



# breakfast chatter



Weekly bulletin of the Rotary Club of Kathmandu Mid-Town  
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

Sept. 10-16<sup>th</sup> 2010

Vol. 11 of '10/'11

## थी वडेरुइ इपेकर



### Telemedicine in rural areas of Nepal

Cooperation between a few non-government organizations working together for better health care and education has resulted in a distinctive prototype of telemedicine network in Nepal. This WiFi based network, connecting the centrally located Kathmandu Model Hospital to a number of remote hospitals and rural health centers in the hills, has already started producing tangible results. These are reflected in knowledge / skill of health care providers, doctors' willingness to work in remote areas, and improved health care. Preparations are being made for virtual classrooms in more remote areas, cooperation between like-minded institutions and for achieving technical capability to provide real time assistance

in invasive procedures at the remote end.

All this demonstrates that citizen's initiative can compensate, at least partially, for the weakening of the State during political instability, and may contribute in national development. It also shows the importance of communication and information technology in providing healthcare in poor countries. We believe that this experience is reproducible, and, in global connect, may contribute towards world peace through people-to-people cooperation.

**Biography :** **Dr Saroj P. Dhital** M.D.,D.Med, is a general surgeon with interests beyond clinical surgery. One of the founders of Public Health Concern Trust-Nepal ( PHECT ), he is the Chief of the Department of Surgery in Kathmandu Model Hospital and Director of Academic Affairs, PHECT. His interest in 'Demystification of Knowledge for Empowerment of People' led him to work for promoting rural surgery. This also led him to close association with individuals and institutions working in the field of communication and information technology. He is currently holding the responsibility of Director of Health Sciences and Telemedicine in NREN. Dr. Dhital is also active in Citizen's Movement for Democracy and Peace in Nepal and is the senior Vice-president of the Physicians for Social Responsibility-Nepal (PSRN), an affiliate to the International Physicians for Prevention of Nuclear War (IPPNW). He is the current President of America-Nepal Medical Foundation (ANMF - Nepal).

## last week's speaker

### Mid-Town gets first-hand info on the Gautama Buddha International Peace Award

**Rtn. Kul Chandra** told Mid-Town a little bit of the history of Gautam Buddha International Peace Award. The First World Buddhist Summit held in December 1998 unanimously passed a declaration designating Lumbini, Nepal, the birthplace of Lord Gautam Buddha, as the fountain of World Peace. It also passed a resolution to establish an International Peace Prize named after Lord Gautam Buddha. The **Gautam Buddha International Peace Award** was formally announced by the Government of Nepal in 2002. Its objective is to recognize and honor individuals and institutions around the



### Gautam Buddha International Peace Award

world that have made a significant contribution to peace and non-violence inspired by the teachings and messages of Lord Buddha.

The purpose of the Gautam Buddha International Peace Award is to recognize and honour individuals and institutions from around the world that have made significant contributions to peace and non-violence inspired by the teachings of Lord Buddha.



Nepalis consider Gautam Buddha as a great national luminary, and Asia's guiding light as well as a messenger for peace in the world. An Award named after Gautam Buddha, would enhance Nepal's position in the international arena, and encourage Nepal to follow the path of peace in its domestic policies as well as in its international relations. It will also be helpful in developing Lumbini as a major global Buddhist pilgrimage site. Most importantly, the Award would promote Buddha's message





of peace, non-violence and human solidarity, values that are so essential in our world today.

The Peace Award Management and Coordination Committee is headed by **Mid-Towner Rtn. Kul Chandra Gautam**, (former assistant UN general secretary). The committee comprises **Dr Bimal Koirala**, former chief secretary, artist **Urmila Garg**, singer **Aani Choying Dolma**, and **Acharya Karma Sangbo Sherpa**, vice-chairman of Lumbini Development Trust (LDT).

*"The need for global solidarity may seem like a modern concept, but it is not. More than 2,500 years ago, the Buddha taught that nothing exists in isolation, and that all phenomena are interdependent. Just as profoundly, he taught that we cannot be happy as long as others suffer, and that when we do reach out, we discover the best in ourselves." – UN Secretary-General Ban Ki-Moon*

