$$A^{-1} = \frac{1}{4} \begin{pmatrix} -1 & -1 & 3 \\ -1 & 3 & -1 \\ 3 & -1 & -1 \end{pmatrix}$$

$$B^{-1} = \begin{pmatrix} -1 & 1 & 0 \\ -3 & 0 & 2 \\ 2 & 0 & -1 \end{pmatrix}$$