11-March	 <p><b>RC Mid-Town Rotary-Rotaract Joint Meeting</b></p> 
13-24 March	<p><b>Mega Health Camp Bandipur</b> – Rotarians and friends interested in attending please contact <b>Dr. Lekha</b>.</p>
April 8-11	 <p><b>Rotary District Conference District 3292 Nepal</b> <b>Theme:</b> Commitment to Serve <b>Venue:</b> Nepal Army Officer's Club, Tundikhel, Kathmandu, NEPAL</p>

## Visiting Rotarian



Mid-Town welcomed **Rtn. Peter Colgan** of the RC Bedford Mass. (USA) and **Ang Dawa Sherpa** of the Nepal Mountaineering Association. Rtn. Colgan is in Nepal to help out with a school project in Ang Dawa's home town in Khumbu. Mid-Town wishes them all the best.

## Fellowship



On this special occasion **IPDG Ratna Man Sakya** joined Mid-Town and our Rotarians, Past Presidents, Rotaracts, Interacts and friends were present in good number.









## Mid-town news



## CERTIFICATES OF APPRECIATION



Our own IPGD Ratna Man Shakya, **Chair of the Polio Plus Committee** for RI District 3292 graced the occasion. He presented certificates of appreciation to everyone who was involved in the vaccination and the **13<sup>th</sup> Nepal National Immunization Day**.

**Ms. Nanda Maharjan** Principal of Janasewa Higher Secondary School, (left) and **Ms. Pramila** Interact Pres. Jana Sewa School (right).







The Rotaract President Anil Chaudhary took this opportunity to express a heartfelt gratitude on behalf of all the Rotaracts and to present a special certificate of appreciation to PP Rtn. Dr. Chandra Lekha and Rtn. Buddha for all of their organising and support work for the 13<sup>th</sup> NID. You can tell by the happy smiles that all of their hard work was indeed well appreciated.

The IPDG Ratna Man Shakya presented certificates of appreciation to the five Rotaract Committee Members for the for the 13<sup>th</sup> NID **Rtr Anil Chaudhary, Rtr Anil Shrestha, Rtr Samir Nepal, Rtr Kishor Acharya and Rtr Anil Bhattarai** (*in absentia*).







IPDG Ratna Man Sakya also graciously helped Mid-Town accept and distribute bank drafts for good causes. Our own **Rtn. Buddha** presented a draft for 30,000 Nrs on behalf of the SURYA NEPAL CORPORATE SOCIAL RESPONSABILITY INITIATIVE PROGRAM known as '**SUSWASTHYA – creating enduring value through community health**'. RC Mid-

Town has decided that these funds will be disbursed as follows: 15,000Nrs was donated to RC Patan West for the Health Camp in Bandipur for the Senior Citizens



Mid-Town donated from its own funds 10,000Nrs for the Peace Conference at Lumbini, and 10,000 Nrs to RC Patan West for the Senior Citizens project in collaboration with the Health Camp in Bandipur and 20,000 for the Health Camp in Nawal Parasi.

A hearty thank you to all of our generous Rotarians and best wishes to everyone participating in the health camps.



Project. The remaining 15,000 Nrs will go for the Health Camp in Nawal Parasi.



