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On the largest ball included in a closed surface

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In the work (4) was proved the following extremal property (of a not necessarily convex) closed plane curve:

Interior to each  $C^2$  closed plane curve, the radius of curvature of which in each point is not less than  $R$ , can be placed a circle of radius  $R$ .

Initially this theorem was proposed in the form of a proposition by A. I. Fyot, putting also the question of the possibility of generalizing this result to the case of a closed surface. It was shown, however, that a direct translation of Bestov's theorem is impossible: there exist surfaces  $F$ , the principal radii of curvature in each point of which are no less than  $R$ , but in which is not contained any ball of radius  $R$ . The corresponding examples were constructed by V. I. Diskant and the author.

In the forgoing work is given a complete solution of the problem on the largest ball included in a surface  $F$ .

Under consideration is the class  $F_R$  of  $C^2$  closed surfaces  $F$  in 3-dim'l space, in each point of which the principal radii of curvature are not less than  $R$ .

Each such surface bounds a solid  $T(F)$ ; we will say

that a ball  $K$  is included in the surface  $F$  if  $K \subset T(F)$ .

Theorem. In each surface of class  $F_R$  can be included a ball of radius  $R(\frac{2}{\sqrt{3}} - 1)$ ; for  $\varepsilon > 0$  there exists in class  $F_R$  a surface in which it is impossible to include a ball of radius  $R(\frac{2}{\sqrt{3}} - 1) + \varepsilon$ .

Lemma 1. Let  $F \in F_R$ ;  $M_0 \in F$ ;  $P$  a plane drawn through the normal  $n_0$  to  $F$  at  $M_0$ ;  $C$  that part of the surface bounded by the circular cylinder with axis  $n_0$  and radius  $R$ . Then the connected component of the set  $F \cap P \cap C$  containing  $M_0$  is a smooth nonselfintersecting Jordan curve  $\ell$ . If the  $Y$ -axis is taken along  $n_0$  and the  $X$ -axis is taken perpendicular to  $n_0$  and lying in  $P$ , then the curve  $\ell$  has equation  $y = f(x)$ , where  $f(x)$  is defined and  $C^1$  on the open interval  $(-R, R)$ . If disks  $K_1$  and  $K_2$  are constructed of radius  $R$ , lying in  $P$  and tangent on either side of  $F$  at the point  $M_0$ , then  $\ell$  does not contain interior points of  $K_1$  and  $K_2$ .

Proof. For sufficiently small  $s$  there exists an arc  $l_s$  of the form  $y = f(x)$  of length  $s$  with origin at  $M_0$  belonging to  $F \cap P$ . We take, instead of  $K_1$  and  $K_2$  disks  $K'_1$  and  $K'_2$  of radius  $R - \delta < R$ .

It is easily seen that for sufficiently small  $s$   $l_s \cap (K'_1 \cup K'_2) = M_0$ . We extend on the circumference of  $K'_1$  from  $M_0$  the arc  $m_s$  of the same length  $s$ ; the ends of the arcs  $l_s, m_s$  we denote, respectively,  $L_s, M_s$ . We designate by  $n_F(s)$  the unit vector normal to  $F$  at  $L_s$ , by  $n_k(s)$  the unit vector normal to  $K'_1$  at  $M_s$ , by  $n_l(s)$  the principal unit normal to  $l$  at  $M_s$ . From the formulas of differential geometry (I', p. 255, (405)) it follows that

$$\left| \frac{dn_F}{ds} \right| < \frac{1}{R - \delta} = \left| \frac{dn_k}{ds} \right|, \quad (1)$$

whence it is not hard to conclude that for  $s < \frac{1}{2} \pi (R - \delta)$  the angle between  $n_F$  and  $n_0$  is less than  $\frac{1}{2} \pi$ . Therefore for  $s < \frac{1}{2} \pi (R - \delta)$  the curve  $l_s$  exists, is smooth and has form  $y = f(x)$ .

From (1), moreover, it is found that the angle  $(n_l(s), n_0)$  is less than the angle  $(n_k(s), n_0)$ ; therefore the projection of any arc  $ds$  of the curve  $l_s$  on the  $x$ -axis is greater than the projection of the corresponding

arc of the circle  $\partial K'_i$ , and  $f(x)$  exists for  $0 \leq x < R-s$ .  
 If it should happen that for some  $s$ ,  $0 < s < \frac{\pi}{2}(R-s)$ ,  
 $L_s$  belong to the circumference of  $K'_i$ , then  $L_s$  would  
 be longer than arc  $M_0 L_s$  of the circumference of  $K'_i$   
 and, consequently,  $L_s$  would separate  $M_0$  and  $M_s$   
 on the circumference of  $K'_i$ ; therefore the arc  $m_s$   
 would have greater projection on the  $X$ -axis than  
 $L_s$ , which contradicts what was proved above.  
 Analogously, it is proved that  $L_s \cap K'_s = M_0$ .  
 Passing to the limit  $s \rightarrow 0$  proves the lemma.

Lemma 2. There does not exist a sphere  $S$   
of radius  $r$ , where

$$r \leq R \left( \csc \frac{\alpha}{2} - 1 \right), \quad \frac{\pi}{3} < \alpha < \pi,$$

which is tangent to the surface  $F \in F_R$  in two  
points  $M_1, M_2$  such that the angle between the  
radii of the sphere  $S$  subtended by these points  
is no greater than  $\alpha$ .

