

A Message from our President 2015-16, Rtn. Paras SJB Rana



Over the past 25 years Rotary Club of Kathmandu Mid-Town has maintained a high profile as cosmopolitan club, well-known for its diverse membership and many community service projects. We have enjoyed each other's company and we are proud that our happy fellowships has brought us together and helped us touch numerous lives of those less fortunate in the areas of education, sanitation, and health.

As we begin our Rotary year 2015-16, Nepal is still struggling to recover from a catastrophic earthquake and frightening aftershocks. From the outset, our club was actively engaged in earthquake assistance relief efforts. This year we will continue to work for rehabilitation, we will reinforce our partnerships, motivate and harness our network of dynamic Rotaracts and Interacts, and continue to reach out to the many Rotarians across the world who have shown extraordinary solidarity and generosity during this time of need.

This year, more than ever, we have an obligation to commit to "service above self". We count on all our members and partners to join us this year in this noble humanitarian mission in the spirit of our RI President K.R. Ravindran's presidential theme "Be a Gift to the World" by outstretching our helping hands with a bundle of love and care.

CLUB PROFILE

The Rotary Club of Kathmandu Mid-Town was chartered on the 8th of November 1989 with 26 members, 3 of whom were women – a landmark accomplishment on the very first year that Rotary International opened up its membership to women. Mid-Town was also the first 'breakfast' Club in Nepal. The Club Charter was presented to Charter President Dr. Roop Jyoti by the then incoming RI President Paula V. Costa. The members of the newly formed Club agreed to support the Rotary Foundation by becoming Paul Harris fellows. In 2011 the Club was officially recognized by Rotary International as a 100% Paul Harris Fellow Club.



Official name	Rotary Club of Kathmandu Mid-Town
RI Zone	6 (Asia)
RI District	3292 Nepal-Bhutan
RI Club ID	26776
Language	English
Weekly Meeting	Every Friday morning 7:30 AM
Web page	http://rotarymidtown.org.np/
Meeting location	Hotel Annapurna, Durbar Marg

Sponsored Rotaract Club: The Rotary Club of Kathmandu Mid-Town (Chartered on 16 February 1998) see their activities on Facebook at <https://www.facebook.com/Rotaractclubofktmmidtown> and on their web page at: <http://rotaractnepal.org.np/>

Sponsored Interact Clubs:

- Interact Club of Kathmandu Mid-Town, Kirtipur
- Interact Club of Kathmandu Mid Town, Pagna
- Interact Club of Kathmandu Mid Town, Thaiba (This was the first Interact club in Nepal, chartered on 11 June 1998)

Sponsored Rotary Community Corps (RCC):

- 1991 – Ramkot Village, Bagmati Zone
- 2008 – Lele Village in Lele VDC, Laitpur District
- 2013 – Sooryapal Village Improvement Committee in Sooryapal VDC, Lamjung District
- 2013 – Samaj Sudhar Kendra Dhuwakot in Dhuwakot VDC, Gorkha District

Sponsored Rotary Clubs:

- Rotary Club of New Road City and Rotary Club of Pashupati

Actual Club strength: Currently 53 members, of which 12 are women. Our Club includes members from many different nationalities i.e. Belgium, Canada, Denmark, Finland, Germany, Italy, Nepal, New Zealand, Switzerland, United Kingdom, and the United States of America.

The Rotary Foundation and Paul Harris Fellows: RC KTM Mid-Town has received Rotary International recognition as a 100% Paul Harris Fellow Club. Our Club has 14 Multiple Paul Harris Fellows and 3 Major Donors. Total all time giving to TRF \$USD 151,982 (as of 15 May 2015).

Past Presidents: Dr. Roop Jyoti (1989-91), Late Anoop Rana (1991-92), Ambica Shrestha (1992-93), Anand Tuladhar (1993-94), Niranjan Man Pradhan (1994-95), Yogendra Man Pradhan (1995-96), Dr. Chandra Lekha Tuladhar (1996-97), Mani Dhoj Joshi (1997-98), Gopal Sundar Kakshapati (1998-99), Giridhar Lal Manandhar (1999-2000), William Ma (2000-01), Ajaya Ratna Sthapith (2001-02), Hartmut Bauder (2002-03), Jyotsna Shrestha (2003-04), Arun Man Sherchan (2004-05), Komal Chitrakar (2005-06), Chandra Kumar Golchha (2006-07), Walter Dillar (2007-08), RR Shrestha (2008-09), Subarna Joshi (2009-10), Late Pratap Malla (2010-11), Dr Som P. Pudasaini (2011-12), Devendra N. Gongol (2012-13); Saroj Shrestha (2013-14), and Kul Chandra Gautam (2014-15).

Rotary Club of Kathmandu Mid-Town

Chartered 8 November 1989

Club ID: 26776; RI District 3292 Nepal-Bhutan



Be a gift to the world

Earthquake Relief Assistance 2015-16

The Club of Kathmandu Mid-Town and its dynamic Rotaract volunteers started delivering relief support to several affected communities in the outskirts of Kathmandu soon after the earthquake of 25 April 2015. In consultation with our Club members we decided that it was best for us to focus on the disaster-affected areas in the communities close to our partner Rotary Community Corps (Gorkha, Lamjung, Ramkot and Lele). Additionally, we decided to work in communities where our club has provided project support in the past (e.g. in Tistung and in Sindhupalchowk where we have worked on education projects), and areas where our Interact Clubs are located (Panga, Thaiba, and Kirtipur). We have long standing commitments to these communities where over the years we have built a relationship of understanding and trust. Rebuilding Nepal after this disaster will take a long time and we look forward to working with the Rotary Clubs from around the world who have kindly offered to partner with us in different ways.



