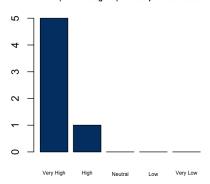
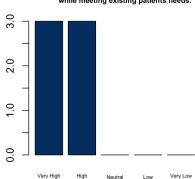


TeamTime Report #2 - Team Vision: Stronger Together! MTL Menu

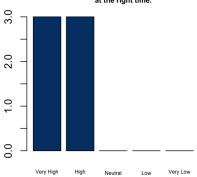
Schedule - How to manage team schedules (i.e. clinics/grids) to meet patients needs.



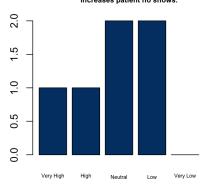
New patients - How to get new patients in care, while meeting existing patients needs.



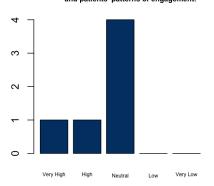
Return to clinic - How return to clinic orders free free us to get patients to the right treatment at the right time.



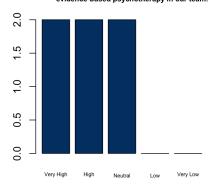
Overwork - How overbooking or overworking increases patient no shows.



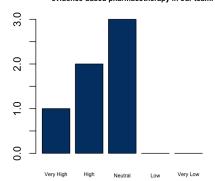
Psychotherapy - How to improve team psychotherapy and patients' patterns of engagement.



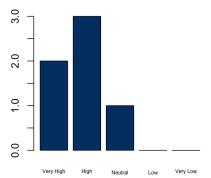
Evidence-based Psychotherapy - How to improve evidence-based psychotherapy in our team.



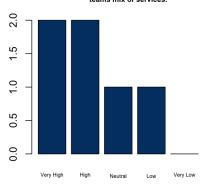
Evidence-based Pharmacotherapy - How to improve evidence-based pharmacotherapy in our team.



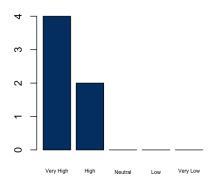
Referrals - How to manage referrals to our team and services (e.g. meds, therapy, group) within our team.



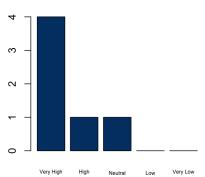
Mix of services - How our patients engage in our teams mix of services.



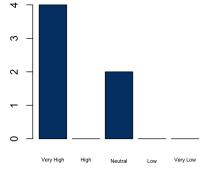
Improvement - Which improvements will have the best effects across our mix of services?



Burnout - How to reduce provider burnout and improve patient satisfaction with care.



Staffing - How to improve team care with our existing staff mix.



Suicide Prevention - How to manage high risk patients.

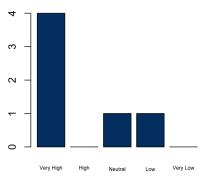
Very High

Stepped Care - How to decide when to step patients up to specialty care.

Stepped Care - How to decide when to step patients down to primary care.

Neutral

Very Low

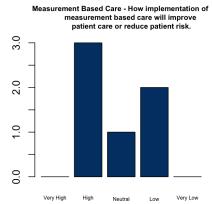


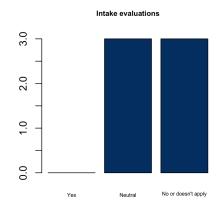


1.0

0.0

Very High

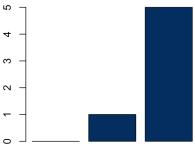






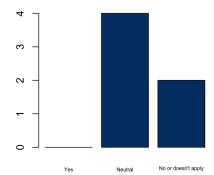


No or doesn't apply



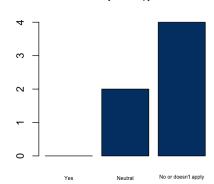
Yes

Medication management

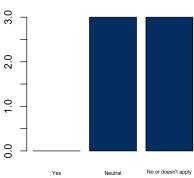


Psychotherapy

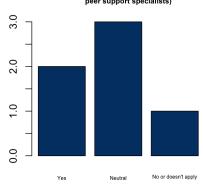
Neutral



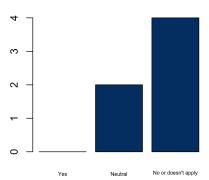
Groups

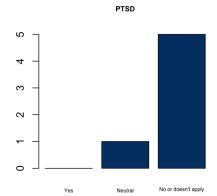


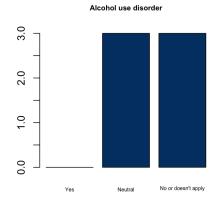
Adjunctive services (i.e. art and recreation therapy, peer support specialists)

