



Breakfast chatter



Weekly bulletin of the Rotary Club of Kathmandu Mid-Town
District 3292, Club 26776, Chartered 8 Nov. 1989; 'Best Club' in Nepal 2009/2010

April 1st – April 7th 2011

Vol. 40 of '10/'11

Speaker for April 8th



Presentation by visiting GSE team (Host PP Gopal)







The Rotary Foundation's Group Study Exchange (GSE) program is a unique cultural and vocational exchange opportunity for businesspeople and professionals between the ages of 25 and 40 who are in the early stages of their careers. The program provides travel grants for teams to exchange visits in paired areas of different countries. For four to six weeks, team members experience the host country's culture and institutions, observe how their vocations are practiced abroad, develop personal and professional relationships, and exchange ideas.

A Past President Remembers



Past President Rtn.
Hartmut Bauder of RC
Kathmandu Mid-Town
donated of **1000€** for the
Tsunami Fund in Japan, to
the Rotary Club of Tokyo,
on behalf of RC
Kathmandu Mid-Town.



calendar	
date	theme
<p align="center">April – Magazine Month</p> <p>April is Magazine Month, a time to celebrate the global network of Rotary's official magazines, which provide valuable information to 1.2 million Rotarians.</p>	
3 April	 <p>Ghode Jatra Place: Bhadrakali, Tundikhel Legend has it that centuries ago, a demon named Tundi brought terror and destruction to the villagers who finally crusaded together and slayed him on the very ground where the showground of Tundikhel lies today. The Newar villagers then rejoiced their victory by dancing on the demon's body and crushing his remains with their</p>
7 April	 <p>World Health Day – 7 April 2011 Antimicrobial resistance and its global spread WHO will launch a worldwide campaign to safeguard these medicines for future generations. Antimicrobial resistance and its global spread threaten the continued effectiveness of many medicines used today to treat the sick, while at the same time it risks jeopardizing important advances being made against major infectious killers.</p>
April 8-11	 <p>Rotary District Conference District 3292 Nepal Theme: Commitment to Serve Venue: Nepal Army Officer's Club, Tundikhel, Kathmandu, NEPAL</p>
14 April 1 Baisakh 2068	 <p>HAPPY NEW YEAR 2068</p> 
15 April	 <p>The guest speaker will be Fulbright scholar Mark Arnoldy</p>

22 April	<p>International Mother Earth Day is celebrated to remind each of us that the Earth and its ecosystems provide us with life and sustenance. International Mother Earth Day provides an opportunity to raise public awareness around the world to the challenges regarding the well-being of the planet and all the life it supports.</p> <p>"Mother Earth, our only home, is under pressure. Without a sustainable environmental base, we will have little hope of attaining our objectives for reducing poverty and hunger and improving health and human well-being." <i>Sec.-Gen. Ban Ki-Moon</i></p>	
22 April	<p>PDG Tanya Wolff District 6330 From the Rotary Club of Sarnia Ontario, CANADA</p>	
24 April	 <p>Easter is a holiday that Christians celebrate. It is a holiday to celebrate when Christians believe that Jesus Christ is said to have returned from the dead. Christians believe that Easter is the holiest day in the year. Easter is celebrated on the first Sunday, following the first full moon, following the first day of spring. Some people who are not Christians celebrate the beginning of Spring at Easter. The word, "Easter" comes from the ancient German word, <i>Eastre</i>, Goddess of the Spring.</p>	
29 April	<p>In-house speaker Rtn. Rabi Karmacharya</p>	
21-25 May	 <p>Rotary International Convention in New Orleans Remember to let PP CK know if you will be attending.</p>	

A THOUGHT FOR TODAY:

"Anthropology is the science which tells us that people are the same the whole world over – except when they are different." -*Nancy Banks Smith, British writer and critic*

A THOUGHT FOR TOMORROW

The Dalai Lama, when asked what surprised him most about humanity, answered "Man. Because he sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived."



