Predicting Health

Mining Patient Data To Gain Invaluable Insights

Anthony Le
CSPB 4502 Summer 2024
University of Colorado Boulder
Boulder, CO, USA
anle4634@colorado.edu

Problem Statement/Motivation

The healthcare industry is constantly seeking ways to improve patient care and operational efficiency. Predictive modeling in healthcare analytics offers a promising avenue for achieving these goals. By leveraging large datasets and advanced machine learning techniques, predictive models can help healthcare providers anticipate patient outcomes, estimate treatment costs, predict hospitalization durations and more, helping augment the patient experience and lessen any uncertainty the patient may have about their prognosis.

For my data mining project, I aim to build a predictive model using the SyntheticMass dataset (further explanation and analysis of this dataset in a further section). As mentioned previously, there are a variety of interesting questions that can be answered, from trying to predict patient outcomes based on health indicators of a patient and their demographic to helping patients navigate learning about how costly treatment may be for their condition or how long they may expect to be hospitalized.

By answering these questions, I hope to build insight into the growing field of healthcare analytics and build a better understanding of the mechanics of predictive models that can help aid in providing powerful and useful insights for both healthcare providers and patients alike.

Literature Survey

The field of healthcare analytics has undergone significant transformation due to advancements

in machine learning and artificial intelligence. These technologies have helped enable more precise and predictive models, augmenting healthcare providers' ability to offer personalized and efficient care.

I have identified three pieces of literature that cover different studies and initiatives that have helped me align my approach towards this project.

1 Al models predicting patient response to immunotherapy

GE Healthcare & Vanderbilt University Medical Center (VUMC) partnered together to develop AI models that can be utilized to predict how a patient would respond to immunotherapy. This study demonstrated the potential machine learning has in being able to help develop personalized treatment plans for patients, with this study diving more into patients undergoing cancer treatment. The predictive models developed in this study utilized a variety of patient-specific data that ranged from genetic information and more to help improve that accuracy of the predictions being made by the models.

This study underscores the importance of using detailed and personalized data and how it can help in predictive modeling. For my project, I can identify the benefits of incorporating data related to patient demographic and other healthcare

indicators as variables that can help provide a good basis to train my model on. The success of the approach taken by the team involved in this study informs my decision to use a wide range of patient-specific features and to not

2 Cloud-Based Predictive Modeling in the UK

A small team in the UK was able to develop a cloud-based predictive modeling solution in a relatively timely manner to enhance healthcare services. This initiative aimed to improve operational efficiency and patient care by leveraging scalable, cloud-based technologies.

This article highlights the scalability of predictive models and the importance of factoring and leveraging various technologies, such as cloud-based technologies, to help build out a successful solution. Although my project will be executed primarily locally, keeping in mind the principles of scalability and efficient resource management is crucial. The large size of the dataset of interest requires efficient handling and processing - finding and researching various technologies and libraries out there will help build a good focus on robust data preprocessing and model optimization techniques to utilize for the project

3 Predictive Analytics and Social Determinants

Research has shown that social determinants of health, from socioeconomic status to education and even access to healthcare, significantly impact patient outcomes. Predictive analytics can help identify those determinants and their overall effects, allowing for more targeted interventions and allow proactive measures to be taken to help ensure patients have success in navigating finding the care they deserve. This study demonstrated how incorporating social

factors into predictive models can lead to more comprehensive and effective healthcare solutions.

Incorporating a wide range of factors, including social determinants, can be crucial for building accurate and meaningful predictive models. Incorporating a dataset that includes demographic variables and other relevant health indicators can help build and ensure a holistic approach to prediction - this study in particular informs my selection process, emphasizing the need to consider various determinants of health outside of what one would typically anticipate.

By building on the methodologies and findings of these studies, I aim to develop a robust predictive model that leverages my dataset of interest - incorporating personalized patient data, scalable processing techniques, and a comprehensive feature set can help enable me to address key healthcare questions and gain better insight on how contributions are built within the field of healthcare analytics.

Data set

Given the nature of HIPAA (Health Insurance Portability and Accountability Act) regulations, it is very difficult to obtain dataset that has patient electronic health record (EHR) - in this case, a lot of professionals that are want to explore healthcare analytics outside of a hospital setting typically employ the use of datasets that has numerous synthetically generated patient EHRs. Despite the synthetic nature of these datasets, they can still offer invaluable insights into healthcare analysis and patient records.

Keeping that in mind, the dataset I am choosing to work with for this project is supplied by SyntheticMass. This dataset is an extensive collection of synthetic healthcare data,

comprising 1,000,000 records. All of these records are divided into 12 output folders, each containing various data formats such as JSON and CSV. For this project, I will focus on the CSV files, which provide structured data suitable for machine learning models.

Focusing on the CSV files, there are 10 CSV files, named as such: "allergies", "careplans", "conditions", "encounters", "immunizations", "medications", "observations", "patients", and "procedures". This dataset is rich in providing various synthetic data related to various aspects of patient and patient care that can be beneficial to explore to identify what will be helpful in processing for a predictive model.