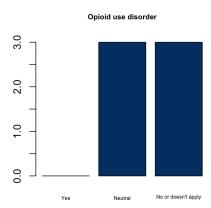


Depression









Team Data Table - Aggregate Module

Aggregate Table without definition (similar to the UI)

| Team Data | | | | |
|--|----------------|-----------------------|---------------------|--------------------------|
| New Patient Start Rate (mean) | 165.9 | 0.0 | 0.0 | 0.0 |
| Appointment Supply (median) (Psy) | 560.0 | | | |
| Appointment Supply (median) (EBPsy) | 3.0 | | | |
| Appointment Supply (median) (CC) | 177.0 | | | |
| Appointment Supply (median) (MM) | 226.0 | | | |
| Appointment Supply (median) (Adjunctive) | 207.0 | | | |
| Appointment Supply (median) (Group) | 21.0 | | | |
| Appointment Supply (median) (Intake) | 191.0 | | | |
| Appointment Supply (median) (Total) | 1385 | | | |
| | True Missed | Return Visit Interval | Engagement Duration | Service Proportions from |
| | Appointments % | (median) | (median)(wks) | Team Data |
| Psy | 0.25 | 10.00 | 90.00 | 0.32 |
| EBPsy | 0.21 | 1.00 | 15.00 | 0.03 |
| CC | 0.26 | 12.00 | 68.00 | 0.27 |
| MM | 0.25 | 15.00 | 98.00 | 0.31 |
| Adjunctive | 0.25 | 10.00 | 76.00 | 0.37 |
| Group | 0.25 | 2.00 | 29.00 | 0.08 |

Aggregate Table Definition

Team Data: Aggregate Table Concept Definition

| Concept | Definition |
|--------------------------------------|---|
| New Patient Start Rate (mean) | An estimate of the number of patients starting a new service with the team per week, calculated from a cohort of patients seen over one year in this team who have never had an visit of that type with this team before. (pts/wk) |
| Appointment Supply (median) | An estimate of the weekly hours available with this team for each service. The estimate is calculated using the volume of visits for each service with this team over one year. (appt/wk) |
| True Missed Appointment % | The proportion of appointments for each service with this team that no-showed or were cancelled after the appointment was supposed to have happened. (pct) |
| Return Visit Interval (median) | The median return-to-clinic visit interval by encounter type bin with this team, calculated from the number of visits per patient over their entire engagement time. (wks) |
| Median Engagement | The median number of weeks that patients stay engaged with this team, receiving visits according to team data. The visits can be with any member of the team. This engagement time represents a patient's entire engagement across treatment episodes, regardless of gaps in service. (wks) |
| Service | |
| Proportions from Team Data | The proportion of patients who receive visits for each service with this team. Note that the percentages sum to more than one, because patients may engage in multiple services concurrently. (pct) |

Sim UI Experiments - Aggregate Module

Team Experimental Design

| Experiment | Our Question | Our Hypothesis | Our Findings | Our Decisions |
|-----------------------|--|---|--|---|
| Experiment Base Case | We are struggling with psychotherapy because we have so many patients and they're spread out far (coming in once a month or so, aka "RVI"), what happened if they came in for concentrated episodes of psychotherapy (RVI+Engagement Duration) we expect they would get better faster, and not be engaged for as long, which in the longer term would free up more slots for new patients. But, leadership is worried that will reduce access for new patients. If we opened up more groups, would adding more groups and having more slots in groups, would it reduce patients waiting for individual therapy (appointment supply). It seems like they are cycling through multiple groups ("group to group"). Wonder what the impact of that is. This is related to the issue of when are patients | Hypothesis If we made no changes, pts would be seen longer than optimal, but less frequently than we like, | If we make no new decisions in our team, the hours for the services will | We expect they would get better faster, and not be engaged for as long, which in the longer term would free up more slots for new patients. |
| | stable enough to step down to primary care. Also, wonder if we need all of the | | | |
| | adjunctive services we offer. | | | |