Indian philanthropist donates another U S \$1.12 million to polio eradication

By Antoinette Tuscano Rotary International News -- 29 March 2011 (adapted)

Rajashree Birla has given a combined total of more than \$4.2 million to The Rotary Foundation for polio eradication.

Rajashree Birla, of Mumbai, Maharashtra, India, has donated another US\$1.12 million to The Rotary Foundation in support of Rotary's US\$200 Million Challenge.

Including this contribution, Birla has given a combined total of more than \$4.2 million to the Foundation for polio eradication.

Foundation Trustee Ashok M. Mahajan says that Birla's extraordinary generosity stems from her belief that giving to others is the best way to make a lasting change in the world. As a mother, she has compassion for the young victims of polio and wants to help Rotary achieve its goal of eradicating the disease, he says.

"Mrs. Rajashree Birla strongly believes that what we have done for ourselves dies with us. But what we do for others remains forever," he says. "Charity begins at home but should not end there."

Mahajan adds that Birla has confidence in the Foundation's ability to use the money wisely. Birla's late husband, Aditya Birla, made the Aditya Birla Group into a Fortune 500 company and one of the largest in India, employing more than 100,000 people in over 20 countries. Her eldest son, Kumar Mangalam Birla, is chairman of the board, and she serves as a director.

The family has a longstanding commitment to business accountability and community service. Birla continues that legacy through her leadership in the Aditya Birla Centre for Community Initiatives and Rural Development, where she oversees projects that address education, health care, and other social issues.

Among her many awards and honors, Birla is an honorary member of the Rotary Club of Bombay, which presented her with the Citizen of Bombay Award in 2003. In 2004, she received the Pride of India Award from the Rotary Club of Mulund, where she is also an honorary member.

The Aditya Birla Centre has helped immunize about three million children against polio in 3,200 villages in India, one of the four remaining polio-endemic countries.



fellowship



A visitor from RC
Sarnia, Canada

Our guest this week was
PDG Tanya Wolff from
RC Sarnia, Ontario,
Canada. Rtn. Tanya will
be our guest speaker on
April 22nd.

Our ADG Rtn. Nanda
Ram Baidya visited Mid-
Town on the occasion of
our 4th Club Assembly for
2010-2011.



DISTRICT MEGA HEALTH CAMP at BANDIPUR, 14th -18th March 2011



The people of Bandipur gave an extremely warm welcome! The team was welcomed warmly by the residents of Bandipur with garlands, bouquet of flowers and tika. The group walked towards the town amidst a variety of dances to the melody of many local musical instruments of drums and flutes. The Health Camp was inaugurated at the hospital by the District Governor of the two districts **Rtn Tirtha Man Sakya (RI District 3292-Nepal)** and **Dr. Kochitty Abraham Abraham (RI District 3310, Singapore representing Rotary Clubs in South Malaysia ie south of the capital Kuala Lumpur, Singapore, Malaysian Borneo and Brunei).**



Participating Rotary Clubs and Other Organizations



Rotary Clubs from Nepal: Rotary Clubs of: Patan West, Kathmandu Mid-Town, Patan, Yala, Durbar Square, Kathmandu West, Rotaract Club Of Kathmandu Mid-Town

Rotary Clubs from abroad: Rotary Clubs of Singapore: Marina City, of Garden City, Singapore, Bugis Junction; and Pontian, Malayasia, Banda Sri Begawan, Brunei, and Philanthropic Organizations of Singapore

Hospitals and Other Organizations: National Dental Hospital, Kathmandu; National Cancer Hospital Jawalakhel; Bandipur Social Development Committee; Bandipur Hospital Cooperation Committee; Bandipur Hospital and, Nepal Eye Hospital

Corporate sponsors:



