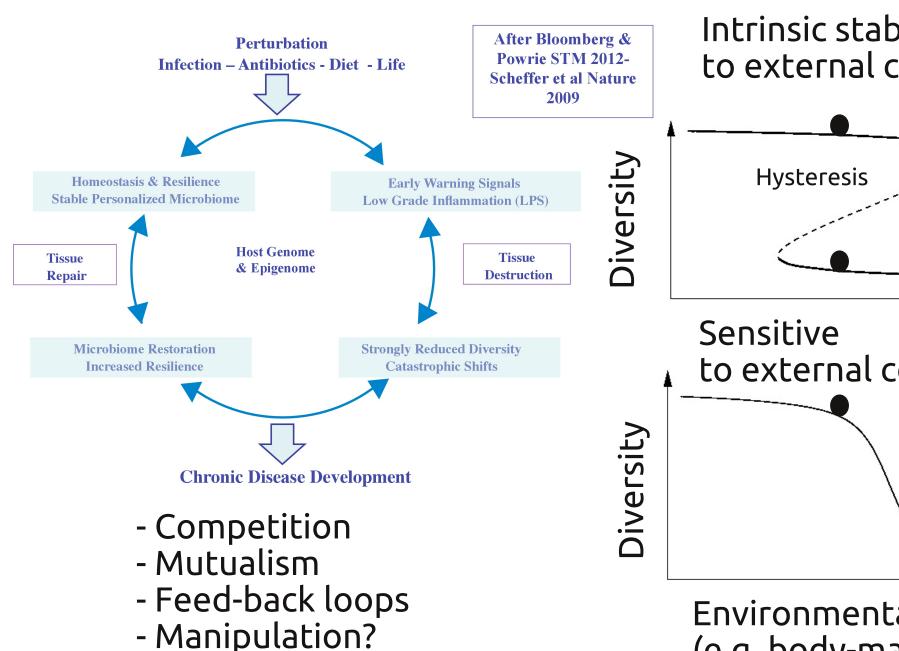
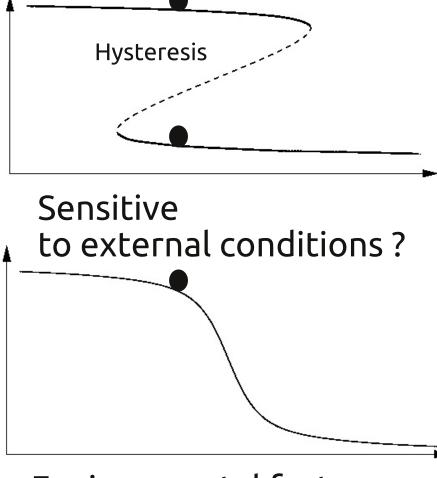
## Why do we have alternative stable states?



Intrinsic stability: robust to external conditions?



Environmental factor (e.g. body-mass index?)