# Lunes April 1

# Meeting Together in Jesus

[Don't give] up meeting together, as some are in the habit of doing, but [encourage] one another. Hebrews 10:25

La escritura de hoy: Hebrews 10:19-25

When I went through an extended period of emotional and spiritual pain and struggle due to difficult circumstances in my life, it would have been easy for me to withdraw from church. (And sometimes I did wonder, Why bother?) But I felt compelled to keep attending each Sunday.

Although my situation remained the same for many long years, worshiping and gathering with other believers in services, prayer meetings, and Bible study supplied the encouragement I needed to persevere and remain hopeful. And often I'd not only hear an uplifting message or teaching, but I'd receive comfort, a listening ear, or a hug I needed from others.

The author of Hebrews wrote, "[Don't give] up meeting together, as some are in the habit of doing, but [encourage] one another" (Hebrews 10:25). This author knew that when we face hardships and difficulties, we'll need the reassurance of others—and that others would need ours. So this Scripture writer reminded readers to "hold unswervingly to the hope we profess" and to consider how to "spur one another on toward love and good deeds" (vv. 23-24). That's a big part of what encouragement is. That's why God leads us to keep meeting together. Someone may need your loving encouragement, and you may be surprised by what you receive in return.

De: Alyson Kieda

## Reflect & Pray

When have you felt encouraged after leaving a worship service? Why? Who needs your support and reassurance?

Loving God, please help me not to give up meeting together with other believers, but to experience together Your peace and love.

# Martes April 2

## Psalm 72 Leaders

May he be like rain falling on a mown field, like showers watering the earth. Psalm 72:6

La escritura de hoy: Psalm 72:1-7

In July 2022, Britain's prime minister was forced to step down after what many felt were lapses in integrity (the newly appointed prime minister stepped down just months later!). The event was triggered when the country's health minister attended an annual parliamentary prayer breakfast, felt convicted about the need for integrity in public life, and resigned. When other ministers resigned too, the prime minister realized he had to leave. It was a remarkable moment, originating from a peaceful prayer meeting.

Believers in Jesus are called to pray for their political leaders (1 Timothy 2:1-2), and Psalm 72 is a good guide for doing so, being both a ruler's job description and a prayer to help them achieve it. It describes the ideal leader as a person of justice and integrity (vv. 1-2), who defends the vulnerable (v. 4), serves the needy (vv. 12-13), and stands against oppression (v. 14). Their time in office is so refreshing, it's like "showers watering the earth" (v. 6), bringing prosperity to the land (vv. 3, 7, 16). While only the Messiah can perfectly fulfill such a role (v. 11), what better standard of leadership could be aimed for?

The health of a country is governed by the integrity of its office-bearers. Let's seek "Psalm 72 leaders" for our nations and help them to embody the qualities found in this psalm by praying it for them.

De: Sheridan Voysey

## Reflect & Pray

What qualities do you look for in a leader? How can you pray more often for your local and national leaders?

Father, please empower our leaders to be people of justice, integrity, and goodness. Learn more about Psalm 72.

# Miércoles April 3

## I Hear You, God!

The gatekeeper opens the gate for him, and the sheep listen to his voice. John 10:3

La escritura de hoy: John 10:1-11, 16

Baby Graham fussed and wiggled as his mother held him in her lap while the doctors inserted his first hearing aid. Moments after the doctor turned on the device, Graham stopped crying. His eyes widened. He grinned. He could hear his mother's voice comforting him, encouraging him, and calling his name.

Baby Graham heard his mother speaking, but he needed help learning how to recognize her voice and understand the meaning of her words. Jesus invites people into a similar learning process. Once we accept Christ as our Savior, we become the sheep He knows intimately and guides personally (John 10:3). We can grow to trust and obey Him as we practice hearing and heeding His voice (v. 4).

In the Old Testament, God spoke through the prophets. In the New Testament, Jesus—God in the flesh—spoke directly to people. Today, believers in Jesus have access to the power of the Holy Spirit, who helps us understand and obey God's words which He inspired and preserved in the Bible. We can communicate directly with Jesus through our prayers as He speaks to us through Scripture and through His people. As we come to recognize God's voice, which is always in alignment with His words in the Bible, we can cry out with grateful praise, "I hear You, God!"

De: Xochitl Dixon

## Reflect & Pray

How has God used the Scriptures to reveal Himself to you this week? How can you speak His wisdom to others who need comfort or encouragement today?

I hear You, God! Please help me receive and share the truth and love You reveal to me as I read the Bible.

# Jueves April 4

## In God's Arms

#### I will be with him in trouble. Psalm 91:15

La escritura de hoy: Psalm 91:1-2, 14-16

The sound of the drill terrified five-year-old Sarah. She leaped out of the dentist's chair and refused to get back in. Nodding understandingly, the dentist told her father, "Daddy, get into the chair." Jason thought he was meant to show his daughter how easy it was. But then the dentist turned to the little girl and said, "Now, climb up and sit in Daddy's lap." With her father now cradling her in his reassuring arms, Sarah relaxed completely, and the dentist was able to continue.

That day, Jason learned a great lesson about the comfort of the presence of his heavenly Father. "Sometimes, God [chooses not to] take over what we have to go through," he said. "But God was showing me, 'I will be there with you.'"