Our Mid-Town Rotaracts helping to deliver tarps in Nawaipur VDC, Sindhupalchowk.



Mid-Towners helping to deliver parcels of aid donated by UNHCR to villagers in Tistung, Makwanpur District—these parcels contain one tarpaulin and blankets.



A scene from our RCC in Lele Village, Lalitpur (only a few km south of Kathmandu) where RC KTM Mid-Town has been active for about a decade. In the foreground, corrugated galvanized iron or steel sheets, (colloquially CI sheets) rescued from the rubble.



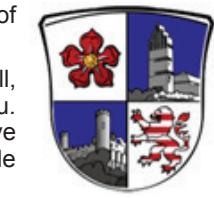
People gathering to collect tarpaulins – a makeshift sign acknowledges the donation by RC KTM Mid-Town.

Highlights of Recent Projects

Health, Hunger and Humanity (3-H) Grant – a recently completed multi-year project

Over the past ten years, the Rotary Club of Kathmandu Mid-Town has worked together with the Rotary Club of Mount-Everest and in collaboration with **RC Darmstadt-Bergstrasse RID-1860 Germany**.

This Health, Hunger and Humanity Grant focused on reproductive health by training Auxiliary Nurse Midwives. In all, 52 girls from 10 remote districts of Western and Far Western Nepal were selected and given training in Kathmandu. These young women have now returned to their home districts as full Auxiliary Nurse Midwives (ANMs) and have established clinics in their communities. In addition, they were given skills training and initial start up grants to enable them to operate small micro-credit schemes in conjunction with the clinics.



The Autonomous Province of Bolzano/Bozen-Italy donated fire brigade equipment to Kathmandu Metropolitan City

RC Kathmandu Mid-Town initiated and facilitated the signing of an MOU between the Autonomous Province of Bozen/Bolzano (South Tyrol – Italy) and Kathmandu Metropolitan City in 2010, for a 10-year technology transfer project which will help to equip, train, and modernize Kathmandu's existing fire brigade. The fire-fighting equipment will be used by Basantapur's Juddha Barun Yantra fire brigade.



Gift of Sight Eye Camp



This Camp is an ongoing project that has been conducted every year for the past 10 years with the help of the Rotary Club of Garden City, Singapore in collaboration with the Tilganga Institute of Ophthalmology in Kathmandu. Each year the project brings a few hundred villagers from remote areas to the eye hospital in Hetauda and gives them cataract surgery and eye care.

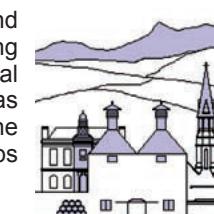


First Steps Himalaya

Giving children a childhood in the rural Himalaya



In collaboration with RC Oldmeldrum, Scotland RID-1010, this project provides ongoing support for improved teaching and educational standards to several schools in Irku, Kadambas and Sangachok in Sindhupalchowk District. The project is implemented through First Steps Himalaya.



Meet the Board for 2015-16



Paras SJB Rana
President



Shankar Sharma
President Elect



Kul Chandra Gautam
Immediate Past President



Peter Bodde
Vice President



Bhairava Panday
Secretary



Shyam Thapaliya
Treasurer



Sheri Meyerhoffer
Joint Secretary



Pramod Paudel
Club Administration



R R Shrestha
Membership



Deepak Bajracharya
Public Relations



Rabi Karmacharya
Service Projects



Gobinda Chepalu
The Rotary Foundation



C. Lekha Tuladhar
Youth Service



Isa C B Khadka
Sergeant-at-Arms

Club Mentor : PP William Ma
Club Web Master : Dr. Isa C B Khadka
Editor of Breakfast Chatter : Anja Moller Rasmussen

Club Trainer : PP Mani Dhoj Joshi
Club Information Technology/Management Officer : PPArun Man Sherchan

Our Youth Force



The Rotaract Club of Kathmandu Mid-Town, which was chartered on 16 February 1998, today has more than 55 members. They are one of the most active Rotaract clubs in Nepal and over the past 16 years they have been involved in many noteworthy projects. In 2014 they were selected for and successfully hosted the Rotaract District Conference in Kathmandu. They were also awarded the Rotary International Peace Grant for providing a water supply system to a backward Tamang village, Chamkar at Panauti, Kavre District, and presented their work at the breakout session of the RI Convention in Sydney. Follow them on Facebook at <https://www.facebook.com/Rotaractclubofkttmidtown> and on their web page at <http://rotaractnepal.org.np/>

Our Interact Club at Mangal High School, Kirtipur, won the prestigious 2013 Grand Prize of the Rotary International Interact Video Competition for its video "Seeds of Change", and received a personal letter of recognition from the RI President. This video was screened at the RI Convention in Sydney. Our Interact Club at Jana Sewa HS school, Paanga won a 2014 Safe Water Topic Prize with its video "Little Hands Together". The video was also screened for Rotarians from four districts