Experiment We are struggling with psychotherapy because we have so many patients duration to 16 and they're spread out far month or so, aka "RVI"), what happened if they came in for concentrated episodes of psychotherapy (RVI+Engagement slots for new Duration) we expect they would get better faster, and not be wait times will engaged for as long, which in the short term. longer term would free up more slots for new patients. But, leadership is worried that will reduce access for new patients. If we opened up more groups, would adding more groups and having more slots in groups, would it reduce patients waiting for individual therapy (appointment supply). It seems like when we have more groups, it seems like they are cycling through multiple groups ("group to group to group"). Wonder what the impact of that is. This is related to the issue of when are patients stable enough to step down to

> primary care. Also, wonder if we need all of the adjunctive services we offer.

If we reduce Long term RVI to 1 week, effect on work and pressure is engagement good but short term difficult; weeks, then small increase we expect in patients (coming in once a they would get waiting to start particular services better faster, services initially, then it and not be engaged for will drop for a as long, which time, then after in the longer a year it will term would increase to free up more levels higher than current patients. status: However, we expect that

go up in the

May want to think about adjusting service proportions (for the purpose of the model, consideration of referral to within the team); will need to hold on true treatment discharge; may consider adjusting appointment supply (grids); consider additional use of/referral to groups

Experiment 2

We are struggling with psychotherapy because we have so many patients and they're spread out far (coming in once a more often month or so, aka "RVI"), what happened if they came in for concentrated episodes of psychotherapy (RVI+Engagement Duration) we expect they would get better faster, and not be engaged for as long, which in the longer term would free up more slots for new patients. But, leadership is worried that will reduce access for new patients. If we opened up more groups, would adding more groups and having more slots in groups, would it reduce patients waiting for individual therapy (appointment supply). It seems like when we have more groups, it seems like they are cycling through multiple groups ("group to group to group"). Wonder what the impact of that is. This is related to the issue of when are patients stable enough to step down to primary care.

If we run our If we make no base case in balanced mode patients would services will utilize group treatments and we would reduce the team's reliance on the adjunctive services.

new decisions hours for the remain the same over the If we use a balanced mode combine an and compare to BC, patients waiting for adjunctive change/doesn't 15-16) with a get worse over 2 years; when looking at patients waiting for group, the number of patients waiting doesn't get better.

We expect they would get better in our team, the faster, and not be engaged for as long, which in the longer term would free up more slots next two years. for new patients. We decided to increase in group psychotherapy referrals (using balanced case services do not number of approx decrease in RVI to psychotherapy (to 1) and a decrease in length to psychotherapy to 16 weeks.

Experiment 3

We are struggling with psychotherapy because we have so many patients and they're spread out far (coming in once a based pattern month or so, aka "RVI"), what happened if they came in for concentrated episodes of psychotherapy

Also, wonder if we need all of the adjunctive services we offer.

> We expect wait times for psychotherapy to decrease to align with a more evidenceof care and new patient access to psychotherapy to increase.

Number of patients waiting to start a service decreases and stays low when reducing percentage referred to individual psychotherapy from 32% to 12% AND increasing referrals to

Evaluate grids and group availability to determine if it is possible to increase referrals to group psychotherapy ensure the availability of 20 hours of groups psychotherapy per week across all providers on the team. This will allow for the team

(RVI+Engagement Duration) we expect they would get better faster, and not be engaged for as long, which in the longer term would free up more slots for new patients. But, leadership is worried that will reduce access for new patients. If we opened up more groups, would adding more groups and having more slots in groups, would it reduce patients waiting for individual therapy (appointment supply). It seems like when we have more groups, it seems like they are cycling through multiple groups ("group to group to group"). Wonder what the impact of that is. This is related to the issue of when are patients stable enough to step down to primary care. Also, wonder if we need all of the adjunctive services we offer.. In this experiment we are asking if reducing the number of people referred to psychotherapy to ~12%, increasing the number referred to groups to ~15%, decreasing the RVI to 1 week for psychotherapy; and decreasing the length of engagement to 16 weeks for psychotherapy will result in more access to services and more concentrated

groups psychotherapy from 8% to an ebp model will begin a on weekly treatment for 16 weeks.

to start at least 20 patients per week in a course of 15% while also evidence based transitioning to psychotherapy. We of care relying process of talking with the team about the value of group treatment and discuss the overall approach to treatment that is embodied by the team. The team will meet at least monthly to explore team data to monitor impact of changes made. The team will establish a weekly huddle to foster consensus building in implementing cultural/operational changes.

