Client Requirements Specification

24 Hour Fitness is a fitness company looking for a website to allow customers to create work out plans that automatically get set into a timetable to help them manage workouts.

1. Website must have 4-5 pages including:

* Home page
* Create plan page
* View plan page
* About page
* Login/signup page
* Account page

1. All pages on the website must include a navigation bar to allow customers to navigate the website with ease.
2. The home page must include an introduction to the website and some information about the website’s purpose.
3. The create plan page must include a form to allow customers to create a plan with dropdown menus for workouts and times for those workouts.
4. The view plan page must include a table of the finished plan with dates and times for each workout. The customer must also be able to check the plan in monthly or weekly increments.
5. The about page must include information about the business like the history and their goals.
6. The login/signup page must include a form to allow customers to create and log in into the website. A forgot password option must be included as well.
7. The account page must include personal information of an account holder and allow customers to change personal information like passwords and emails, manage workout plans and delete account.