



Breakfast chatter

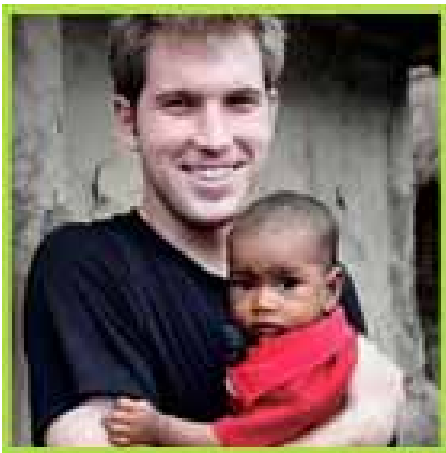


Weekly bulletin of the Rotary Club of Kathmandu Mid-T own
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

April 8th – April 14th 2011

Vol. 41 of '10/'11

Speaker for April 15th



MARK ARNOLDY

MARK ARNOLDY, Executive Director, **Nyaya Health**
Mark is experienced in global health, social entrepreneurship, and nutrition. As an undergraduate, he launched NepalNUTrition to produce and distribute a life-saving fortified peanut butter for malnourished children in Nepal. After completing the Global Health Effectiveness Program at Harvard, Mark has returned to Nepal as a Fulbright Scholar in nutrition until July, when he will begin working as Nyaya Health's Executive Director. Mark has also been involved in the founding of two businesses,

Nut-rients and 5 Pound Apparel, which each use innovative business models to provide treatment for malnourished children.









Rotary International News







Works with
iPhone

New free Rotary Club Locator iPhone app available

You can now search for a Rotary club with RI's free iPhone app. In the Apple app store it's called the Rotary Club Locator from Rotary International. The app also will soon be offered for Android phones.

calendar	
date	theme
<p align="center">A pril – Magazine Month</p> <p>April is Magazine Month, a time to celebrate the global network of Rotary's official magazines, which provide valuable information to 1.2 million Rotarians.</p>	
April 8-11	 <p>Rotary District Conference District 3292 Nepal Theme: Commitment to Serve Venue: Nepal Army Officer's Club, Tundikhel, Kathmandu, NEPAL</p>
14 April 1 Baisakh 2068	 <p>HAPPY NEW YEAR 2068</p> 
15 April	The guest speaker will be Fulbright scholar Mark Arnoldy (see above)
20 April	<p align="center">Last Board Meeting of 2010-2011</p> <p align="center">Joint Board Meeting with New Board 2011-2012</p>   <p>All Board members 2010-2011 and New Board Members 2011-2012 are kindly requested to attend – mark it on your calendars!</p>
22 April	<p>International Mother Earth Day is celebrated to remind each of us that the Earth and its ecosystems provide us with life and sustenance. International Mother Earth Day provides an opportunity to raise public awareness around the world to the challenges regarding the well-being of the planet and all the life it supports.</p>  <p>"Mother Earth, our only home, is under pressure. Without a sustainable environmental base, we will have little hope of attaining our objectives for reducing poverty and hunger and improving health and human well-being." <i>Sec.-Gen. Ban Ki-Moon</i></p>

22 April	<p>PDG Tanya Wolff District 6330 From the Rotary Club of Sarnia Ontario, CANADA</p> 
22 April	<p>Mid-T own C lub A ssembly #5 last club assembly of 2010-2011 Please make a special effort to attend!</p>
24 April	 <p>E aster is a holiday that Christians celebrate. It is a holiday to celebrate when Christians believe that Jesus Christ is said to have returned from the dead. Christians believe that Easter is the holiest day in the year. Easter is celebrated on the first Sunday, following the first full moon, following the first day of spring. Some people who are not Christians celebrate the beginning of Spring at Easter. The word, "Easter" comes from the ancient German word, <i>Eastre</i>, Goddess of the Spring.</p>
29 April	<p>Mid-Towner Rtn. Rabi Karmacharya will talk on Open Source Software. I will give information about what OSS is, how it works, and why it is a better (and cheaper) alternative to proprietary software packages like Windows and Office. I will also give a demonstration of Ubuntu - a Linux-base free operating system - that works similar to Windows, but has a better architecture that does not even require users to install anti-virus software.</p> 
21-25 May	 <p>Rotary International Convention in New Orleans Remember to let PP CK know if you will be attending.</p>

A THOUGHT FOR TODAY:

An individual human existence should be like a river: small at first, narrowly contained within its banks, and rushing passionately past rocks and over waterfalls. Gradually the river grows wider, the banks recede, the waters flow more quietly, and in the end, without any visible break, they become merged in the sea, and painlessly lose their individual being.

-Bertrand Russell, philosopher, mathematician, author, Nobel laureate (1872-1970)

Fellowship



Our special guests this week were the visiting Rotarians of the **GSE team** from Connecticut and Massachusetts **District 7890**.

The photo at left shows team leader **Rtn. Barbara Spiegel** pinning Pres. Pratap. Mid-Town shared little statues of Buddha with the visiting team.



This week's visitors included **AG Rtn. Nanda Ram Baidia**, and visitor **Mr. Deepak Bajracharya** (far right).



Also visiting were **Rtd. Gen. Narayan Singh Thapa** (left) and **Pres. of RC Tripureswor Rtn. Madan Gopal Malekhu** (far right) also IPP of RC Tripureswor **Mrs. Kumari Maharjan** (not shown in photo).





