




# Breakfast Chatter

Rotary Club of Kathmandu Mid-Town  
District 3292, Club 26776, Chartered 08 Nov. 1989



March 10 <sup>th</sup> 2010		Weekly Bulletin	Volume 35 of '09/'10
This week's speaker			
TBA			
Calendar			
Date	Theme		
March 8 <sup>th</sup>	International Women's Day		
March 8 - 14	R otaract clubs around the world are celebrating World Rotaract Week, in honor of the charter of the first club in North Carolina, USA. During the week, Rotaractors and their sponsor Rotary clubs partner on a service project and attend each other's meetings.		
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March 19 <sup>th</sup>	R. R. Jordan, Author		
March 21-22	President Elect Training Seminar (PETS), RYLA		
March 21-22	Polio National Immunization day		
Rtn Som (Vice President) responding to questions after his presentation			
			
Mid-Town Reflection			

They who lack talent expect things to happen without effort. They ascribe failure to a lack of inspiration or ability, or to misfortune, rather than to insufficient application. At the core of every true talent there is an awareness of the difficulties inherent in any achievement, and the confidence that by persistence and patience something worthwhile will be realized. Thus talent is a species of vigor.

*Eric Hoffer (1902 - 1983)*

How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and strong. Because someday in your life you will have been all of these.

*George Washington Carver*

### Rtn. Pratap's Site visit of the upcoming Basketball court at Lele





## New generation lifts up the next

By Maureen Vaught

Rotary International News -- 9 March 2010



Central club service chair Candy Ma (left) joins a young project recipient at the Hong Kong Broadband TV station.  
*Photo courtesy of Rotary Club of Central, Hong Kong*

[Rotary International](#) on Facebook

The Rotary Club of Central, Hong Kong, understands the value of helping young people reach their potential.

Over a third of its 33 charter members come from a Rotary background, having been involved in Rotary Foundation programs, Rotaract, or RYLA, or as other members of the family of Rotary. So it's not surprising that the club's first service projects would involve helping youth.

Sponsored by the Rotary Club of Tai Po, the Central club was chartered in June. Just two months later, the club was awarded a Rotary Foundation District Simplified Grant of US\$2,000 in support of a Make a Wish project to help children, ages 7 to 14, who have migrated from mainland China assimilate into their new culture.

"Through group activities and workshops, we hope to develop their interpersonal skills and boost their self-confidence," says charter president Fonia Wong, a former Group Study Exchange team member and Rotaractor. "We also hope to enhance their understanding of Rotary to pave the way for future involvement in Interact or Rotaract."

In cooperation with the HKSKH Kowloon City Children and Youth Integrated Service Center, the club has organized a variety of activities, including a community service project, a visit to an amusement park, and a tour of a local television station.

Following the visit to the TV station, the club held a series of six journalism workshops on writing and photography. In April, the young people used their newfound skills to "cover" the 10th anniversary of the opening of the Kowloon children and youth center.

"We want to encourage the children to pay attention to the daily news and develop confidence in expressing themselves through words and photographs," Wong says.

With an average age of 33 and professional backgrounds as varied as public relations, investment banking, and entertainment, members of this New Generations club didn't lack for extracurricular activities, but they chose Rotary.

The Central club's launch "was a dream come true for several RI- and district-driven initiatives to retain scholars and alumni within the Rotary family and extend the service platform to the younger generation," says Tai Po club member Claire Mak, who serves as District 3450 Governor Ada Cheng's special representative to the Central club. "It is a pleasure and a privilege to work with a bunch of enthusiastic, fresh Rotarians with a clear vision to serve."

## Rotaractor Week

### A commitment to service in Sri Lanka

by Eve Neiger

*The Rotarian* -- March 2010



Rotaractors from District 3220 celebrate the full-moon holiday of Poya by volunteering at the nonprofit Prithipura Infants Home in Hendala, for children and young adults with disabilities. *Photo by Nooranie Muthaliph*

Every month, Rotaractors from District 3220 (Sri Lanka) celebrate the full-moon holiday of Poya by volunteering at the nonprofit Prithipura Infants Home in Hendala, for children and young adults with disabilities.

In Sri Lanka, Buddhists often observe Poya days with temple visits, fasting, and contemplation. Since 2008, the Rotaract clubs in Colombo have marked it at the Prithipura home.

Rotaractors such as Husna Rafeek, of the Rotaract Club of Colombo, and Lathika Kuruppu, of the Rotaract Club of Colombo Mid-City (both pictured above), spend time with the residents, talking, playing games, and sharing tea. They also work in the garden at Prithipura.

"Small things like this matter a lot in changing the lives of Rotaractors and the people in these institutions," says Nooranie Muthaliph, a member of the Colombo club.

**7,838**

Number of Rotaract clubs worldwide as of 30 September

**1968**

Year that the first Rotaract club was chartered

**48**

Number of Rotaract clubs in Sri Lanka

**1969**

Year the Rotaract Club of Colombo was chartered

*Preparing for the new Rotary year*



Presidents and Presidents-Elect of RC Kathmandu Midtown and Rotaractor Club of Kathmandu Midtown

**Please send information/suggestions/photos for the next volume to:  
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