For more information see <http://www.buddhaintpeaceaward.gov.np/>

# calendar

date	theme
<p><b>September is Rotary 'New Generation' Month</b>  It could be called "the month of our future" because investing in our youth is our future.</p>	
10 Sept.	Rosh Hashanah ends at nightfall
10 Sept.	Eid ul-Fitr (often Eid) is the Muslim holiday that marks the end of Ramadan.
10 Sept.	Teej --The first day of the three day Teej.
12 Sept.	Rishi Panchami Last day of Teej -- after the completion of the previous day's puja, women pay homage to various deities and bathe after which women are considered absolved from all sins.
16 Sept.	<p><b>International Day for the Preservation of the Ozone Layer</b></p> <p>The United Nations' (UN) International Day for the Preservation of the Ozone Layer is celebrated on September 16 every year. This event commemorates the date of the signing of the Montreal Protocol on Substances that Deplete the Ozone Layer in 1987.</p> 
17 Sept.	Ek Aswin
17 Sept.	 <p><b>Yom Kippur begins at sunset</b></p> <p>Yom Kippur, also known as the <b>Day of Atonement</b>, is the holiest day of the year for Jews. Its central themes are atonement and repentance. Jews traditionally observe this holy day with a 25-hour period of fasting and intensive prayer, often spending most of the day in synagogue services. Yom Kippur completes the annual period known in Judaism as the High Holy Days</p>
19 Sept.	<b>RC KTM Mid-Town Board Meeting</b> (Board members pls. let Pres. Pratap know if you will be attending. Chairs to present their annual to-date reports.)
23 Sept.	<b>Rotary/Rotaract Literacy Project.</b> Venue: 2:-4:PM Jana Sewa Higher Sec. School. Chief Guest: our <b>DG Tirtha Man Shakaya</b> (contact for details: <a href="mailto:aton_anil@yahoo.com">aton_anil@yahoo.com</a> )
24 Sept.	Visit of <b>DG Tirtha Man Sakya</b> to RC KTM Mid-Town
1 Oct.	  <p><b>Rotary Club of New Road City</b> is organizing its 2<sup>nd</sup> <b>Rotary Mega Musical Nite-2010</b> great music from the "HEART BRAKERS BAND &amp; Karaoke". Regal Ballroom - Hotel Yak and Yeti. For more information please contact Chairperson Dr. Harsha Ratna Shakya at Cell: 98510-21413 or <a href="mailto:upinc@wlink.com.np">upinc@wlink.com.np</a></p>



## rotaract news

### Invitation

Your presence would be highly appreciated at a program  
**Classroom Handover to Jana Sewa Higher Secondary School**  
By the Rotaract Club of Kathmandu Mid-Town  
**Chief Guest:** DG Tirtha Man Sakya

**Date:** 23<sup>rd</sup> September 2010      **Time:** 2:00PM onwards  
**Venue:** Jana Sewa Higher Secondary School, Panga, Kirtipur

**For details contact:** Rtr. Anil Chaudhary ([anton\\_anil@yahoo.com](mailto:anton_anil@yahoo.com)) Mob. 9841765148



## interact news

### Invitation

Your presence would be highly appreciated at  
Joint Interact Installation Ceremony of  
Interact Clubs of Kathmandu Mid-Town

**Date:** 18th September 2010  
**Time:** 2:00PM onwards  
**Venue:** Mangal Higher Secondary School, Naya Bazar, Kirtipur

**For details contact:** Rtr. Anil Chaudhary ([anton\\_anil@yahoo.com](mailto:anton_anil@yahoo.com)) Mob. 9841765148

## thought for the day

**Walking is man's best medicine.**

*Hippocrates, the Father of Medicine (460-377 BC)*



## मिड-टाउन रोटोटराइ



**Ms. Sally Lehnhardt** was one of our guests this week – she hails from Chicago (home of RI Headquarters) in the USA. Sally enjoys travelling and has lived in more than 11 cities around the world. She is a Director of Information Systems with the global food giant Kraft Foods. Mid-Town wishes her happy trails -- bring samples next time!



## रु नुवा रूड सिटी क्लब तऱ मिड-टाउन

### RC New Road City comes to Mid-Town

Three friends from the RC New Road City: CP Rtn. **Dr. Harsha Ratna Shakya** (far right), Rtn. **Sunil Ratna Tuladar** (centre) and **PE Bijulee Prasad Shrestha** (far left) came to Mid-Town to share with us their plans for the 2<sup>nd</sup> Rotary Mega Musical Nite-2010



with great music from the "HEART BRAKERS BAND & Karaoke", which will take place at the Regal Ballroom - Hotel Yak and Yeti on October 1<sup>st</sup>. The evening is intended as an ice-breaker and promotional event for Rotary in Nepal. Please do plan on attending and bring your friends! Rtn. Sunil is one of the chief players in the Heart Breakers Band – and he promised us that hearts would be broken only temporarily!