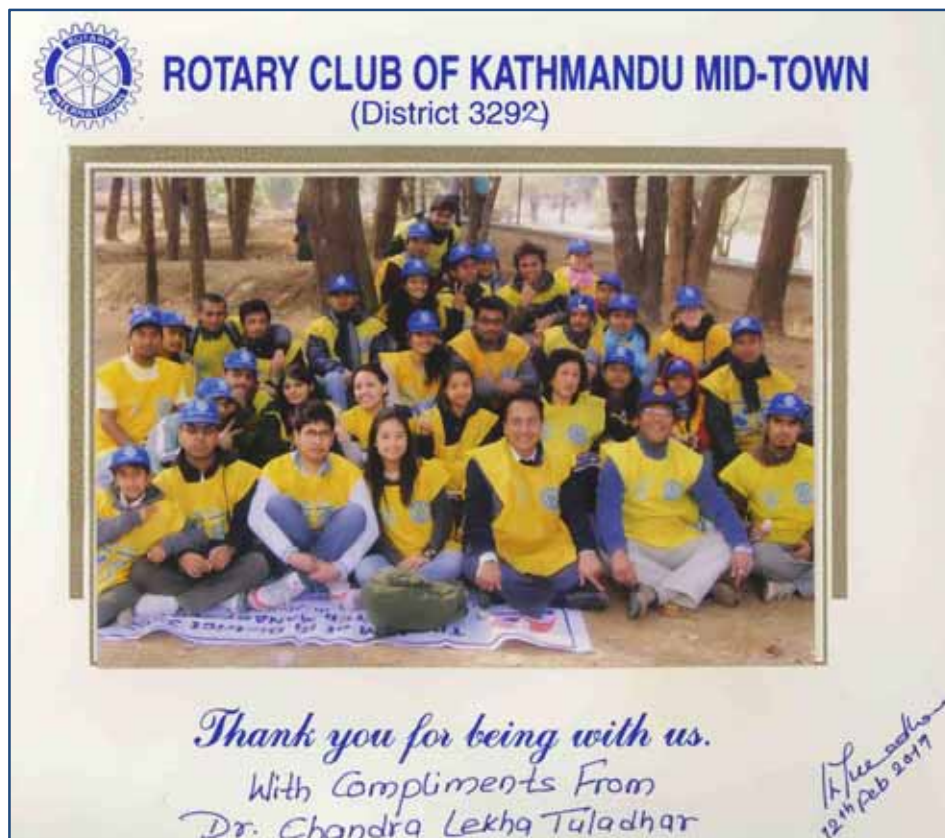


## Mid-town news

Good luck to our team at the Nawal Parasi Health Camp

We wish a successful outcome and a sincere good luck to all of our Mid-Towner and friends from **RC Athena Lykavittos**, **RC Athinai-Omonia**, and **RC Gerakas** of Greece who are participating in the health camp. Mid-Towners on the team are **Pres. Pratap** (and wife Nabina), **VP Rt. Alex**, **Sec. Rt. Pabitra** (hard at work for many weeks in Nawal Parasi making the necessary infrastructural arrangements) and Sargent-at-arms **Rtn. Sharmila** who will be there with some **Help Nepal** volunteers.....and many others (look for photos in next week's Breakfast Chatter).





A hearty **THANK YOU** and **CONGRATULATIONS** to all of our Rotaracts and volunteers who participated in the 13<sup>th</sup> Nepal National Immunization Day

**Rtr Sujan Manandhar, Rtr Runju K.C., Rtr Ranjan K.C., Rtr Situ K.C., Rtr Beeju Maharjan, Rtr Sushma Sharma, Rtr Akash Khanal, Rtr Rakshya Ojha, Rtr Saugat Gautam, Rtr Prabin Shrestha, Rtr Samjhana K.C., Rtr Sabrina Sakya, Rtr Sharwani Upadhyay, Rtr Anil Dhungana, Rtr Yunish Shrestha, Rtr. Dev Chitrakar, Rtr Rajni Kant Chaudhary, Rtr Sayam Moktan, Rtr Samyak Moktan, Rtr Sujeet Kshetri, Karishma Banjara, Supriya Rana, Pooja Lama, Prarthana Lama, Prabesh Ghimire, Pratiksya Parajuli, Mani Ratna, Suresh Shrestha, Jishina Pokhrel, Bibek, Preeti Maharja, Barsha Shrestha, Arun Chaudhary, Keshav Pradhan, Veda Khadka, Nishan Shrestha, and Surya Mohan.**





## More Rotaract News



Rotractors attend sight test screening training to detect avoidable blindness

Rotractors organized a training to sensitize youth about avoidable blindness. **PP Dr. Lekha** discussed how to detect avoidable blindness and eye problems. PP Dr. Lekha also trained the youth participants how to organize an eye screening program. Young children can benefit from screening – when eye problems are detected early children can derive maximum benefit from their education.

PP Dr. Lekha first briefed about the national magnitude of problem caused due to the avoidable blindness and on problems common among the school-age children. She also emphasized that

if problem are detected at an early enough stage that conditions can be minimized greatly.

Altogether 23 participants from various colleges like St. Xavier, National College of



Health Science, Hope International College and members from Rotaract Club of Kathmandu Mid-Town benefited from the training.

**A THOUGHT FOR TODAY:**

In matters of conscience the law of majority has no place. -Mohandas Karamchand Gandhi (1869-1948)

## On the lighter side



***“If you’re wondering why you’ve been chosen ‘Employee of the Week,’ it’s because your work load is about to increase, while your pay remains the same.”***

Pease send information/suggestions/photos for the next volume to:

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