

Egns to MemorizeABCD Matrices

1) Propagation: $\begin{pmatrix} 1 & z \\ 0 & 1 \end{pmatrix}$

2) lens: $\begin{pmatrix} 1 & 0 \\ -\frac{1}{f} & 1 \end{pmatrix}$ for curved mirror
 $f = \frac{R}{2}$

$$\frac{1}{q} = \frac{1}{R} - i \frac{\lambda}{\pi w^2 z}$$

$$z_R = \frac{\pi w_0^2}{\lambda}$$

$$w(z) = w_0 \sqrt{1 + \left(\frac{z}{z_R}\right)^2}$$

Cavity eqns if loss is small

$$F = \frac{2\pi}{\text{loss}}$$

$$\beta_c = \frac{4T_i}{\text{loss}^2}$$

$$\mathcal{F} = \frac{\text{FSR}}{\text{FWHM}}$$

$$I_i = \beta_c I_o \frac{1}{1 + \frac{4F^2}{\pi^2} \sin^2 \phi/2}$$

On-Resonance cross-section

$$\sigma = \frac{\lambda^2}{2\pi}$$

Saturation

$$\Gamma = \Gamma_0 \frac{1}{1 + I/I_s}$$