The medical services provided

The medical services provided included: gynecological (including Pap smear testing), dental, medical, eye (including cataract surgery), sight testing, ENT for a total of **3120** services provided over the course of three days and more than 25% of the patients benefited from more than one service. The services were:

- **Dental:** General check up and necessary treatment.
- **Gynecological:** General check up and necessary treatment.
- **Eye:**
 - a) Cataract surgery with IOL implant performed on 37 patients
 - b) check up and necessary treatment
 - c) **Sight Testing** of school children to detect refractive error and address avoidable blindness this was conducted by the **Rotaracts**
- **Medical:** General check up, focus on pulmonary and cardiac condition.
- **ENT:** check up and necessary treatment
- **Awareness Programs:**
 - Cancer awareness with PAP Smear collection
 - Health and hygiene with emphasis on proper hand washing and correct tooth brushing for better health
 - ECG, Echo Cardiogram, Pulmonary funct. test, ultrasonography, X-ray, urine, etc..
 - Free distribution of soap and toothpaste sponsored by **UNILEVER**
 - Free supply of medicines
 - Free leaflets on the acceptance of the physically challenged "we are all abled".



People thronged the camp from early morning from villages all around Bandipur.



A Message from the Chair

Dr. Madan Kumar Piya,

As chair of the Mega Health Camp I would like to thank **Dr. Chandra Lekha Tuladhar** for all the effort she made to make the camp a grand success. I am also grateful to all the volunteers and doctors from **Nepal** and **Singapore**, and **Brunei** who took part in this camp. I am also thankful to **Philanthropic Organizations of Singapore** who supported the camp and donated substantially.



Rotary Inter- District meeting was conducted later in the evening at Bandipur Mountain Resort, Tundikhel, Bandipur. It was well attended by many Singaporean Rotarians, volunteers and their family members, many Nepalese Rotarians – District officials, members of Rotary Clubs, Anns, Rotaracts and volunteers. Dinner for a total of 150 was sponsored by **Rtn. Santa Kumar Shrestha (PP of RC Patan)**. Warm fellowship with singing and dancing made the evening memorable for all. **Dr. Tham Meng Keat** was honored as honorary member of RC Patan West. DG Mr. Tirtha man Sakya pinned Dr. Tham. In the presence of 2 Dist. Governors, Rtn. Mr. Bhoo Arun Malla, member of RC Metrocity presented an Encyclopedia to Bhanu Higher Secondary School. Dr. Kochitty Abraham Abraham, DG form 3310 inaugurated the extension building of Bandipur campus. The financial support was provided by **RC Singapore**.



