

# Dr. Dayton's Wound Care Instructions After Hip Surgery: Aquacel Ag® Dressing

You will get an extra Aquacel Ag® dressing to take home with you when you leave the hospital.

## Showering Instructions Days 1 - 7 After Surgery

You may shower with your Aquacel Ag® dressing in place. It is water *resistant*, but it is NOT *waterproof*. This means you can let water run on the dressing in the shower and pat it dry with a towel. Never soak the dressing under water in a bathtub, hot tub, or swimming pool.

## Dressing Change Instructions on Day 7 After Surgery

This extra dressing you received at discharge will replace the old one **7 days** after your surgery date. Follow these instructions for the dressing change:

1. Always wash your hand with soap and water before you touch your incision or wound.
2. Take off the old dressing (picture to right):
  - Put one hand in the center of the dressing
  - Use your other hand to grab the edge of the dressing and pull this part off.
  - Do this all around the edges of the dressing, this should break the seal.
3. Throw the old dressing in the trash
4. Wash your hands again.
5. Put the new dressing on by peeling off the backing and applying it like a large band-aid.



## Removal of Your Second Dressing

Please remove your 2<sup>nd</sup> dressing 14 days after surgery (7 days after application of the 2<sup>nd</sup> dressing). Remove using the method described above.

## Showering with Your Incision

- Let warm soapy water run over the incision.
- Do not scrub it.
- Gently pat it dry with a towel.
- Do not put lotions, oils, or ointments on the incision.
- Do not soak the incision under water (bath, hot tub, pool) for at least 6 weeks after surgery.
- No bathtubs, hot tubs, or swimming pools until your doctor says it's okay.

## When to Call Your Doctor

- Minor drainage or spotting are NORMAL.
- If the dressing is full of liquid and leaks past the border it needs to be changed. You can change it with your extra dressing and then call your doctor to let them know.
- Call your doctor if the dressing will not stay in place.



Small amounts of leaking/spotting are fine



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