

This sheet is for recording activities only. Please retain until Award completion is authorised by Gaisce - The President's Award.





Participant Name

PAL Name

COMMUNITY INVOLVEMENT

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COMMUNITY INVOLVEMENT CONTINUED

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PHYSICAL RECREATION CONTINUED

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ADDITIONAL 26 WEEKS OF 1 ACTIVITY

CHALLENGE AREA: .	
ACTIVITY:	

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ADVENTURE JOURNEY: 4 DAYS AND 3 NIGHTS

DATE FROM	DATE TO	VENUE AND ACTIVITIES UNDERTAKEN	SUPERVISOR SIGNATURE

RESIDENTIAL PROJECT 5 DAYS AND 4 NIGHTS

DATE FROM	DATE TO	VENUE AND ACTIVITIES UNDERTAKEN	SUPERVISOR SIGNATURE