Changes to Model Parameters Relative to Base Case

episodes of psychotherapy.

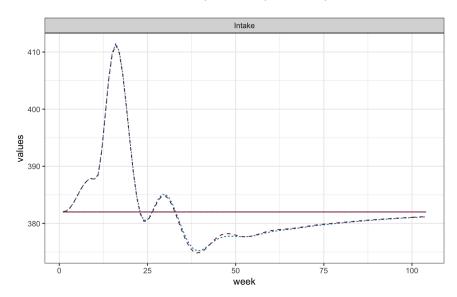
Experiment Variable values

| Experiment 1 | Psych - Return Visit Interval | 1.00 |
|--------------|--|-------|
| Experiment 1 | Psych - Engagement Duration | 16.00 |
| Experiment 2 | Service Proportions From Team Data | 0.00 |
| Experiment 3 | Psych - Return Visit Interval | 1.00 |
| Experiment 3 | Psych - Engagement Duration | 16.00 |
| Experiment 3 | Psych - Service Proportions from Team Data | 0.12 |
| Experiment 3 | Group - Service Proportions from Team Data | 0.15 |
| | | |

Team Graphs

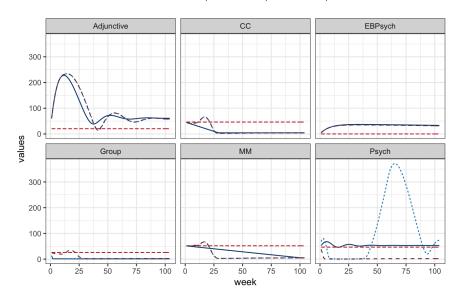
Compare Services: Patients Waiting for Intake Evaluation

— Base Case ---- Experiment 1 --- Experiment 2 - - Experiment 3

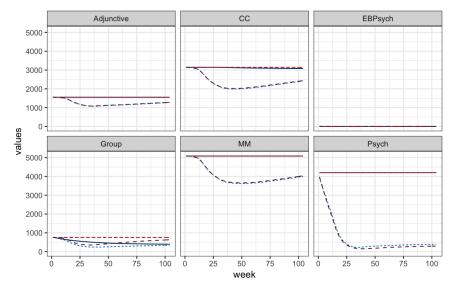


Compare Services: Patients Waiting to Start a Service

— Base Case ---- Experiment 1 --- Experiment 2 - - Experiment 3

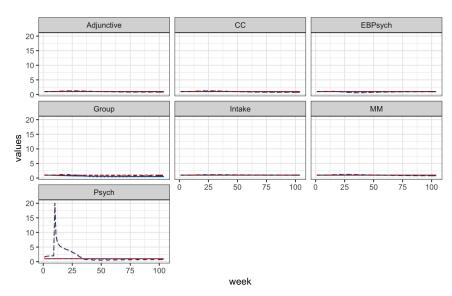


Compare Services: Patients in Service



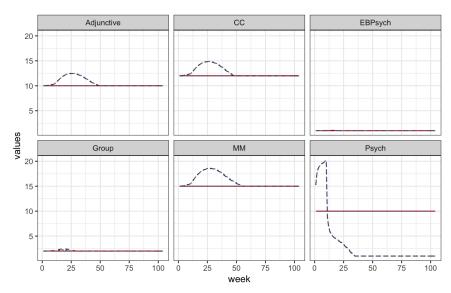
Compare Services: Work Pressure

— Base Case ---- Experiment 1 --- Experiment 2 - - Experiment 3



Compare Services: Actual Return Visit Interval

— Base Case ---- Experiment 1 --- Experiment 2 - - Experiment 3



Compare Services: Actual Hours Available for Service

—Base Case ---- Experiment 1 --- Experiment 2 - - Experiment 3