Mid-town news

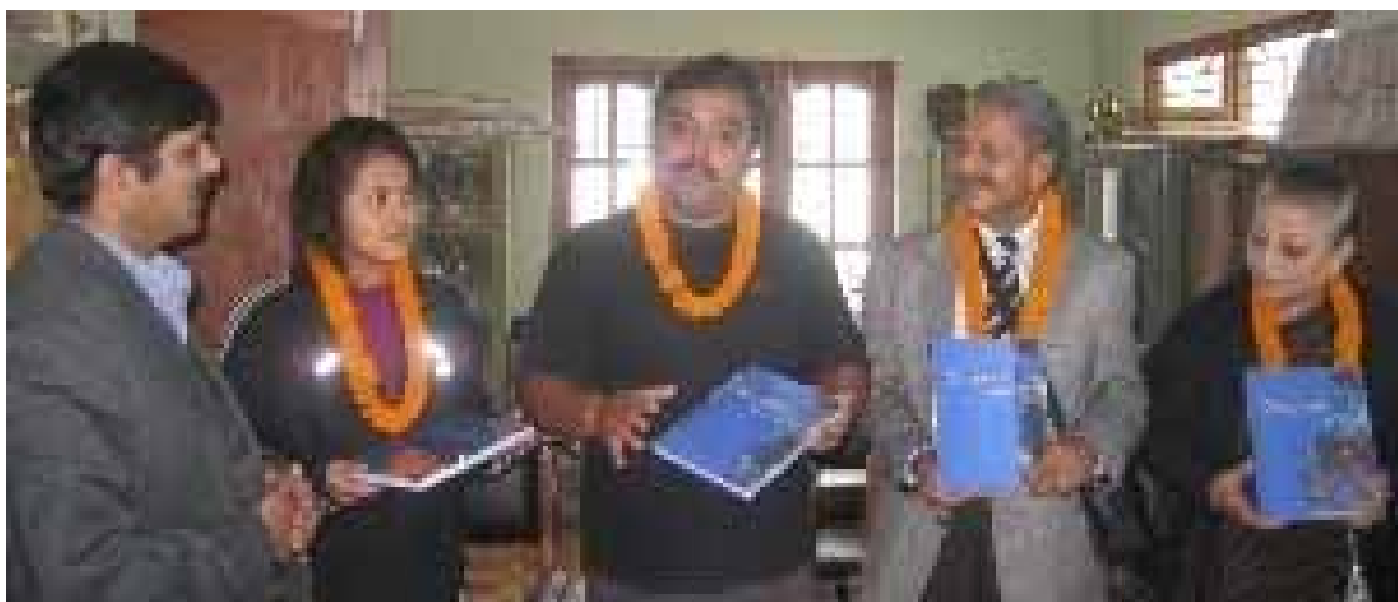
Mid-T own celebrates literacy month

RC - KMT has been associated with **Sita Ram Higher Secondary School in RAMKOT**, since 1990. Twenty years ago it was a small school and the road to Ramkot was long and unpaved. The road is now paved and getting to Ramkot is now relatively easy Old Mid-Towners will remember that 20 years ago, through its co-sponsor **RC Borken, Germany**, had provided Rs 6.5 lacs as seed money then to start the (10+2) curriculum. The interest on this money has



been spent on various school activities over the decades. Every year Mid-Town, in collaboration with **RC Borken**, has provided scholarships. This year as part of RI's literacy month – RC-KMT presented two checks : 40,000 Nrs for the Scholarship & Teachers Incentive Program and 20, 000 Nrs for sports development.

In addition, this year, with the combined effort of **RC Metro**, a set of Encyclopaedia was also provided for the school library. The photo below shows **Rtn. Arun Malla (centre) of RC Metro** holding up one of the encyclopaedia books.





Mid-Town News

Mid-Town felicitates its Multiple Paul Harris Fellows



Donors of US\$1,000 or more to the Annual Programs Fund, PolioPlus, or the Humanitarian Grants Program, or people who have that amount contributed in their name, can be recognized as Paul Harris Fellows.

This week Mid-Town was happy to recognize as multiple fellow, **PP Subarna**, he received his pin by **CP Senior PHF Rtn. Roop**. Other Mid-Town multiple Paul Harris Fellows received their Letters of Appreciation from visiting **AG Rtn. Nanda Ram Baidya**

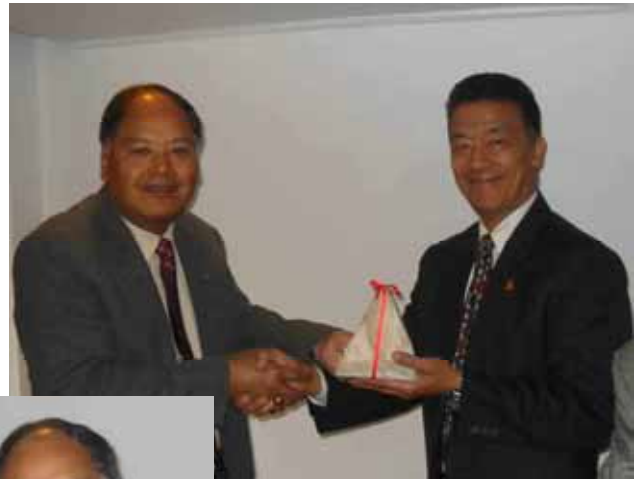
Mid-Town is a 100% Paul Harris Fellow Club





More Mid-Town News

It was also a happy occasion to felicitate Mid-Towners for their good deeds throughout the year. **CP Rtn. Roop** was felicitated for all-round support, **PP Joytsna** for her activities in Club Fellowship and especially the picnic, **PP Lekha** for her mentoring of Rotaracts, **Rtn. Buddha** for best newcomer and **Rtn. Isa** for Breakfast Chatter.