Also visiting us this week was Rtn. Jaclyn Bork of Sarnia Ontario, Canada. (center)



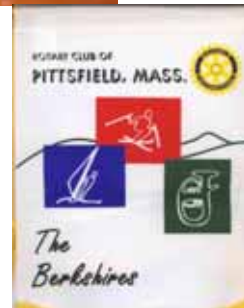
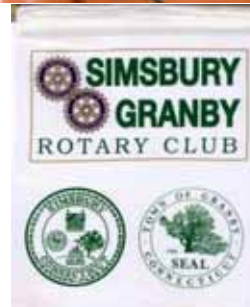
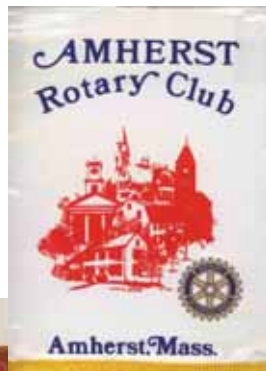


Visiting GSE Team



This week Mid-Town was happy to welcome **Barbara Spiegel (team leader)**, **Liz Jordan**, **Nate Helminiak**, **Matt Hill** and **Katherine Piedra** of the visiting GSE team.

Mid-Town wishes them all the best for their visit and says, 'stay in touch!'





The Dharamasthali DWS project:



With the Women for Human Rights (WHR) group at their site office Dharamasthali DWS project. The photo above shows RC - KMT members (PP Gopal, Pres. Pratap and CSD Rtn. Amar) taken at the office on 1 Apr. 2011.



The project is in the pipe line is # MG 74398 - DWS project Dharasthali;

Budget outlay : US \$ 28,424. This project is the outcome of the GSE visit program under **PP Gopal** and involves three UK based partners: **RC Club - St. Ives Rtn. Derek Hall), RC - Plymouth (Rtn. Darren**



Handa); RC - Mounts Bay (Rtn. Karsten Nissen).

The project is a joint undertaking with the WHR group and will be for: 2 water tanks of 20,000l capacity providing gravity flow to distribution taps for water supply to 1340 people in the community.



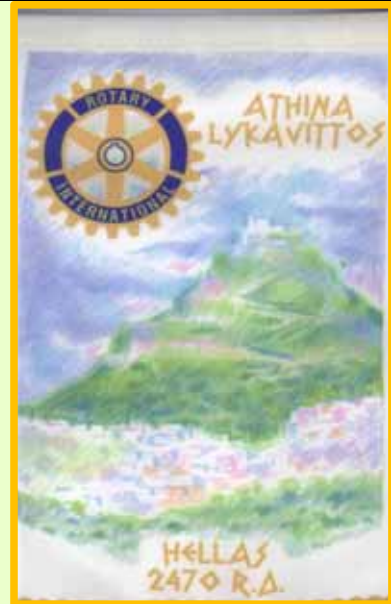
A letter from friends at Rotary Club Athinai-Lycavitos

Dear friends and colleagues,

Rotary Club Athinai-Lycavitos wishes to thank you for the friendly welcome, collaboration and warm hospitality, which all members of our group enjoyed during our trip to Nepal.

Especially the Greek medical volunteer team has appreciated very much your participation, preparation and help to the medical mission in Nepal's jungle.

We must say that we are strongly impressed by the inhabitants of the area, the volunteers and by all members who -with their participation- contributed to this program.



The Prasauni village is our favorite village in Nepal and its inhabitants have impressed us very much.

*We would like to express our thanks especially to the **Ambassador of EU Dr. Alexander Spachis**, who is the connecting link between us, to the President of Rotary Club of Kathmandu Mid-Town Rotarian Pratap Malla, to Dr. Pabitra Jung for the immense effort to prepare the conditions in the village, the President of **Help Nepal Organisation Mrs Sharmila Mainali** and all those who helped us during those days to accomplish the program successfully.*

The medical group wishes strongly to organise another mission, hopefully next year, and expects even more satisfactory results from this collaboration.

Regarding the letter about the student Lakun Bote, we are pleased to inform you that Rotary Club Athinai-Lycavitos has decided to assist with financial support his studies with 30 euros/per month for two years. All our members are also waiting for news regarding the school in Pokhara, the progress of the works once they start and possibly some photos.

Yours sincerely,

*Dora Spachi
President of Rotary Club Athinai-Lycavitos*

*Dr. Marianna Kaloida
Leader of medical mission*

A letter from Rtn. Hans Martin Scheuch

Sat, April 2, 2011



Dear Rotarian Malla, dear Rajesh,

Rtn Malla, perhaps you know that my wife and myself founded this project, motivated by our several visits in Nepal.

Now I am very happy to see that you Rtn Malla as Primary Contact and as the person who has run this wonderful project so successfully, as I have already written, that we all can be proud of this result. Rtn Karlheinz Nothnagel has visited the project site last autumn and reported about his impressions.

Dear Rtn Malla I wish to thank you also on behalf of my wife Helga for what you have done for the children in the area of Lamjung and Gorkha and now you are willing to continue this project for another 3 years, thank you again!

I also thank Rtn Karlheinz Nothnagel for his successful activity to generate 35.000 \$ for the next 3 years for these girls, that they can be educated longer and better.

Dear Rajesh, as I have written in mails I have given up my service for Nepal Rotarian activities after 8 years.

I wish to say good bye and send greetings and best wishes to you and all Rotarian friends in the Nepal NGIC. I wish you all the very best!

Because of health reasons I think it will not be possible to visit Nepal again.

Goodbye friends.

Yours ,

Hans Martin

On the lighter side

European shopping bags?





Pease send information/suggestions/photos for the next volume to:
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