Proposed Work

To achieve the goals of my project, I will undertake the following steps:

1 Data Collection and Preprocessing

Dataset will be downloaded from SyntheticMass - as this is a dataset that contains 1,000,000 synthetically generated patient records, that download will come in a large zip file that will be unzipped to give access to all of the files inside. Given that the dataset comes in a wide variety of different file formats, such as JSON, CSV, and more, I will go in and delete files not needed as I am interested in working with the CSV files, allowing me to trim out the other unnecessary files. Further preprocessing will be needed with diving into the CSV files and identifying missing or null values; depending on the quantity of such values, I'll either implement imputation to replace these values with either the mean, median, or mode of the column to help preserve the 1,000,000 record count or deletion of the record which could reduce the overall number of available records. Moving beyond this, I will need to identify and remove any duplicate records to help ensure data integrity. Standardization of the format of values can help with ensuring

consistent capitalization and correcting any misspellings that may be present that can introduce inaccuracy to the predictive model (cancer vs. cancr, DIAbetes vs. diABetEs, etc.). Outliers can be present within the dataset that can largely skew predictions and will need to be accounted for; both the z-score and IQR can help provide a range of values that can be considered within the norm and any values identified as outside of that range can be either removed or transformed through imputation or other methods. As the last step to consider in the preprocessing, to aid in feeding data to the model, I could apply one-hot encoding to categorical values to give them a tangible integer value that is logical for processing by the model. Optionally, there may be some CSV files that may not be utilized and as such, could be trimmed out after all of these steps or even before to help save on time spent and overall memory space requirements on my local machine ("careplans" may not come about in the questions I aim to ask and answer; the goal should be not to delete anything as the model could be adapted to answer other questions if trained on all available data).

2 Model Development

I will explore into more literature that is available on predictive models and choose the appropriate algorithms that can apply for my project, whether it be logistic regression, decision trees, or random forests - I'll need to keep my own expectations and aspirations for my model within a workable range where I don't try to overextend myself too much with building out something too complicated to complete. After exploring literature, I can begin to build and train a predictive model using the preprocessed SyntheticMass dataset. Additional optimization of the model's performance can come through the utilization of hyperparameter tuning and cross-validation methods

3 Comparison with Previous Work

One of the biggest differences between my work and previous work is the usage of synthetic data vs. real data - these previous works were in a space where they had ample access to real data to help in the development of their own models but for my particular use case, I wasn't in a space where I can get access to real patient data without violation of various regulations and laws in place to protect patient privacy and compliance. These previous works also produce results for a more targeted or specific application; my model would have a broader scope that can go beyond just predicting patient outcomes but also estimating treatment costs. determining hospitalization duration and more that wasn't answered in the previous literature mentioned. By leveraging synthetic data and addressing multiple healthcare questions, my project builds on existing research with innovative data handling and modeling techniques - this approach aims to contribute valuable insights and tools that help give more in depth insight into the methodology and work required at improving patient care and healthcare operations.

Evaluation Methods

To evaluate the performance of my predictive model, I will use a variety of quantitative metrics provided by the scikit-learn library:

- Accuracy: The proportion of correct predictions made by the model
- Precision: The ability of the model to correctly identify positive instances
- Confusion Matrix: A table that describes the performance of the model through comparison of predicted and actual values
- F1 Score: A metric that balances precision and recall that can be beneficial in imbalance datasets

Additional evaluation methods may need to be employed that goes beyond the metrics above.

Since my dataset is synthetic in nature, consideration needs to be taken in about how this dataset was generated and if the population generated is representative of a population that can be encountered in reality. Comparing my results against findings from real healthcare data published in research papers can help provide a useful reference point for evaluating the model's accuracy that can help highlight discrepancies that come from being synthetic. To address the limitations of the synthetic data, I will focus more on relative performance rather than absolute accuracy and highlight the potential areas where synthetic data can fall short and diverge from real-world scenarios.

Tools

To help with the development of my project, I plan to employ the following tools:

- Python: A versatile programming language that has access to an extensive collection of libraries to aid in data manipulation and machine learning
- Git/GitHub: For repository management, helping ensure my work is backed up and accessible from anywhere and allowing regression to previous versions should anything go wrong in development

Milestones

To ensure steady progress, I have defined the following milestones as markers to hit through development:

- Weeks 1-2: Data collection and initial exploration
- Weeks 3-4: Data preprocessing and cleaning
- Weeks 5-7: Model development and initial testing
- Weeks 8-9: Evaluation and comparison with existing solutions

Weeks 10-11: Final report and presentation preparation

While these are great goals to keep in mind, being flexible can help ensure stress doesn't boil over as unpredictable events or other complexities can occur that skew the progression timeline. Adhering to this timeline can help with the systematic build and evaluation of my predictive model and help culminate in a comprehensive analysis of the SyntheticMass dataset and the overall potential application of synthetic datasets in healthcare analytics.

REFERENCES

- [1] Vanderbilt University Medical Center. 2024. GE Healthcare, Vanderbilt Public Data on Al Models Predicting Patient Response to Immunotherapy. Retrieved from https://news.vumc.org/2024/03/05/ge-healthcare-vanderbilt-publish-data-on-ai-models-predicting-patient-response-to-immunotherapy/
- [2] Amazon Web Services Public Sector Blog. 2024. One Small Team Created Cloud-Based Predictive Modeling Solution to Improve Healthcare Services in the UK. Retrieved from https://aws.amazon.com/blogs/publicsector/one-small-team-created-cloud-based-predictive-modeling-solution-improve-healthcare-services-uk/.
- [3] Health IT Analytics. 2024. Improving Social Determinants of Health with Predictive Analytics. Retrieved from https://healthitanalytics.com/news/improving-social-determinates-of-health-with-predictive-analytics.