Proof. Let there be a sphere  $S$  enjoying the  
 properties enumerated. We pass through  $M_1$  and  $M_2$   
 a construction as in lemma 1; let the corresponding  
 cylindrical solids be  $C_1$  and  $C_2$ . Then in the plane  
 $P$  extending through the center of  $S$ ,  $M_1$  and  $M_2$ , we  
 obtain curves  $l_1$  and  $l_2$  analogous to the curve  $l$  of

Lemma 1. Elementary geometrical arguments show that under the conditions of the lemma,  $l_1 \cap l_2 \neq \emptyset$ ; but then neither of the curves  $l_1, l_2$  can be the entire component of the set  $F \cap P \cap C_1$ , respectively,  $F \cap P \cap C_2$ , contradicting lemma 1.

Proof of the theorem. Let  $F \in F_R$ . We call the central set  $Z$  of surface  $F$  the set of those points  $Q \in T(F)$  for which there are  $k(Q) \geq 2$  distinct nearest points ~~to~~ on  $F$ ; the number  $k(Q)$  we call the multiplicity of  $Q$ . We designate the nearest points to  $Q$  on  $F$  by  $M_1(Q), M_2(Q), \dots, M_{k(Q)}(Q)$ ; we set  $\rho(Q) = \rho(Q, M_i(Q))$ , where  $\rho(A, B)$  = distance between  $A$  and  $B$  and  $1 \leq i \leq k(Q)$ . It is easy to prove that no interior point of the segment  $QM_i(Q)$  can belong to  $Z$ ; therefore, from the connectedness of  $F$  it follows in addition that the set  $E^3 \setminus Z$  is connected in three-dimensional space  $E^3$ .

From lemma 2 it is found that for a point  $Q$  of multiplicity  $\geq 3$   $\rho(Q) > R(\frac{2}{\sqrt{3}} - 1)$ ; concerning this, there are two segments  $QM_i(Q), QM_j(Q)$ , forming at  $Q$  an angle not greater than  $\frac{2\pi}{3}$ , and lemma 2 can be applied with  $M_i(Q), M_j(Q)$  instead of  $M_1, M_2$  and

$\frac{2\pi}{3}$  in place of  $\alpha$ . Thus, if there exists at least one point  $Q$  of multiplicity not less than 3, the ~~of~~ ball of radius  $R(\frac{2}{\sqrt{3}} - 1)$  with center  $Q$  is included in  $F$ , and in this case the first assertion of the theorem is proved.

It remains to prove that the multiplicity of all points of  $Z$  cannot be equal to 2. Let  $k(Q)=2$  for all  $Q \in Z$ . We put in correspondence to each  $M \in F$  the point  $Q$  nearest to  $M$  on the interior normal at  $M$  belonging to  $Z$ . It is not hard to prove

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that ~~there is obtained in this way a~~ map  $Q = \varphi(M)$  of  $F$  to  $Z$  obtained thus is continuous and onto  $Z$ . Therefore  $Z$  is closed. Without loss of generality it can be assumed that for every  $Q \in Z$   $\rho(Q) < R$  (in the contrary case there could be a ball of radius  $R$  included in  $F$ ). Then from the classical theory ~~of~~ on normal fields of sufficiently smooth surfaces it is found that the segments of normals  $M_1 Q_1, M_2 Q_2$ , where  $Q_1, Q_2 \in Z$  and  $M_1$  and  $M_2$  are sufficiently close, do not have points in common. Therefore for each point  $M \in F$  there is a neighborhood  $U(M)$  in which the map  $\varphi$  is homeomorphic. Each  $Q \in Z$

has just two preimages on  $F$  under  $\varphi$ . Whence it is easy to show that  $\varphi$  is a twofold covering map of  $F$  onto  $Z$  ( $^{(2)}$ , ch. VIII), and  $Z$  is shown to be a two-dim'l manifold. From the law of Alexander duality, as is known, it is found that any compact two-dim'l manifold in  $E^3$  separates  $E^3$  ( $^{(3)}$ , p. 562, [3:411]). But above it was proved that  $Z$  does not separate  $E^3$ ; the contradiction obtained proves the first assertion of the theorem.

The second assertion of the theorem is proved by the construction of examples of surfaces  $F \in F_R$  in which it is impossible to include a ball of radius  $R(\frac{2}{\sqrt{3}} - 1) + \varepsilon$ . Since examples for this are very complicated, we find it necessary to omit their description here.

We note that surfaces constructed for the examples can be of any genus  $\geq 2$ . Therefore for the more restrictive class  $F_R^n \subset F_R$  of surfaces of genus  $n$ ,  $n \geq 2$ , the bounds of our theorem cannot be improved. For surfaces of genus 0 and 1 the bound can be improved, and for the classes  $F_R^0, F_R^1$  it can be proved that the

bound obtained is sharp. However, in this case there are required more delicate Topological considerations than described in this note.

We intend to turn to this question in another work.

The methods of the present work can be ~~applied~~ without essential change to the ~~same~~ problem of including an  $n$ -dim'l ball in an  $(n-1)$ -dim'l surface of  $n$ -dim'l Euclidean space; in this case also the sharp bound is obtained.

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