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Heading

Workout 1			Workout 2		Workout 3		Workout 4		Workout 5	
Edit	Delete		Edit	Delete	Edit	Delete	Edit	Delete	Edit	Delete
		Г								
Workout 6			Workout 7		Workout 8		Workout 9		Workout 10	
Edit	Delete		Edit	Delete	Edit	Delete	Edit	Delete	Edit	Delete
Workout 11			Workout 12		Workout 13		Workout 14		Workout 15	
Edit	Delete		Edit	Delete	Edit	Delete	Edit	Delete	Edit	Delete