Surya Nepal commits Rs. 11.2m for golf development



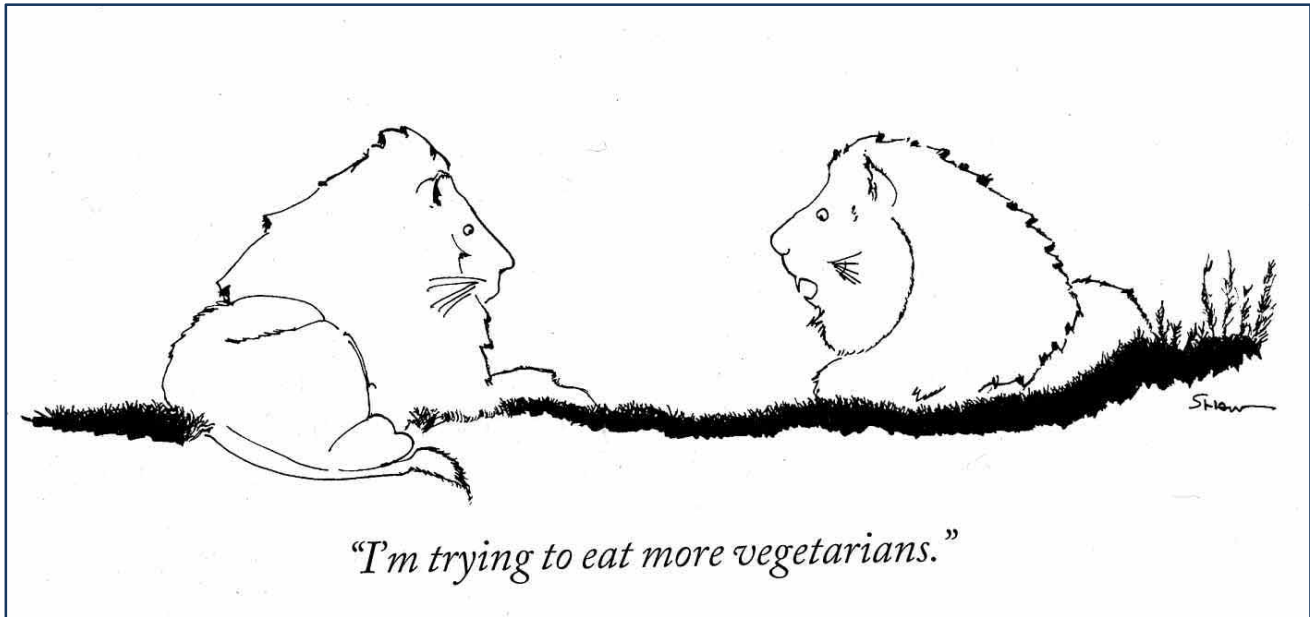
**RECORD
DEAL**

Laishram Buddha Singh of Surya Nepal and NPGA
President Rabindra Man Shrestha sign a deal on Thursday.



Mid-Town was happy to collect quite a lot of sunshine this week – **Rtn. Buddha** was celebrating his CSR work – Sergeant at Arms **Rtn. Sharmila** was happy to have closed the accounts from last year and **PP Rtn. Mani** was celebrating his (39th?) birthday.

On the lighter side



Please send information/suggestions/photos for the next volume to:

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