Psalm 91 speaks of the comforting presence and power of God that gives us the strength to face our trials. Knowing that we can rest in His powerful arms gives us great assurance, as does His promise to those who love Him: "He will call on me, and I will answer him; I will be with him in trouble" (v. 15).

There are many unavoidable challenges and trials in life, and we will inevitably have to go through pain and suffering. But with God's reassuring arms wrapped around us, we'll be able to bear our crises and circumstances, and let Him strengthen our faith as we grow through them.

De: <u>Leslie Koh</u>

#### **Reflect & Pray**

What trials are you going through now? How can you remind yourself that God is always with you?

Gracious Father, thank You for Your reassuring presence in my circumstances. Please help me through them, knowing that You're always with me.

# Viernes April 5

## God's Presence

[God] has . . . set eternity in the human heart. Ecclesiastes 3:11

La escritura de hoy: Ecclesiastes 3:1-11

Monique was struggling. She had friends who were believers in Jesus, and she respected how they handled life's struggles. She was even a bit jealous of them. But Monique didn't think she could live the way they did; she thought having faith in Christ was about following rules. Finally, a fellow college student helped her see that God wasn't out to spoil her life; instead, He wanted the best for her amidst her ups and downs. Once she understood this, Monique was ready to trust Jesus as her Savior and embrace the magnificent truth about God's love for her.

King Solomon could have given Monique similar advice. He acknowledged that this world does have its sorrows. Indeed, there's a "time for everything" (Ecclesiastes 3:1)—"a time to mourn and a time to dance" (v. 4). But there's more. God "has also set eternity in the human heart" (v. 11). An eternity meant to be lived in His presence.

Monique gained life "to the full," as Jesus said (John 10:10), when she trusted Him. But she gained so much more! Through faith, the "eternity in [her] heart" (Ecclesiastes 3:11) became the promise of a future when life's struggles will be forgotten (Isaiah 65:17) and God's glorious presence will be an eternal reality.

De: Dave Branon

## Reflect & Pray

How have you experienced the fulfilling life Jesus offers? What are some things about your life in Him that you're thankful for?

Dear Jesus, Solomon was right. Life is a rollercoaster. Thank You for making this life valuable and worth the effort. And thank You for the eternal joys that await.

# Sábado April 6

## Our New Nature in Christ

Put on your new nature, created to be like God. Ephesians 4:24 nlt

La escritura de hoy: Ephesians 4:17-28

Our blue spruce was dropping pinecones and needles. The tree doctor took one look at it and explained the problem. "It's just being a spruce," he said. I'd hoped for a better explanation. Or a remedy. But the tree man shrugged, saying again, "It's just being a spruce." By nature, the tree sheds needles. It can't change.

Thankfully, our spiritual lives aren't limited by unchangeable actions or attitudes. Paul stressed this liberating truth to the new believers at Ephesus. The gentiles were "darkened in their understanding," he said, their minds closed to God. They possessed hardened hearts containing "every kind of impurity," and sought only after pleasures and greed (Ephesians 4:18-19).

But "since you have heard about Jesus" and His truth, the apostle wrote, "throw off your old sinful nature and your former way of life" (v. 22 nlt). Paul noted how our old nature "is corrupted by lust and deception." He said, "Let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy" (vv. 22-24 nlt).

Then he listed new ways to live. Stop lying. Resist anger. Stop cursing. Quit stealing. "Instead, use your hands for good hard work, and then give generously to others in need" (v. 28 nlt). Our new self in Christ allows us to live a life worthy of our calling, yielded to our Savior's way.

De: Patricia Raybon

#### **Reflect & Pray**

What does it mean to put on your "new self"? How can you seek to walk the Savior's way?

Renew my nature today, dear Jesus, as I yield to become more like You. Learn more about developing your new nature in Christ.

# Domingo April 7

# Five Good Things

Give thanks to the Lord, for he is good; his love endures forever. Psalm 107:1

La escritura de hoy: Psalm 107:1-9

According to research, people who are intentionally grateful for what they have report better sleep, fewer symptoms of illness, and more happiness. Those are impressive benefits. Psychologists even suggest keeping a "gratitude journal" to improve our well-being, writing down five things we're grateful for each week.

Scripture has long promoted the practice of gratitude. From meals and marriage (1 Timothy 4:3-5) to the beauties of creation (Psalm 104), the Bible has called us to see such things as gifts and to thank the Giver for them. Psalm 107 lists five things Israel could be especially grateful for: their rescue from the desert (vv. 4-9), their release from captivity (vv. 10-16), healing from disease (vv. 18-22), safety at sea (vv. 23-32), and their flourishing in a barren land (vv. 33-42). "Give thanks to the Lord," the psalm repeats, for these are all signs of God's "unfailing love" (vv. 8, 15, 21, 31).

Do you have a notepad handy? Why not write down five good things you're grateful for now? It might be the meal you just enjoyed, your marriage or, like Israel, God's rescue points in your life to date. Give thanks for the birds singing outside, the smells from your kitchen, the comfort of your chair, the murmurs of loved ones. Each is a gift and a sign of God's unfailing love.

De: Sheridan Voysey

### Reflect & Pray

Why do you think Scripture so often calls us to be thankful? What five good things are you grateful for today?

Father God, I'm grateful for every good thing You've brought into my life. And most of all, I'm grateful for You.