There is a special relationship between RC Mid-Town and RC New Road City as Mid-Town helped to sponsor their club when they first started in 2004. Here we have a photo with the two charter presidents – they can be justly pleased with their very vibrant and active clubs.

For more information please contact Chairperson Dr. Harsha Ratna Shakya at Cell: 98510-21413 or [upinc@wlink.com.np](mailto:upinc@wlink.com.np).



### Is Kollywood calling Mid-Town?



KIST Bank started a television show "KIST Talk: A Tribute to Business Excellence", a monthly presentation and interaction programme, on Tuesday Sept. 7<sup>th</sup>.

The programme is designed to bring the excellence in skill and the mindset of Nepali youngsters by bringing prominent figures in Nepali business to share their lifetime ideas, modalities and experiences in the related field. The programme has been designed in two parts. The first part features an interview with the guest and an interaction with the participants. The

bank plans to conduct 11 shows in the current fiscal year which will be hosted by **Mid-Towner Ranjeet Acharya**, a renowned media personality.

"Considering the upcoming Nepal Tourism Year 2011 and being a prominent woman entrepreneur in the hospitality sector, we have invited **Mid-Towner PP Rtn. Mrs. Ambica Shrestha**, president of Dwarika's Hotels and Resorts as our first guest," said Kamal Gyawali, managing director of KIST Bank.

"In the current fluid situation of the country, if we could all perform our rightful duty, the problems in the country will surely be overcome," said Shrestha. "Blaming the government would not help us to excel in the development of the country."

In the programme, Shrestha highlighted the measures she had taken to overcome the different problems she came across during the past 31 years of her career. She also requested banks and financial institutions to help people who have vision and an entrepreneurial mindset in financial matters. "With an emphasis on micro finance and small and medium enterprises lending in the monetary policy, banks and financial institutions will not overlook the subject of micro finance and SMEs," added Gyawali. See: <http://www.ekantipur.com/2010/09/08/business/kist-bank-starts-tv-show/321920/>



### Mid-Town helps kidney patient

In the last decade, kidney-related health problems have emerged as a major healthcare issue in Nepal. While hospitals here offer no integrated data about the number of kidney patients in Nepal, the National Kidney Center estimates that as much as 10 percent of the population, 2.6 million people, are affected by some kind of kidney disease. Recent data suggests that as many as 3,000 people die from

kidney failure every year in Nepal.

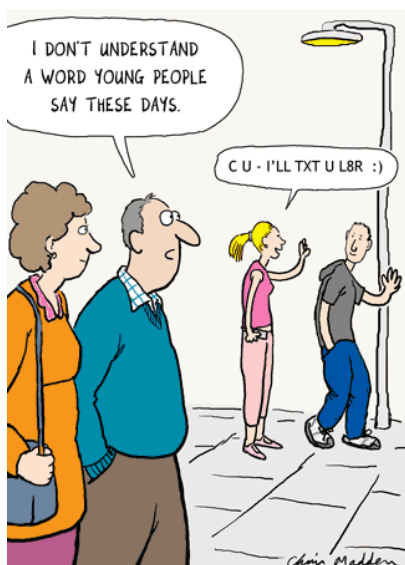
Last week RC Mid-Town was happy to announce a donation of 29,000 Nrs. to Kidney Center for **Ms Subila Rai**. These funds will be matched by the Kidney Centre.

## on the lighter side

A paraprosochian (from Greek "παρα-", meaning "beyond" and "προσδοκία", meaning "expectation") is a figure of speech in which the latter part of a sentence or phrase is surprising or unexpected in a way that causes the reader or listener to reframe or reinterpret the first part. It is frequently used for humorous or dramatic effect, sometimes producing an anticlimax. For this reason, it is extremely popular among comedians and satirists. Some paraprosochians not only change the meaning of an early phrase, but also play on the double meaning of a particular word, creating a syllepsis.

- I asked God for a bike, but I know God doesn't work that way. So I stole a bike and asked for forgiveness.
- Do not argue with an idiot. He will drag you down to his level and beat you with experience.
- Going to church doesn't make you a Christian any more than standing in a garage makes you a car.
- The last thing I want to do is hurt you. But it's still on the list.
- Light travels faster than sound. This is why some people appear bright until you hear them speak.
- If I agreed with you we'd both be wrong.
- War does not determine who is right - only who is left.
- Knowledge is knowing a tomato is a fruit; Wisdom is not putting it in a fruit salad.
- The early bird might get the worm, but the second mouse gets the cheese.
- To steal ideas from one person is plagiarism. To steal from many is research.

## mid-town humor



Please send information/suggestions/photos for the next volume to:

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